



2009 AUBURN CROSS COUNTRY



2009 Schedule

Date	Event	Time/Result (M:W)
Sept. 5	at Troy Trojan Invitational (Montgomery, Ala.)	1st/1st
Sept. 18	Crimson Classic (Tuscaloosa, Ala.)	3rd/2nd
Oct. 3	Wisconsin adidas Invitational (Madison, Wisc.)	12th/9th
Oct. 17	at NCAA Pre-Nationals (Terre Haute, Ind.)	6th/23rd
Oct. 31	at SEC Championship (Starkville, Miss.)	10 a.m./11 a.m.
Nov. 14	at NCAA South Regional (Tuscaloosa, Ala.)	TBA
Nov. 23	at NCAA Championships (Terre Haute, Ind.)	TBA

Cross Country Information

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2008 SEC Finish	
Men	2nd
Women	5th
2008 South Regional Finish	
Men	2nd
Women	5th
2008 NCAA Qualifiers Returning/Lost	
Men	5/1
Women	1/0
Letterwinners Returning/Lost	
Men	8/2
Women	5/2
Newcomers	
Men	1
Women	2

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At the Starting Line

► The 2009 Auburn cross country squads continue their 2009 campaign by traveling to the SEC Championship hosted by Ole Miss University in Oxford, Miss.

The meet will serve as a warm-up prior to the Nov. 14 NCAA South Regional Meet in Tuscaloosa. The forecast for the race looks to be perfect, with sunny skies and a high of 70 degrees being predicted.

Previewing the SEC Championship Race Women

► The women enter the race ranked behind Florida, Tennessee, and Georgia, who occupy three of the top-four spots in the most recent NCAA South Region poll. Alabama ranks a spot behind the Tigers with a No. 6 regional ranking, while the Vanderbilt Commodores are No. 7.

► For the fourth time in four races, Holly Knight was the top finisher for the Tigers at the NCAA Pre-National meet, coming in 21st place with a time of 21:10.4. Additionally, she was the top-SEC finisher in the race in what was her first 6k race of the season. Knight will look to improve on her runner-up finish at the SEC Championship from a year ago as she finished 11 seconds behind meet champion Catherine White of Arkansas (20:18.52).

► Stephanie Barnes finished second for the Tigers at Pre-Nationals for the third time on the year with a time of 21:32 to place 44th. She will look to hold steady as Auburn's No. 2 runner as she has been for much of the 2009 campaign. Senior Laurel Pritchard was Auburn's other top-20 finisher for the Tigers in last season's SEC Championship, as she clocked a 21:34.39 to place 20th. She has improved in each SEC Championship in her career, as she placing 37th as a freshman and 35th as a sophomore.

► Junior Allison Smith will run in her third championship meet, as she placed 81st as a freshman and 65th as a sophomore. Fellow junior Cathryn Albright will run in her second SEC Championship as she placed 84th with a time of 24:08.26.

Men

► The surging Auburn men's team moved up five spots in the most recent south region poll, as the team was ranked No. 8 prior to their sixth-place finish at NCAA Pre-Nationals. Alabama figures to be the team to beat, as the Crimson Tide are ranked No. 7 nationally and hold the No. 1 spot in the latest regional poll. Tennessee and Florida occupy the No. 4 and No. 5 spots in the regional rankings, followed by No. 7 Georgia.

► Junior Ben Cheruyiot, placed 10th at the Pre-National meet after he clocked a time of season-best 8k time of 24:03.5. Cheruyiot has now finished first in every Auburn meet this season. He enters Saturday's race knowing something about cross-country titles, as he captured the NJCAA National title for Rend Lake C.C. in 2007. The time is Cheruyiot's best of the season, as he previously ran a 25:05.4 at the Wisconsin adidas Invite.

► All-American Felix Hiboiywo, running in his second meet of the season at NCAA Pre-Nationals, placed 14th with a time of 24:08.4. Both runners finished No. 1 and No. 2 as SEC runners, as the closest finisher was Alabama's Julius Bor who placed 15th. Hiboiywo placed fourth at last season's meet with a time of 23:26.98, behind a pair of former teammates, Girma Mecheso who won the race (23:11.26) and Elkanah Hiber (23:20.35) who placed third.

► As a team last season, the Tigers finished second with 62 points, 30 points behind meet champion

THIS WEEK IN TIGER CROSS COUNTRY

Event: SEC Championship

Date: Fri., Sat., Oct. 31

Location: Oxford, Miss.

Time: Men: 10 a.m.

Women: 11 a.m.

