



2016 AUBURN TRACK & FIELD

AUBURN QUICK FACTS

LocationAuburn, Ala.
 Enrollment.....25,469
 President.....Dr. Jay Gogue
 Athletics Director.....Jay Jacobs
 Facility.....Hutsell-Rosen Track
 Olympians.....40

AUBURN COACHING STAFF

Head Coach.....Ralph Spry
 Asst. Head Coach.....Henry Rolle
 XC/Distance Coach.....Mark Carroll
 Assistant Coach.....Knut Hjeltnes
 Assistant Coach.....Scott Richardson
 Coach Emeritus.....Mel Rosen
 Director of Operations.....Scott Duval
 Athletic Trainer.....Sean Tilley

SOCIAL: #WAREAGLE | #NCAATF

» Official Twitter.....@Auburn_Track
 » Instagram.....Auburn_Track
 » Facebook.....AuburnTrackandField
 » Web.....AuburnTigers.com

AUBURN ATHLETICS COMMUNICATIONS

Kirk Sampson.....Associate AD
 Email.....kirk@auburn.edu
 Cell.....(334) 750-1385
 Twitter.....@AuburnSID

2016 NCAA East Preliminaries



May 26-28, 2016

Jacksonville, Fla. • Hodges Stadium

USTFCCCA Rankings.....Men, NR; Women, 24th
 Live Results.....<http://www.ncaa.com/ncaa-division-i-east-preliminary-round>
 Entries.....Men-8; Women-15
 2016 SEC Outdoor Championships.....Men, 13th; Women, 10th

OUT OF THE BLOCKS

- » For each individual event contested at each of the preliminary sites, the top 48 declared student-athletes were accepted into the competition. For each relay event, the top 24 declared relay teams were accepted into the competition. Combined events (Heptathlon and Decathlon), are not contested at the preliminary sites.
- » Twelve performers from each preliminary site advance to the NCAA Championships – hosted for the fourth year in a row at Hayward Field – June 8-11.
- » Four of the 8 men competing are underclassmen (40%), while 7 of the 15 women competing are upperclassmen (47%)
- » Auburn head coach Ralph Spry is in his 19th year at Auburn. Under Spry, the men have had eight top 10 finishes at the NCAA Outdoor Championships, including a second place finish in 2003 and a tied for second in 2008. The Auburn women won the 2006 NCAA Outdoor Championship.
- » Four school outdoor record holders will be competing for the Tigers: Fr. Kylee Carter (javelin: 163-9, 2016), Sr. Rachel Dincoff (discus: 183-1, 2015); Sr. Jessie Johnson (pole vault: 14-6.25, 2016); Sr. Valentina Muzaric (shot put: 57-5, 2013).
- » Men’s outdoor All-Americans competing: Kahlil Henderson, Shawn Johnson and Teray Smith.
- » Women’s outdoor All-Americans competing: Rachel Dincoff, Jessie Johnson, Valentina Muzaric, and Marshay Ryan.

NCAA EAST PRELIMINARIES CHAMPIONSHIP SCHEDULE (all times ET)

Thursday, May 26—Track Events

4:30 p.m.	W	400m Hurdles	First Round
5:00 p.m.	M	400m Hurdles	First Round
5:30 p.m.	W	1500m	First Round
6:00 p.m.	M	1500m	First Round
6:30 p.m.	W	100m	First Round
6:55 p.m.	M	100m	First Round
7:20 p.m.	W	400m	First Round
7:45 p.m.	M	400m	First Round
8:10 p.m.	W	800m	First Round
8:35 p.m.	M	800m	First Round
9:00 p.m.	W	10,000m	Semifinal
9:40 p.m.	M	10,000m	Semifinal

Thursday, May 26 – Field Events

12:00 p.m.	M	Hammer	First Round
12:00 p.m.	W	Javelin	First Round
3:30 p.m.	M	Long Jump	First Round
4:00 p.m.	W	Hammer	First Round
4:30 p.m.	M	Pole Vault	First Round
6:45 p.m.	W	Long Jump	First Round

Friday, May 27 – Track Events

5:00 p.m.	W	100m Hurdles	First Round
5:30 p.m.	M	110m Hurdles	First Round
6:00 p.m.	W	400m	Quarterfinal
6:15 p.m.	M	400m	Quarterfinal
6:30 p.m.	W	100m	Quarterfinal
6:45 p.m.	M	100m	Quarterfinal
7:00 p.m.	W	800m	Quarterfinal
7:15 p.m.	M	800m	Quarterfinal
7:30 p.m.	W	400m Hurdles	Quarterfinal
7:45 p.m.	M	400m Hurdles	Quarterfinal
8:00 p.m.	W	200m	First Round
8:25 p.m.	M	200m	First Round
8:50 p.m.	W	3000m Steeplechase	Quarterfinal
9:30 p.m.	M	3000m Steeplechase	Quarterfinal

Friday, May 27 – Field Events

12:00 p.m.	W	Discus	First Round
12:00 p.m.	M	Javelin	First Round
4:00 p.m.	M	Discus	First Round
5:00 p.m.	W	Pole Vault	First Round
5:00 p.m.	W	High Jump	First Round

Saturday, May 28 – Track Events

6:00 p.m.	W	4x100 Relay	Quarterfinal
6:15 p.m.	M	4x100 Relay	Quarterfinal
6:30 p.m.	W	1500m	Quarterfinal
6:45 p.m.	M	1500m	Quarterfinal
7:05 p.m.	W	100m Hurdles	Quarterfinal
7:20 p.m.	M	110m Hurdles	Quarterfinal
7:35 p.m.	W	200m	Quarterfinal
7:50 p.m.	M	200m	Quarterfinal
8:05 p.m.	W	5000m	Semifinal
8:45 p.m.	M	5000m	Semifinal
9:25 p.m.	W	4x400m Relay	Quarterfinal
9:45 p.m.	M	4x400m Relay	Quarterfinal

Saturday, May 28 – Field Events

3:00 p.m.	M	Triple Jump	First Round
3:30 p.m.	W	Shot Put	First Round
5:30 p.m.	M	High Jump	First Round
6:00 p.m.	M	Shot Put	First Round
6:30 p.m.	W	Triple Jump	First Round

Underlined - Events with Auburn competitors

Auburn Rosters/Entries

MEN'S ROSTER (8)

Name	Events	Year	Hometown (Last School)	Pronunciation
Joshua Burks	Sprints	Fr.	Madison, Ala. (James Clemens)	
Randall Ceneus	Sprints	So.	Birmingham, Ala. (Mississippi State)	suh-KNEE-us
Kahlil Henderson	Sprints	Jr.	Hollywood, Fla. (South Broward)	KUH-lee-ul
Shawn Johnson	Jumps	Sr.	Canonsburg, Pa. (South Plains College)	
Mark Rubalcaba	Jumps	Fr.	Las Vegas, Nev. (Faith Lutheran)	rube-ull-ca-ba
Reilly Shaw	Distance/XC	Fr.	Brighton, Victoria, Australia (Radford College)	
Teray Smith	Sprints	Jr.	Freeport, Bahamas (American Heritage (Fla.))	TUH-ray
Wellington Zaza	Sprints/Jumps	Jr.	Upper Darby, Pa. (Central Arizona)	

WOMEN'S ROSTER (15)

Name	Events	Year	Hometown (Last School)	Pronunciation
Jenae Ambrose	Sprints	Fr.	Nassau, Bahamas	juh-nay
Michelle Atherley	Sprints/Jumps	Fr.	North Point, Fla. (Port Charlotte)	ath-er-lee
Sashel Brown	Hurdles	Jr.	Kingston, Jamaica (Alpha Academy)	suh-shell
Dominique Bullock	Sprints/Jumps	So.	Miami, Fla. (Miami Southridge Senior High)	
Kylee Carter	Throws	Fr.	Beauregard, Ala. (Beauregard)	
Skyler Daniel	Jumps	Fr.	Upland, Calif. (Upland)	
Rachel Dincoff	Throws	Sr.	Waterloo, Ind. (IPFW)	dink-OFF
Veronica Eder	Distance/XC	Jr.	Doylestown, Pa. (Central Bucks East)	
Brianna Heilsnis	Throws	Jr.	Apex, N.C. (Clayton State)	high-ols-nis
Jessie Johnson	Pole Vault	Sr.	Argyle, Texas (Argyle)	
Alyssa Kopp	Throws	Sr.	Bowling Green, Ohio (IPFW)	cop
Ivana Muzaric	Throws	Fr.	Velika Gorica, Croatia	eye-vah-nuh MOO-zar-rick
Valentina Muzaric	Throws	Sr.	Velika Gorica, Croatia (Virginia Tech)	MOO-zar-rick
Marshay Ryan	Jumps	Jr.	Chambersburg, Pa. (Chambersburg Area)	
Jeanine Williams	Sprints	Fr.	Kingston, Jamaica	

Auburn NCAA East Regional Entries

Men				Women			
Name	Event	East Ranking	Mark	Name	Event	East Ranking	Mark
	4x100m Relay	6th	39.21		4x100m Relay	15th	44.20
Randall Ceneus	200m	37th	20.85	Jenae Ambrose	200m	46th	23.60
	400m	28th	46.35	Michelle Atherley	400m Hurdles	29th	58.78
Kahlil Henderson	200m	8th	20.43	Sashel Brown	400m Hurdles	16th	57.76
Shawn Johnson	Triple Jump	9th	52-9.5/16.09m	Dominique Bullock	Long Jump	10th	21-3.25/6.48m
	High Jump	28th	7-0.5/2.15m	Kylee Carter	Javelin	14th	163-9/49.91m
Mark Rubalcaba	Long Jump	55th	24-6.25/7.47m	Skyler Daniel	High Jump	37th	5-8.75/1.75m
Reilly Shaw	3000m Steeple	15th	8:47.81	Rachel Dincoff	Discus	7th	181-11/55.46m
Teray Smith	200m	17th	20.63		Shot Put	7th	55-7.5/16.95m
Wellington Zaza	100m H	22nd	13.90	Veronica Eder	10000m	21st	34:17.59
				Brianna Heilsnis	Hammer	30th	193-1/58.86m
				Jessie Johnson	Pole Vault	5th	14-6.25/4.43m
				Alyssa Kopp	Javelin	23rd	156-3/47.64m
				Ivana Muzaric	Discus	18th	174-1/53.06m
				Valentina Muzaric	Shot Put	2nd	57-0/17.37m
				Marshay Ryan	Triple Jump	6th	44-0/13.41m
				Jeanine Williams	100m Hurdles	55th	13.62

2016 Men's Outdoor Top Times

100 METERS

10.33	Teray Smith	4/23	WEI
10.35	Teray Smith	4/16	TI
10.37	Teray Smith	5/14	SEC
10.46	Teray Smith	5/13	SEC
10.63	Joshua Burks	4/16	TI
10.65	Joshua Burks	4/23	WEI
10.72	Joshua Burks	4/9	TTC

200 METERS

20.43	Kahlil Henderson	5/14	SEC
20.58	Kahlil Henderson	4/23	WEI
20.63	Teray Smith	4/16	TI
20.64	Teray Smith	4/23	WEI
20.72	Teray Smith	5/12	SEC
20.79	Kahlil Henderson	5/12	SEC
20.85	Randall Ceneus	5/12	SEC

400 METERS

46.35	Randall Ceneus	5/13	SEC
46.65	Randall Ceneus	5/14	SEC
47.21	Randall Ceneus	4/9	TTC
47.99	Randall Ceneus	4/16	TI
49.77	Tyler Ross	4/9	TTC
50.22	Tyler Ross	4/16	TI
51.37	Parker Shearer	5/12	SEC

800 METERS

1:50.98	Wesley Curles	4/16	TI
1:52.43	Wesley Curles	3/26	YJ
1:53.27	Wesley Pectol	3/26	YJ
1:55.47	Wesley Pectol	4/30	GA
1:55.89	Wesley Pectol	4/16	TI
1:58.78	Tyler Ross	3/26	YJ

1500 METERS

3:47.07	Wesley Curles	5/13	SEC
3:48.01	Wesley Curles	4/22	WEI
3:48.18	Wesley Pectol	4/22	WEI
3:49.95	Reilly Shaw	4/30	GA
3:50.43	Reilly Shaw	4/9	TTC
3:50.78	Reilly Shaw	3/26	YJ
3:51.36	Wesley Curles	4/30	GA

