

# 2025 Men's Meet Results

## Sharon Colyear-Danville Season Opener Boston, MA – December 7

Nickson Chebii	5000m	13:83.16	36th
----------------	-------	----------	------

## Harvey Glance Tide vs. Tigers Dual Meet Birmingham, AL – January 10

Meet Cancelled due to inclement weather

## Samford Invitational Birmingham, AL – January 17

Kanyinsola Ajayi	60m Prelims	6.67	---
	60m Semis	6.72	---
	60m Final	DNS	---
Seth Allen	Weight Throw	17.53m/57-6.25	8th
Fuji Anday	3000m	8:39.27	11th
Benson Atkins	3000m	8:39.12	10th
Jay Avery	Long Jump	6.99m/22-11.25	6th
LeBron Bessick	400m	47.61	1st
Kyle Brown	Weight Throw	21.26m/69-9	3rd
Maka Charamba	60m Prelims	6.80	---
	60m Semis	6.74	---
	60m Final	DNS	---
Azeem Fahmi	60m Prelims	6.69	---
	60m Semis	6.69	---
	60m Final	DNS	---
John Leonard	Weight Throw	21.03m/69-0	4th
Dario Matau	60m Prelims	6.84	13th
	60m Semis	6.82	---
Kyle Moison	Weight Throw	19.32m/63-4.75	5th
John Murray	Long Jump	6.63m/21-9	14th
	Shot Put	14.98m/49-1.75	11th
	60mH Prelims	8.55	14th
Ian Myers	60m Prelims	6.77	---
	60m Semis	6.77	11th
Isreal Okon	60m Prelims	6.69	---
	60m Semis	6.64	---
	60m Final	DNS	---
Joseph Perry	3000m	8:36.93	8th
Matthew Rainer	400m	49.55	11th
Luke Roberts	400m	48.65	3rd
Matthew Rueff	Shot Put	18.21m/59-9	1st
Kayden Slay	High Jump	2.02m/6-7.5	6th

## Orange & Purple Invitational Clemson, SC – January 24-25

Kanyinsola Ajayi	60m Prelims	6.57	---
	60m Semis	6.57	---
Seth Allen	Weight Throw	17.22m/56-6	10th
Cooper Atkins	800m	1:52.04	14th
	Mile	4:03.10	2nd
Jay Avery	Long Jump	7.17m/23-6.25	6th
Carson Bedics	3000m	8:32.41	23rd
LeBron Bessick	400m	DNF	---
Kyle Brown	Weight Throw	21.92m/71-11	3rd
Makanakaishe Charamba	200m	20.55	1st
	4x400m Relay [4]	DNF	---
Azeem Fahmi	60m Prelims	6.73	---
	60m Semis	6.67	---
Max Hardin	Mile	3:59.57	1st
Dario Matau	200m	21.02	3rd
	4x400m Relay [2]	DNF	---
Kyle Moison	Weight Throw	19.36m/63-6.25	5th
Asande Mthembu	Long Jump	7.49m/24-7	3rd
John Murray	Long Jump	7.11m/23-3.25	7th
	Shot Put	15.61m/51-2.75	11th
Ian Myers	200m	21.48	15th
	4x400m Relay [3]	DNF	---
Israel Okon	60m Prelims	6.65	---
	60m Semis	6.61	---
Matthew Rainer	4x400m Relay [1]	DNF	---
Matthew Rueff	Shot Put	17.47m/57-3.75	7th
Ja'Kobe Tharp	60m Hurdles Prelims	7.60	---
	60m Hurdles Semis	7.62	---

## Bob Pollock Invitational Clemson, SC – January 31-February 1

Seth Allen	Weight Throw	18.94m/62-1.75	6th
Fuji Anday	5000m	14:58.80	2nd
Jay Avery	Triple Jump	FOUL	---
Benson Atkins	3000m	8:33.49	20th
Kyle Brown	Weight Throw	21.84m/71-8	2nd
Makanakaishe Charamba	4x400m Relay [2]	3:09.76	3rd
John Leonard	Weight Throw	20.56m/67-6.5	3rd
Azeem Fahmi	60m Prelims	6.70	---
	60m Semis	6.65	---
	60m Finals	DNS	---
	200m	21.63	21st
Hayden Judge	3000m	8:18.00	10th
Dario Matau	60m Prelims	6.74	---
	60m Semis	6.73	---
	60m Finals	DNS	---
	200m	20.97	4th
	4x400m Relay [1]	3:09.76	3rd
Kyle Moison	Weight Throw	20.28m/66-6.5	4th
Asande Mthembu	Long Jump	7.42m/24-4.25	3rd
John Murray	Shot Put	14.95m/49-0.75	9th
Ian Myers	60m Prelims	6.71	---
	60m Semis	6.69	---
	60m Finals	DNS	---

# 2025 Men's Meet Results

Joseph Perry	200m	21.07	6th	Luke Roberts	4x400m Relay [1]	3:15.53	22nd
Matthew Rainer	5000m	15:19.52	5th	Matthew Rueff	Shot Put Invite	18.74m/61-5.75	5th
Matthew Rainer	4x400m Relay [4]	3:09.76	3rd	Ja'Kobe Tharp	60m Hurdles Prelims	7.68	---
Luke Roberts	4x400m Relay [3]	3:09.76	3rd		60m Hurdles Semis	7.66	---
Matthew Rueff	Shot Put	18.18m/59-7.75	1st		60m Hurdles Finals	7.53	2nd

## Charlie Thomas Invitational Bryan-College Station, TX – February 7-8

Kyle Brown	Weight Throw	21.22m/69-7.5	1st
John Leonard	Weight Throw	20.51m/67-3.5	2nd

## David Hemery Valentine Invitational Boston, MA – February 14

Cooper Atkins	Mile	4:02.42	78th
Nickson Chebii	Mile	4:09.89	178th
Max Hardin	Mile	3:57.67	23rd