Course: Ole Miss Golf Club

Women: 6 kilometers

Men: 8 kilometers



AUBURN WOMEN'S PROBABLES

- Holly Knight
- Steph Barnes
- Laurel Pritchard
- Grace Pritchard
- Cathryn Albright
- Alison Smith

AUBURN MEN'S PROBABLES

- Felix Hiboiywo
- Ben Cheruyiot
- Jean-Pierre Weerts
- Scott Novack
- Charles Mitchell
- Jeff Sanders



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NCAA South Region Women's Rankings

Released: 10/27

1. Florida
2. Florida State
3. Tennessee
4. Georgia
5. **Auburn**
6. Alabama
7. Vanderbilt
8. Jacksonville
9. Samford
10. North Florida
11. South Florida
12. UAB
13. Hennesaw St.
14. Georgia Tech
15. UCF

Week 1: 4th

Week 2: 4th

Week 3: 4th

NCAA South Region Men's Rankings

Released: 10/27

1. Alabama
2. Florida State
3. **Auburn**
4. Florida
5. Tennessee
6. South Alabama
7. Georgia
8. Middle Tennessee
9. Mississippi State
10. Belmont
11. Georgia Tech
12. Hennesaw St.
13. East Tennessee St.
14. Chattanooga
15. Lipscomb

Week 1: 2nd

Week 2: 6th

Week 3: 8th

NCAA National Men's Rankings

Released: 10/27

1. Stanford
2. Oregon
3. Oklahoma St.
4. Colorado
5. NAU
6. Alabama
7. BYU
8. Portland
9. William & Mary
10. Georgetown
24. **Auburn**

Alabama.

► A pair of Auburn seniors will look to play a large role on Saturday in Jean-Pierre Weerts and Scott Novack. Novack will be competing in his fourth and final championship meet. In 2006, he was Auburn's top-finisher at the race with a 48th place finish, and placed 42nd as a sophomore in 2007. Last season, he played a key part in Auburn's runner-up finish, coming in as the Tigers fourth finisher with a 22nd-place finish.

► Weerts has been a steadying force for the Tigers this season, as he has finished been the Tigers second and third finisher on two occasions each. Last season, he placed 39th with a time of 25:22.22 at the league meet after missing the majority of the 2008 season due to injury.

Last Time Out:

► The men, running in the "blue" race at PRE-Nationals, were paced by the duo of junior Ben Cheruiyot and senior All-American Felix Kiboiywo, who ran their way to top-15 finishes. Cheruiyot placed 10th with a time of 24:03.5, while Kiboiywo placed 14th with a time of 24:08.4.

► The squad faced tough competition in their section, as defending national champions Oregon won the race with 79 points. Fellow SEC member Alabama was second with 114 points, followed by Northern Arizona (115 points), William & Mary (128 points) and Washington (183 points) before Auburn with 263 points.

Recapping the Wisconsin Adidas Invitational

► Fresh off her SEC Athlete of the Week award, junior Holly Knight took fifth overall in the race with a time of 17:18 in the 5K race and was the top SEC finisher. Junior Stephanie Barnes was Auburn's second finisher after coming in second with a time of 17:50, while senior Laurel Pritchard clocked a time of 18:49 place 70th, just ahead of junior teammate Cathryn Albright (18:52). The three teams Auburn defeated in the race were Texas A&M, Wisconsin, and Marquette to take 9th in the race out of 12 teams.

► The men were once again paced by junior Ben Cheruiyot in the 8k race with a time of 24:06 which was good enough to earn a seventh-place finish and a 4:50 mile pace. Cheruiyot was followed by senior John-Pierre Weerts who finished in 28th place with a time of 24:45. Senior Scott Novack was the 58th-place collegiate finisher with a time of 25:24. As the team, the Tigers finished 12th out of 13 teams.

► The women were once again led by junior Holly Knight, who placed 21st after she clocked a time of 21:32. Graduate student Steph Barnes was Auburn's second finisher after placing 44th with a time of 21:32. Laurel Pritchard ran her way to a 119th place finish after crossing the line with a time of 22:14.6. Auburn's final two finishers were Cathryn Albright (167th, 22:50.5) and Allison Smith (223rd, 23:43.6).

► The women placed 23rd as a team with 574 points in the "blue" section race. Colorado won the section with 94 points, and were followed by Florida St. (135) and Oregon with 169 points. The other SEC team in the race was Vanderbilt, who placed 25th with 615 points, two spots behind the Tigers.

