



# AUBURN CROSS COUNTRY

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## Chile Pepper Cross Country Festival

- **Who:** Auburn men's (10K) and women's (5K) cross country team
- **When:** Saturday, Oct. 16, 2010, 9:45 a.m.
- **Where:** University of Arkansas Cross Country Course, Fayetteville, Ark.

## Memphis Twilight Recap

The Auburn men's and women's cross country teams both finished in fourth place at the Brooks Memphis Twilight Cross Country Classic Saturday night. Senior Holly Knight and junior Ben Cheruiyot both won the individual crowns.

In the men's 8K race, Cheruiyot clocked a time of 23:15.96 to come away with his first win of the season, beating a field of 264 runners. Knight completed the 5K race in 17:05.97 to add another win to her impressive resume, beating a field of 256 runners.

Freshman Colin Barker and junior Jeff Sanders were the next two Tigers to cross the line, running times of 24:32.31 and 24:49.39 to come in seventh and 13th place, respectively. The Tigers scored 122 total points while finishing fourth out of 30 teams.

Stephanie Barnes was close behind finished third in 17:29.00 and Elizabeth Briasco in 16th place with a time of 18:17.18.

## Tigers in the Polls

The Auburn cross country teams

begin the 2010 season ranked among the top teams in the SEC and NCAA South Region. The men were tabbed fifth in the SEC Coaches Poll, and after three meets this season they fell to are currently sitting at sixth in the USTFCCCA South Region preseason poll. The women were picked to finish seventh in the SEC poll and are ranked tenth after three meets this season in the USTFCCCA poll.

## Auburn Tigers Honored

Ben Cheruiyot and Holly Knight were recognized by the SEC after their performances at the Brooks Memphis Twilight Cross Country Festival. They were named SEC Cross Country Athletes of the Week for week four of the 2010 regular season.

Cheruiyot won the men's 8K in 23:17.99, after pulling away from the pack down the stretch. Knight led the women's 5K the entire race and finished 24 seconds faster than the next closest competitor.

This was Knight's second and Cheruiyot's first SEC Cross Country Athlete of the Week honor.

## AUBURN QUICK FACTS

**Location**.....Auburn, Ala.  
**Nickname**.....Tigers  
**Conference**.....Southeastern  
**President**.....Dr. Jay Gouge  
**Athletic Director**.....Jay Jacobs  
**Head Coach**.....Mark Carroll  
**2009 SEC Finish**  
**Men**.....3rd **Women**.....7th  
**2009 NCAA Regional Finish**  
**Men**.....3rd **Women**.....6th  
**2009 NCAA Championships Finish**  
**Men**.....25th

## Head Coach Mark Carroll



After a noteworthy inaugural season, Head Coach Mark Carroll enters the 2010 season ready to lead the Auburn Tigers.

In his first season with Tigers, Carroll tutored Felix Kiboiywo and Ben Cheruiyot to All-America accolades as the men's team placed 25th at the NCAA Cross Country Championships. The Auburn men also brought home third-place finishes from the NCAA South Regional and SEC Championships, and Kiboiywo took medalist honors for the third time of his career at the NCAA South Regional.

With Carroll at the helm, the Auburn women finished in the top 10 at five of their six meets for the 2009 season. Carroll led the Tigers to a sixth-place finish at the NCAA South Regional and a seventh-place finish at the SEC Championships.



# AUBURN CROSS COUNTRY

## Women's Meet-by-Meet Results

### 2010 Schedule

Date	Event	Results (M/W)
09/04	Troy Invitational	1st/2nd
09/18	Crimson Classic	4th/4th
09/25	Memphis Twilights	4th/4th
<b>10/16</b>	<b>Chile Pepper Festival</b>	<b>9:45 a.m.</b>
11/01	SEC Championships	TBA
11/13	NCAA South Regional	TBA
11/22	NCAA Championships	TBA

### TROY INVITATIONAL

Sept. 4, 2010  
Troy, Ala.