3000 METERS

8:28.57	Kevin Wyss	4/9	TTC
8:30.34	Mitchell Gomez	4/9	TTC

5000 METERS

14:31.44	Wesley Pectol	5/14	SEC
14:49.10	Mitchell Gomez	3/25	YJ
14:49.54	Kevin Wyss	4/22	WEI
14:51.22	Kevin Wyss	3/25	YJ
15:03.85	Mitchell Gomez	4/22	WEI
15:17.57	Kevin Wyss	4/30	GA
15:26.85	Mitchell Gomez	4/30	GA

110 METER HURDLES

13.90	Wellington Zaza	5/13	SEC
14.07	Wellington Zaza	3/26	YJ
14.07	Wellington Zaza	4/29	PR
14.11	Wellington Zaza	4/16	TI
14.12	Wellington Zaza	4/23	WEI
14.14	Wellington Zaza	4/23	WEI
14.16	Wellington Zaza	5/14	SEC

400 METER HURDLES

53.87	Xavier Coakley	4/30	GA
54.26	Xavier Coakley	4/9	TTC
55.29	Xavier Coakley	5/12	SEC

3000 METER STEEPLECHASE

8:47.81	Reilly Shaw	5/13	SEC
9:02.47	Reilly Shaw	4/23	WEI

4x100 METER RELAY

39.21	Wellington Zaza, Kahlil Henderson, Joshua Burks, Teray Smith	5/14	SEC
39.36	Joshua Burks, Kahlil Henderson, Teray Smith, Wellington Zaza	4/23	WEI
39.82	Wellington Zaza, Kahlil Henderson, Joshua Burks, Teray Smith	4/30	PR
40.00	Joshua Burks, Kahlil Henderson, Teray Smith, Wellington Zaza	3/26	YJ

4x200 METER RELAY

1:22.53	Joshua Burks, Kahlil Henderson, Randall Ceneus, Teray Smith	4/30	PR
1:25.31	Joshua Burks, Teray Smith, Randall Ceneus, Kahlil Henderson	4/29	PR

4x400 METER RELAY

3:12.65	Tyler Ross, Teray Smith, Joshua Burks, Randall Ceneus	4/9	TTC
3:16.32	Travis Johnson, Luke Grady, Wellington Zaza, Wesley Curles	4/16	TI
3:28.57		4/16	TI

HIGH JUMP

2.15m	Shawn Johnson	4/23	WEI
2.05m	Shawn Johnson	5/14	SEC
2.00m	Grant Schumacher	4/30	GA
2.00m	Grant Schumacher	4/16	TI
1.99m	Parker Shearer	5/12	SEC
1.97m	Parker Shearer	4/9	TTC
1.93m	Parker Shearer	3/30	TR

LONG JUMP

7.47m	Mark Rubalcaba	4/23	WEI
7.32m	Mark Rubalcaba	5/13	SEC
7.31m	Mark Rubalcaba	4/16	TI
7.16m	Mark Rubalcaba	4/29	PR
7.02m	Parker Shearer	5/12	SEC
6.92m	Parker Shearer	3/30	TR
6.52m	Parker Shearer	4/16	TI

TRIPLE JUMP

16.09m	Shawn Johnson	4/30	PR
15.70m	Shawn Johnson	5/14	SEC
15.51m	Shawn Johnson	4/16	TI
14.27m	Mark Rubalcaba	5/14	SEC

POLE VAULT

4.80m	Drew McMichael	4/30	GA
4.61m	Drew McMichael	4/16	TI
4.60m	Drew McMichael	4/9	TTC
4.25m	Parker Shearer	5/13	SEC
4.10m	Parker Shearer	4/1	TR

DISCUS

41.36m	Parker Shearer	4/30	GA
40.42m	Parker Shearer	4/1	TR
36.96m	Parker Shearer	5/13	SEC

SHOT PUT

13.51m	Parker Shearer	5/12	SEC
12.76m	Parker Shearer	3/30	TR

JAVELIN

65.09m	Justin Carter	3/26	YJ
59.52m	John Putnam	4/22	WEI
58.52m	John Putnam	4/30	GA
56.99m	John Putnam	4/8	TTC
57.09m	John Putnam	5/13	SEC
54.68m	John Putnam	4/16	TI
54.28m	John Putnam	3/26	YJ

DECATHLON

7198	Parker Shearer	5/12-13	SEC
6908	Parker Shearer	3/30-4/1	TR

MEET KEY

YJ	Yellow Jacket Invitational
	Atlanta, GA
RR	Raleigh Relays
	Raleigh, NC
TR	Texas Relays
	Austin, TX
TTC	Tiger Track Classic
	Auburn, AL
TI	Texas Invitational
	Austin, TX
WEI	War Eagle Invite
	Auburn, AL
PR	Penn Relays
	Philadelphia, PA
GA	UGA Lawrencece Invitational
	Athens, GA
SEC	SEC Outdoor Championships
	Tuscaloosa, AL
PREL	NCAA Prelims
	Jacksonville, FL
NCAA	NCAA Outdoor Championships
	Eugene, OR

2016 Women's Outdoor Top Times

100 METERS

11.49	Jenae Ambrose	4/23	WEI
11.61	Jenae Ambrose	4/16	TI
11.69	Jenae Ambrose	4/9	TTC
11.85	Jenae Ambrose	5/13	SEC
12.00	Jenae Ambrose	4/29	PR
12.05	Dominique Bullock	4/9	TTC
12.12	Dominique Bullock	4/16	TI

200 METERS

23.60	Jenae Ambrose	5/12	SEC
23.64	Jenae Ambrose	4/16	TI
23.85	Jenae Ambrose	4/23	WEI
26.26	Crystal Harrell	4/23	WEI
26.88	Crystal Harrell	4/9	TTC
27.40	Crystal Harrell	3/26	YJ

400 METERS

1:00.06	Crystal Harrell	4/9	TTC
1:00.27	Crystal Harrell	4/23	WEI
1:00.71	Crystal Harrell	3/26	YJ

800 METERS

2:12.73	Emily Stevens	3/26	YJ
2:13.38	Emily Stevens	4/23	WEI
2:14.76	Emily Stevens	4/9	TTC
2:18.35	Caroline Reed	4/9	TTC
2:18.35	Caroline Reed	3/26	YJ
2:18.75	Caroline Reed	4/23	WEI

1500 METERS

4:36.87	Rachel Givens	4/22	WEI
4:39.64	Kristin Sheehan	4/30	GA
4:40.20	Taylor Duncan	4/30	GA
4:42.39	Rachel Givens	4/30	GA
4:48.93	Kenzley Defler	4/30	GA

3000 METERS

9:35.42	Veronica Eder	4/9	TTC
9:39.92	Taylor Duncan	4/9	TTC
9:46.71	Molly McKenna	4/9	TTC
9:58.42	Kristin Sheehan	4/16	TI
10:11.61	Kenzley Defler	4/9	TTC

5000 METERS

16:14.32	Veronica Eder	4/22	WEI
16:36.28	Veronica Eder	5/14	SEC
16:55.77	Molly McKenna	3/25	RR
16:59.04	Taylor Duncan	4/22	WEI
17:00.36	Kenzley Defler	4/22	WEI
17:08.64	Kenzley Defler	4/8	TTC
17:15.87	Kenzley Defler	5/14	SEC

10,000 METERS

34:17.59	Veronica Eder	3/25	RR
34:47.89	Veronica Eder	5/12	SEC
35:29.19	Kenzley Defler	5/12	SEC

100 METER HURDLES

13.22	Samantha Scarlett	4/9	TTC
13.31	Samantha Scarlett	5/13	SEC
13.42	Michelle Atherley	4/9	TTC
13.44	Michelle Atherley	5/13	SEC
13.45	Michelle Atherley	4/29	PR
13.50	Samantha Scarlett	4/23	WEI
13.54	Michelle Atherley	4/30	PR

400 METER HURDLES

57.76	Sashel Brown	4/23	WEI
58.37	Sashel Brown	4/16	TI
58.46	Sashel Brown	5/12	SEC
58:58	Sashel Brown	4/9	TTC
58.78	Michelle Atherley	4/23	GA
59.31	Michelle Atherley	5/12	SEC
59.51	Michelle Atherley	4/16	TI

3000 METER STEEPLECHASE

10:37.01	Rachel Givens	5/13	SEC
10:50.81	Rachel Givens	4/9	TTC
10:52.75	Rachel Givens	3/25	RR
10:55.01	Kristin Sheehan	5/13	SEC
10:56.32	Rachel Givens	4/23	WEI
10:58.79	Kristin Sheehan	4/9	TTC
11:05.61	Kristin Sheehan	4/23	WEI
11:19.33	Emily Stevens	3/26	YJ

4x100 METER RELAY

44.20		4/23	WEI
<i>Jenae Ambrose, Michelle Atherley, Sashel Brown, Jeanine Williams</i>			
44.71		5/14	SEC
<i>Jeanine Williams, Jenae Ambrose, Sashel Brown, Michelle Atherley</i>			
44.83		4/29	PR
<i>Jeanine Williams, Jenae Ambrose, Sashel Brown, Michelle Atherley</i>			
45.50		4/28	PR
<i>Jeanine Williams, Jenae Ambrose, Sashel Brown, Michelle Atherley</i>			

4x400 METER RELAY

3:55.06		3/26	YJ
<i>Sashel Brown, Ana Gierow, Caroline Reed, Emily Stevens</i>			

HIGH JUMP

1.75m	Skylar Daniel	4/23	WEI
1.70m	Michelle Atherley	5/14	SEC
1.70m	Michelle Atherley	4/9	TTC
1.66m	Skylar Daniel	3/26	YJ

LONG JUMP

6.48m	Dominique Bullock	4/23	WEI
6.22m	Dominique Bullock	5/13	SEC
5.85m	Micaela Creighton	4/23	WEI
5.74m	Micaela Creighton	4/30	GA
5.74m	Micaela Creighton	4/16	TI
5.63m	Micaela Creighton	4/9	TTC
5.51m	Micaela Creighton	5/13	SEC

TRIPLE JUMP

13.41m	Marshay Ryan	5/14	SEC
12.93m	Marshay Ryan	4/30	PR
12.82m	Marshay Ryan	4/22	WEI
12.42m	Jakayla Hand	5/14	SEC
12.27m	Deja Hillman	5/14	SEC
12.27m	Jakayla Hand	4/16	TI
12.25m	Jakayla Hand	4/30	GA

HAMMER THROW

58.86m	Brianna Heilsnis	4/22	WEI
58.06m	Brianna Heilsnis	3/31	TR
57.90m	Brianna Heilsnis	5/12	SEC

57.44m	Brianna Heilsnis	3/26	YJ
56.78m	Brianna Heilsnis	4/16	TI
55.96m	Brianna Heilsnis	4/8	TTC
54.27m	Brianna Heilsnis	4/30	GA

SHOT PUT

17.37m	Valentina Muzaric	3/26	YJ
17.35m	Valentina Muzaric	4/23	WEI
17.01m	Valentina Muzaric	4/2	TR
16.95m	Rachel Dincoff	4/30	GA
16.92m	Valentina Muzaric	5/13	SEC
16.83m	Rachel Dincoff	5/13	SEC
16.83m	Rachel Dincoff	4/9	TTC

POLE VAULT

4.43m	Jessie Johnson	4/30	GA
4.40m	Jessie Johnson	4/2	TR
4.32m	Jessie Johnson	4/23	WEI
4.30m	Jessie Johnson	5/14	SEC
4.22m	Jessie Johnson	4/16	TI
4.15m	Jessie Johnson	4/9	TTC
4.10m	Jessie Johnson	3/26	YJ

JAVELIN

49.91m	Kylee Carter	4/22	WEI
48.55m	Kylee Carter	4/8	TTC
48.24m	Peyton Montgomery	3/26	YJ
47.69m	Kylee Carter	4/30	GA
47.64m	Alyssa Kopp	4/22	WEI
47.03m	Kylee Carter	5/13	SEC
46.94m	Peyton Montgomery	4/22	WEI

DISCUS THROW

55.46m	Rachel Dincoff	4/2	TR
55.12m	Rachel Dincoff	5/14	SEC
54.37m	Rachel Dincoff	4/30	GA
54.15m	Rachel Dincoff	4/23	WEI
54.07m	Rachel Dincoff	4/9	TTC
53.77m	Rachel Dincoff	4/16	TI
53.41m	Rachel Dincoff	3/26	YJ
53.06m	Ivana Muzaric	5/14	SEC

