



Cross Country Information

 Head Coach
 Mark Carroll

 Year at Auburn
 Third

 Alma Mater
 Providence, 1995

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Auburn University

Location	Auburn, Ala.
Nickname	Tigers
Colors	Burnt Orange and Navy Blue
	(PMS 172, 289)
Enrollment	25,078
Conference	Southeastern
President	Dr. Jay Gogue
Athletics Director	Jay Jacobs
Senior Women's Administrator	Meredith Jenkins
Associate AD	David Mines

2010 Review

ZOTO REVIEW	
2010 SEC Finish	
Men	10th
Women	7th
2010 NCAA Qualifiers Returning/Lost	
Men	0/1
Women	0/1
Letterwinners Returning/Lost	
Men	7/4
Women	3/5
Newcomers	
Men	8
Women	10

2011 Schedule/Results

Date	chedule/Results Event	Result (M;W)
Sept. 3	at Troy Invitational	lst; lst
	(Troy, Ala.)	
Sept. 9	AUBURN INVITATIONAL	5:15 p.m.
	(Auburn, Ala.)	
Sept. 23	at Florida State Invitational	TBA
	(Tallahassee, Fla.)	
Sept. 30	at Notre Dame Invitational	TBA
	(South Bend, Ind.)	
Oct. 15	at Crimson Classic	TBA
	(Tuscaloosa, Ala.)	
Oct. 31	at SEC Championship	9 a.m.
	(Maryville, Tenn.)	
Nov. 12	at NCAA South Regional	TBA
	(Tuscaloosa, Ala.)	
Nov. 21	at NCAA Championships	TBA
	(Terra Haute, Ind.)	

THIS WEEK IN AUBURN CROSS COUNTRY...

Event: Auburn Invitational
Date: Friday, Sept. 9
Location: Auburn, Ala.

Event Schedule:

Race Course Opens for Warm-ups 3 pm CT
Women's Race 5:15 pm CT
Men's Race 5:45 pm CT
Awards Presentation 6:30 pm CT

Course:

Women 5 kilometers Men 8 kilometers

AT THE STARTING LINE

- The second meet of the 2011 season finds the Tigers cross country team at home for the Auburn Invitational. 11 teams will make the trip to Auburn for the event that will be held at Conway Acres Farm. The competition is highlighted by Florida State, Southern Miss and Georgia State as well as in-state opponents Samford, Troy, UAB and Alabama State.
- After sitting out the opening race, highly-touted freshman Kane Grimster is expected to make his debut on the men's side. Additionally, team captain and senior Joby Peake along with sophomore Niklas Buhner will also make their 2011 debuts.
 - Freshman Samantha Berggren will run for the first time in 2011 on Friday.

OPENING WEEKEND A SUCCESS

- Both the men's and women's teams brought home team titles in the season opening meet at Troy on September 3.
 The men topped the standings with 44 points, while the women tied South Alabama with 34 points.
- Sophomore Elizabeth Briasco crossed the finish line first with a time of 11:08.17 in the 3200m run. She was followed closely behind by newcomer Alyssa Fisher who clocked in at 11:15.36.

RUNNER OF THE WEEK

ELIZABETH BRISACO

Picked up her first-ever race win at Troy ... Completed the 3200m course in 11:08.17 ... Bested teammate Alissa Fisher by more than six seconds for the top spot.











Mark Carroll

Head Cross Country Coach Third Season

Head Coach Mark Carroll enters the 2011 campaign, his third with Auburn, ready to take the Tigers' program to the next level in the world of collegiate cross country.

2010 featured three of Carroll's runners earning first team All-SEC honors after solid performances at the conference championships – highlighted by second place finishes from Ben Cheruiyot and Holly Knight.

Additionally, both Cheruiyot and Knight advanced to the 2010 NCAA Championships.

In his first season with Tigers in 2009, Carroll tutored Felix Kiboiywo and Cheruioyt to All-American accolades as the men's team placed 25th at the NCAA Cross Country Championships. The Auburn men also brought home two third-place finishes from the NCAA South Regional and SEC Championships, and Kiboiywo took medalist honors for the third time of his career at the NCAA South Regional.

With Carroll at the helm, the Auburn women finished in the Top 10 at five of their six meets for the 2009 season. Carroll led the Lady Tigers to a sixth-place finish at the NCAA South Regional and a seventh-place finish at the SEC Championships.

Prior to joining the Auburn staff, Carroll was the US Athlete Manager for Athletics Ireland, where he guided Gareth Turnbull, Mark Christie and Liam Reale to becoming one of the top Irish running trios in the nation while also training several other Irish runners stateside.

Before coaching Carroll was a world-class distance runner specializing in the 3,000 and 5,000-meters. As a 19-year old, the Cork, Ireland native, earned the first major title of his career, capturing the 1991 European Junior Title in the 5K in Thessalonika, Greece.

