



Tiger TrACS

(Transitioning Athletes for Career Success)

is committed to career development and emphasizing strong preparation for life after intercollegiate sports. We offer a variety of programs and services to assist student-athletes in obtaining careers through helping with resumes and cover letters. In addition to these services, Tiger TrACS offers interview preparation, major selection and job exploration. Our goal is to aid student-athletes in reaching their professional and personal goals.

Drop-in Policy: Get immediate assistance by coming to SADC room 315 during business hours for a brief 15 minute meeting. If additional help is needed, an appointment can be made at that time.



Talk About it Tuesday's are focused on bringing awareness to issues student-athletes face. These informational forums provide a format for guest speakers, panel discussions and distribution of informational materials. Talk About It Tuesday events cover a variety of topics from mental & physical wellness, financial planning & management, career preparation & transition and healthy nutritional choices just to name a few.

STUDENT-ATHLETE ENHANCEMENT PROGRAM

The Auburn University Student-Athlete Enhancement Program (SAEP) is designed to assist all student-athletes with making a successful transition from sports to the professional world.

Personal Enhancement

Is the foundation for student-athlete success. This includes a focus on personal identity and values, well-being, transition and reflection.

Social Responsibility

Is a cornerstone that emphasizes social awareness, civic engagement and moral application.

Career Development

Is a cornerstone to assist student-athletes with Career Exploration, choice preparation and transition.

Leadership

Is the keystone that develops student-athletes' personal, social and professional leadership skills.

Student-Athlete Advisory Committee (SAAC)

Engages with all program areas and serves as a voice to provide insight on the overall student-athlete experience.

Prepared Professional

Is the capstone that gives student-athletes opportunities to intentionally improve, apply and reflect their own individual skills in these key areas: Personal Accountability, Specialized Knowledge and Competency, Image Awareness and Relationship Building.



CONNECT is a mandated program from the Southeastern Conference (SEC) office designed for incoming freshman and transfer student-athletes as they transition into the Auburn Family. CONNECT is a student-athlete leadership program that provides upper classmen the opportunity to mentor new student-athletes. Upper classmen serve as team leaders for small groups with the focus on responsibility, accountability, making good choices, ethics, etiquette and character building. The groups meet once a month to engage in different transition topics while enjoying an activity that brings a diverse group of student-athletes together. Activities include: bowling, kickball, tailgate, amazing race, obstacle course, and an etiquette dinner.



Student-Athlete Advisory Committee (SAAC)

The mission of the Student-Athlete Advisory Committee (SAAC) is to enhance the total student-athlete experience and offer input on the rules, regulations and policies that affect the student-athlete experience. The committee is comprised of two current Auburn student-athletes from each of the 19 sports on campus. The committee provides student-athletes with a voice to the administration, conference office, and the NCAA. SAAC Executive Officers and Representatives meet once a month and all student-athletes are welcome to attend.