PENTATHLON

No marks

MEET KEY

YJ	Yellow Jacket Invitational
	Atlanta, GA
RR	Raleigh Relays
	Raleigh, NC
TR	Texas Relays
	Austin, TX
TTC	Tiger Track Classic
	Auburn, AL
TI	Texas Invitational
	Austin, TX
PR	Penn Relays
	Philadelphia, PA
GA	UGA Lawrencece Invitational
	Athens, GA
SEC	SEC Outdoor Championships
	Tuscaloosa, AL
PREL	NCAA Prelims
	Jacksonville, FL
NCAA	NCAA Outdoor Championships
	Eugene, OR

Men's Outdoor Progressions

JOSHUA BURKS

100m			
10.72	9th	Tiger Track Classic	4/9/16
10.63	15th	Texas Invitational	4/16/16
10.65	13th	War Eagle Invitational	4/23/16
200m			
21.37	28th	Texas Invitational	4/16/16
21.94	19th	War Eagle Invitational	4/23/16
21.50	34th	SEC Outdoor	5/12/16

RANDALL CENEUS

200m			
21.20	6th	War Eagle Inviational	4/23/16
20.85	17th	SEC Outdoor	5/12/16
400m			
47.21	4th	Tiger Track Classic	4/9/16
47.99	15th	Texas Invitational	4/16/16
46.35	---	SEC Outdoor	5/13/16
46.65	9th	SEC Outdoor	5/14/16

KAHLIL HENDERSON

100m			
10.55	9th	Border Clash	4/11/14
200m			
20.83	1st	Tiger Track Classic	4/5/14
20.78	1st	Border Clash	4/11/14
21.10	4th	War Eagle Invitational	4/19/14
21.02	---	SEC Outdoor	5/18/14
20.82	5th	SEC Outdoor	5/18/14
20.67	---	NCAA East Prelims	5/29/14
20.63	5th	NCAA East Prelims	5/30/14
20.61	6th	NCAA Outdoor	6/14/14
20.83	1st	Border Clash	4/10/15
20.65	1st	Tennessee Challenge	5/2/15
20.86	---	SEC Outdoor	5/14/15
21.12	7th	SEC Outdoor	5/15/15
20.76	---	NCAA East Prelims	5/29/15
20.33	6th	NCAA East Prelims	5/30/15
20.29	---	NCAA Outdoor	6/10/15
20.38	7th	NCAA Outdoor	6/12/15
20.58	2nd	War Eagle Invitational	4/22/16
20.79	---	SEC Outdoor	5/12/16
20.43	4th	SEC Outdoor	5/14/16

SHAWN JOHNSON

Long Jump			
FOUL	---	SEC Outdoor	5/13/16
High Jump			
2.10m	3rd	Crimson Tide Invitational	3/28/15
2.10m	3rd	Border Clash	4/10/15
2.09m	T2nd	SEC Outdoor	5/16/15
2.13m	T1st	NCAA East Prelims	5/29/15
2.16m	T8th	NCAA Outdoor	6/12/15
2.15m	4th	War Eagle Invitational	4/23/16
2.05m	9th	SEC Outdoor	5/14/16
Triple Jump			
15.83m	3rd	Tiger Track Classic	4/3/15
16.21m	2nd	Penn Relays	4/25/15
16.17m	3rd	SEC Outdoor	5/16/15
15.88m	7th	NCAA East Prelims	5/30/15
15.92m	14th	NCAA Outdoor	6/12/15
15.51m	3rd	Texas Invitational	4/16/16
16.09m	2nd	Penn Relays	4/30/16
15.70m	8th	SEC Outdoor	5/14/16

MARK RUBALCABA

100m			
11.19	20th	Yellow Jacket Invitational	3/26/16
11.03	24th	Tiger Track Classic	4/9/16
10.89	22nd	War Eagle Invitational	4/23/16
200m			
22.64	41st	Tiger Track Classic	4/9/16
Long Jump			
7.31m	4th	Texas Invitational	4/16/16
7.47m	3rd	Tiger Track Classic	4/23/16
7.16m	4th	Penn Relays	4/30/16
7.32m	9th	SEC Outdoor	5/13/16
Triple Jump			
14.27m	12th	SEC Outdoor	5/14/16

REILLY SHAW

1500m			
3:50.78	2nd	Yellow Jacket Invitational	3/26/16
3:40.43	4th	Tiger Track Classic	4/9/16
3:49.95	1st	Georgia Invitational	4/30/16
3000m Steeplechase			
9:02.47	2nd	War Eagle Invitational	4/23/16
8:47.81	4th	SEC Outdoor	5/13/16

TERAY SMITH

100m			
10.52	7th	Border Clash	4/11/14
10.43	---	War Eagle Invitational	4/19/14
10.52	7th	War Eagle Invitational	4/19/14
10.43	1st	Tennessee Challenge	5/3/14
10.41	---	SEC Outdoor	5/17/14
10.56	7th	SEC Outdoor	5/17/14
10.36	2nd	Border Clash	4/10/15
10.39	---	War Eagle Invitational	4/18/15
10.55	---	Penn Relays	4/24/15
10.42	3rd	Penn Relays	4/25/15
10.35	6th	Texas Invitational	4/16/16
10.33	---	War Eagle Invitational	4/23/16
10.46	---	SEC Outdoor	5/13/16
10.37	9th	SEC Outdoor	5/14/16
200m			
20.89	2nd	Tiger Track Classic	4/5/14
21.05	3rd	Border Clash	4/11/14
20.76	2nd	War Eagle Invitational	4/19/14
20.57	1st	Tennessee Challenge	5/3/14
20.92	---	SEC Outdoor	5/16/14
20.63	4th	SEC Outdoor	5/16/14
20.98	---	NCAA East Prelims	5/29/14
20.68	10th	NCAA East Prelims	5/30/14
20.94	---	NCAA Outdoor	6/12/14
20.54	1st	War Eagle Invitational	4/18/15
21.02	---	SEC Outdoor	5/14/15
20.84	6th	SEC Outdoor	5/15/15
20.96	---	NCAA East Prelims	5/29/16
20.60	10th	NCAA East Prelims	5/30/16
20.34	10th	NCAA Outdoor	6/10/15
21.01	2nd	Tiger Track Classic	4/9/16
20.63	7th	Texas Invitational	4/16/16
20.64	3rd	War Eagle Invitational	4/23/16
20.72	---	SEC Outdoor	5/12/16

WELINGTON ZAZA

110m HH			
14.07	4th	Yellow Jacket Invitational	3/26/16
14.27	6th	Tiger Track Classic	4/9/16
14.11	3rd	Texas Invitational	4/16/16
14.14	---	War Eagle Invitational	4/23/16
13.12	5th	War Eagle Invitational	4/23/16
14.07	---	Penn Relays	4/29/16
14.32	6th	Penn Relays	4/30/16
13.90	---	SEC Outdoor	5/13/16
14.16	9th	SEC Outdoor	5/14/16

Women's Outdoor Progressions

JENAE AMBROSE

100m			
11.69	3rd	Tiger Track Classic	4/9/16
11.61	11th	Texas Invitational	4/16/16
11.49	---	War Eagle Invitational	4/23/16
12.00	12th	Penn Relays	4/29/16
11.85	26th	SEC Outdoor	5/13/16
200m			
23.64	8th	Texas Invitational	4/16/16
23.85	6th	War Eagle Invitational	4/23/16
23.60	20th	SEC Outdoor	5/12/16

MICHELLE ATHERLEY

100mH			
13.42	3rd	Tiger Track Classic	4/9/16
13.45	---	Penn Relays	4/29/16
13.54	5th	Penn Relays	4/30/16
13.44	12th	SEC Outdoor	5/13/16
400mH			
59.51	11th	Texas Invitational	4/16/16
58.78	2nd	War Eagle Invitational	4/23/16
59.31	15th	SEC Outdoor	5/12/16
High Jump			
1.70m	9th	Tiger Track Classic	4/9/16
1.70m	10th	SEC Outdoor	5/14/16

SASHEL BROWN

100mH			
FS	---	Yellow Jacket Invite	3/29/14
14.23	14th	Tiger Track Classic	4/5/14
13.69	---	War Eagle Invitational	4/19/14
15.08	12th	Crimson Tide Invitational	3/28/15
13.73m	4th	Yellow Jacket Invitational	3/26/16
400mH			
1:01.42	9th	Tiger Track Classic	4/5/14
1:00.26	4th	Border Clash	4/11/14
58.98	1st	War Eagle Invitational	4/19/14
1:00.53	17th	Penn Relays	4/24/14
59.45	---	SEC Outdoor	5/18/14
59.35	8th	SEC Outdoor	5/18/14
59.19	---	NCAA East Prelims	5/29/14
1:00.62	24th	NCAA East Prelims	5/30/14
1:01.82	11th	Tiger Track Classic	4/4/15
59.99	3rd	Border Clash	4/10/15
1:03.72	---	Penn Relays	4/23/15
58.85	4th	Tennessee Challenge	5/2/15
58.69	---	SEC Outdoor	5/14/15
58.34	5th	SEC Outdoor	5/16/15
57.45	---	NCAA East Prelims	5/28/15
57.34	9th	NCAA East Prelims	5/29/15
58.48	16th	NCAA Outdoor	6/11/15
58.37	7th	Texas Invitational	4/16/16
58.58	1st	Tiger Track Classic	4/9/16
57.76	1st	War Eagle Invitational	4/23/16
58.46	12th	SEC Outdoor	5/12/16

DOMINIQUE BULLOCK

100m			
12.06	18th	Tiger Track Classic	4/4/15
12.05	13th	Tiger Track Classic	4/9/16
12.12	24th	Texas Invitational	4/16/16
Long Jump			
5.95m	4th	Crimson Tide Invitational	3/28/15
6.30m	2nd	Tiger Track Classic	4/4/15
5.95m	3rd	Border Clash	4/10/15
6.15m	2nd	Penn Relays	4/23/15
5.99m	16th	NCAA East Prelims	5/29/15
6.48m	3rd	War Eagle Invitational	4/23/16
6.22m	8th	SEC Outdoor	5/13/16

KYLEE CARTER

Javelin Throw			
43.97m	4th	Yellow Jacket Invitational	3/26/16
48.55m	1st	Tiger Track Classic	4/8/16
46.50m	7th	Texas Invitational	4/16/16
49.91m	1st	War Eagle Invitational	4/22/16
47.69m	1st	Georgia Invitational	4/30/16
47.03m	13th	SEC Outdoor	5/13/16

SKYLAR DANIEL

High Jump			
1.66m	6th	Yellow Jacket Invitational	3/26/16
NH	---	Texas Invitational	4/16/16
1.75m	1st	War Eagle Invitational	4/23/16
NH	---	Georgia Invitational	4/30/16
NH	---	SEC Outdoor	5/14/16

RACHEL DINCOFF

Shot Put			
15.42m	1st	Yellow Jacket Invite	3/29/14
15.74m	2nd	Tiger Track Classic	4/5/14
15.89m	1st	Border Clash	4/11/14
16.07m	2nd	War Eagle Invitational	4/19/14
15.93m	2nd	Triton Invitational	4/26/14
15.43m	2nd	Tennessee Challenge	5/3/14
16.51m	4th	SEC Outdoor	5/17/14
16.50m	8th	NCAA East Prelims	5/31/14
16.08m	14th	NCAA Outdoor	6/14/14
16.33m	1st	Crimson Tide Invitational	3/28/15
15.90m	1st	Tiger Track Classic	4/4/15
16.43m	1st	Border Clash	4/10/15
16.58m	1st	War Eagle Invitational	4/18/15
15.88m	13th	Triton Invitational	4/25/15
16.17m	2nd	Tennessee Challenge	5/2/15
16.09m	4th	SEC Outdoor	5/16/15
16.59m	7th	NCAA East Prelims	5/28/15
16.76m	9th	NCAA Outdoor	6/11/15
16.56m	2nd	Yellow Jacket Invitational	3/26/16
16.00m	6th	Texas Relays	4/2/16
16.83m	3rd	Tiger Track Classic	4/9/16
15.83m	4th	Texas Invitational	4/16/16
16.36m	2nd	War Eagle Invitational	4/23/16
16.95m	1st	Georgia Invitational	4/30/16
16.83m	4th	SEC Outdoor	5/13/16
Discus			
49.86m	1st	Yellow Jacket Invite	3/29/14
46.40m	5th	Tiger Track Classic	4/5/14
50.58m	1st	Border Clash	4/11/14
46.76m	2nd	War Eagle Invitational	4/19/14