Tigers In National Rankings

► The Auburn cross country teams will enter meet five of the season with national and re-

2009 SEC Cross Country Coaches' Poll

SEC Champion

Men: Alabama (9), Auburn (2)
Women: Florida (8), Arkansas (4)

MEN

1. Alabama (9) 11
2. Auburn (2) 23
3. Arkansas 26
4. Florida 37
5. Tennessee 51
6. Mississippi State 58
7. Kentucky 62
8. Georgia 64
9. LSU 86
10. Ole Miss 89

WOMEN

1. Florida (8) 15
2. Arkansas (4) 18
3. Tennessee 38
4. Auburn 45
5. Georgia 56
6. Kentucky 63
7. Alabama 67
8. Vanderbilt 75
9. Mississippi State 88
10. South Carolina 101



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gional rankings, the United States Track and Field/Cross Country Coaches Association announced earlier this week.

The men will enter this weekend's SEC Championship meet with a No. 24 national ranking and a No. 3 south region ranking behind SEC foe Alabama. The women enter the race with a No. 5 ranking in the south region, trailing Florida State as well as SEC opponents Florida and Alabama and Georgia.

Knight Named SEC Cross Country Athlete of the Week

► Junior Holly Knight was named the SEC Cross Country Athlete of the Week, the league announced Sept. 22. Knight placed second out of 92 runners at the Crimson Classic with a conference-leading 5k time of 17:16.90. Knight finished 3.5 seconds behind the race winner and 20 seconds before the race's third-place finisher in Alabama's Kelsey Johnson. With the second-place finish, Knight has now finished first and second in both of her races this season after winning the two-mile Troy Trojan Invitational to open the season with a two-mile time of 10:55.46.

Women Second, Men Third at Crimson Classic

► In the Crimson Classic hosted by Alabama, the men were led by Ben Cheruyiot for the second time on the young season, as the junior placed second with a time of 24:29.50. Also finishing in the top-10 were All-American Felix Hiboiywo and Jean-Pierre Weerts. The 2008 NCAA South Region champ finished with a time of 24:55 and placed fifth in his first race of the season, while Weerts was the 10th place collegiate finisher with a time of 25:36.40. Fellow senior Scott Novack placed 18th with a time of 26:04.50.

Also in action for the Tigers were sophomore Jeff Sanders who took 41st after clocking a time of 26:56. Freshman Hasey Hayes, who joined the team this past week, ran a 31:27.70 to place 90th overall.

Alabama took top billings on the men's side with 34 team points, while Tennessee placed second with 55 points. The Tigers earned 76 points, while Belmont finished a distant fourth with 153 points.

All-American Holly Knight took second in the race for the women, clocking a 17:16.90 in the 5K race. Knight was followed by Laurel Pritchard with a 17:58.10 and placed eighth, while Steph Barnes placed 10th with a time of 18:04.70 for the Tigers' third top-10 finish.

Also in action were juniors Allison Smith who took 26th with a time of 19:03.50, Cathryn Albright (19:10.20, 29th) and freshman Grace Pritchard who placed 35th with a time of 19:25.40.

The women held their own against top-national competition, placing second as a team with 75 team points, behind Alabama who won the event with 43 points. Rounding out the top five was Tennessee with 88 points, Georgia Tech with 115 points, and Samford with 137.

Men, Women Open Season With Team, Individual Titles at Troy Trojan

► Both the men and women opened the season with team victories in the meet hosted by Troy University, as the women scored 19 team points to outlast the host institution, Troy, by 37 points. On the men's side, the Tigers finished 20 points ahead of the Trojans to take the team victory.

► Juniors Holly Knight and Ben Cheruyiot earned individual wins for the Tigers, respectively. Knight, who attained All-American status a year ago, crossed the line in the two-mile women's race with a time of 10:55.46. The time was good enough to narrowly outlast teammate Steph Barnes, who finished two seconds later with a time of 10:57.46 in her first race at Auburn.

For the men, Cheruyiot turned in a time of 15:24.29 in his first cross country race since capturing the 2007 NJCAA cross country title while at Rend Lake Community College. Junior Jean-Pierre Weerts took second place in the race with a time of 15:35.75.

Men Return Eight Letterwinners, Women Bring Back Five

► Highlighting the returnees on the men's side are All-American and 2008 NCAA South Regional Champion, senior Felix Hiboiywo, as well as classmate and fellow All-American Elkanah Hibeit. Three other runners, seniors Scott Novack, Jean-Pierre Weerts, and junior Joby Peake who ran at last year's NCAA Championships, return in hopes of making another trip to nationals. Joining the fold is Ben Cheruyiot, a former NJCAA champion, who could prove to be the latest standout from Rend Lake Community College that Auburn has established.