## Tiger Paw Invitational Clemson, SC – February 14-15

Kanyinsola Ajayi	60m Prelims	6.58	---
	60m Semis	6.51	---
Seth Allen	Weight Throw	18.01m/59-1.25	14th
Carson Bedics	3000m	8:16.76	6th
Kyle Brown	Weight Throw Invite	22.39m/73-5.5	3rd
Makanakaishe Charamba	200m	20.16	1st
Azeemi Fahmi	60m Prelims	6.62	---
	60m Semis	6.60	---
Rex Green	800m	1:51.07	13th
	4x400m Relay [4]	3:15.53	22nd
Hayden Judge	3000m	8:24.47	10th
John Leonard	Weight Throw Invite	20.98m/68-10	7th
Dario Matau	60m Prelims	6.78	30th
	200m	20.92	11th
Kyle Moison	Weight Throw	19.07m/62-6.75	6th
Ian Myers	60m Prelims	6.72	---
	60m Semis	6.66	---
	200m	20.90	9th
	4x400m Relay [3]	3:15.53	22nd
Israel Okon	60m Prelims	6.62	---
	60m Semis	6.52	---
Matthew Rainer	400m	48.62	37th
	4x400m Relay [2]	3:15.53	22nd

## Southeastern Conference Indoor Championships Bryan-College Station, TX – February 27-March 1

Kanyinsola Ajayi	60m Prelims	6.57	---
	60m	FS	---
Seth Allen	Weight Throw	19.78m/64-10.75	18th
Cooper Atkins	Mile Prelims	4:04.86	13th
	3000m	8:12.00	28th
Kyle Brown	Weight Throw	22.24m/72-11.75	3rd
Makanakaishe Charamba	200m Prelims	20.32	---
	200m	20.13	1st
Nickson Chebii	5000m	DNF	---
Azeem Fahmi	60m Prelims	6.61	---
	60m	6.56	3rd
Rex Green	800m Prelims	1:51.78	22nd
Max Hardin	Mile Prelims	4:04.56	---
	Mile	4:09.06	9th
John Leonard	Weight Throw	21.28m/69-9.75	10th
Dario Matau	60m Prelims	6.71	17th
	200m Prelims	20.60	---
	200m	20.60	4th
Kyle Moison	Weight Throw	19.92m/65-4.25	17th
Ian Myers	200m Prelims	DQ	---
	60m Prelims	6.72	18th
Israel Okon	60m Prelims	6.51	---
	60m	6.55	2nd
Luke Roberts	400m Prelims	48.01	26th
Matthew Rueff	Shot Put	18.56m/60-10.75	7th
Ja'Kobe Tharp	60m Hurdles Prelims	7.60	---
	60m Hurdles	7.48	1st

# 2025 Women's Meet Results

## Sharon Colyear-Danville Season Opener Boston, MA – December 7

Brenda Jepchirchir      5000m      15:35.36      19th

## Harvey Glance Tide vs. Tigers Dual Meet Birmingham, AL – January 10

Meet Cancelled due to inclement weather

## Samford Invitational Birmingham, AL – January 17

Adrienne Adams	Weight Throw	19.39m/63-7.50	2nd
Chante Clinkscale	60m Prelims	7.34	---
	60m Semis	7.39	---
	60m Final	DNS	---
Olivia Comini	3000m	11:56.95	37th
Audrey Dunn	3000m	9:40.68	2nd
Megan Hague	Shot Put	16.48m/54-1	3rd
Ashantae Harvey	4x400m [1]	3:39.22	1st
Rhiannon Held	Pole Vault	4.07m/13-4.25	1st
Hailey Howard	3000m	10:14.52	9th
Maura Huwalt	Shot Put	16.17m/53-0.75	4th
	Weight Throw	20.15m/66-1.75	1st
Mary Malone	Mile	5:25.86	26th
Hailey Marston	Mile	5:13.28	18th
Saniya Mathew	800m	2:20.59	12th
Ava McIntosh	3000m	10:41.04	20th
Vimbayi Maisvorewa	4x400m [4]	3:39.22	1st
Presley Miles	800m	DNF	---
Ansley Murphy	Pole Vault	3.52m/11-6.5	15th
Deborah Oke	4x400m [2]	3:39.22	1st
Marley Raikiwasa	Shot Put	16.82m/55-2.25	2nd
Zuriel Reed	4x400m [3]	3:39.22	1st
Hannah Thuss	3000m	10:16.71	10th
Brooke Walden	Pole Vault	3.82m/12-6.24	7th
Alexandra Walsh	3000m	10:05.16	6th
Luci Williams	Mile	5:27.16	28th

## Orange & Purple Invitational Clemson, SC – January 24-25

Adrienne Adams	Weight Throw	19.01m/62-4.5	4th
Chante Clinkscale	60m Prelims	7.38	---
	60m Semis	7.39	---
	60m Finals	7.39	5th
	200m	24.65	23rd
Gene Coetzee	Mile	4:45.67	4th
Camila Gomes	800m	2:09.67	4th
	Mile	4:45.03	3rd
Megan Hague	Shot Put	16.67m/54-8.25	2nd
Ashantae Harvey	4x400m Relay [3]	3:35.21	4th
Rhiannon Held	Pole Vault Invite	4.02m/13-2.25	5th
Maura Huwalt	Shot Put	15.87m/52-0.75	3rd
	Weight Throw	21.01m/68-11.25	1st
Brenda Jepchirchir	3000m	9:08.37	2nd
Vimbayi Maisvorewa	400m	53.15	2nd
	4x400m Relay [4]	3:35.21	4th
Cady McPhail	800m	2:15.85	16th
	Mile	4:50.98	13th
Deborah Oke	400m	54.44	7th
	4x400m Relay [1]	3:35.21	4th
Hallie Porterfield	3000m	9:43.80	12th
Alyssa Quinones-Mixon	Pole Vault Invite	4.17m/13-8.25	2nd
Marley Raikiwasa	Shot Put	15.70m/51-6.25	4th
Zuriel Reed	400m	56.35	14th
	4x400m Relay [2]	3:35.21	4th
Nedra Richardson	Long Jump	5.99m/19-8	2nd
Samantha Rogers	3000m	10:27.00	35th
Ana-Liese Torian	60m Hurdles Prelims	8.30	---
	60m Hurdles Semis	8.27	---
Brooke Walden	Pole Vault Invite	3.72m/12-2.5	16th