49.32m	3rd	Triton Invitational	4/25/14
48.61m	2nd	Tennessee Challenge	5/3/14
49.05m	7th	SEC Outdoor	5/18/14
48.53m	31st	NCAA East Prelims	5/30/14
52.27m	2nd	Crimson Tide Invitational	3/28/15
52.47m	1st	Tiger Track Classic	4/4/15
50.55m	2nd	Border Clash	4/10/15
49.68m	1st	War Eagle Invitational	4/18/15
54.27m	5th	Triton Invitational	4/24/15
55.32m	2nd	Tennessee Challenge	5/2/15
55.80m	4th	SEC Outdoor	5/15/15
51.51m	10th	NCAA East Prelims	5/30/15
50.59m	20th	NCAA Outdoor	6/13/15
53.41m	1st	Yellow Jacket Invitational	3/26/16
55.46m	2nd	Texas Relays	4/2/16
54.07m	1st	Tiger Track Classic	4/9/16
53.77m	1st	Texas Invitational	4/16/16
54.15m	1st	War Eagle Invitational	4/23/16
54.37m	1st	Georgia Invitational	4/30/16
55.12m	3rd	SEC Outdoor	5/14/16

VERONICA EDER

1500m			
4:34.52	10th	Border Clash	4/11/14
4:36.65	17th	Border Clash	4/10/15
3000m			
9:47.32	3rd	Tiger Track Classic	4/5/14
9:46.46	3rd	Tennessee Challenge	5/3/14
10:20.24	10th	Tiger Track Classic	4/4/15
9:44.86	2nd	Tennessee Challenge	5/2/15
9:35.42	1st	Tiger Track Classic	4/9/16
5000m			
16:57.19	1st	War Eagle Invitational	4/19/14
16:44.65	31st	Raleigh Relays	3/28/15
17:04.22	1st	War Eagle Invitational	4/17/15
16:14.32	1st	War Eagle Invitational	4/22/16
16:36.28	9th	SEC Outdoor	5/14/16
10,000m			
DNF	---	SEC Outdoor	5/16/14
34:17.59	3rd	Raleigh Relays	3/25/16
34:47.89	7th	SEC Outdoor	5/12/16

BRIANNA HEILSNIS

Hammer			
51.39m	3rd	Tiger Track Classic	4/3/15
53.57m	3rd	Border Clash	4/10/15
56.30m	1st	War Eagle Invitational	4/17/15
53.59m	17th	Triton Invitational	4/24/15
60.26m	4th	Tennessee Challenge	5/2/15
57.44m	3rd	Yellow Jacket Invitational	3/26/16
58.06m	5th	Texas Relays	3/31/16
55.96m	9th	Tiger Track Classic	4/8/16
56.78m	2nd	Texas Invitational	4/16/16
58.86m	6th	War Eagle Invitational	4/22/16
54.27m	7th	Georgia Invitational	4/30/16
57.90m	7th	SEC Outdoor	5/12/16

Women's Outdoor Progressions

JESSIE JOHNSON

Pole Vault			
3.86m	4th	Texas Relays	3/29/13
4.10m	1st	Tiger Track Classic	4/6/13
3.95m	1st	Spec Townes Team Invite	4/13/13
3.87m	3rd	War Eagle Invitational	4/20/13
3.90m	5th	Penn Relays	4/28/13
4.10m	2nd	SEC Outdoor	5/11/13
3.85m	38th	NCAA East Prelims	5/24/13
4.25m	8th	Texas Relays	4/1/15
4.00m	2nd	Tiger Track Classic	4/4/15
4.17m	3rd	Border Clash	4/10/15
4.35m	1st	War Eagle Invitational	4/18/15
4.00m	3rd	Penn Relays	4/23/15
4.27m	2nd	Tennessee Challenge	5/2/15
4.34m	4th	SEC Outdoor	5/15/15
4.18m	T7th	NCAA East Prelims	5/28/15
4.19m	13th	NCAA Outdoor	6/11/15
4.10m	3rd	Yellow Jacket Invitational	3/26/16
4.40m	1st	Texas Relays	4/2/16
4.15m	1st	Tiger Track Classic	4/9/16
4.22m	8th	Texas Invitational	4/16/16
4.32m	1st	War Eagle Invitational	4/23/16
4.43m	1st	Georgia Invitational	4/30/16
4.30m	3rd	SEC Outdoor	5/14/16

ALYSSA KOPP

Javelin			
39.74m	8th	Crimson Tide Invitational	3/27/15
39.22m	8th	Tiger Track Classic	4/3/15
42.68m	2nd	Border Clash	4/10/15
40.45m	5th	War Eagle Invitational	4/17/15
44.26m	8th	Penn Relays	??/??/15
45.31m	4th	Tennessee Challenge	5/2/15
46.19m	2nd	Yellow Jacket Invitational	3/26/16
46.70m	3rd	Tiger Track Classic	4/8/16
46.94m	5th	Texas Invitational	4/16/16
47.64m	2nd	War Eagle Invitational	4/22/16
46.04m	2nd	Georgia Invitational	4/30/16
46.32m	14th	SEC Outdoor	5/13/16

IVANA MUZARIC

Discus			
48.24m	3rd	Yellow Jacket Invitational	3/26/16
48.33m	10th	Texas Relays	4/2/16
49.96m	3rd	Tiger Track Classic	4/9/16
47.94m	6th	Texas Invitational	4/16/16
50.17m	4th	War Eagle Invitational	4/23/16
48.60m	3rd	Georgia Invitational	4/30/16
53.06m	6th	SEC Outdoor	5/14/16
Shot Put			
13.70m	13th	Tiger Track Classic	4/9/16
13.91m	5th	War Eagle Invitational	4/30/16

VALENTINA MUZARIC

Shot Put			
16.48m	2nd	Texas Relays	3/27/13
17.09m	1st	Tiger Track Classic	4/6/13
17.11m	1st	Spec Townes Team Invite	4/12/13
16.90m	2nd	USCD Triton Invitational	4/27/13
17.01m	2nd	SEC Outdoor	5/12/13
17.52m	2nd	NCAA East Prelims	5/24/13
16.86m	7th	NCAA Outdoor	6/5/13
16.42m	1st	War Eagle Invitational	4/19/14
17.08	6th	Triton Invitational	4/26/14
16.79m	3rd	SEC Outdoor	5/17/14
16.47m	10th	NCAA East Prelims	5/31/14
16.60m	10th	NCAA Outdoor	6/14/14
17.37m	1st	Yellow Jacket Invitational	3/26/16
17.01m	1st	Texas Relays	4/2/16
16.58m	4th	Tiger Track Classic	4/9/16
17.35m	1st	War Eagle Invitational	4/23/16
16.92m	3rd	SEC Outdoor	5/13/16

MARSHAY RYAN

Long Jump			
5.50m	10th	Tiger Track Classic	4/5/14
5.94m	5th	Border Clash	4/11/14
5.99m	2nd	Crimson Tide Invitational	3/28/15
5.95m	6th	Tiger Track Classic	4/4/15
5.77m	1st	War Eagle Invitational	4/18/15
5.72m	18th	SEC Outdoor	5/15/15
Triple Jump			
12.76m	1st	Border Clash	4/11/14
12.59m	2nd	War Eagle Invitational	4/19/14
13.11m	2nd	Penn Relays	4/25/14
13.20m	4th	SEC Outdoor	5/18/14
13.06m	13th	NCAA East Prelims	5/31/14
13.08m	2nd	Tiger Track Classic	4/3/15
12.55m	2nd	Border Clash	4/10/15
12.87m	3rd	Penn Relays	4/24/15
FOUL	---	SEC Outdoor	5/16/15
13.35m		NCAA East Prelims	5/30/15
13.53m	2nd	NCAA Outdoor	6/13/15
12.82m	2nd	War Eagle Invitational	4/23/16
12.93m	2nd	Penn Relays	4/30/16
13.41m	4th	SEC Outdoor	5/14/16

JEANINE WILLIAMS

100m H			
14.58	16th	Yellow Jacket Invitational	3/26/16
13.88	---	War Eagle Invitational	4/23/16
13.80	5th	War Eagle Invitational	4/23/16
14.22	14th	Penn Relays	4/29/16
13.62	15th	SEC Outdoor	5/13/16
100m			
12.15	17th	Tiger Track Classic	4/9/16

Outdoor Personal Bests

Men's Outdoor Personal Bests

JOSHUA BURKS (Fr, Sprints)

100m outdoor – 10.63 (2016 Texas Invitational)
200m outdoor – 21.37 (2016 Texas Invitational)

RANDALL CENEUS (So., Sprints)

200m outdoor – 20.85 (2016 SEC Outdoors)
400m outdoor – 46.35 (2016 SEC Outdoors)

KAHLIL HENDERSON (Jr., Sprints)

100m outdoor – 10.55w (2014 Border Clash)
200m outdoor – 20.43 (2016 SEC Outdoors)

SHAWN JOHNSON (Sr., Jumps)

High Jump outdoor – 7-1.75/2.18m (2014 UTEP Springtime Invitational)
Long Jump outdoor – 24-7.75/7.51m (2014 UTEP Springtime Invitational)
Triple Jump outdoor – (w) 53-2.25/16.21m (2015 Penn Relays)

MARK RUBALCABA (Fr, Jumps)

100m outdoor – 10.89 (2016 War Eagle Invitational)
200m outdoor – 22.64 (2016 Tiger Track Classic)
Long Jump outdoor – 24-0.25/7.32m (2016 SEC Outdoors)
Triple Jump outdoor – 46-10/14.27m (2016 SEC Outdoors)

REILLY SHAW (Fr., Distance)

1500m outdoor – 3:49.95 (2016 Georgia Invitational)
3000m Steeplechase outdoor – 8:47.81 (2016 SEC Outdoors)

TERAY SMITH (Jr., Sprints)

100m outdoor – 10.33 (2016 War Eagle Invitational)
200m outdoor – 20.54 (2015 War Eagle Invitational)

WELINGTON ZAZA (Jr., Sprints/Jumps)

110mH outdoor – 13.90 (2016 SEC Outdoors)

Women's Outdoor Personal Bests

JENAE AMBROSE (Fr., Sprints)

100m outdoor – 11.49 (2016 War Eagle Invitational)
200m outdoor – 23.60 (2016 SEC Outdoors)

MICHELLE ATHERLEY (Fr., Sprints/Jumps)

100mH outdoor – 13.42 (2016 Tiger Track Classic)
400mH outdoor – 58.78 (2016 War Eagle Invitational)
High Jump outdoor – 5-7/1.70m (2016 SEC Outdoors/2016 Tiger Track Classic)

SASHEL BROWN (Jr., Hurdles)

100mH outdoor – 13.69w (2014 War Eagle Invitational)
13.73 (2016 Yellow Jacket Invitational)
400mH outdoor – 57.34 (2016 NCAA Preliminaries)

DOMINIQUE BULLOCK (So., Sprints/Hurdles)

100m outdoor – 12.05 (2016 Tiger Track Classic)
Long Jump outdoor – 21-3.25/6.48m (2016 War Eagle Invitational)

KYLEE CARTER (Fr., Throws)

Javelin outdoors – 163-9/49.91m (2016 War Eagle Invitational) *school record*

SKYLAR DANIEL (Sr., Jumps)

High Jump outdoor – 1.75m/5-8.75 (2016 War Eagle Invitational)

RACHEL DINCOFF (Sr., Throws)

Shot Put outdoor – 55-7.5/16.95m (2016 Georgia Invitational)
Discus outdoor – 183-1/55.80m (2015 SEC Outdoors) *school record*
Hammer outdoor – 139-7/42.56m (2013 Ball State Outdoor Invitational)

VERONICA EDER (Jr., Distance)

1500m outdoor – 4:34.52 (2014 Border Clash)
3000m outdoor – 9:35.42 (2016 Tiger Track Classic)
5000m outdoor – 16:14.32 (2016 War Eagle Invitational)
10000m outdoor – 34:17.59 (2016 Raleigh Relays)

BRIANNA HEILSNIS (Jr., Throws)

Hammer outdoor – 197-8/60.26m (2015 Tennessee Challenge)

JESSIE JOHNSON (Sr., Pole Vault)

Pole Vault outdoor – 14-6.25/4.43m (2016 Georgia Invitational) **School Record **

ALYSSA KOPP (Sr., Throws)

Shot Put outdoor – 39-1/11.91m (2013 Butler Stan Lyons Invite)
Discus outdoor – 74-6/22.72m (Bulls Invitational)
Hammer Throw outdoor – 93-1/28.38m (2013 Ball State Outdoor Invitational)
Javelin outdoor – 156-3/47.64m (2016 War Eagle Invitational)