► The women return 2008 NCAA South Regional Champion and All-American Holly Knight, who has her sights set on another All-American season, as well as defeding her regional championship from a year ago. Each of Auburn's No. 2 runners from last season in senior Laurel Pritchard and junior Amber Riley also return. Pritchard, a program staple for the past three seasons, returns for her senior season after finishing as AU's No. 2 runner in four meets a year ago, and seeks to improve on her 33rd place finish at the South Regional. Riley, who also was the No. 2 runner last season in four meets, placed 28th at South Regionals in 2008. New to the fold for the women is graduate student Stephanie Barnes of Clevedon, England, as well as Grace Pritchard, an AAU National Champion and USATF All-American, making this season a family affair for the Pritchard family.

Men Ranked No. 2; Women No. 4 in SEC Preseason Poll

► Auburn's men's and women's cross country teams were picked to finish second and fourth, respectively, in the announcement of the 2009 SEC Cross Country Coaches Poll by the league office. The men received a pair of first place votes, and return seven letterwinners along with All-American and 2008 South Region Champion, senior Felix Hiboiywo. The Tigers earned 23 points for the second place preseason ranking. The ranking comes on the heels of a second place finish at last year's SEC Championship.

On the women's side, Auburn returns 2008 All-American and South Region Champion, junior Holly Knight. As a team, the women ranked fourth with 45 points after finishing fifth at last season's SEC Championship. In all, the women return five letterwinners from a year ago.



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Women's Individual Results

Cathryn Albright, Jr.

Date	Event	Finish	Time
9/5	Troy Trojan	7th	11:57.28
9/18	Crimson Classic	32nd	19:10.20
10/3	Wisconsin adidas	71st	18:51.3
10/17	NCAA Pre-Nationals	167th	22:50.5

Stephanie Barnes, Grad.

Date	Event	Finish	Time
9/5	Troy Trojan	2nd	10:57.46
9/18	Crimson Classic	10th	10:04.70
10/3	Wisconsin adidas	31st	17:49.5
10/17	NCAA Pre-Nationals	44th	21:32.0

Holly Knight, Jr.

Date	Event	Finish	Time
9/5	Troy Trojan	1st	10:55.46
9/18	Crimson Classic	2nd	17:16.90
10/3	Wisconsin adidas	5th	17:18.00
10/17	NCAA Pre-Nationals	21st	21:10.4

Grace Pritchard, Fr.

Date	Event	Finish	Time
9/5	Troy Trojan	17th	12:56.51
9/18	Crimson Classic	30th	19:25.40
10/3	Wisconsin adidas	83rd	19:34.8
10/17	NCAA Pre-Nationals	243rd	24:33.4

Laurel Pritchard, Sr.

Date	Event	Finish	Time
9/5	Troy Trojan	3rd	11:26.09
9/18	Crimson Classic	0th	17:58.10
10/3	Wisconsin adidas	70th	18:48.7
10/17	NCAA Pre-Nationals	119th	22:14.6

Amber Riley, Jr.

Date	Event	Finish	Time
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Allison Smith, Jr.

Date	Event	Finish	Time
9/5	Troy Trojan	6th	11:56.13
9/18	Crimson Classic	28th	19:01.30
10/3	Wisconsin adidas	79th	18:18.6
10/17	NCAA Pre-Nationals	223rd	23:43.6

Women's Meet-By-Meet Results

Date	Event	Location	Team Finish
9/5	Troy Trojan Invitational	Troy, Ala.	1st/7 teams
9/18	Crimson Classic	Tuscaloosa, Ala.	2nd/15 teams
10/3	Wisconsin adidas Invitational	Madison, Wisc.	9th/12 teams
10/17	NCAA Pre-Nationals	Terre Haute, Ind.	23rd/37 teams
10/31	SEC Championship	Oxford, Miss.	
11/14	NCAA South Regional	Tuscaloosa, Ala.	
11/23	NCAA Championship	Terre Haute, Ind.	

Team Results

Wisconsin adidas Invitational (5H)

Final Team Standings (points)

- Duke (78)
- Syracuse (80)
- Illinois (95)
- BYU (97)
- Michigan (118)
- Iowa (157)
- Arkansas (174)
- Nebraska (188)
- Auburn (256)**
- Texas A&M (259)
- Wisconsin (291)
- Marquette (293)

Team Results

Crimson Classic (5 kilometers)

Final Team Standings (points)