In 1998 he won bronze at the European Track & Field Championships held in Budapest. In 2000, he won the European Indoor 3K title. In that same year, Carroll posted the top mile time of his career (3:50.3) in Oslo, Norway.

Carroll is a four-time IAAF World Track and Field member, and holds the Irish-national record in the 3K (7:30.36), which he set in 1996, as well as the 5K (13:03.93) set in 1998. He also held the national record of 27:46.42 in the 10K that was set in 2000, a record that has since been broken.

He has participated in several marathons in the later stages of his career, highlighted by a sixth-place finish in the 2002 New York Marathon. His time of 2:10.54 sits only 61 seconds off of the Irish national record of 2:09.17.

Carroll was a member of the 2000 and 2004 Ireland Olympic Team. He competed in the 5K both years, and in 2000 just missed qualifying for the finals by one place.

During his collegiate days at Providence College, Carroll earned six All-American honors as well as seven Big East titles (cross country; 1,000 meters; 1,500 meters; 3,000 meters (twice); distance medley relay and 4 x 800 meters). His crowning achievement as a Friar came when he won an NCAA Indoor Championship title in the 5,000-meters.

Carroll holds a USTFCCCA level two coaching certificate that he acquired in 2008.

He married the former Amy Rudolph in October of 2005. Rudolph, an accomplished runner in her own right, is a two-time Olympian, as well as a U.S. Indoor Champion in the 3,000-meter run.

USTFCCCA POLLS

COACHES' POLL (MEN) Preseason				
Rank	School	Location	Conf.	2010 FINAL
1	Florida State	Tallahassee, Fla.	ACC	2
2	Florida	Gainesville, Fla.	SEC	3
3	Georgia	Athens, Ga.	SEC	5
4	Alabama	Tuscaloosa, Ala.	SEC	1
5	Tennessee	Knoxville, Tenn.	SEC	4
6	Chattanooga	Chattanooga, Tenn.	Southern	6
7	Mississippi	Oxford, Miss.	SEC	7
8	Kennesaw St.	Kennesaw, Ga.	Atlantic Sun	9
9	Mississippi St.	Starkville, Miss.	SEC	10
10	North Florida	Jacksonville, Fla.	Atlantic Sun	11
-11	Belmont	Nashville, Tenn.	Atlantic Sun	8
12	USF	Tampa, Florida	Big East	12
13	Lipscomb	Nashville, Tenn.	Atlantic Sun	13
14	Vanderbilt	Nashville, Tenn.	SEC	14
15	Georgia Tech	Atlanta, Ga.	ACC	NR

SOUTH Region (Women)

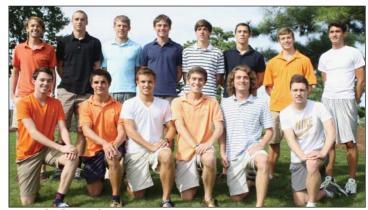
	Preseason				
Rank	School	Location	Conf.	2010 FINAL	
1	Florida State	Tallahassee, Fla.	ACC	1	
2	Florida	Gainesville, Fla.	SEC	2	
3	Vanderbilt	Nashville, Tenn.	SEC	3	
4	Mississippi State	Starkville, Miss.	SEC	5	
5	Georgia	Athens, Ga.	SEC	4	
6	UAB	Birmingham, Ala.	Conference USA	6	
7	Mississippi	Oxford, Miss.	SEC	8	
8	Alabama	Tuscaloosa, Ala.	SEC	7	
9	North Florida	Jacksonville, Fla.	Atlantic Sun	11	
10	Lipscomb	Nashville, Tenn.	Atlantic Sun	9	
11	USF	Tampa, Florida	Big East	14	
12	Samford	Birmingham, Ala.	Southern	10	
13	Chattanooga	Chattanooga, Tenn.	Southern	12	
14	Georgia Tech	Atlanta, Ga.	ACC	15	
15	Belmont	Nashville, Tenn.	Atlantic Sun	16	

The MARK CARROLL File

Full Name: Denis Mark Carroll
Birthdate: January 15, 1972
Born: Cork, Ireland
Hometown: Providence, Rhode Island
Alma Mater: Providence College, 1995
Relationship Status: Married, Amy Rudolph







2011 Auburn Men's Cross Country Roster

chool)
nny HS
sula Gymnasium
tain HS
lia/Peninsula School
nny HS
p
ıtain (Ala.) HS
n Day School
u HS
n Day School