IVANA MUZARIC (Fr., Throws)

Discus outdoors – 174-1/53.06m (2016 SEC Outdoors)
Shot Put outdoors – 45-7.75/13.91m (2016 War Eagle Invitational)

VALENTINA MUZARIC (Sr., Throws)

Shot Put outdoor – 57-5.75/17.52m (2013 NCAA East Prelims)** school record

MARSHAY RYAN (Jr., Jumps)

Long Jump outdoor – 19-8/5.99m (2015 Crimson Tide Invitational)
Triple Jump outdoor – 44-0/13.41m (2016 SEC Outdoors)

JEANINE WILLIAMS (Fr., Sprints)

100m outdoor – 12:15 (2016 Tiger Track Classic)
100m Hurdles outdoor – 13.62 (2016 SEC Outdoors)

NCAA Outdoor Qualifiers

Men's Outdoor

1962

Corky Frost 120 hurdles
 Gary Ray 100y
 Ken Winter 880y run

1963

Gary Ray 100y

1966

Tom Christopher Pole Vault

1969

Jack Marsh Long Jump

1971

Milton Bresler 400m hurdles

1972

Milton Bresler 400m hurdles

1973

Bret Dull Discus

1974

Clifford Outlin 100y

1975

Clifford Outlin 100y
 Wille Smith 220y

1976

Raymond Crump 400m Relay
 Tony Easley 400m Relay
 Harvey Glance 100m
 200m
 400m Relay
 Willie Smith 400m
 400m Relay
 James Walker 110m hurdles

1977

Tony Easley 400m Relay
 Harvey Glance 100m
 200m
 400m Relay
 Willie Smith 400m
 400m Relay
 James Walker 400m hurdles
 400m Relay

1978

Tony Easley 400m Relay
 Harvey Glance 100m
 200m
 400m Relay
 Willie Smith 400m
 400m Relay
 James Walker 400m hurdles
 400m Relay

1979

Billy Blackburn Decathlon
 Harvey Glance 100m
 200m
 Long Jump
 400m Relay
 Tom Graves 5000m
 Eugene Miller 400m Relay
 Steve Strother 400m Relay
 John Tuttle ... 3000m Steeplechase
 James Walker 110m hurdles
 400m Relay
 Rob Will Shot Put

1980

Stanley Floyd 100m
 400m Relay
 Chris Fox 5000m
 Byron Franklin 400m Relay
 Roger Jones 1500m
 Gene Miller 110m hurdles
 Gene Miller 400m Relay
 Sergio Oaxaco 1500m
 Steve Strother 400m Relay
 John Tuttle ... 3000m Steeplechase

1981

Roger Jones 1500m
 Gene Miller 110m hurdles
 John Tuttle ... 3000m Steeplechase

1983

Calvin Brooks 400m
 1600m Relay
 Steve Griffiths 1600m Relay
 Bruce Hardy 1600m Relay
 Tim James 400m hurdles
 Forika McDougald. 400m hurdles
 1600m Relay

1984

Calvin Brooks 400m
 1600m Relay
 Daron Council 200m
 Steve Griffiths 1600m Relay
 Kevin Henderson ... 400m hurdles
 1600m Relay
 Forika McDougald. 400m hurdles
 1600m Relay

1985

Brian Abshire 3000m Steeplechase
 Jim Awbrey Decathlon
 Calvin Brooks 400m
 400m Relay
 Daron Council 100m
 200m
 400m Relay
 1600m Relay
 Steve Griffiths 400m Relay
 1600m Relay
 Kevin Henderson ... 400m hurdles
 1600m Relay
 Brian Jaeger 1500m
 Forika McDougald. 400m hurdles
 1600m Relay
 Don Samuel 400m Relay

1986

Brian Abshire 3000m Steeplechase
 Clifton Campbell 400m
 1600m Relay
 Daron Council 200m
 1600m Relay
 Steve Griffiths 1600m Relay
 Kevin Henderson ... 400m hurdles
 1600m Relay
 Brian Jaeger 5000m

1987

Clifton Campbell 400m
 Daron Council 100m
 200m

1989

Boris Goins Long Jump
 Brett Roby 3000m Steeplechase
 Curt Skaggs Javelin

1990

Kelly Carter 400m hurdles
 Clifton Campbell 1600m Relay
 Eric Crichlow 1600m Relay
 Seymour Fagan 400m
 1600m Relay
 Brett Roby 3000m Steeplechase
 Karim-Ben Saunders 1600m Relay
 Scott Strand .. 3000m Steeplechase

1991

Michael Anderson 400m
 1600m Relay
 Eric Crichlow 1600m Relay
 Seymour Fagan 400m
 Samuel Matete 400m hurdles
 1600m Relay
 Karim Saunders 1600m Relay
 Scott Strand .. 3000m Steeplechase

1992

Craig Hepburn Long Jump

1993

Michael McClaran 3000m Steeplechase
 Craig Hepburn Long Jump
 Orlando Parker 100m
 Marlon Thomas 100m
 200m

1994

Del Smutherman Long Jump
 Bruce King High Jump
 Carlos Gibbs. 3000m Steeplechase

1995

Bruce King High Jump
 Andre Scott Triple Jump
 Del Smutherman Long Jump
 Marlon Thomas 100m

1996

Victor Houston Decathlon
 Long Jump
 Bruce King High Jump
 Juan Lopez Javelin
 Fried Rademacher 5000m
 Andre Scott Triple Jump

1997

Greg Harjo 400m Relay
 Brian Howard 100m
 400m Relay
 Victor Houston Decathlon
 400m Relay
 Clark Humphreys Pole Vault
 Andre Scott Triple Jump
 400m Relay

1998

Coby Miller 100m
 200m
 Aaron Richberg 800m
 Andre Scott Triple Jump

1999

Julius Edwards 400m
 1600m Relay
 Tim Green 1600m Relay
 Gabor Mate Discus
 Coby Miller 100m
 200m
 Avard Moncur 400m
 1600m Relay
 Edmond Nartey 1600m Relay
 Reedus Thurmond Discus

NCAA Outdoor Qualifiers

2000

Sanjay Ayre 400m
 1600m Relay
 Pedro Barnes 400m Relay
 Cory Burns 1600m Relay
 Tim Carter 400m Relay
 Moses Gathuka 800m
 Tim Green 1600m Relay
 Clark Humphreys Pole Vault
 David Johnson 1600m Relay
 Gabor Mate Discus
 Coby Miller 100m
 200m
 400m Relay
 Avarad Moncur 400m
 400m Relay
 1600m Relay
 Aaron Richberg 800m
 Reedus Thurmond Discus

2001

Sanjay Ayre 1600m Relay
 Moses Gathuka 800m
 Tim Green 1600m Relay
 Gabor Mate Discus
 Avarad Moncur 400m
 1600m Relay
 Harland Moore 1600m Relay
 Reedus Thurmond Discus
 Shameron Turner 1600m Relay

2002

Sanjay Ayre 400m
 Dean Griffiths 1600m Relay
 Osbourne Moxey Long Jump
 Fred Sharpe 1600m Relay
 Reedus Thurmond Discus
 Shameron Turner 400m
 1600m Relay

2003

Sanjay Ayre 400m
 400m Relay
 Marc Burns 100m
 Tim Green 400m Relay
 Dean Griffiths 400m hurdles
 400m Relay
 Colton Hodge Hammer
 Gabor Mate Discus
 Hammer
 Leevan Sands Triple Jump
 Long Jump
 Fred Sharpe 400m Hurdles
 400m Relay
 Maurice Smith Decathlon

2004

Damion Barry 400m
 Marc Burns 100m
 Edis Elkasevic Shot Put
 Discus
 Colton Hodge Hammer Throw
 Sherridan Kirk 800m
 Leevan Sands Triple Jump
 Long Jump
 Maurice Smith Decathlon

2005

Ty Akins 1600m Relay
 Damion Barry 400m
 1600m Relay
 Edis Elkasevic Discus
 Shot Put
 Sherridan Kirk 800m
 1600m Relay
 Cory Martin Shot Put
 Hammer Throw
 Reuben McCoy 400m Hurdles
 1600m Relay

2006

Ty Akins 110m hurdles
 Andrew Heath 10,000m
 Reuben McCoy 400m hurdles
 Shamar Sands 110m hurdles

2007

Ty Akins 110m hurdles
 Jacob Dunkleberger Hammer
 Throw
 Cory Martin Hammer Throw
 Shot Put
 Reuben McCoy 400m hurdles
 Donald Thomas High Jump

2008

Ty Akins 110m hurdles
 Zach Clayton Discus
 Jacob Dunkleberger Hammer
 Throw
 Edis Elkasevic Discus
 Felix Kiboiwo 5,000m
 Cory Martin Hammer Throw
 Shot Put
 Reuben McCoy 400m hurdles
 Eric Werskey Shot Put

2009

Zach Clayton Discus
 Michael DeHaven 200m
 400m Relay
 1600m Relay
 Ryan Fleck High Jump
 Stephen Fly 400m Relay
 Everette Fox 400m Relay
 Felix Kiboiwo 1500m
 Nick Green 1600m Relay
 Girma Mecheso 10,000m
 Marcus Rowland 200m
 400m Relay
 1600m Relay
 Bernard Spivey 1600m Relay
 Jean-Pierre Weerts 5000m
 Eric Werskey Shot Put
 Jerod Wims 400m Relay
 1600m Relay

2010

Harry Adams 400m Relay
 Ben Cheruiyot 5,000m
 10,000m
 Neil Danville 400m Relay
 Michael DeHaven 400m Relay
 Stephen Fly 400m Relay
 Elkanah Kibet 10,000m
 Felix Kiboiwo 1500m
 Marcus Rowland 100m
 400m Relay
 Jean-Pierre Weerts 5,000m
 Eric Werskey Shot Put
 Discus

2011

Keenan Brock 100m
 Ben Cheruiyot 5000m
 Marcus Popenfoose Shot Put
 Discus Throw
 Stephen Saenz Shot Put
 Discus Throw
 DJ Smith High Jump

2012

Harry Adams 100m
 200m
 400m Relay
 Keenan Brock 100m
 200m
 400m Relay
 Michael Dehaven 400m Relay
 Jeremy Hardy 400m Relay
 Marcus Rowland 100m
 200m
 400m Relay
 Stephen Saenz Shot Put
 Discus

2013

Harry Adams 400m Relay
 Keenan Brock 400m Relay
 Spencer Ferguson 400m Relay
 Joe Fisher 400m Relay
 Jeremy Hardy 400m Relay
 Marcus Popenfoose Shot Put
 Marcus Rowland 4x100m

2014

Justin Carter Javelin
 Kahlil Henderson 200m
 Stephen Saenz Shot Put
 DJ Smith High Jump
 Teray Smith 200m

2015

Torrey Campbell 400m Relay
 Joe Fisher 400m Relay
 Kahlil Henderson 400m Relay
 200m
 Shawn Johnson High Jump
 Triple Jump
 Ty McCormack 5000m
 Teray Smith 400m Relay
 200m

NCAA Outdoor Qualifiers

Women's Outdoor

1980 (AIAW)

Nora Araujo Pentathlon
Beverly Kearney 200m
..... 400m

1981 (AIAW)

Kris Terpening Javelin

1982

Nora Araujo Heptathlon
Stephanie Bonner 200m
..... 400m
Janet Fluker 400m hurdles
Clara Hairston 100m hurdles

1983

Clara Hairston 100m hurdles

1984

Clara Hairston 100m hurdles
Rosalind Pendergraft 100m hurdles
Fawn Young 100m

1985

Cheryl Glenn 400m Relay
Clara Hairston 100m hurdles
..... 400m Relay
Rosalind Pendergraft 100m hurdles
Gina Washington 400m Relay
Fawn Young 400m Relay

1986

Rosalind Council 100m hurdles
..... 400m Relay
Cheryl Glenn 400m Relay
Nrlina Loften 400m Relay
Fawn Young 400m Relay

1987

Rosalind Council 100m hurdles

1988

Sissy Costner High Jump
Brenda McDonald Triple Jump
Laketa Ziegler Triple Jump

1989

Sissy Costner High Jump
Angela King Long Jump
LaKeta Ziegler Triple Jump

1990

Chandi Cosby 1600m Relay
Sissy Costner High Jump
Tressa Smith 100m
Kim Snipes 1600m Relay
Melinda Williamson 1600m Relay
Melissa Williamson. 1600m Relay
LaKeta Ziegler Triple Jump