# 2025 Women's Meet Results

## Bob Pollock Invitational Clemson, SC – January 31-February 1

Adrienne Adams	Weight Throw	20.00m/65-7.5	2nd
Chante Clinkscale	60m Prelims	7.26	---
	60m Semis	7.23	---
	60m Finals	DNS	---
	200m	23.49	4th
Megan Hague	Shot Put	16.41m/53-10.25	1st
Ashantae Harvey	400m	56.07	17th
Rhiannon Held	Pole Vault	3.93m/12-10.75	4th
Maura Huwalt	Shot Put	16.31m/53-6.25	2nd
	Weight Throw	22.27m/73-0.75	1st
	200m	23.97	10th
Vimbayi Maisvorewa	400m	52.21	2nd
	Mary Malone	Mile	5:10.84
Hailey Marston	Mile	5:13.99	33rd
Deborah Oke	200m	24.00	12th
	400m	53.44	4th
Hallie Porterfield	Mile	4:52.93	9th
Alyssa Quinones-Mixon	Pole Vault	4.38m/14-4.5	T-1st
Marley Raikiwasa	Shot Put	15.78m/51-9.25	3rd
Zuriel Reed	400m	55.99	17th
Nedra Richardson	60m Prelims	7.58	---
	60m Semis	7.59	17th
Nedra Richardson	Long Jump	5.75m/18-10.5	10th
Hannah Thuss	3000m	10:09.70	24th
Ana-Liese Torian	60m Hurdles Prelims	8.37	---
	60m Hurdles Semis	8.52	---
Brooke Walden	Pole Vault	3.93m/12-10.75	6th

## Charlie Thomas Invitational Bryan-College Station, TX – February 7-8

Maura Huwalt	Shot Put	15.69m/51-5.75	5th
Marley Raikiwasa	Weight Throw	21.31m/69-11	1st
	Shot Put	15.75m/51-8.25	4th

## David Hemery Valentine Invitational Boston, MA – February 15

Gene Coetzee	3000m	9:10.81	32nd
Camila Gomes	Mile	4:37.95	27th
Brenda Jepchirchir	5000m	15:45.33	21st
Cady McPhail	Mile	4:54.88	114th

## Tiger Paw Invitational Clemson, SC – February 14-15

Adrienne Adams	Weight Throw Invite	19.77m/64-10.5	9th
Chante Clinkscale	60m Prelims	7.27	---
	60m Semis	7.25	9th
	3000m	10:02.61	11th
Audrey Dunn	Shot Put	16.86m/55-3.75	1st
Megan Hague	4x400m Relay [3]	3:33.63	11th
Ashantae Harvey	Pole Vault Invite	4.14m/13-7	6th
Rhiannon Held	Weight Throw Invite	21.33m/69-11.75	5th
Maura Huwalt	Shot Put	15.96m/52-4.5	3rd
	400m	52.69	15th
Vimbayi Maisvorewa	4x400m Relay [1]	3:33.63	11th
Deborah Oke	400m	53.93	24th
	4x400m Relay [4]	3:33.63	11th
Hallie Porterfield	3000m	9:44.38	4th
Alyssa Quinones-Mixon	Pole Vault Invite	4.44m/14-6.75	1st
Marley Raikiwasa	Shot Put Invite	15.82m/51-11	7th
Zuriel Reed	4x400m Relay [2]	3:33.63	11th
Nedra Richardson	Long Jump	5.44m/17-10.25	34th
Ana-Liese Torian	60m Hurdles Prelims	8.27	Pre
	60m Hurdles Semis	8.25	20th
Brooke Walden	Pole Vault	3.80m/12-5.5	T-3rd
Alexandra Walsh	3000m	9:58.69	9th

## Southeastern Conference Indoor Championships Bryan-College Station, TX – February 27-March 1

Adrienne Adams	Weight Throw	21.41m/70-3	3rd
Chante Clinkscale	60m Prelims	DNF	---
Gene Coetzee	3000m	9:23.01	12th
Camila Gomes	Mile Prelims	4:47.85	11th
Maura Huwalt	Shot Put	16.60m/54-5.5	9th
	Weight Throw	20.99m/68-10.5	4th
Megan Hague	Shot Put	17.37m/57-0	5th
Ashante Harvey	4x400m Relay [3]	3:34.06	7th
Rhiannon Held	Pole Vault	4.11m/13-5.75	T-8th
Brenda Jepchirchir	3000m	9:14.71	6th
	5000m	15:33.37	2nd
	Vimbayi Maisvorewa	400m Prelims	51.55
Vimbayi Maisvorewa	400m	53.22	7th
	4x400m Relay [4]	3:34.06	7th
	Cady McPhail	Mile Prelims	4:58.57
Deborah Oke	4x400m Relay [1]	3:34.06	7th
Alyssa Quinones-Mixon	Pole Vault	4.36m/14-3.5	4th
Marley Raikiwasa	Shot Put	16.60m/5-5.5	10th
Zuriel Reed	4x400m Relay [2]	3:34.06	7th
Shonedra Richardson	Long Jump	5.77m/18-11.25	22nd
Ana-liese Torian	60m Hurdles Prelims	8.13	---
	60m Hurdles	8.07	4th
Brook Walden	Pole Vault	NH	---