2011 Auburn Women's Cross Country Roster

Name	Year	Hometown (Previous School)
Catherine Allen	Fr.	Louisville, Ky./Sacred Heart Academy
Lauren Barr	Fr.	Jacksonville, Fla./Bishop Kenny (Fla.) HS
Samantha Berggren	Fr.	Grand Lake, Colo./Middle Park HS
Elizabeth Briasco	So.	Forest Hills, N.Y./Queens HS for the Sciences
Katy Campbell	So.	Kingwood, Texas/HS
Alissa Fisher	Jr.	Huntsville, Ala./Grissom HS
Erin Fondren	So.	Birmingham, Ala./Oak Mountain HS
Sally Kirklewski	So.	Roswell, Ga./HS
Erika Kolakowski	So.	Plant City, Fla./HS
Danielle Lusk	Fr.	Rockledge, Fla./HS
Molly Pezzulo	Fr.	Saratoga Springs, N.Y./Saratoga Springs HS
Mary Elizabeth Strickland	Fr.	Huntsville, Ala./HS

2010 SEASON IN REVIEW

High hopes for 2010 after a solid 2009 season gave way to frustration, but despite an under-achieving Fall output by both the men's and women's teams there were solid performances by a pair of individuals. Senior Ben Cheruiyot and departed former runner Holly Knight posted top 10 finishes at the NCAA South Regional in Tuscaloosa and earned berths in the NCAA Championships.

Both Cheruiyot (24:01.36) and Knight (20:49.39) placed second in their respective races at the conference finale hosted by South Carolina. That would be just one of the solid showings by the pair over the course of the 2010 campaign. Knight was joined by fellow senior Stephanie Barnes (21:15.86) in the top 10 at SEC's. The Clevedon, England-native posted a seventh-place finish.

For their efforts, the trio each earned All-SEC recognition.

The season started with a strong showing from both sides at the Troy Invitational in early September with the men finishing first and the women taking second place. Auburn's Barnes and Stephanie Briasco placed one and two to clinch the win.

Knight picked up her first race win of the season in Tuscaloosa the following week, while Cheruiyot finished third as both teams finished fourth in the Crimson Classic. The Tigers closed out September with another pair of fourth-place finishes, highlighted by a pair of race wins from Knight and Cheruiyot.

The pair of wins at the Brooks Memphis Twilight Cross Country Classic earned the duo SEC Cross Country Athletes of the Week.

The final regular season race of 2010 featured the tandem both setting season highs - including a personal best by Cheruiyot. The Kenyan crossed the finish line with a mark of 29:21.06, while his female teammate, Knight, came across in 16:50.25 for a third place finish.





Auburn Women

CATHERINE ALLEN

Freshman Louisville, Kentucky Sacred Heart Academy

High School: Sacred Heart Academy; Louisville, Ky. . . . Was an honor student and member of the National Honor Society . . . Ran track under Head Coach Rick Helm . . . Participated in the 5K, 800m, 1600m, 3200m, 4x400m, 4x800m and steeplechase . . . Team was the state runner-up in 2007, 2008 and 2010 and state champions in 2009 . . . Named first-team all-region and all-metro as a sophomore . . . Named honorable mention all-state as a junior and first-team all-state as a senior . . . Named first-team all-district, all-area, all-region and all-metro as a junior and senior . . . Named academic all-state . . . Also participated in swimming as a sophomore and junior.

Personal: Full name is Catherine Alexandra Allen ... Born on Dec. 16, 1992, in Louisville, Ky. ... Daughter of Tim and Maryellen Allen ... Has one sister, Maggie (14).



LAUREN BARR Freshman Little Rock, Ark. Bishop Kenny (Fla.) HS

High School: Bishop Kenny High School; Jacksonville, Fla. . . . Was valedictorian and member of the National Honor Society . . . Ran track and cross country under Head Coach Bryan Haffey . . . Participated in the 800m, 1600m and 3200m . . . Placed 10th overall at the state meet as a senior in the 3200m.

Personal: Full name is Lauren Elizabeth Barr ... Born April 26, 1993, in Little Rock, Ark. ... Daughter of Andrew and Cristina Barr ... Has two brothers, Michael (16) and David (15).



SAMANTHA BERGGREN Freshman

Preshman Denver, Colo. Middle Park HS

High School: Middle Park High School; Granby, Colo. . . . Was an honor student and member of the National Honor Society ... Ran track and cross country under Head Coach Christine DuBois-Miller ... Participated in the 100m, 200m, 400m, 800m, 1600m, 4x100m, 4x400m and 4x800m ... Team Regional Champions in 2009 and 2010, Team League Champions in 2010 and 2011 and Team Regional Cross Country Champions in 2009 and 2010 ... Individual state champion in the 200m, 400m and 800m as a freshman, the 400m and 800m as a sophomore, the 400m as a junior and in cross country, the 400m, 800m and 1600m as a senior ... Named first-team all-state, all-district, all-area, all-region and all-metro as a sophomore, junior and senior ... Named All-Colorado in 2008 and received all-state academic honors ... Holds school records in the 200m, 400m, 800m and 1600m . . . Holds state record in the 400m ... Named all-state, all-Colorado and all-state

Personal: Full name is Samantha Rae Berggren ... Born Oct. 25, 1992, in Denver, Colo. ... Daughter of Jim and Sarah Berggren ... Has one brother, Hans (20).



