



Major Exploration:

Steps you can take to choose a major

1. Assess your interests and where your strengths lie

Ask yourself:

- What do I enjoy? What classes have I enjoyed and excelled in? Why do you enjoy it?
- What am I good at? Identify your best skills.
- What is the most important to me? What are my values?

2. Gather information and explore options

- Explore the majors offered at Auburn. Go through the online bulletin at: <http://bulletin.auburn.edu/undergraduate/majors/>
- Explore O*Net OnLine to view occupations related to majors offered at Auburn at: www.onetonline.org
- Mark the majors or courses at match best with your interests, skills, and values.
- Visit the department webpages for additional information about each major
- Talk with your academic advisor, and faculty in this area.
- Seek people that work in this field, such as a professor.

3. Evaluate and make your decision

- Weigh the pros and cons of each major. Narrow the list down to 2 or 3.
- Determine which major will get you to a career path that you like.
- Seek additional resources from a career and/or academic counselor.

4. Take action and declare your new major

- Choose activities, internships, and volunteer work that help develop employment skills in the area of your career interest.
- Network with people in this career field.

Sometimes it can be difficult to choose a major because you feel “stuck” and overwhelmed. The Tiger TrACS Career Center in the Student-Athlete Development Center can assist in searching for your options and taking a career assessment! Come see us!



Contact the Tiger TrACS Career Center:

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