# Men's Indoor Progressions

## KANYIONOLA AJAYI

60m			
6.64	---	Tiger Paw Invitational	2/9/24
6.63	---	Tiger Paw Invitational	2/9/24
6.63	5th	Tiger Paw Invitational	2/9/24
6.60	---	SEC Indoors	2/23/24
6.60	1st	SEC Indoors	2/24/24
6.67	---	Samford Invitational	1/17/25
6.72	---	Samford Invitational	1/17/25
6.57	---	Orange & Purple Invitational	1/24/25
6.57	---	Orange & Purple Invitational	1/24/25
6.58	---	Tiger Paw Invitational	2/14/25
6.51	---	Tiger Paw Invitational	2/14/25
6.57	---	SEC Indoors	2/28/25
FS	---	SEC Indoors	3/1/25

## SETH ALLEN

Weight Throw			
16.12m	9th	Edmonds-Wilt Invite	12/10/22
15.59m	12th	Wisconsin Midwest Invite	1/14/23
16.02m	12th	Simmons-Harvey Invitational	1/21/23
16.15m	21st	PNC Lenny Lyles Invite	1/27-28/23
16.16m	20th	Meyo Invitational	2/3- 4/23
17.04m	6th	Alex Wilson Invitational	2/18/23
16.35m	6th	Edmonds-Wilt Invite	12/9/23
17.53m	8th	Samford Invitational	1/17/25
17.22m	10th	Orange & Purple Invitational	1/24/25
18.94m	6th	Bob Pollock Invitational	1/31/25
18.01m	14th	Tiger Paw Invitational	2/14/25
19.78m	18th	SEC Indoors	2/28/25

## FUJI ANDAY

Mile			
4:19.50	24th	Hokie Invitational	1/21-22/22
3000m			
9:00.02	15th	Hokie Invitational	1/22-23/21
8:40.61	9th	Doc Hale Virginia Tech Elite	2/5-6/21
8:37.85	12th	Virginia Tech Invitational	1/14-15/22
8:23.55	28th	SEC Indoors	2/25-26/22
8:40.95	14th	Harvey Glance Dual	1/11/24
8:31.50	26th	Vanderbilt Invitational	1/20/24
8:29.05	19th	Music City Challenge	2/10/24
8:39.27	11th	Samford Invitational	1/17/25
5000m			
DNF	---	Hokie Invitational	1/22-23/21
14:27.73	15th	Music City Challenge	2/11-12/22
14:26.09	10th	SEC Indoors	2/25-26/22
14:58.80	2nd	Bob Pollock Invitational	1/31/25

## BENSON ATKINS

800m			
DNF	---	Vanderbilt Invitational	1/21/23
1000m			
2:31.98	11th	Vanderbilt Invitational	1/20/23
2:32.20	8th	Harvey Glance Dual	1/11/24
3000m			
8:40.27	36th	Vanderbilt Invitational	1/20/24
8:28.18	23rd	Music City Challenge	2/10/24
8:39.12	10th	Samford Invitational	1/17/25

## COOPER ATKINS

800m			
1:53.14	16th	Tiger Paw Invite	2/12/22
1:52.04	14th	Orange & Purple Invitational	1/25/25
1000m			
2:28.74	7th	Commodore Challenge	1/15/22
2:25.84	2nd	Harvey Glance Dual	1/11/24
Mile			
4:10.23	7th	Carolina Challenge	1/22/22
4:07.33	1st	Tiger Paw Invite	2/11/22
4:04.47	13th	SEC Indoors	2/25/22
4:04.98	8th	Vanderbilt Invitational	1/21/23
4:18.77	24th	Razorback Invitational	1/27/24
DNF	---	Music City Challenge	2/9/24
4:11.05	19th	SEC Indoors	2/23/24
4:03.10	2nd	Orange & Purple Invitational	1/24/25
4:02.42	78th	Hemery Valentine Invite	2/14/25
4:04.86	13th	SEC Indoors	2/28/25
3000m			
8:23.96	29th	SEC Indoors	2/26/22
8:14.58	3rd	Clemson Invitational	1/14/23
DNF	---	SEC Indoors	2/24/24
8:12.00	28th	SEC Indoors	2/28/25

## JAY AVERY

High Jump			
2.01m	6th	Ted Nelson Invite	1/20/24
NH	---	Big 12 Indoors	2/23-24/24
Long Jump			
7.42m	3rd	Ted Nelson Invite	1/20/24
7.10m	5th	Charlie Thomas Invite	2/3/24
6.50m	19th	Big 12 Indoors	2/23-24/24
6.99m	6th	Samford Invitational	1/17/25
Triple Jump			
FOUL	---	Bob Pollock Invitational	2/1/25

## CARSON BEDICS

3000m			
8:23.14	7th	Commodore Challenge	1/15/22
8:19.33	4th	Tiger Paw Invite	2/12/22
8:17.75	23rd	SEC Indoors	2/26/22
8:22.46	6th	Vanderbilt Invitational	1/21/23
8:12.14	2nd	Music City Challenge (B)	2/11/23
8:20.84	6th	Harvey Glance Dual	1/11/24
8:10.38	3rd	Razorback Invitational	1/26/24
8:13.25	14th	Music City Challenge (Seed)	2/10/24
8:16.22	25th	SEC Indoors	2/24/24
8:16.76	6th	Tiger Paw Invitational	2/15/25
5000m			
14:23.84	9th	SEC Indoors	2/25/22
14:26.23	12th	SEC Indoors	2/24/23
14:20.01	18th	SEC Indoors	2/23/24

## LEBRON BESSICK

200m			
21.45	36th	Tiger Paw Invite	2/11/23
300m			
33.44	7th	Clemson Invitational	1/14/23
34.30	6th	Harvey Glance Dual	1/11/24
400m			
47.17	1st	Clemson Invitational	1/13/23
47.38	4th	Texas Tech Open & Multis	1/27/23
46.85	21st	Tiger Paw Invite	2/10/23
47.93	21st	Razorback Invitational	1/27/24
47.61	1st	Samford Invitational	1/17/25
DNF	---	Orange & Purple Invitational	1/24/25