ELIZABETH BRIASCO

Sophomore Forest Hills, N.Y. Queens HS for the Sciences

2010 (Freshman): Finished second at the Troy Invitational with a time of 12:07.34 ... Her second-place finish helped the team to second place overall in at the meet ... Posted a top 20 time at the Brooks Memphis Twilight Cross Country Classic ... Crossed the finish line in 18:17.18 — good for 16th place ... Top 25 at the Crimson Classic in Tuscaloosa ... Finished 24th and timed at 18:29.90 ... Ran course in 18:28.22 at Arkansas.

Prior to Auburn: Competed at Queens High School for the Science ... Three-time NSIC All-American in the 5K ... 2007 USATF Junior Olympic 3K Champion ... Recorded personal bests of 4:56 in the 1600, 4:38 in the 1500 and 2:19 in the 800.

Personal: Daughter of Michelle and Douglass Briasco ... Born on September 2, 1992 ... Major is currently undecided.



KATY CAMPBELL

Sophomore Atlanta, Ga. Kingwood (Texas) HS

High School: Stow-Munroe Falls High School, Stow, Ohio (06-07); Marysville High School, Marysville, Ohio (07-08); Kingwood High School, Kingwood, Texas (08-10) ... Was an honor student and member of the honor societies ... Ran track and cross country ... Participated in the 800m, 1600m, 3200m and the 5K ... Team won the UIL-5A Cross Country Championships in 2009 (Kingwood HS) ... Named Most Valuable Runner (Maryville HS) in cross country for Fall 2007 ... Received Spirit Award (Kingwood HS) in track for Spring 2010 ... NXN Team Qualifiers in cross country for Fall 2010 (14th place).

Personal: Full name is Kathryn Taylor Campbell ... Born on July 26, 1992, in Atlanta, Ga. ... Daughter of Chuck and Annie Campbell ... Has two brothers, Colby (18) and Brock (15).



ALISSA FISHER

Junior Huntsville, Ala. Grissom HS

High School: Grissom High School; Huntsville, Ala....
Was an honor student ... Ran track under Head Coach
David Yates ... Participated in the 4x800m, 800m, 1600m
and 3200m ... Also played soccer and was on the 2006
6A State Championship team ... Named all-state, allregion, all-district and was team MVP.

Personal: Full name is Alissa Paige Fisher . . . Born on July 1, 1991, in Huntsville, Ala. . . . Daughter of Leonard and Janet Fisher . . . Has one brother, Jeremy (18).



ERIN FONDREN

Sophomore Rome, Ga. Oak Mountain (Ala.) HS

High School: Midlothian High School, Midlothian, Va. (06-07); Oak Mountain High School, Birmingham, Ala. (07-10)
... Was an honor student ... Ran track and participated in the 1600m, 3200m and 4x800m ... Also played soccer.

Personal: Full name is Erin Michelle Fondren ... Born on Feb. 2, 1992, in Rome, Ga. ... Daughter of Neal and Christy Fondren ... Has one brother, Kyle (26) and one sister, Anna (21).



SALLY KIRKLEWSKI

Sophomore Roswell, Ga. Roswell HS

2010 (Freshman): Did not compete.

Prior to Auburn: Won 2010 Fulton County 3200 Championship while at Roswell High School ... 2010 individual cross country state qualifier ... Holds a personal best 19:03 in the 5K.

Personal: Daughter of Bruce and Percilla Kirklewski ... Born April 13, 1992 in Roswell, Ga. ... Majoring in kinesiol-



ERIKA KOLAKOWSKI

Sophomore Plant City, Fla. Plant City HS

2010 (Freshman): Recorded a top 20 finish at the Troy Invitational ... Helped team to a second overall finish at the event ... Finished the course in Troy in 13:18.16 (16th overall) ... Finished 77th at the Crimson Classic ... Posted a time of 20:50.34 at the Memphis Twilight Classic ... Timed at 19.56.16 at the Chili Pepper Festival hosted by Arkansas.

Prior to Auburn: Prepped at Plant City High School ... Two-time Hillsborough County 800 Champion ... Selected to 1st Team All-Hillsborough County in 2010 ... 2009 and 2010 800 District Champion ... Own a personal best 20:32 in the 5K and 2:14.88 in the 800.

Personal: Daughter of Keith and Lisa Kolakowski ... Born October 25, 1991 in Plant City, Fla. ... Majoring in biomedical science.