#### Team 2 Mile Results

1. Troy 37 pts.
- 2. Auburn 42 pts.**
3. Alabama State 58 pts.
4. Florida A&M 84 pts.
5. Huntingdon Col. 145 pts.
6. Albany State 146 pts.
7. Alabama A&M 155 pts.
8. LaGrange College 250 pts.

#### Auburn Finishes

1. Stephanie Barnes 11:28.54
2. Elizabeth Briasco 12:07.34
4. Allison Smith 12:13.28
17. Elaina Turley 13:18.00
18. Erika Kolakowski 13:18.16
33. Elizabeth Gallagher 14:50.83

#### Individual Top Five

- 1. Sephanie Barnes, 11:28.54, AU**
- 2. Elizabeth Briasco, 12:07.34, AU**
3. Keisa Derilus, 12:11.79, ASU
- 4. Allison Smith, 12:13.28, AU**
5. Sylvia Chirchir, 12:35.55, Troy

### CRIMSON CLASSIC

Sept. 18, 2010  
Tuscaloosa, Ala.

#### Team 5K Results

1. Texas A&M 51 pts.
2. Alabama 54 pts.
3. Samford 105 pts.
- 4. Auburn 122 pts.**
5. Tulane 148 pts.
6. Ole Miss 174 pts.
7. Southern Miss. 176 pts.
8. Kennesaw State 223 pts.
9. Columbus State 246 pts.
10. Troy 295 pts.
11. Arkansas-P.B. 297 pts.
12. Alabama State 302 pts.
13. West Alabama 350 pts.
14. MS Valley State 352 pts.
15. Huntingdon 424 pts.
16. Alcorn State 456 pts.
17. Stillman 487 pts.
18. William Carey 531 pts.

#### Auburn Finishes

1. Holly Knight 16:59.30
5. Stephanie Barnes 17:30.00
25. Elizabeth Briasco 18:29.90
30. Allison Smith 18:36.00
79. Elaina Turley 20:17.20
95. Erika Kolawowski 21:14.60

#### Individual Top Five

- 1. Holly Knight, 16:59.30, AU**
2. MacKenzie Howe, 17:11.20, KS
3. Katherine Devlin, 17:25.70, Texas A&M
4. Andrea Torske, 17:28.20, UA
- 5. Stephanie Barnes, 17:30.00, AU**





# AUBURN CROSS COUNTRY

## Women's Meet-by-Meet Results

### NCAA Division 1 Regional Rankings

#### *South Region Week 5*

1. Florida State
2. Florida
3. Vanderbilt
4. Georgia
5. Alabama
6. UAB
7. Jacksonville
8. North Florida
9. Lipscomb
- 10. Auburn**
11. Samford
12. South Florida
13. Mississippi State
14. Ole Miss
15. Tennessee

### Memphis Twilight

Sept. 25, 2010  
Memphis, Tenn.

#### Team Top 10 5K Results

1. Stephen F. Austin 60 pts.
2. Eastern Kentucky 73 pts.
3. UAB 85 pts.
- 4. Auburn 123 pts.**
5. Samford 134 pts.
6. Arkansas State 197 pts.
7. South Alabama 245 pts.
8. Murry State 305 pts.
9. Harding University 315 pts.
10. Sam Houston State 331 pts.

#### Auburn Finishes

1. Holly Knight 17:05.97
3. Stephanie Barnes 17:32.54
16. Elizabeth Briasco 18:17.18
29. Allison Smith 18:39.85
77. Elaina Turley 19:29.22
151. Erika Kolakowski 20:50.34

#### Individual Top Five

- 1. Holly Knight, 17:05.97, AU**
2. Rhiannon Johns, 17:29.06, UAB
- 3. Stephanie Barnes, 17:32.54, AU**
4. Lauren D'Alessio, 17:38.96, SU
5. Hillary Neal, 17:42.47, SU



# AUBURN CROSS COUNTRY

## Men's Meet-by-Meet Results

### NCAA Division 1 Regional Rankings

#### South Region Week 5

1. Florida State
2. Alabama
3. Florida
4. Georgia
5. Tennessee
- 6. Auburn**
7. Kennesaw State
8. Ole Miss
9. South Alabama
10. Chattanooga
11. Georgia Tech
12. Middle Tennessee
13. Mississippi State
14. Belmont
15. Lipscomb

### TROY INVITATIONAL

Sept. 4, 2010  
Troy, Ala.