## KYLE BROWN

Weight Throw			
17.62m	6th	UAB Blazer Invitational	1/10/20
17.69m	8th	Vanderbilt Invitational	1/17/20
18.91m	3rd	Bob Pollock Invitational	1/24/20
19.03m	5th	Razorback Invitational	1/31/20
18.17m	13th	Tiger Paw Invitational	2/14/20
19.85m	5th	SEC Indoors	2/29/20
20.23m	1st	Carolina Challenge	1/23/21
20.58m	2nd	Bob Pollock Invitational	1/29/21
21.04m	3rd	South Carolina Invitational	2/6/21
21.17m	6th	SEC Indoors	2/25/21
20.46m	1st	Commodore Challenge	1/14/22
21.59m	2nd	Carolina Challenge	1/21/22
21.69m	3rd	Texas Tech Open & Multis	1/28/22
21.59m	1st	Tiger Paw Invite	2/12/22
21.52m	3rd	SEC Indoors	2/25/22
21.84m	1st	UW Oshkosh	12/10/22
20.48m	2nd	Clemson Invitational	1/13/23
21.68m	3rd	Vanderbilt Invitational	1/20/23
20.94m	3rd	Texas Tech Open & Multis	1/27/23
21.99m	2nd	Tiger Paw Invite	2/10/23
22.24m	3rd	SEC Indoors	2/24/23
22.44m	6th	NCAA Indoors	3/10/23
21.26m	3rd	Samford Invitational	1/17/25
21.92m	3rd	Orange & Purple Invitational	1/24/25
21.84m	2nd	Bob Pollock Invitational	1/31/25
21.22m	1st	Charlie Thomas Invitational	2/8/25
22.39m	3rd	Tiger Paw Invitational	2/14/25
22.24m	3rd	SEC Indoors	2/28/25

# Men's Indoor Progressions

## MAKANAKAISHE CHARAMBA

60m			
6.83	---	ETSU Invitational	1/14-15/22
6.81	2nd	ETSU Invitational	1/14-15/22
6.91	---	Tiger Paw Classic	1/28/22
6.88	3rd	Tiger Paw Classic	1/28/22
FS	---	U of SC Indoor Open	2/18/22
6.92	---	South Atlantic Indoors	2/26-27/22
6.94	6th	South Atlantic Indoors	2/26-27/22
6.91	---	Bast Cregger-Multi Invite	12/9-10/22
6.92	2nd	Bast Cregger-Multi Invite	12/9-10/22
DNS	---	Bast Cregger-Multi Invite	12/9-10/22
6.85	---	VMI Invitational	1/13-14/23
6.84	---	VMI Invitational	1/13-14/23
6.78	1st	VMI Invitational	1/13-14/23
6.83	---	Winter Classic	1/27-28/23
6.74	3rd	Winter Classic	1/27-28/23
DNS	---	Winter Classic	1/27-28/23
6.84	3rd	DII Indoor Pre-Nationals	2/10-11/23
6.77	---	South Atlantic Indoors	2/25-26/23
6.72	1st	South Atlantic Indoors	2/25-26/23
6.75	---	NCAA Division II Indoors	3/10-11/23
6.82	7th	NCAA Division II Indoors	3/10-11/23
6.72	3rd	Harvey Glance Dual	1/11/24
6.89	23rd	Razorback Invitational	1/27/24
6.82	33rd	Tiger Paw Invitational	2/9/24
6.80	---	Samford Invitational	1/17/25
6.74	---	Samford Invitational	1/17/25

200m			
21.51	---	ETSU Invitational	1/14-15/22
21.71	6th	U of SC Indoor Open	2/18/22
22.43	12th	South Atlantic Indoors	2/26-27/22
21.38	1st	VMI Invitational	1/13-14/23
20.99	1st	DII Indoor Pre-Nationals	2/10-11/23
20.66	---	NCAA Division II Indoors	3/10-11/23
20.55	1st	NCAA Division II Indoors	3/10-11/23
20.78	4th	Tiger Paw Invitational	2/10/24
20.76	---	SEC Indoors	2/23/24
21.37	8th	SEC Indoors	2/23/24
20.55	1st	Orange & Purple Invitational	1/25/25
20.16	1st	Tiger Paw Invitational	2/15/25
20.32	---	SEC Indoors	2/27/25
20.13	1st	SEC Indoors	3/1/25

300m			
33.52	1st	Harvey Glance Dual	1/11/24

## NICKSON CHEBII

Mile			
4:10.75	42nd	Music City Challenge	2/9/24
4:09.89	178th	Hemery Valentine Invite	2/14/25

3000m			
8:19.39	29th	SEC Indoors	2/24/24

5000m			
13:38.16	36th	Colyear-Danville Opener	12/7/24
DNF	---	SEC Indoors	2/27/25

## MATTHEW CLESS

60m			
7.07	30th	Clemson Invitational	1/13/23

High Jump			
NH	---	Clemson Invitational	1/14/23
2.06m	3rd	Vanderbilt Invitational	1/20/23
2.00m	8th	Texas Tech Open & Multis	1/28/23
NH	---	Tiger Paw Invite	2/11/23
2.05m	12th	SEC Indoors	2/25/23
2.06m	3rd	Harvey Glance Dual	1/11/24
2.07m	T-10th	Razorback Invitational	1/26/24
2.00m	18th	Tiger Paw Invitational	2/10/24

## AARON DAVIS

Long Jump			
7.20m	5th	Leonard Hilton Memorial	1/13/23
7.11m	8th	Robert Platt Invitational	1/20/23
7.03m	6th	Houston Invitational	1/27/23
7.17m	7th	American Indoors	2/24-25/23
7.31m	2nd	Harvey Glance Dual	1/11/24
7.46m	4th	Vanderbilt Invitational	1/19/24
7.63m	5th	Razorback Invitational	1/26/24
DNF	---	Tiger Paw Invitational	2/9/24