DANIELLE Freshman Cocoa Beach, Fla. Rockledge HS

High School: Rockledge High School; Rockledge, Fla. . . . Was an honor student and member of the National Honor Society ... Ran track and cross country under Head Coach Peggy Sebetka ... Participated in the 1600m, 3200m and 5K ... Team conference champions in 2011 and district champions in 2008 ... Named first-team all-district as a sophomore, junior and senior . . . Named first-team all-region as a junior and senior ... FACA Senior All-Star Team ... Three-year MVP ... School Athlete of the Year ... Holds school records in the 5K and 3200m ... Also participated in swimming and played soccer.

Personal: Full name is Danielle Kathleen Lusk ... Born on April 24, 1993 in Cocoa Beach, Fla. . . . Daughter of Patrick and Julie Lusk.



MOLLY PEZZULO Saratoga Springs, N.Y.

High School: Saratoga Springs High School; Saratoga Springs, N.Y. ... Was a member of the math and science honor societies ... Ran track and cross country under Head Coaches Art and Linda Kranick ... Participated in the 800m, 1500m, 3000m, 5K, 4xmile, DMR and 4x800m ... Team 4xmile National Champions 2008, 2009 and 2011 ... Team DMR National Champions 2009 ... Named first-team all-district, all-area and all-region as a sophomore, junior and senior ... Suburban Council All-Star for six years ... Section All-Star for six years ... 12-time All-American.

Personal: Full name is Molly Catherine Pezzulo ... Born on April 14, 1993, in Schenectady, N.Y. ... Daughter of John and Erin Pezzulo . . . Has two brothers, Ryan (22) and Sean (20) ... Brother, Ryan, ran cross country and track at Adelphi University and brother, Sean, ran cross country and track at the University of Miami (FL).



MARY ELIZABETH STRICKLAND

Freshman Huntsville, Ala. Huntsville HS

High School: Huntsville High School; Huntsville, Ala. ... Ran track under Head Coach Terrance Young ... Participated in the 200m, 400m, 800m, 1500m and 1600m ... Won metro and sectionals as a freshman, sophomore and junior and won sectionals as a senior ... Named Most Outstanding Player six consecutive years (school record) ... Holds school record in the 800m (2:17.4) ... Also played soccer.

Personal: Full name is Mary Elizabeth Strickland ... Born on March 20, 1993 in Wichita, Kan. . . . Daughter of Warren and Isabella Strickland ... Has one sister, Ashley (28) and one brother, Matthew (23).

Auburn Men



Sophomore Jacksonville, Fla. Bishop Kenny HS

2010 (Freshman): Posted a top 10 finish at the Crimson Classic . . . Finished with a time of 25:08.80 . . . Crossed the finish line in 25:32.31 at Memphis Twilight Classic . . . Placed seventh.

Prior to Auburn: Prepped at Bishop Kenny High School ... 2009 2A individual and team State Cross Country champion ... Two-time Florida 2A 3200-meter champion ... Won 1600-meter 2A State Title in 2010 ... Holds personal-best of 4:10 in 1600 and 8:56 in the 3200.

Personal: Son of Leah Barker ... Born on December 7, 1991 ... Major is currently undecided.



NIKLAS BUHNER

Sophomore Plettenberg, Germany St. Ursula Gymnasium

Spring 2011 (Freshman): Enrolled at Auburn in January 2011 ... Competed during the outdoor track season, most notably in the 1500m \dots Qualified for the NCAA East regional and posted a time of 3:54.23

High School: St. Ursula Gymnasium; Attendorn, Germany

Personal: Born on Oct. 6, 1989, in Plettenberg, Germany ... Son of Ralt and Annette Buhner ... Has one sister, Kirsten (25)



Freshman Brooklyn, N.Y. St. Joseph by the Sea HS

High School: St. Joseph by the Sea High School; Staten Island, N.Y. . . . Ran track and cross country under Head Coach Chris Mancusi . . . Participated in the 400m, 600m, 800m, 1000m, 4x200m, 4x400m, and 4x800m . . . Team won the Freshmen Outdoor Island Championships and Varsity Indoor Island Championships ... Named Firstteam All-State as a junior and senior ... Was an Advance All-Star, New York Post All-Star and All-American . . . Holds school records in the indoor 400m, 600m and 4x800m, and outdoor records in the 400m, 400mIH, 4x800m and 4x400m ... Also played basketball as a freshman and sonhomore

Personal: Born on Feb. 2, 1993, in Brooklyn, N.Y. ... Son of Robert and Christine Civitano ... Has three brothers, Rob (25), Paul (24) and Alex (18)



Sophmore Birmingham, Ala. Oak Mountain HS

2010 (freshman): Did not compete in cross country.



