

Back to School Success Tips

Note Taking:

- Sit in a location in the classroom where you can clearly see and hear the instructor without distractions
- Write down notes when your instructor repeats information
- Review your notes after class to check for your understanding and relearn the material
- Focus on understanding what the professor is saying than stressing to copy down presentation material
- Write notes in your own wording and think about what is being taught
- Work to understand the big picture of the lecture, not just facts
- Organize and use a note taking method that works best for you

Learning Styles:

There are four main types of learning styles; visual, auditory, kinesthetic, and reading/writing learners. Below are learning strategies for each learning style.

- Visual Learners:
 - Color code notes
 - Utilize flashcards, charts, and graphs for studying
 - Watch videos on material
- Auditory Learners:
 - Read information out loud as you study
 - Participate in class discussion and group study sessions
 - Utilize word association when studying
- Kinesthetic Learners:
 - Demonstrate ideas using large white boards and drawings such as diagrams
 - Write notes and ideas down in order
 - Include examples in class notes
- Reading/Writing Learners:
 - Summarize lecture notes and readings on a regular basis
 - Utilize handouts from your instructor
 - Turn diagrams and charts into words