- | | |
|-------------------|-----------|
| 1. Alabama | 43 |
| 2. Auburn | 75 |
| 3. Tennessee | 88 |
| 4. Georgia Tech | 115 |
| 5. Samford | 137 |
| 6. Chattanooga | 153 |
| 7. Hennesaw Sr. | 164 |
| 8. LSU | 167 |
| 9. Belmont | 254 |
| 10. Alabama St. | 259 |
| 11. Jackson Sr | 297 |
| 12. North Alabama | 360 |
| 13. Huntingdon | 374 |
| 14. Alabama A&M | 389 |
| 15. Stillman | 418 |

Team Results

Troy Trojan Invitational (2 miles)

Final Team Standings (points)

- Auburn (19)**
- Troy (56)
- Alabama State (58)
- Spring Hill (113)
- Albany (127)
- Huntingdon (127)
- Tuskegee (204)

Top 10 Finishers

Wisconsin adidas Invitational (5H)

Name	Time
1. Cecily Lemmon, BYU	17:00.3
2. Angela Bizzari, Illinois	17:03.2
3. Carly Seymour, Duke	17:08.3
4. Kaitlyn Peale, Michigan	17:11.3
5. Holly Knight, Auburn	17:18.0
6. Kristen Sutherland, Illinois	17:21.7
7. Katie Hursey, Syracuse	17:25.4
8. Kay Andrews, BYU	17:26.2
9. Caitlin Comfort, Wisconsin	17:27.9
10. Brooke Eilers, Iowa	17:30.2

Top 10 Finishers

Crimson Classic (5 kilometers)

Name	Time
1. MacKenzie Howe, Hennesaw Sr.	17:13.40
2. Holly Knight, Auburn	17:16.90
3. Kelsey Johnson, Alabama	17:37
4. Jackie Areson, Tennessee	17:42.20
5. Brittany Sheffey, Tennessee	17:44.10
6. Haley Moddy, Alabama	17:48.50
7. Kaitlyn Will, Alabama	17:49
8. Laurel Pritchard, Auburn	17:58.10
9. Katie Van Horn, Tennessee	18:02.90
10. Steph Barnes, Auburn	18:04.70

Top 10 Finishers

Troy Trojan Invitational (2 miles)

Name	Time
1. Holly Knight, Auburn	10:55.46
2. Steph Barnes, Auburn	10:57.46
3. Laurel Pritchard, Auburn	11:26.09
4. Hesia Derilus, Alabama St.	11:46.00
5. Sylvia Chirchic, Troy	11:51.77
6. Allison Smith, Auburn	11:56.13
7. Cathryn Albright, Auburn	11:57.28
8. Raheema Hodges, Alabama St.	12:23.56
9. Kelly Harrington, Troy	12:24.07
10. Kate Imwalle, Spring Hill	12:28.88

Top Auburn Finishers

Wisconsin adidas Invitational (5H)

Pl. Name	Time
5. Holly Knight	17.18
31. Stephanie Barnes	17.49.5
70. Laurel Pritchard	18.48.7
71. Cathryn Albright	18.51.3
79. Allison Smith	19.18.6
83. Grace Pritchard	19.34.8

Top Auburn Finishers

Crimson Classic (5 kilometers)

Pl. Name	Time
2. Holly Knight	17.16.90
8. Laurel Pritchard	17.58.10
10. Steph Barnes	18.04.70
28. Allison Smith	19.01.30
32. Cathryn Albright	19.10.20
38. Grace Pritchard	19.25.40

Top Auburn Finishers

Troy Trojan Invitational (2 miles)

Pl. Name	Time
1. Holly Knight	10:55.46
2. Steph Barnes	10:57.46
3. Laurel Pritchard	11:26.09
6. Allison Smith	11:56.13
7. Cathryn Albright	11:57.28
17. Grace Pritchard	12:56.51



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Team Results

NCAA Pre-Nationals (6 kilometers)

Final Team Standings (points)

Place	School	Score
1.	Colorado	94
2.	Florida State	135
3.	Oregon	169
4.	Georgetown	200
5.	Stanford	206
6.	Arizona	225
7.	Iowa State	231
8.	Iowa	283
9.	UTEP	284
10.	Michigan State	302
11.	Nebraska	346
12.	Harvard	368
13.	NC State	411
14.	Hansas State	413
15.	UC Davis	468
16.	Toledo	481
17.	Southern Utah	483
18.	James Madison	490
19.	Butler	493
20.	Miami (Ohio)	545
21.	Western Kentucky	563
22.	Rice	564
23.	Auburn	574
24.	Louisville	608
25.	Vanderbilt	615
26.	Iona	632
27.	Oregon State	666
28.	Dayton	719
29.	Marquette	720
30.	Tulsa	732
31.	Central Michigan	775
32.	Air Force	777
33.	Liberty	867
34.	Eastern Kentucky	891
35.	Ohio U.	944
36.	Loyola (Ill.)	954
37.	Mississippi	1215