## TYLER DAVIS

60m			
6.89	---	Orange & Purple Elite	1/11/20
6.87	---	Gamecock Opener	1/17-18/20
6.92	5th	Gamecock Opener	1/17-18/20
6.78	---	Razorback Invitational	1/31-2/1/20
6.81	---	Razorback Invitational	1/31-2/1/20
6.80	---	Tiger Paw Invitational	2/14-15/20
6.84	---	Tiger Paw Invitational	2/14-15/20
6.79	---	SEC Indoors	2/28/20
6.79	---	Carolina Challenge	1/23/21
6.84	2nd	Carolina Challenge	1/23/21
6.80	---	South Carolina Invitational	2/5-6/21
6.90	7th	South Carolina Invitational	2/5-6/21
6.79	14th	Tyson Invitational	2/12-13/21
6.78	---	SEC Indoors	2/25-27/21
6.87	8th	SEC Indoors	2/25-27/21
6.73	---	Clemson Invitational	1/14-15/22
6.69	6th	Clemson Invitational	1/14-15/22
6.70	---	Bob Pollock Invitational	1/28-29/22
6.67	---	Bob Pollock Invitational	1/28-29/22
6.64	3rd	Bob Pollock Invitational	1/28-29/22
6.85	14th	Tyson Invitational	2/11-12/22
6.77	13th	SEC Indoors	2/25-26/22
6.75	11th	Clemson Invite	1/13-14/23
6.77	9th	Razorback Invitational	1/27-28/23
6.78	13th	Tyson Invitational	2/10-11/23
6.72	11th	SEC Indoors	2/23-25/23
6.82	5th	Harvey Glance Dual	1/11/24
6.83	10th	Samford January Invite	1/19/24
FS	---	Bob Pollock Invitational	1/26-27/24
6.86	22nd	New Mexico Classic	2/2-3/24
6.80	27th	Tiger Paw Invitational	2/9-10/24

200m			
21.13	4th	Gamecock Opener	1/17-18/20
21.10	8th	Razorback Invitational	2/31-3/1/20
20.93	4th	Tiger Paw Invitational	2/14-15/20
21.01	---	SEC Indoors	2/28-29/20

21.02	6th	SEC Indoors	2/28-29/20
20.98	7th	South Carolina Invitational	2/5-6/21
20.89	5th	Tyson Invitational	2/12-13/21
20.79	---	SEC Indoors	2/25-27/21
20.94	5th	SEC Indoors	2/25-27/21
20.72	---	NCAA Indoors	3/11-13/21
21.44	8th	NCAA Indoors	3/11-13/21
20.92	3rd	Clemson Invitational	1/14-15/22
20.94	5th	Bob Pollock Invitational	1/28-29/22
26.62	40th	Tyson Invitational	2/11-12/22
21.11	14th	SEC Indoors	2/25-26/22
20.98	5th	Tyson Invitational	2/10-11/23
20.75	---	SEC Indoors	2/23-25/23
20.94	8th	SEC Indoors	2/23-25/23
21.24	6th	Bob Pollock Invitational	1/26-27/24
21.08	16th	Collegiate Classic	2/2-3/24
DNF	---	Tiger Paw Invitational	2/9-10/24

300m			
34.49	8th	Orange & Purple Elite	1/11/20
33.97	5th	Harvey Glance Dual	1/11/24

## AZEEM FAHMI

60m			
6.72	---	Texas Tech Open & Multis	1/27/23
6.63	---	Texas Tech Open & Multis	1/27/23
6.65	2nd	Texas Tech Open & Multis	1/27/23
6.65	---	Tiger Paw Invite	2/10/23
6.65	---	Tiger Paw Invite	2/10/23
6.62	5th	Tiger Paw Invite	2/10/23
6.66	---	SEC Indoors	2/24/23
6.70	4th	SEC Indoors	2/25/23
6.76	4th	Harvey Glance Dual	1/11/24
6.89	9th	Razorback Invitational	1/27/24
6.65	---	Tiger Paw Invitational	2/9/24
6.65	---	Tiger Paw Invitational	2/9/24
6.68	11th	SEC Indoors	2/23/24
6.69	---	Samford Invitational	1/17/25
6.69	---	Samford Invitational	1/17/25
6.73	---	Orange & Purple Invitational	1/24/25
6.67	---	Orange & Purple Invitational	1/24/25
6.68	4th	Orange & Purple Invitational	1/24/25
6.70	---	Bob Pollock Invitational	1/31/25
6.65	---	Bob Pollock Invitational	1/31/25
6.62	---	Tiger Paw Invitational	2/14/25
6.60	---	Tiger Paw Invitational	2/14/25
6.61	---	SEC Indoors	2/28/25
6.56	3rd	SEC Indoors	3/1/25

200m			
21.63	21st	Bob Pollock Invitational	2/1/25

## REX GREEN

800m			
1:51.86	15th	Music City Challenge (B)	2/11/23
1:52.32	29th	Razorback Invitational	1/27/24
1:51.07	13th	Tiger Paw Invitational	2/14/25
1:51.78	22nd	SEC Indoors	2/28/25

1000m			
2:25.04	5th	Clemson Invitational	1/13/23
2:26.11	3rd	Harvey Glance Dual	1/11/24

Mile			
4:22.50	44th	Vanderbilt Invitational	1/21/23
4:09.06	9th	SEC Indoors	3/1/25

# Men's Indoor Progressions

## GRANT GRIFFIN

Shot Put			
16.15m	9th	Clemson Invitational	1/14/23
17.46m	1st	Vanderbilt Invitational	1/21/23
15.97m	7th	Texas Tech Open & Multis (B)	1/27/23
16.95m	3rd	Tiger Paw Invite	2/11/23
17.14m	14th	SEC Indoors	2/25/23
16.64m	3rd	Harvey Glance Dual	1/11/24
15.70m	8th	Vanderbilt Invitational	1/20/24
16.33m	16th	Razorback Invitational	1/27/24
16.05m	15th	Tiger Paw Invitational	2/10/24
Weight Throw			
16.09m	5th	Harvey Glance Dual	1/11/24