1991

Buffy James 100m
..... 400m Relay
Angela King 400m Relay
Angela Johnson 400m Relay
Kelly McDonnell 3000m
Kim Snipes 400m Relay

1992

Juliet Campbell 200m
..... 400m
..... 400m Relay
..... 1600m Relay
Angela Johnson 400m Relay
Buffy James 400m Relay
Lauretta Freeman High Jump
Winifred Onyali 1600m Relay
Cheryl-Ann Phillips 100m
..... 400m Relay
..... 1600m Relay
Melinda Williamson 1600m Relay

1993

Eusheka Bartley 1600m Relay
Juliet Campbell 200m
..... 400m
..... 400m Relay
..... 1600m Relay
Chandi Cosby 400m Relay
..... 1600m Relay
Claudine Finn 100m Hurdles
Buffy James 400m Relay
Cheryl-Ann Phillips 100m
..... 400m Relay
..... 1600m Relay
Cynthia Tylor Long Jump
Melinda Williamson 1600m Relay

1994

Eusheka Bartley 400m hurdles
..... 1600m Relay
Nichole Bartley 1600m Relay
Claudine Finn 100m hurdles
..... 1600m Relay
Amy Patterson 5000m
Marcia Rush 1600m Relay
Cynthia Tylor Long Jump

1995

Eusheka Bartley 400m hurdles
Nichole Bartley 400m
Colleen Gillies Triple Jump
Magon Moncrieffe High Jump
Rachel Sauder 10,000m
..... 5000m
..... 1500m

1996

Eusheka Bartley 400m hurdles
Colleen Gillies Triple Jump
Charla Harrie 1500m
Michelle Reasor 5000m
Rachel Sauder 10,000m
Janet Trujillo 1500m

1997

Colleen Gillies Triple Jump
Lacena Golding 100m hurdles
..... Long Jump
Magon Moncrieffe High Jump
Michelle Reasor 5,000m
Janet Trujillo 3,000m
Nancy Victoria 10,000m

1998

Lacena Golding 100m hurdles
..... Long Jump
Nakeitra Jones High Jump
..... Triple Jump
Magon Moncrieffe ... Triple Jump

1999

Nakeitra Jones High Jump

2000

Vonette Dixon 100m hurdles;
Shelly-Ann Gallimore Triple Jump

2001

Timicka Clarke 400m Relay
Shelly-Ann Gallimore Triple Jump
Natalee Sterling 400m hurdles
..... 200m
..... 400m Relay
Sarah Patterson 400m Relay
Sashanie Simpson 400m Relay

2002

Kaylah Burks High Jump
Timicka Clarke 200m
..... 400m Relay
Shelly-Ann Gallimore Triple Jump
Elva Goulbourne Long Jump
..... 100m
..... 400m Relay
Natalee Sterling 400m Relay
Camica White 400m Relay

2003

Daniele Browning 200m
..... 400m Relay
Timicka Clarke 100m
..... 400m Relay
Elva Goulbourne Long Jump
..... 100m
..... 400m Relay
Angela Homan 5000m
Josanne Lucas 400m hurdles
Lisa Miller 400m Relay

2004

Fana Ashby 100m
Treska Baptiste 1600m Relay
Kaylah Burks High Jump
Spring Dawson 1500m
Shelly-Ann Gallimore Triple Jump
Karen Gayle 800m
..... 1600m Relay
Angela Homan 10,000m
Markita James 400m hurdles
..... 1600m Relay
Josanne Lucas 400m hurdles
..... 1600m Relay
Stacy Martin Shot Put
..... Discus
Sarah Reese 800m

2005

Fana Ashby 100m
..... 400m Relay
Danielle Browning 400m Relay
Karen Gayle 1600m Relay
Angela Homan 10,000m
Markita James 400m Hurdles
..... 1600m Relay
Jovane Jarrett Long Jump
..... 400m Relay
Josanne Lucas 400m Hurdles
..... 1600m Relay
Tamara Thomas 400m Relay
..... 1600m Relay

2006

Ronda Gullatte... Hammer Throw
Angela Homan 10,000m
Markita James 400m hurdles
..... 400m Relay
Jovane Jarrett Long Jump
..... 400m Relay
Josanne Lucas 100m hurdles
..... 400m hurdles
Katalin Mate Discus
Kerron Stewart 100m
..... 200m
..... 400m Relay
Tamara Thomas 200m
..... 400m Relay
Michelle Vaughn Triple Jump
Michelle Williamson.. High Jump

NCAA Outdoor Qualifiers

2007

Danielle Gilchrist ... 400m hurdles
Raevan Harris High Jump
Tracy Ann Rowe 100m
Kerron Stewart 200m
Michelle Vaughn Triple Jump

2008

Amelia Anderson ... 400m hurdles
Cache Armbrister 200m
Danielle Gilchrist ... 400m hurdles
Raevan Harris High Jump
Holly Knight 5,000m
Valentina Srsa Hammer Throw

2009

Cache Armbrister 200m
..... 1600m Relay
Joanna Atkins 400m
..... 1600m Relay
Danielle Gilchrist ... 400m hurdles
..... 1600m Relay
Raevan Harris High Jump
Latoya Parkinson 1600m Relay
CeCe Williams 1600m Relay

2010

Cache Armbrister 1600m Relay
Joanna Atkins 400m
..... 400m Relay
..... 1600m Relay
Sheniqua Ferguson 100m
..... 200m
..... 400m Relay
Maya Pressley High Jump
Kai Selvon 200m
..... 1600m Relay
Nivea Smith 200m
..... 400m Relay
CeCe Williams 1600m Relay
Shaquela Williams 400m Relay

2011

Cache Armbrister 1600m Relay
Joanna Atkins 400m
..... 1600m Relay
Sheniqua Ferguson 100m
..... 400m
Holly Knight 10,000m
Maya Pressley High Jump
Kai Selvon 200m
..... 1600m Relay
Nivea Smith 200m
CeCe Williams 400m
..... 1600m Relay

2012

Maya Pressley High Jump
Alicia Prior 400m Relay
V'alonee Robinson ... 400m Relay
Kai Selvon 100m
..... 200m
..... 400m Relay
CeCe Williams 400m
..... 400m Relay

2013

Daina Levy Hammer Throw
Valentina Muzaric Shot Put
Maya Pressley High Jump
Kai Selvon 200m

2014

Rachel Dincoff Shot Put
Ebony Morrison 100mH
Valentina Muzaric Shot Put
Samantha Scarlett 100mH

2015

Sashel Brown 400mH
Rachel Dincoff Shot Put
..... Discus
Jessie Johnson Pole Vault
Marshay Ryan Triple Jump
Jonielle Smith 100m

Auburn Outdoor Records

Women's Outdoor Records

EVENT	NAME	YEAR	MARK
100 meters	Kerron Stewart	2006	11.03
200 meters	Kerron Stewart	2007	22.41
400 meters	Juliet Campbell	1993	50.11
800 meters	Kareen Gayle	2004	2:04.88
1500 meters	Rachel Sauder	1996	4:17.81
3000 meters	Kelly McDonnell	1991	9:16.52
5000 meters	Holly Knight	2011	16:06.25
10,000 meters	Angela Homan	2006	33:25.40
3000m Steeple	Rachel Givens	2014	10:26.25
100m hurdles	Vonette Dixon	2000	12.93
400m hurdles	Markita James	2006	54.47
4x100m Relay	Clarke, Miller, Goulbourne, Browning	2003	43.32
4x200m Relay	James, Phillips, Onyali, Campbell	1992	1:34.12
4x400m Relay	Williams, Atkins, Armbrister, Selvon	2011	3:26.46
High Jump	Maya Pressley	2013	6-2
Long Jump	Elva Goulbourne	2003	22-5
Triple Jump	Shelly-Ann Gallimore	2000	45-1.50
Shot Put	Valentina Muzaric	2013	57-5.75
Discus	Rachel Dincoff	2015	183-1
Hammer	Daina Levy	2013	210-11
Javelin	Kylee Carter	2016	163-9
Pole Vault	Jessie Johnson	2016	14-6.25
Heptathlon	Lacena Golding	1998	5750

Women's Freshman Outdoor Records

EVENT	NAME	YEAR	MARK
100 meters	Joanna Atkins	2008	11.39
200 meters	Cache Armbrister	2008	23.13
400 meters	Joanna Atkins	2008	52.94
800 meters	Spring Dawson	2001	2:10.84
1500 meters	Kristen Nicolini	1997	4:26.12
3000 meters	Holly Knight	2008	9:46.05
	Joni Mooney	1985	9:46.1
5000 meters	Holly Knight	2008	16:11.46
10,000 meters	Holly Knight	2008	34:42.48
100m hurdles	Danielle Gilchrist	2007	13.64
400m hurdles	Josanne Lucas	2003	57.81
High Jump	Nakeitra Jones	1998	6-0.5
Pole Vault	Jessie Johnson	2013	13-5.25
Long Jump	Shelly-Ann Gallimore	2000	19-8
Triple Jump	Shelly-Ann Gallimore	2000	45-1.5
Shot Put	Stacy Martin	2000	49-8.75
Discus	Katalin Mate	2006	173-10
Hammer	Daina Levy	2013	207-2
Javelin	Kylee Carter	2016	163-9
Heptathlon	Angela Ward	1989	4592

Men's Outdoor Records

EVENT	NAME	YEAR	MARK
100 meters	Harry Adams	2012	9.96
200 meters	Coby Miller	1999	19.96
400 meters	Avard Moncur	2000	44.45
800 meters	Sherridan Kirk	2005	1:45.43
1500 meters	Roger Jones	1981	3:39.27
5000 meters	Chris Fox	1982	13:35.14
10,000 meters	Girma Mecheso	2009	28:26.09
3000m Steeple	Brian Abshire	1986	8:26.46
110m hurdles	Ty Akins	2008	13.25
400m hurdles	Samuel Matete	1991	47.10
4x100m Relay	Rowland, Adams, Dehaven, Brock	2012	38.30
4x400m Relay	Turner, Moore, Ayre, Moncur	2001	3:01.92
High Jump	Donald Thomas	2007	7-8
Pole Vault	Clark Humphreys	1997	18-4.5
Long Jump	Craig Hepburn	1993	27-7.25
Triple Jump	Leevan Sands	2003	55-2.25
Shot Put	Edis Elkasevic	2005	68-6
Discus	Gabor Mate	2003	219-09*
Javelin	Justin Carter	2014	239-7
Hammer	Cory Martin	2008	243-2
Decathlon	Maurice Smith	2004	8024

Men's Freshman Outdoor Records

EVENT	NAME	YEAR	MARK
100 meters	Marcus Rowland	2009	10.03
200 meters	Stanley Floyd	1980	20.46
400 meters	Sanjay Ayre	2000	45.38
800 meters	Felix Kiboiywo	2007	1:48.84
1500 meters	Brian Jaeger	1985	3:42.54
3000m Steeple	Reilly Shaw	2016	8:47.81
5000 meters	Girma Mecheso	2009	13:50.80
10,000 meters	Girma Mecheso	2009	28:26.09
110m hurdles	James Walker	1976	13.67
400m hurdles	Kelly Carter	1988	49.50
High Jump	Ryan Fleck	2009	7-3.75
	Bruce King	1993	7-3.75
Pole Vault	Clark Humphreys	1995	17-0
Long Jump	Boris Goins	1986	25-2.75
Triple Jump	Andre Scott	1995	53-10.25
Shot Put	Edis Elkasevic	2004	66-7.25
Discus	Gabor Mate	1999	202-7
Hammer	Cory Martin	2004	202-10
Javelin	Moisy Louisy-Louis	1999	211-3
Decathlon	Nathan Boyd	1995	6899

Men's Outdoor Top Performers

100 METERS

9.96	Harry Adams	2012
9.98	Coby Miller	2000
10.01	Harvey Gance	1976
10.03	Marcus Rowland	2009
10.07	Stanley Floyd	1980
10.09	Keenan Brock	2012
10.12	Marc Burns	2004
10.15	Bryan Howard	1997
10.22	Orlando Parker	1993
10.22	Daron Council	1985

200 METERS

19.96	Coby Miller	1999
20.10	Harry Adams	2012
20.29	Daron Council	1985
20.29	Kahlil Henderson	2015
20.34	Teray Smith	2015
20.39	Harvey Gance	1979
20.46	Stanley Floyd	1980
20.47	Keenan Brock	2012
20.49	Marcus Rowland	2009
20.61	Calvin Brooks	1984