Top 10 Finishers

NCAA Pre-Nationals (6 kilometers)

Name	Time
1. Jenny Barringer, Colorado	19:50.9
2. Susan Kuijken, Florida State	20:20.0
3. Jordan Hasay, Oregon	20:33.0
4. Risper Hiraiyo, UTEP	20:33.9
5. Janet Jesang, W. Kentucky	20:34.5
6. Beverly Ramons, Hansas St.	20:36.3
7. Pasca Cheruyiot, Florida St.	20:36.6
8. Lisa Holl, Iowa St.	20:40.5
9. Emily Infeld, Georgetown	20:45.1
10. Allie McLaughlin, Colorado	20:45.6

Top Auburn Finishers

NCAA Pre-Nationals (6 kilometers)

Pl. Name	Time
21 Holly Hnigh	21:10.4
44 Stephanie Barnes	21:32
119 Laurel Pritchard	22:14.6
167 Cathryn Albright	22:50.5
223 Allison Smith	23:43.6
243 Grace Pritchard	24:33.4



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Men's Individual Results

Ben Cheruiyot, Jr.

Date	Event	Finish	Time
9/5	Troy Trojan	1st	15:24.29
9/18	Crimson Classic	2nd	24:29.50
10/3	Wisconsin adidas	7th	24:05.4
10/17	NCAA Pre-Nationals	10th	24:03.5

Mark Fleming, Sr.

Date	Event	Finish	Time
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Hasey Hayes, Fr.

Date	Event	Finish	Time
9/18	Crimson Classic	90th	31:27
10/3	Wisconsin adidas	89th	29:40.4

Elkanah Hibet, Sr.

Date	Event	Finish	Time
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Felix Hiboiywo, Sr.

Date	Event	Finish	Time
9/18	Crimson Classic	5th	24:55
10/17	NCAA Pre-Nationals	14th	24:08.4

Charles Mitchell, Jr.

Date	Event	Finish	Time
9/5	Troy Trojan	24th	18:54.67
10/3	Wisconsin adidas	88th	29:29.1
10/17	NCAA Pre-Nationals	235th	29:17.6

Scott Novack, Sr.

Date	Event	Finish	Time
9/5	Troy Trojan	3rd	15:52.88
9/18	Crimson Classic	10th	26:04.50
10/3	Wisconsin adidas	58th	25:23.8
10/17	NCAA Pre-Nationals	54th	24:43.8

Joby Peake, Jr.

Date	Event	Finish	Time
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Jeff Sanders, So.

Date	Event	Finish	Time
9/5	Troy Trojan	6th	16:20.37
9/18	Crimson Classic	41st	26:56
10/3	Wisconsin adidas	85th	26:52.9
10/17	NCAA Pre-Nationals	156th	25:51.4

Jean-Pierre Weerts, Sr.

Date	Event	Finish	Time
9/5	Troy Trojan	2nd	15:35.75
9/18	Crimson Classic	10th	25:36.40
10/3	Wisconsin adidas	28th	24:44.4
10/17	NCAA Pre-Nationals	29th	24:25.0

Men's Meet-By-Meet Results

Date	Event	Location	Team Finish
9/5	Troy Trojan Invitational	Troy, Ala.	1st/7 teams
9/18	Crimson Classic	Tuscaloosa, Ala.	3rd/16 teams
10/3	Wisconsin adidas Invitational	Madison, Wisc.	12th/13 teams
10/17	NCAA Pre-Nationals	Terre Haute, Ind.	6th/34 teams
10/31	SEC Championship	Oxford, Miss.	
11/14	NCAA South Regional	Tuscaloosa, Ala.	
11/23	NCAA Championship	Terre Haute, Ind.	

Team Results

Troy Trojan Invitational (5 kilometers)

Final Team Standings (points)

1. Auburn (36)
2. Troy (56)
3. Alabama State (59)
4. Spring Hill (125)
4. Albany (125)
6. Huntingdon (161)
7. Tuskegee (177)

Top 10 Finishers

Troy Trojan Invitational (5 kilometers)

Name	Time
1. Ben Cheruiyot, Auburn	15:24.29
2. Jean-Pierre Weerts, Auburn	15:35.75
3. Michael Green, UNA	15:38.71
4. Scott Novack, Auburn	15:52.88
5. Denzel Ramirez, Troy	15:57.81
6. Robert Gunn, Alabama St.	16:06.12
7. Jeff Sanders, Auburn	16:20.37
8. Shuaib Winters, UNA	16:22.08
9. Jeremy Moujoodi, Troy	16:23.83
10. Jeprah Henel, Alabama St.	16:25.04