## MAX HARDIN

Mile			
4:01.50	10th	Razorback Invitational	1/27/24
3:59.57	1st	Orange & Purple Invitational	1/24/25
3:57.67	23rd	Tiger Paw Invitational	2/14/25
4:04.56	---	SEC Indoors	2/28/25
4:09.06	9th	SEC Indoors	3/1/25
3000m			
8:14.56	2nd	Harvey Glance Dual	1/11/24
8:04.79	14th	SEC Indoors	2/24/24

## EVAN HILL

3000m			
8:16.12	11th	Vanderbilt Invitational	1/20/24
8:13.43	15th	Music City Challenge (Seed)	2/10/24
8:34.77	39th	SEC Indoors	2/24/24

## HAYDEN JUDGE

3000m			
8:21.27	7th	Harvey Glance Dual	1/11/24
8:32.04	32nd	Music City Challenge	2/10/24
8:18.00	10th	Bob Pollock Invitational	2/1/25
8:24.47	10th	Tiger Paw Invitational	2/15/25

## JOHN LEONARD

Weight Throw			
15.34m	8th	Clemson Invitational	1/13/23
18.82m	8th	Vanderbilt Invitational	1/20/23
FOUL	---	Texas Tech Open & Multis (B)	1/27/23
18.43m	11th	Tiger Paw Invite	2/10/23
18.14m	3rd	Harvey Glance Dual	1/11/24
19.19m	5th	Vanderbilt Invitational	1/19/24
19.02m	10th	Razorback Invitational	1/26/24
19.37m	9th	Tiger Paw Invitational	2/9/24
19.53m	11th	SEC Indoors	2/24/24
21.03m	4th	Samford Invitational	1/17/25
20.56m	3rd	Bob Pollock Invitational	1/31/25
20.51m	2nd	Charlie Thomas Invitational	2/8/25
20.98m	7th	Tiger Paw Invitational	2/14/25
21.28m	10th	SEC Indoors	2/28/25

## DARIO MATAU

60m			
6.80	18th	Razorback Invitational	1/27/24
6.78	---	Tiger Paw Invitational	2/9/24
6.70	15th	Tiger Paw Invitational	2/9/24
6.71	15th	SEC Indoors	2/23/24
6.84	---	Samford Invitational	1/17/25
6.82	13th	Samford Invitational	1/17/25
6.74	---	Bob Pollock Invitational	1/31/25
6.73	---	Bob Pollock Invitational	1/31/25
6.78	30th	Tiger Paw Invitational	2/14/25
6.71	17th	SEC Indoors	2/28/25

200m			
21.09	11th	Tiger Paw Invitational	2/10/24
21.27	14th	SEC Indoors	2/24/24
21.02	3rd	Orange & Purple Invitational	1/25/25
20.97	4th	Bob Pollock Invitational	2/1/25
20.92	11th	Tiger Paw Invitational	2/14/25
20.60	---	SEC Indoors	2/27/25
20.60	4th	SEC Indoors	3/1/25
300m			
34.80	8th	Harvey Glance Dual	1/11/24

## KYLE MOISON

Shot Put			
15.44m	5th	Carolina Challenge	1/23/21
FOUL	---	Bob Pollock Invitational	1/30/21
15.26m	8th	South Carolina Invitational	2/6/21
14.48m	5th	USC Open	2/13/21
15.95m	2nd	UW Oshkosh	12/10/22

Weight Throw			
17.98m	4th	Carolina Challenge	1/23/21
18.37m	6th	Bob Pollock Invitational	1/29/21
17.87m	8th	South Carolina Invitational	2/6/21
17.74m	5th	USC Open	2/13/21
18.41m	15th	SEC Indoors	2/25/21
18.83m	2nd	Commodore Challenge	1/14/22
19.34m	5th	Carolina Challenge	1/22/22
19.28m	7th	Texas Tech Open & Multis	1/28/22
19.27m	2nd	USA Jaguar Invitational	2/6/22
19.00m	4th	Tiger Paw Invite	2/12/22
19.58m	9th	SEC Indoors	2/25/22
19.98m	3rd	UW Oshkosh	12/10/22
19.50m	6th	Clemson Invitational	1/13/23
20.16m	7th	Texas Tech Open & Multis	1/27/23
20.63m	1st	Tiger Paw Invite	2/10/23
20.81m	7th	SEC Indoors	2/24/23
20.60m	2nd	Harvey Glance Dual	1/11/24
20.86m	3rd	Razorback Invitational	1/26/24
20.87m	4th	Tiger Paw Invitational	2/9/24
21.53m	6th	SEC Indoors	2/23/24
19.32m	5th	Samford Invitational	1/17/25
19.36m	3rd	Orange & Purple Invitational	1/24/25
19.07m	6th	Tiger Paw Invitational	2/14/25
19.92m	17th	SEC Indoors	2/28/25

## ASANDE MTHEMBU

Long Jump			
7.49m	3rd	Orange & Purple Invitational	1/24/25
7.42m	3rd	Bob Pollock Invitational	1/31/25

## JOHN MURRAY

Heptathlon			
4209 pts	9th	South Carolina Invitational	2/5-6/21
5465 pts	6th	SEC Indoors	2/25-26/22
5624 pts	1st	Vanderbilt Invitational	1/20-21/23
DNF	---	SEC Indoors	2/24-25/23

60m			
7.50	---	South Carolina Invitational	2/5/21
7.05	---	SEC Indoors	2/25/22
6.96	---	Vanderbilt Invitational	1/20/23
7.02	---	SEC Indoors	2/24/23

1000m			
3:09.15	---	South Carolina Invitational	2/6/21
2:58.09	---	SEC Indoors	2/25/22
2:56.45	---	Vanderbilt Invitational	1/21/23