400 METERS

44.45	Avard Moncur	2001
44.73	Willie Smith	1978
44.88	Seymour Fagan	1992
44.88	Samuel Matete	1992
44.92	Sanjay Ayre	2002
45.28	Julius Edwards	1999
45.42	Clifton Campbell	1988
45.53	Bruce Hardy	1985
45.61	Damion Barry	2005
45.69	Calvin Brooks	1984

800 METERS

1:45.43	Sherridan Kirk	2005
1:46.78	Aaron Richberg	1998
1:48.20	Moses Gathuka	2001
1:48.58	Teddy Towle	1998
1:48.74	Theodis Abston	1980
1:48.84	Felix Kiboiwo	2007
1:48.96	Kimmie James	1984
1:49.34	Curt Linder	1986
1:49.45	Sammie Johnson	1986
1:49.53	David Johnson	2000

1500 METERS

3:39.27	Roger Jones	1981
3:40.50	Felix Kiboiwo	2010
3:41.55	Brian Jaeger	1988
3:42.97	Brian Abshire	1986
3:43.24	Sergio Oaxaca	1982
3:43.35	Matt Parker	1986
3:43.64	Chris Fox	1982
3:43.84	Bob Sheehan	1986
3:43.94	John Tuttle	1978
3:44.14	Bob Hicks	1980

5000 METERS

13:35.14	Chris Fox	1982
13:38.44	Brian Jaeger	1987
13:38.80	Brian Abshire	1986
13:41.80	Ben Cheruiyot	2011

13:44.59	Elkanah Kibet	2010
13:50.80	Girma Mecheso	2009
13:50.87	Felix Kiboiwo	2009
13:50.94	Tom Graves	1979
13:55.80	Jean-Pierre Weerts	2008
14:00.10	Ty McCormack	2015

10,000 METERS

28:26.09	Girma Mecheso	2009
28:26.96	Elkanah Kibet	2009
28:55.48	Andrew Heath	2006
28:55.54	Terry Baker	1977
29:09.09	Ben Cheruiyot	2010
29:17.94	Chris Fox	1981
29:23.74	Tom Graves	1979
29:36.66	Jean-Pierre Weerts	2010
29:38.94	Fried Rademacher	1996
29:39.34	C. Van Valkenburg	1980

110M HURDLES

13.25	Ty Akins	2008
13.47	Shamar Sands	2007
13.67	James Walker	1977
13.67	Gene Miller	1980
13.67	Torrey Campbell	2014
13.74	John Lewter	1977
13.82	Victor Houston	1997
13.90	Wellington Zaza	2016
13.94	Mike Benjamin	1983
13.96	Quayne Baccas	2003

400M HURDLES

47.10	Samuel Matete	1992
48.37	Reuben McCoy	2008
48.48	James Walker	1979
48.55	Dean Griffiths	2003
48.86	Fred Sharpe	2003
49.16	Kevin Henderson	1985
49.50	Kelly Carter	1988
50.11	Forika McDougald	1984
50.71	Tim James	1983
51.13	Darryl Stinson	1995

3000M STEEPLECHASE

8:26.46	Brian Abshire	1986
8:35.74	John Tuttle	1979
8:40.85	Brett Roby	1989
8:42.38	Scott Strand	1990
8:42.90	Carlos Gibbs	1994
8:45.74	Roger Jones	1981
8:46.74	Joe Franklin	1979
8:46.84	Terry Baker	1977
8:47.81	Reilly Shaw	2016
8:51.68	Scott Novack	2010

4x100M RELAY

38.30	Rowland, Adams, Dehaven, Brock	2012
38.53	Hardy, Rowland, Adams, Brock	2012
38.69	Hardy, Rowland, DeHaven, Brock	2012
39.00	Easley, Lewter, Smith, Gance	1977

39.10	Miller, Moncur, Carter, Edwards	1999
39.17	Smith, Cheeks, Henderson, Brock	2014
39.18	Fly, Adams, DeHaven, Rowland	2010
39.21	Zaza, Henderson, Burks, T. Smith	2016
39.30	Griffiths, Brooks, Samuel, Council	1985
39.31	Fly, Wims, DeHaven, Rowland	2009
39.31	Easley, Strother, Smith, Gance	1978

4x400M RELAY

3:01.92	Turner, Moore, Ayre, Moncur	2001
3:02.19	Edwards, Nartey, Green, Moncur	1999
3:02.78	Henderson, Griffiths, Hardy, Brooks	1985
3:02.94	Fagan, Crichlow, Anderson, Matete	1991
3:03.08	Anderson, Saunders, Crichlow, Matete	1991
3:03.26	Henderson, Brooks, McDougald, Brooks	1985
3:03.44	Council, Griffiths, Henderson, Campbell	1986
3:03.58	McCoy, Akins, Kirk, Barry	2005
3:03.72	Crichlow, Saunders, Campbell, Fagan	1990
3:03.84	Griffiths, Turner, Sharpe, Ayre	2002

HIGH JUMP

7-9	Donald Thomas	2007
7-3.75	DJ Smith	2012
7-3.75	Ryan Fleck	2009
7-3.75	Bruce King	1995
7-3.5	Craig Musselwhite	1987
7-2.25	Tim Horn	1988
7-1.75	Jay Gonzalez	1980
7-1	Marc Valentine	1978
7-1	Shawn Johnson	2015
7-0	Theron Nixon	1998
7-0	Glenn Johnson	1983
7-0	Bob Anderson	1982
7-0	Mike Lang	1981
7-0	Chuck Tarvin	1977

POLE VAULT

18-4.5	Clark Humphreys	1997
17-6	David Spivey	1981
17-0.75	Ashton Davis	2003
17-0	Rob Weighall	1998
16-10	Jason Lueck	2002
16-8.75	Dan Jacobazzi	1993
16-2.75	Nick Farrell	2012
16-1	David Knecht	1983
16-0.75	Drew Lovette	2006
16-0	Barry Williamson	1998
15-11	Chris Woods	1993

Men's Outdoor Top Performers

LONG JUMP

27-7.25	...Craig Hepburn	1993
27-2	...Leevan Sands	2003
26-10	...Osbourne Moxey	2002
26-9.25	...Boris Goins	1989
26-1	...Del Smurtherman	1994
25-11.5	...Victor Houston	1996
25-9.75	...Harvey Glance	1977
25-8.25	...Tony Easley	1977
25-6	...Andre Scott	1996
25-1	...Byron Franklin	1980

TRIPLE JUMP

57-1.5	...Leevan Sands	2003
54-0.5	...Andre Scott	1996
53-2.25	...Shawn Johnson	2015
52-5.5	...Ed Manderson	1987
51-9.25	...Manny Toppins	1979
51-6.25	...Byron Franklin	1980
51-2.25	...Edward Watson	1991
51-1.5	...Bruce King	1995
50-11	...Del Smurtherman	1995
50-10.75	...Tyrone Joyner	1993

SHOT PUT

68-6	...Edis Elkasevic	2005
66-9.25	...Cory Martin	2008
65-4	...Stephen Saenz	2012
62-3.75	...Eric Werskey	2008
61-1.5	...Rob Will	1979
61-0.75	...Marcus Popenfoose	2013
59-5.75	...Frank Warren	1978
59-4.75	...Gabor Mate	2003
58-1	...Richard Crane	1961
57-3.75	...Jacob Dunkleberger	2007

DISCUS

219-9	...Gabor Mate	2003
204-6	...Reedus Thurmond	2001
198-7	...Edis Elkasevic	2005
192-3	...Cory Martin	2008
191-11	...Zach Clayton	2008
183-5	...Stephen Saenz	2011
182-6	...Eric Werskey	2009
180-8	...Jim Dillion	1954
179-11	...Marcus Popenfoose	2011
179-9	...Rob Will	1979

HAMMER THROW

243-2	...Cory Martin	2008
239-5	...Jacob Dunkleberger	2008
215-6	...Gabor Mate	2003
212-1	...Colton Hodge	2004
203-5	...Ryan Kavanagh	2000
199-6	...Michael Cobb	2005
197-2	...Travis Ringle	1999
192-9	...Wesley Wright	2009
191-2	...Stephen Saenz	2012
188-8	...Reedus Thurmond	1999

JAVELIN (NEW)

239-7	...Justin Carter	2014
229-9	...Juan Lopez	1996
228-7	...Curt Skaggs	1989
216-5	...Moise Louisy-Louis	2000

211-10	...Jay Ellis	1990
209-4	...Chris Welsh	1997
208-9	...Luke Gaines	2010
208-9	...Richard Cole	1985
206-7	...Tyler Kennedy	2011
205-5	...Charlie White	1990

JAVELIN (OLD)

224-11	...Billy Blackburn	1980
224-1	...Jim Perry	1978
224-1	...Lance Stark	1984
213-7	...Richard Cole	1984
210-6	...Hindman Wall	1958

DECATHLON

8232	...Maurice Smith	2005
7766	...Victor Houston	1996
7598	...Jim Awbrey	1985
7296	...Billy Blackburn	1980
7208	...Clark Humphreys	1997
7198	...Parker Shearer	2016
7160	...Jager Livingston	2010
7097	...Matt Miller	2000
7080	...Jeff Mooney	1989
7034	...Chris Welsh	1999

4x200M RELAY

1:21.36	...Hardy, Griffiths, Brooks, Council	1985
1:21.44	...Martin, Huntley, Council, Campbell	1987
1:21.80	...Nartey, Edwards, Moncur, Miller	1999
1:22.20	...Crump, Walker, Glance, Smith	1976
1:22.45	...Council, McDougald, Griffiths, Brooks	1984
1:22.45	...Anderson, Sanders, Fagan, Matete	1991
1:22.53	...Burks, Smith, Ceneus, Henderson	2016
1:22.53	...Crichlow, Campbell, Saunders, Wright	1988
1:22.90	...Russell, Walker, Smith, Glance	1977
1:23.06	...Crichlow, Saunders, Carter, Campbell	1990

4x800M RELAY

7:19.00	...Johnson, Heegard, Gathuka, Richberg	2000
7:22.36	...Johnson, Gathuka, Heegard, Kidd	2001
7:22.61	...Provanca, Reed, Jaeger, Rabush	1987
7:22.70	...Johnson, Fulmer, Jaeger, Hudson	1985
7:23.70	...Peffer, Toles, Abston, Tuttle	1978
7:25.79	...Abston, Tuttle, Toles, Franklin	1979
7:28.07	...Borden, Smith, Towle, Richberg	1997
7:31.72	...Abercrombie, Breitenfeld, Boyd, N. Butler	1991

7:34.69	...Harrell, A. Butler, Strand, Roby	1990
7:36.27	...Abercrombie, A. Butler, N. Butler, Harrell	1990

SPRINT MEDLEY

3:12.17	...Ayre, Miller, Moncur, Richberg	2000
3:14.54	...Sands, Griffiths, Ayre, Sharpe	2003
3:15.58	...Turner, Green, Moncur, Gathuka	2001
3:18.48	...DeHaven, Wims, McCoy, Kiboiwo	2008
3:20.49	...Samuel, McDougald, Huntley, Provanca	1985
3:21.75	...Currie, Benjamin, Cotton, Sheehan	1983
3:23.60	...Ray, J. Smith, Winter, Dozier	1963

DISTANCE MEDLEY RELAY

9:31.75	...Jones, Brooks, Oaxaca, Fox	1982
9:39.74	...Provanca, McDougald, Johnson, Hudson	1985
9:39.90	...Abston, Walker, Tuttle, Franklin	1979
9:40.57	...Boyd, Anderson, A. Butler, Strand	1991
9:43.50	...Peffer, Toles, Hicks, Tuttle	1978
9:47.12	...Gathuk, Green, Heegard, Hansen	2000
9:50.45	...Wazeerud, Al-Bennett, Towle, Hansen	1998
9:52.77	...Harrell, A. Butler, Roby, Strand	1990
9:55.29	...Harrell, Crichlow, Roby, Strand	1990
9:55.30	...Trottier, Johnson, James, Sheehan	1984

4x1500M RELAY

14:58.80	...Parker, Sheehan, Abshire, Jaeger	1986
15:06.90	...L. Brooks, Oaxaca, Fox, Jones	1982
15:07.20	...Parker, Hudson, Sheehan, Abshire	1985
15:08.80	...Hicks, Tuttle, Franklin, Graves	1979
15:16.73	...Strand, A. Butler, Harrell, Roby	1990
15:50.76	...Rademacher, McClaran, Butler, Fiscus	1993
15:56.20	...Lane, Stewart, Poling, Borden	1997