Top Auburn Finishers

Troy Trojan Invitational (5 kilometers)

Pl. Name	Time
1. Ben Cheruiyot	15:24.29
2. Jean-Pierre Weerts	15:35.75
4. Scott Novack	15:52.88
6. Jeff Sanders	16:20.37
24. Charles Mitchell	18:54.67

Team Results

Crimson Classic (8 kilometers)

Final Team Standings (points)

1. Alabama 34
2. Tennessee 55
3. Auburn 76
4. Belmont 153
5. Georgia Tech 161
6. E. Tenn. 164
7. Hennesaw 165
8. Chattanooga 196
9. Miss. Valley St. 258
10. Alabama St. 282

Top 10 Finishers

Crimson Classic (8 kilometers)

Name	Time
1. David Tyson, Alabama	24:25.90
2. Ben Cheruiyot, Auburn	24:29.50
3. Fred Somoai, Alabama	24:34.50
4. Moses Hiptoo, Alabama	24:38.80
5. Felix Hiboiywo, Auburn	24:55.00
6. Andrew Hirwa, Alabama	24:59.20
7. Peter Sigilai, Tennessee	25:22.80
8. Emmanuel Hirwa, Chattanooga	25:26.70
9. Mike Brodsky, Tennessee	25:34.90
10. Jean-Pierre Weerts, Auburn	25:36.40

Top Auburn Finishers

Crimson Classic (8 kilometers)

Pl. Name	Time
2. Ben Cheruiyot	24:29.50
5. Felix Hiboiywo	24:55
10. Jean-Pierre Weerts	25:36.40
18. Scott Novack	26:04.50
41. Jeff Sanders	26:56
90. Hasey Hayes	31:27.00

Team Results

Wisconsin adidas Invitational (8 kilometers)

Final Team Standings (points)

1. Syracuse 41
2. Georgetown 60
3. Wisconsin 94
4. Arkansas 174
5. Iowa 176
6. Illinois 192
7. Texas A&M 207
8. Lamar 219
9. Michigan 234
10. UW-La Crosse 237
11. Nebraska 256
12. Auburn 266
13. Marquette 326

Top 10 Finishers

Wisconsin adidas Invitational (8 kilometers)

Name	Time
1. Andrew Bumbalough, Georgetown	23:54
2. Jeff Thode, Iowa	23:54.8
3. Tito Medrano, Syracuse	23:55.8
4. Mark Dennin, Georgetown	23:56.4
5. Brad Miller, Syracuse	24:01.7
6. Maverick Darling, Wisconsin	24:02.8
7. Ben Cheruiyot, Auburn	24:05.4
8. Griff Graves, Syracuse	24:05.9
9. Francis Hasagule, Lamar	24:08
10. Dan Busby, Syracuse	24:10.1

Top Auburn Finishers

Wisconsin adidas Invitational (8 kilometers)

Pl. Name	Time
7. Ben Cheruiyot	24:04
28. Jean-Pierre Weerts	24:45
58. Scott Novack	25:24
85. Jeff Sanders	26:53
88. Charles Mitchell	29:30
89. Hasey Hayes	29:41



2009 AUBURN CROSS COUNTRY



Team Results

NCAA Pre-Nationals (8 kilometers)

Final Team Standings (points)

Place School	Score
1. Oregon	79
2. Alabama	114
3. Northern Arizona	115
4. William & Mary	128
5. Washington	183
6. Auburn	263
7. Washington St.	274
8. Tulsa	281
9. NC State	294
10. Cal Poly	303
11. Utah State	381
12. Air Force	382
13. Butler	388
14. UTEP	391
15. Florida	402
16. Iowa	422
17. Kansas	446
18. California	460
19. Indiana State	485
20. Brown University	486
21. Michigan State	513
22. Montana State	533
23. Harvard	579
24. Georgia	602
25. Miami (Ohio)	608
26. Illinois State	670
27. Arizona	726
28. Charlotte	756
29. Toledo	836
30. Marquette	904

Top 10 Finishers

NCAA Pre-Nationals (8 kilometers)

Name	Time
1. Luke Pushedra (Oregon)	23:40.2
2. Andy Baker (Butler)	23:45.4
3. Jordan Chipangama (N. Arizona)	23:47.8
4. Diego Estrada (N. Arizona)	23:49
5. Jon Grey (William & Mary)	23:54.3
6. Danny Mercado (Oregon)	23:59.6
7. John Beattie (Tulsa)	24:00.4
8. Daniel Chenoweth (Harvard)	24:01.8
9. Ryan Hill (N.C. State)	24:02.8
10. Ben Cheruiyot (Auburn)	24:03.5