KELLEY CUTRELL Sophomore Mobile, Ala. **UMS-Wright**

2010 (Freshman): Did not compete in cross country



Victoria, Australia Peninsula School

High School: The Peninsula School; Mt. Eliza, Victoria, Australia ... Ran track under Head Coach Nicky Frey ... Participated in the 800m, 1500m and 3000m ... Named to the Australian Team World Youth Championships in 2009 and finished seventh in the 1500m finals ... Holds school records in the 800m (1:52:40), 1500m (3:45:80) and 3000m (8:18:60).

Personal: Full name is Kane Reilly Grimster ... Born on May 23, 1992, in Frankston South, Victoria, Australia ... Son of Dean and Jacqui Grimster ... Has one sister, 16



JONATHAN HARDIN Freshman Irving, Texas Memorial HS

High School: Memorial High School; Houston, Texas ... Was an honor student and member of the National Honor Society ... Ran track and cross country under Head Coach Danny Jones ... Participated in the 400m, 800m, 1600m and 3200m ... Freshman cross country district champions ... Regional finalist in the 800m as a senior ... Advanced to the postseason in cross country as a sophomore and junior, and track in the 800m as a senior ... Also played soccer as a sophomore.

Personal: Full name is Jonathan Mark Hardin ... Born on Dec. 20, 1992, in Irving, Texas . . . Son of Edmond and Julie Hardin ... Has one sister, Jordan (15)







HUNTER HAYES Sophomore Jacksonville, Fla. Bishop Kenny HS

2010 (Freshman): Finished 27th with a time of 18:46.67 at the Troy Invitational ... Clocked in at 27:51.64 in his only other action of the season — the Memphis Twilight Classic.

Prior to Auburn: Competed at Bishop Kenny High School ... Recorded personal-bests of 16:21 in the 5K, 1:58 in the 800 and 4:29 in the 1600.

Personal: Son of Theresa and Keith Hayes ... Born on June 16, 1992 in Jacksonville, Fla. ... Majoring in business finance and music performance.



GRIFFIN JAWORSKI Freshman Winter Park, Fla. Trinity Prep

High School: Trinity Preparatory School; Winterpark, Fla. . . . Ran track and cross country under Head Coach Williams . . . Participated in the 800m, 1600m, 3200m, 4x400m and 4x800m . . . Team won district, region and state as a senior . . . Was state champion in the 3200m as a senior . . . Holds the school record in the 5K . . . Was named all-state in cross country . . . Team won state championships in cross country as a junior and senior.

Personal: Full name is Griffin Jon Jaworski ... Born on Feb. 17, 1993, in Des Moines, Iowa ... Son of Dan and Julie Jaworski ... Has one sister, Elsa (13) ... Father, Dan, played basketball at Concordia College.



JASON MILLER Sophomore Auburn, Ala. Auburn HS

2010 (Freshman): Top 12 finisher at the Troy Invitational ... Posted a time of 17:20.76 ... Helped team to a first place win ... Finish with a time of 27:43.40 at the Crimson Classic ... Clocked in at 27:08.61 at the Memphis Twilight Classic ... Posted a time of 34:06.30 at the Chili Pepper Festival Hosted by Arkansas.

Prior to Auburn: Went to Auburn High School ... Finished in 16th at 6A Alabama State Cross Country Championships ... Recorded a personal best of 16:40 in the 5K and 10:006 in the 3200.

Personal: Son of David and Lisa Miller ... Born November 7, 1991 in Auburn, Ala. ... Majoring in biological sciences.



SAMUEL MUELLER

Pittsburgh, Penn.
Oak Mountain (Ala.) HS

2010 (Freshman): Top 15 finisher at the Troy Invitational ... Crossed the finish line at 17:22.26 ... Placed 59th at the Crimson Classic (28:08.40) ... Best time of the year came at Memphis Twilight Classic with a 27:10.10 mark.

Personal: Son of Kirk and Rebecca Mueller ... Born on January 26, 1992 in Pittsburgh, Penn. ... majoring in prevet animal sciences.



JOBY PEAKE

Senior Macon, Ga. First Presbyterian Day School

2010 (Redshirt Junior): Finished fourth at the Troy Invitational with a time of 16:26.92 ... His finish helped the team to a team win at Troy ... Helped team to a fourth place finish at the Crimson Classic ... Finished 24th at Crimson Classic ... Set a personal best by clocking a 31:10.19 at the Chili Pepper Festival hosted by Arkansas.

2009 (Junior): Did not compete in any races.

2008 (Sophomore): Placed 233rd at NCAA Cross Country Championships to help the men's team to a fifth-place finish ... Had four top-50 finishes during sophomore campaign ... Came in 49th at NCAA South Regional, clocking a 33:28.07 (10K) ... Crossed the SEC Championship finish line with a season-best 8K time of 25:23.20 to finish 40th ... Was 50th at Tiger Invitational (8K) and 15th at Powerade Invitational (5K).