#### Team 5K Results Results

<b>1. Auburn</b>	<b>35 pts.</b>
2. Troy	51 pts.
3. Alabama State	89 pts.
4. Florida A&M	93 pts.
5. Morehouse College	111 pts.
6. Huntingdon College	161 pts.
7. Albany State	162 pts.
8. LaGrange College	227 pts.

#### Auburn Finishes

3. Jeff Sanders	16:08.91
4. Joby Peake	16:26.93
7. James Swasey	17:01.85
9. Mark Flemming	17:08.44
12. Jason Miller	17:20.76
14. Samuel Mueller	17:22.26
29. Hunter Hayes	18:46.67

#### Individual Top Five

1. Enock Kirui, 15:57.75, Troy
2. Shauib Winters, 16:04.50, FAMU
- 3. Jeff Sanders, 16:08.91, AU**
- 4. Joby Peake, 16:26.93, AU**
5. Jephthah Kenei, 16:33.76, ASU

### CRIMSON CLASSIC

Sept. 18, 2010  
Tuscaloosa, Ala.

#### Team 8K Results

1. Alabama	57 pts.
2. Ole Miss	78 pts.
3. Texas A&M	82 pts.
<b>4. Auburn</b>	<b>95 pts.</b>
5. Kennesaw State	108 pts.
6. Columbus State	135 pts.
7. MS Valley State	220 pts.
8. Troy	247 pts.
9. Samford	273 pts.
10. Alabama State	313 pts.
11. Tulane	327 pts.
12. West Alabama	342 pts.
13. Chattahoochee Tech	375 pts.
14. Nichols State	385 pts.
15. Huntingdon	419 pts.
16. Alcorn State	450 pts.
17. Stillman	500 pts.
18. William Carey	509 pts.

#### Auburn Finishes

3. Ben Cheruiyot	23:55.00
10. Colin Barker	25:08.80
15. Jeffrey Sanders	25:23.90
28. Joby Peake	25:51.50
54. James Swasey	27:11.40
66. Jason Miller	27:43.40
73. Samuel Mueller	28:08.40
75. Mark Felmming	28:16.80

#### Individual Top Five

1. Meshack Koyiaki, 23:44.40, Columbus State
2. Barnabas Kirui, 23:48.10, Ole Miss
3. Ben Cheruiyot, 23:55.00, AU
4. Carrison Kemei, 24:04.30, UA
5. Nathan Haskins, 24:27.40, KS



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## Men's Meet-by-Meet Results

### Memphis Twilight

Sept. 25, 2010  
Memphis, Tenn.

#### Team Top 10 8K Results

1. Eastern Kentucky 53 pts.
2. Arkansas-Little Rock 72 pts.
3. Harding University 88 pts.
- 4. Auburn 122 pts.**
5. Stephen F. Austin 123 pts.
6. South Alabama 186 pts.
7. San Jose State 274 pts.
8. Northern Kentucky 285 pts.
9. Berry College 328 pts.
10. Central Arkansas 376 pts.

#### Auburn Finishes

1. Ben Cheruiyot 23:15.96
7. Colin Barker 24:32.31
13. Jeffrey Sanders 24:49.39
35. Jobey Peake 25:20.80
77. James Swasey 26:11.25
135. Jason Miller 27:08.61
138. Samuel Mueller 27:10.10
170. Hunter Hayes 27:51.64

#### Individual Top Five

- 1. Ben Cheruiyot, AU 23:15.96**
2. Soufiane Bouchikhi, EKy. 23:17.96
3. Victor Kiemboi, EKy. 23:53.12
4. Daniel Kirwa, Harding 24:05.96
5. Johnny Purvis, UAL 24:21.35