Top Auburn Finishers

NCAA Pre-Nationals (8 kilometers)

Pl. Name	Time
10. Ben Cheruiyot	24:03.5
14. Felix Hibiyowo	24:08.4
23. Jean-Pierre Weerts	24:25.0
54. Scott Novack	24:43.8
156. Jeff Sanders	25:51.4
235. Charles Mitchell	29:17.6



MARK CARROLL
Head Cross Country Coach
First Season

Considered one of Ireland's greatest all-time athletes, first-year Head Coach Mark Carroll joined the Auburn track and field, and cross country program on August 7.

Carroll has most recently held the post of US Athlete Manager for Athletics Ireland, where he guided a trio of top Irish runners in Gareth Turnbull, Mark Christie and Liam Reale, while also training several other Irish runners stateside.

Throughout his world-class career, Carroll has competed in a variety of events, but has specialized mainly in the 3,000 and 5,000 meters. As a 19-year old, he earned the first major title of his career, capturing the 1991 European Junior Title in the 5K in Thessalonika, Greece.

Nine years later in 2000, he earned the title of European Indoor Champion in the 3K.

In Budapest in 1998, he took third in the European Track & Field Championships to earn a bronze medal. In 1999, the Cork, Ireland, native was ranked No.1 in the world indoor mile ranking list with a time of 3:57.62.

Carroll is a four-time IAAF World Track and Field member, and holds the Irish-national record in the 3K (7:30.36), which was set in 1999, as well as the 5K set in 1998 with a time of 13:03.93. He also held the national record of 27:46.42 in the 10K that was set in 2000, a record that has since been broken.

He has participated in several marathons in the later stages of his career, highlighted by a sixth-place finish in the 2002 New York Marathon. His time of 2:10.54 sits only 61 second off of the Irish national record of 2:09.17.

Carroll missed the 1996 Atlanta Olympics due to injury, but participated in the 2000 Olympics in the 5K in Sydney, Australia, missing out on the final heat by one place. Four years later he competed in the 2004 Athens games, also in the 5K.

During his collegiate days at Providence College, the Corkman earned six All-American honors as well as seven Big East titles (cross country, 1,000 meters, 1,500 meters, 3,000 meters (twice), distance medley relay, and 4 x 800 meters). His crowning achievement as a Friar came at the 1995 NCAA Indoor Championships, as he won an NCAA Championship in the 5,000 meters.

Carroll holds a Coaching Ireland level two coaching certificate that he acquired in 2008.

Carroll married the former Amy Rudolph in October of 2005. Rudolph, an accomplished runner in her own right, is a two-time Olympian, as well as a U.S. Indoor Champion in the 3,000 meters.



2009 AUBURN CROSS COUNTRY



2009 Auburn Men's Cross Country Roster

<u>Name</u>	<u>Year</u>	<u>Hometown (Previous School)</u>
Ben Cherviyot	Jr.	Eldoret, Kenya (Rend Lake, C.C.)
Mark Fleming	Sr.	Birmingham, Ala. (Oak Mountain)
Kasey Hayes	Fr.	Birmingham, Ala. (Oak Mountain)
Elkanah Hivet	Sr.	Iten, Kenya (Rend Lake C.C.)
Felix Hiboiywo	Sr.	Eldoret, Kenya (Kabernat)
Charles Mitchell	Jr.	Somerdale, N.J. (Triton)
Scott Novack	Sr*	Hoover, Ala. (Hoover)
Joby Peake	Jr.	Macon, Ga. (First Presbyterian Day)
Jeff Sanders	So.	Mandeville, La. (Fountainebleau)
Jean-Pierre Weerts	Sr.	Bastogne, Belgium (INOSE/Liege)



2009 Auburn Women's Cross Country Roster

<u>Name</u>	<u>Year</u>	<u>Hometown (Previous School)</u>
Cathryn Albright	Jr.	Birmingham, Ala. (Briarwood Christian)
Stephanie Barnes	Grad.	Clevedon, England (Gordano School)
Holly Knight	Jr.	Devon, England (Ivybridge School)
Grace Pritchard	Fr.	Vestavia Hills, Ala. (Vestavia Hills)
Laurel Pritchard	Sr.	Vestavia Hills, Ala. (Vestavia Hills)
Amber Riley	Jr.	Morgantown, W. Va. (University)
Allison Smith	Jr.	Daphne, Ala. (Daphne)

*has redshirted