2007 (Freshman): Finished 47th at 8K SEC Championship ... Placed 53rd at 10K NCAA South Regional ... Auburn's No. 4 runner at the 10K Chile Pepper Festival and 5K UT-Chattanooga Invitational.

Personal: Born Oct. 14, 1988 ... Son of Allen and Betsy Peake ... Majoring in applied mathematics.



JEFF SANDERS

Senior Mandeville, La. Fontainebleau HS

2010 (Junior): Finished third at the Troy Invitational with a time of 16:08.91 ... Also had a top 15 finish at the Crimson Classic hosted by Alabama ... Helped team to a fourth-place finish in Tuscaloosa ... Top 15 at Brooks Memphis Twilight Classic ... Set a personal best with a time of 31:19.26 at the Chili Pepper Festival hosted by Arkansas.

2009 (Sophomore): Posted season and personal best 8K time of 26:59 at NCAA Championships ... Finished seventh at Troy Invitational ... Ran 32:47.03 in the 10K at the NCAA South Regional Championships.

2008 (Freshman): Ran in three races during rookie season, with his best finish coming at the Powerade Invitational, placing 12th on the 5K course ... Was 78th at the Tiger Invitational (8K).

Before Auburn: 2007 Louisiana high school state cross country runner-up ... Took third in the mile at the 2008 Louisiana high school state track and field championships ... Four-year letterwinner in both cross country and track ... 2008 Louisiana finalist for Wendy's High School Heisman award ... Named to All-State Academic team in 2008.

Personal: Born on Oct. 30, 1989 ... Son of Don and Teresa Sanders ... Majoring in architecture.



ANDREW SCOTT

Sophomore Macon, Ga. First Presbyterian Day School

2010 (Freshman): Did not compete.

Prior to Auburn: Prepped at First Presbyterian Day School ... Georgia State Champion in 3200 (9:59) and 1600 (4:33) ... State runner-up in the 800 and finished 4th at Cross Country State Championships.

Personal: Son of Tom and Holly Scott ... Born August 10, 1990 in Macon, Ga. ... Majoring in accounting.





WOMEN'S INDIVIDUAL RESULTS

Catherin	e Allen, Fr.		
<u>Date</u>	Event	Finish	<u>Time</u>
	_		
Lauren B		F1 1 1	
	Event	Finish	
9/3	Troy Invite	23rd	12:41.60
	a Berggren, Fr.		
<u>Date</u>	Event	Finish	<u>Time</u>
	Briasco, So.		
<u>Date</u>	Event	<u>Finish</u>	
9/3	Troy Invite	1 st	11:08.17
Katy Can	ıpbell, So.		
Date	Event	Finish	Time
Alissa Fi	sher, Jr.		
Date	Event	Finish	<u>Time</u>
9/3	Troy Invite	2nd	11:15.36
Erin Fond	dren, So.		
	Event	Finish	Time
9/3	Troy Invite	18th	12:22.86
Calla Via	Irlamaki Ca		
	klewski, So.	Finish	Time o
Date 0/2	Event	Finish 33rd	<u>Time</u> 13:17.85
9/3	Troy Invite	ssra	13:17.83
Erika Ko	lakowski, So.		
<u>Date</u>	Event	Finish	<u>Time</u>
9/3	Troy Invite	7th	11:41.24
Danielle	Lusk. Fr.		
	Event	Finish	Time
9/3	Troy Invite	14th	12:06.11
Mall B	la F		
	zzulo, Fr.	Fig. 1	T:
	Event	<u>Finish</u>	Time
9/3	Troy Invite	10th	11:57.31
Mary Be	th Strickland, F	r.	
-	Event		<u>Time</u>
9/3	Troy Invite	30th	13:13.21

WOMEN'S MEET-BY-MEET RESULTS

Date	Event	Location	Team Finish
9/3	Troy Invite	Troy, Ala.	lst
9/10	Auburn Invitational	AUBURN	
9/23	Florida State Invitational	Tallahassee, Fla.	
9/30	Notre Dame Invitational	South Bend, Ind.	
10/15	Crimson Classic	Tuscaloosa, Ala.	
10/31	SEC Championships	Maryville, Tenn.	
11/12	NCAA South Regional	Tuscaloosa, Ala.	
11/21	NCAA Championships	Terra Haute, Ind.	