SHUTTLE HURDLE

56.80	...Benjamin, Guild, Bruce, Miller	1980
58.74	...Reed, Ewing, Henderson, McDougald	1985
59.50	...Barrett, Anderson, Carson, Lewter	1975

Bold indicates marks set in 2016

Women's Outdoor Top Performers

100 METERS

11.03	Kerron Stewart	2006/07
11.12	Fana Ashby	2004
11.15	Juliet Campbell	1993
11.17	Sheniqua Ferguson	2011
11.21	Kai Selvon	2012
11.20	Elva Goulbourne	2003
11.25	Tracy Ann Rowe	2007
11.30	Joanna Atkins	2011
11.30	Daniele Browning	2003
11.33	Timicka Clarke	2003

200 METERS

22.41	Kerron Stewart	2007
22.66	Juliet Campbell	1993
22.68	Joanna Atkins	2011
22.71	Nivea Smith	2010
22.85	Kai Selvon	2012
22.87	Sheniqua Ferguson	2010
22.98	Elva Goulbourne	2003
23.13	Cache Armbrister	2008
23.28	Tracy Ann Rowe	2007
23.28	Tamara Thomas	2006

400 METERS

50.11	Juliet Campbell	1993
50.39	Joanna Atkins	2009
52.00	Markita James	2006
52.36	CeCe Williams	2012
52.77	Eusheka Bartley	1996
53.24	Stephanie Bonner	1982
53.30	Nichole Bartley	1994
53.50	Sashanie Simpson	2001
53.68	Tamara Thomas	2005
53.77	Mda. Williamson	1992

800 METERS

2:04.88	Kareen Gayle	2004
2:06.19	Sarah Reese	2004
2:07.51	Caitlin Reese	2004
2:08.26	Amanda Patrick	1997
2:08.36	Kelly McDonnell	1991
2:08.90	Janet Trujillo	1996
2:10.27	Charla Harrie	1994
2:10.33	Nicole Holly	1991
2:10.84	Spring Dawson	2001
2:10.61	Emily Stevens	2014

1500 METERS

4:17.81	Rachel Sauder	1996
4:18.43	Spring Dawson	2004
4:20.30	Janet Trujillo	1996
4:22.01	Charla Harrie	1996
4:23.04	Kelly McDonnell	1991
4:25.73	Amber Riley	2009
4:26.68	Holly Knight	2011
4:27.60	Alexis Hamblet	2001
4:27.76	Jill Faulkner	1991
4:27.93	Kristen Nicolini	1997

3000 METERS

9:16.52	Kelly McDonnell	1991
9:16.56	Rachel Sauder	1996
9:23.74	Janet Trujillo	1997
9:25.01	Holly Knight	2011
9:25.78	Jill Faulkner	1991
9:35.42	Veronica Eder	2016
9:37.00	Kathi Ward	1996
9:39.25	Amy Patterson	1992
9:39.92	Taylor Duncan	2016
9:40.00	Michelle Reasor	1996

5000 METERS

16:06.25	Holly Knight	2011
16:11.02	Angela Homan	2006
16:14.32	Veronica Eder	2016
16:22.79	Rachel Sauder	1996
16:30.53	Michelle Reasor	1996
16:32.99	Amy Patterson	1994
16:42.22	Laurel Pritchard	2009
16:47.16	Alissa Fisher	2012
16:48.50	Erica Braswell	2003
16:49.90	Taylor Duncan	2014

10,000 METERS

33:25.40	Angela Homan	2006
33:26.91	Rachel Sauder	1996
33:51.26	Holly Knight	2011
34:17.59	Veronica Eder	2016
34:40.56	Laurel Pritchard	2008
35:03.14	Nerissa Johnson	2001
35:16.50	Nancy Victoria	1997
35:27.34	Stephanie Barnes	2010
35:29.19	Kenzley Defler	2016
35:37.64	B. Malinauskas	1986

100M HURDLES

12.93	Vonette Dixon	2000
13.00	Lacena Golding	1998
13.01	Samantha Scarlett	2014
13.02	Josanne Lucas	2006
13.03	Rosalind Council	1987
13.06	Ebony Morrison	2014
13.30	Clara Hairston	1985
13.36	Amelia Anderson	2010
13.38	Danielle Gilchrist	2008
13.41	Krystal Bodie	2010

400M HURDLES

54.47	Markita James	2006
55.29	Josanne Lucas	2006
56.84	Janet Trujillo	2008
57.12	Amelia Anderson	2008
57.25	Natalee Sterling	2001
57.31	Eusheka Bartley	1996
57.34	Sashel Brown	2015
58.78	Michelle Atherley	2016
58.85	Danielle Hill	2014
59.07	Latoya Parkinson	2010

3000M STEEPLECHASE

10:26.25	Rachel Givens	2014
10:37.20	Stephanie Barnes	2011
10:39.83	Amber Riley	2009
10:41.16	Kylie Swanson	2005
10:37.01	Rachel Givens	2016
10:55.01	Kristen Sheehan	2016
11:19.33	Emily Stevens	2016
11:54.45	Allison Smith	2010
11:57.34	Danielle Keplinger	2005

4x100M RELAY

43.32	Clarke, Miller, Goulbourne, Browning	2003
43.35	Thomas, Jarrett, James, Stewart	2006
43.38	S. Williams, Atkins, Ferguson, Smith	2010
43.53	Williams, Rowe, Gilchrist, Stewart	2007
43.58	Thomas, Browning, Jarrett, Ashby	2005
43.67	Robinson, Williams, Selvon, Smith	2012
43.74	S. Williams, Atkins, Armbrister, Smith	2009
43.80	Atkins, Ferguson, Selvon, Smith	2011
43.89	James, Campbell, Finn, Phillips	1993
43.91	Parkinson, Atkins, Ferguson, N. Smith	2011

4x400M RELAY

3:26.46	Williams, Atkins, Armbrister, Selvon	2011
3:27.93	Lucas, Stewart, Thomas, James	2006
3:29.21	Lucas, Gayle, Thomas, James	2005
3:31.76	Baptiste, James, Lucas, Gayle	2004
3:31.79	Williams, Armbrister, Parkinson, Atkins	2009
3:32.45	Williamson, Phillips, Onyali, Campbell	1992
3:32.93	Atkins, Armbrister, Williams, Selvon	2011
3:33.16	Armbrister, C. Williams, Selvon, Atkins	2010
3:33.36	Gilchrist, Armbrister, Anderson, Atkins	2008
3:33.44	Williamson, Williamson, Onyali, Campbell	1992

Women's Outdoor Top Performers

4x200 RELAY

1:31.19Atkins, Armbrister,C. Williams, Smith	2009
1:31.59Atkins, Ferguson,Smith, Armbrister	2010
1:32.42Goulbourne, Clarke,Browning, Miller	2003
1:33.52James, Phillips,Finn, Campbell	1993
1:35.45Cosby, Snipes,Johnson, James	1991
1:35.78Golding, Osbourne,Wilson, Dixon	1998
1:37.61James, Johnson,Cosby, T. Smith	1990

4x800 RELAY

8:32.93Gayle, S.Reese,Dawson, C.Reese	2004
8:41.76Wanyoike, S. Reese,Dawson, C. Reese	2003
8:44.51E. Bartley, Patrick,Nicollini, Trujillo	1997
8:48.38Dawson, Hamblet,S. Reese,C. Reese	2001
8:49.94Griffin, E. Bartley,Patrick, Trujillo	1997
8:51.81Herd, Reed,Raymond, Holly	1991

4x1500 RELAY

18:01.20Faulkner, Raymond,Herd, McDonnell	1991
18:22.69Dawson, Hamblett,Braswell, S.Reese	2001
18:47.50Reasor, Ward,Gannon, Victoria	1997

SPRINT MEDLEY

3:51.59Browning, Ashby,James, Gayle	2005
3:53.06Sterling, Clarke,Simpson, Dawson	2001
3:55.45Baptiste, Browning,Thomas, Gayle	2005
3:59:54Sterling, Artusa,Simpson, Dawson	2001
4:02.69J. Smith, T. Smith,Glenn, McDonnell	1988

DISTANCE MEDLEY

11:22.07Dawson, Gayle,S.Reese, C.Reese	2004
11:26.71C.Reese, Hills,S.Reese, Dawson	2004
11:26.82C.Reese, James,S.Reese, Dawson	2003
11:37.54Nicolinni, Bresler,Patrick, Trujillo	1997
11:38.46Herd, Rush, Holly, Bruns	1992
11:46.76Barnes, Selvon,Pritchard, Knight	2010

HIGH JUMP

6-2Maya Pressley	2013
6-1.5Raevan Harris	2007
6-1.5Sissy Costner	1989
6-0.5Nakeitra Jones	1998
6-0Kaylah Burks	2004
6-0Lauretta Freeman	1992
5-11.5Magon Moncrieffe	1997
5-10.75Monica Carney	2012
5-10.75Michelle Williamson	2006
5-10.5S-A Gallimore	2000
5-10.25Patreece Copeland	1995

POLE VAULT

14-6.25 Jessie Johnson	2016
12-6Katie Curtis	2005
12-2.5Larissa Debich	2013
11-7.75Catherine Frappier	2008
11-6.50Hannah Johnson	1998
11-5.75Brittany Mattrella	2011
11-0.75Abby Doucette	1998

LONG JUMP

22-05Elva Goulbourne	2003
21-10Lacena Golding	1997
21-5.25Cynthia Tylor	1994
21-4.75Jovane Jarrett	2006
21-4.25Colleen Gillies	1996
21-3.25 Dominique Bullock	2016
20-5.25V'alonee Robinson	2012
20-5Angela King	1992
20-5Vanessa Johnson	2000
20-4.5Clara Hairston	1985

TRIPLE JUMP

45-1.5Shelly-Ann Gallimore	2000
44-7.5Michelle Vaughn	2007
44-2Colleen Gillies	1996
43-9.75Marshay Ryan	2015
42-5.5Jovane Jarrett	2006
42-2LaKeta Ziegler	1990
42-0.75Magon Moncrieffe	1998
41-9.75Nakeitra Jones	1998
41-3.25Amelia Anderson	2010
41-2.25Brenda McDonald	1988
41-1Siobhan Ford-Holland	2013
40-9 Jakayla Hande	2016

SHOT PUT

57-5.75Valentina Muzaric	2013
55-5.75 Rachel Dincoff	2016
53-9.25Stacy Martin	2004
49-1.50Ronda Gullatte	2005
48-11.5Katalin Mate	2006
46-5June Reid	1986
45-7.75 Ivana Muzaric	2016
44-6Anna McCloskey	2012
44-4.5Gina Piatt	1979
44-4Shawn Tucker	1991
44-2B. Louisy-Louis	2000
43-5Jennifer Amobi	2006

DISCUS

183-1Rachel Dincoff	2015
181-5Stacy Martin	2004
178-3Ronda Gullatte	2005
174-1 Ivana Muzaric	2016
173-10Katalin Mate	2006
166-11B. Louisy-Louis	2003
161-1Natasha Mitchell	1998
157-8Daina Levy	2013
154-8Pat Neptune	1998
152-6Kris Terpening	1981
152-4Shawn Tucker	1991

HAMMER THROW

207-2Daina Levy	2013
197-8Brianna Heilsnis	2015
196-11Valentina Srša	2008
195-4Ronda Gullatte	2006
191-2Stacy Martin	2004
186-7Tori Nwadiogbu	2014
178-11Tori Nwadiogbu	2013
175-0Victoria Bernardo	2014
171-0 Amber Sudzuis	2016
165-5B. Louisy-Louis	2000

JAVELIN

163-9 Kylee Carter	2016
158-5B. Louisy-Louis	2003
157-0Kris Terpening	1981
156-3 Alyssa Kopp	2016
154-0 Peyton Montgomery	2016
155-3Gina Passadore	1990
151-8Sheila Smith	1979
150-0Katalin Mate	2006
149-0June Reid	1985
136-0Lacena Golding	1997

HEPTATHLON

5750Lacena Golding	1998
5452Angela King	1992
5365Nora Araujo	1982
5167Vanessa Johnson	2000
4899Charlene Adams	1996
4831Tanya Wildgoose	1997
4632Jo Laurie Smith	1981
4602Amelia Anderson	2006
4592Angela Ward	1989
4578Chelsey Thomas	2009

Bold indicates marks set in 2016