Team Results

Troy Invitational (3200m)

Final Team Standings (points) 1. Auburn (34) 2. South Alabama (34) 3. FAMU (78) 4. Alabama St. (88) 5. Troy (118) 6. Albany State (201) 7. Lagrange College (261)

Top 10 Finishers

Troy Invitational (3200m)

Name	<u>Time</u>
1. Elizabeth Briasco, AU	11:08.17
2. Alissa Fisher, AU	11:15.36
3. Tori Lawson, USA	11:25.50
4. Mary Finn, USA	11:37.01
5. Crystal Wachob, USA	11:40.46
6. Magri Chepkoech, USA	11:40.68
7. Erika Kolakowski, AU	11:41.24
8. Kesia Derilus, ASU	11:42.15
9. Nadine Mulvany, FAMU	11:52.31
10. Molly Pezzulo, AU	11:57.31

Top Auburn Finishers

Troy Invitational (3200m)

<u>PI.</u>	Name	<u>Time</u>
1.	Elizabeth Briasco	11:08.17
2.	Alissa Fisher	11:15.36
7.	Erika Kolakowski	11:41.24
10.	Molly Pezzulo	11:52.31
14.	Danielle Lusk	12:06.11
18.	Erin Fondren	12;22.86





MEN'S INDIVIDUAL RESULTS

WEN.2	INDIVIDUAL	KF20F12		
Colin Ba	rker, So.			
<u>Date</u>	Event	Finish	<u>Time</u>	
Miller B				
	uhner, So.	Finish	Time	
Dute	Event	LIIIISII	<u> </u>	
Adam Ci	vitano, Fr.			
	Event	Finish	Time	
9/3	Troy Invite	43rd	19:57.66	
Marti Co.	mar Ca			
Matt Coc		Finish	Time	
9/3	Event Troy Invite	25th	17:43.06	
,,0	1107 1111110	23111	17.10.00	
Kelley Co	utrell, So.			
Date	Event	Finish	<u>Time</u>	
9/3	Troy Invite	3 1st	18:35.88	
	imster, Fr.	F1 1 1	τ.	
Date	Event	Finish	<u>Time</u>	
Ionathai	n Hardin, Fr.			
	Event	Finish	Time	
9/3	Troy Invite	24th	17:33.47	
,	,			
Hunter H	layes, So.			
<u>Date</u>	Event Troy Invite	Finish		
9/3	Troy Invite	22nd	17:28.56	
Griffin I	aworski, Fr.			
	Event	Finish	Time	
9/3	Troy Invite	4th	16:16.61	
- / -	,			
Jason M				
<u>Date</u>	Event	Finish	<u>Time</u>	
9/3	Troy Invite	9th	16:46.44	
Carmon al 1	Mueller, So.			
Date Date	Mueller, 30.	Finish	Time	
9/3	Event Troy Invite	5th	16:19.61	
7/0	noy mivne	5111	10.17.01	
Joby Ped	ıke, Sr.			
<u>Date</u>	Event	Finish	Time	
Jeff San	•	F: . I	Τ.	
Date 0/2	Event	Finish	<u>Time</u>	
9/3	Troy Invite	6th	16:24.16	
Andrew Scott, So.				
Date	Event	Finish	Time	
9/3	Troy Invite	20th	17:21.36	
1	,			

MEN'S MEET-BY-MEET RESULTS

Date	Event	Location	Team Finish
9/3	Troy Invite	Troy, Ala.	lst
9/10	Auburn Invitational	AUBURN	
9/23	Florida State Invitational	Tallahassee, Fla.	
9/30	Notre Dame Invitational	South Bend, Ind.	
10/15	Crimson Classic	Tuscaloosa, Ala.	
10/31	SEC Championships	Maryville, Tenn.	
11/12	NCAA South Regional	Tuscaloosa, Ala.	
11/21	NCAA Championships	Terra Haute, Ind.	

Team Results

Troy Invitational (5K)

Final Team Standings (points)

1. Auburn (44) 2. South Alabama (50) 3. Troy (78)

4. FAMU (81) 5. Albany State (183)

6. Lagrange College (234)

Top 10 Finishers

Troy Invitational (5K)

10. Alex Shields, USA

<u>Name</u>	<u>Time</u>
1. Michael Green, N/A	15.37.89
2. Shuaib Winters, FAMU	15:53.64
3. Enock Kirui, Troy	16:13.70
4. Griffin Jaworski, AU	16:16.61
5. Samuel Mueller, AU	16:19.61
6. Jeff Sanders, AU	16:24.16
7. Justin Housley, USA	16:33.89
8. Ronny Wilson, USA	16:35.52
9. Jason Miller, AU	16:46.44

16:52.05

Top Auburn Finishers

Troy Invitational (5K)

Pl. Name	Time
4. Griffin Jaworski	16:16.61
5. Samuel Mueller	16:19.61
6. Jeff Sanders	16:24.16
9. Jason Miller	16:46.44
20. Andrew Scott	17:21.36
22. Hunter Hayes	17:28.56
24. Jonathon Hardin	17:33.47
25. Matt Cooper	17:43.06