60m Hurdles			
9.38	---	South Carolina Invitational	2/6/21
8.27	---	Texas Tech Open & Multis	1/28/22
8.47	24th	Texas Tech Open & Multis	1/28/22
8.30	---	Tiger Paw Invite	2/11/22
8.32	---	SEC Indoors	2/26/22
8.44	16th	Clemson Invitational	1/13/23
8.39	---	Vanderbilt Invitational	1/21/23
8.55	---	Samford Invitational	1/17/25

High Jump			
1.91m	---	South Carolina Invitational	2/5/21
1.99m	---	SEC Indoors	2/25/22
1.97m	---	Vanderbilt Invitational	1/20/23
1.89m	---	SEC Indoors	2/24/23

Long Jump			
5.92m	10th	Bob Pollock Invitational	1/29/21
6.14m	---	South Carolina Invitational	2/5/21
6.76m	---	Tiger Paw Invite	2/11/22
6.64m	---	SEC Indoors	2/25/22
7.13m	10th	Clemson Invitational	1/13/23
7.33m	---	Vanderbilt Invitational	1/20/23
6.88m	---	SEC Indoors	2/24/23
6.63m	14th	Samford Invitational	1/17/25
7.11m	7th	Orange & Purple Invitational	1/24/25

Pole Vault			
2.20m	---	South Carolina Invitational	2/6/21
4.32m	17th	USA Jaguar Invitational	2/6/22
4.35m	---	SEC Indoors	2/26/22
4.10m	8th	Clemson Invitational	1/14/23
4.20m	---	Vanderbilt Invitational	1/21/23

Shot Put			
12.75	16th	Bob Pollock Invitational	1/30/21
14.13m	---	South Carolina Invitational	2/5/21
14.18m	---	Tiger Paw Invite	2/11/22
14.76m	---	SEC Indoors	2/25/22
15.16m	---	Vanderbilt Invitational	1/20/23
14.53m	---	SEC Indoors	2/24/23
14.98m	11th	Samford Invitational	1/17/25
15.61m	11th	Orange & Purple Invitational	1/25/25
14.95m	9th	Bob Pollock Invitational	2/1/25

# Men's Indoor Progressions

## IAN MYERS

60m			
6.72	9th	Clemson Invitational	1/13/23
6.69	---	Texas Tech Open & Multis	1/27/23
6.67	---	Texas Tech Open & Multis	1/27/23
6.72	5th	Texas Tech Open & Multis	1/27/23
6.77	---	Samford Invitational	1/17/25
6.77	11th	Samford Invitational	1/17/25
6.71	---	Bob Pollock Invitational	1/31/25
6.69	---	Bob Pollock Invitational	1/31/25
6.72	18th	SEC Indoors	2/28/25

200m			
21.37	6th	Clemson Invitational	1/14/23
DNF	---	Tiger Paw Invite	2/11/23
21.48	15th	Orange & Purple Invitational	1/25/25
21.07	6th	Bob Pollock Invitational	2/1/25
20.90	9th	Tiger Paw Invitational	2/15/25
DQ	---	SEC Indoors	2/27/25

## ISRAEL OKON

60m			
6.69	---	Samford Invitational	1/17/25
6.64	---	Samford Invitational	1/17/25
6.62	---	Tiger Paw Invitational	2/14/25
6.52	---	Tiger Paw Invitational	2/14/25
6.51	---	SEC Indoors	2/28/25
6.55	2nd	SEC Indoors	3/1/25

## JOSEPH PERRY

300m			
8:30.83	18th	Vanderbilt Invitational	1/21/23
8:58.35	17th	Harvey Glance Dual	1/11/24
8:36.93	8th	Samford Invitational	1/17/25

500m			
15:19.52	5th	Bob Pollock Invitational	1/31/25

## DAVIS PLOWDEN

600m			
1:20.84	10th	Clemson Invitational	1/13/23

800m			
1:54.49	17th	Vanderbilt Invitational	1/21/23
1:54.22	45th	Music City Challenge	2/11/23
1:52.23	4th	Vanderbilt Invitational	1/20/24
1:52.39	11th	Music City Invitational	2/10/24

## MATTHEW RAINER

400m			
50.91	30th	Music City Challenge B	2/11/23
50.88	37th	Vanderbilt Invitational	1/20/24
49.55	11th	Samford Invitational	1/17/25
48.62	37th	Tiger Paw Invitational	2/14/25

500m			
1:07.77	4th	Harvey Glance Dual	1/11/24

## LUKE ROBERTS

400m			
49.09	11th	Vanderbilt Invitational	1/21/23
48.61	4th	Music City Challenge B	2/11/23
49.03	14th	Vanderbilt Invitational	1/20/24
48.65	3rd	Samford Invitational	1/17/25
48.01	26th	SEC Indoors	3/1/25

500m			
1:03.87	3rd	Harvey Glance Dual	1/11/24

## MATTHEW RUEFF

Shot Put			
17.15m	4th	Clemson Invitational	1/14/23
17.02m	6th	Vanderbilt Invitational	1/21/23
16.52m	3rd	Texas Tech Open & Multis (B)	1/27/23
17.19m	10th	Tiger Paw Invite	2/11/23
17.65m	16th	SEC Indoors	2/25/23

17.70m	1st	Harvey Glance Dual	1/11/24
16.96m	5th	Vanderbilt Invitational	1/20/24
18.07m	8th	Razorback Invitational	1/27/24
18.00m	3rd	Tiger Paw Invitational	2/10/24
18.17m	8th	SEC Indoors	2/24/24
18.21m	1st	Samford Invitational	1/17/25
17.47m	7th	Orange & Purple Invitational	1/25/25
18.18m	1st	Bob Pollock Invitational	2/1/25
18.74m	5th	Tiger Paw Invitational	2/15/25
18.56m	7th	SEC Indoors	3/1/25

Weight Throw			
16.27m	7th	Clemson Invitational	1/13/23
16.11m	20th	Vanderbilt Invitational	1/20/23
17.03m	4th	Harvey Glance Dual	1/11/24

## KAYDEN SLAY

High Jump			
2.06m	2nd	Harvey Glance Dual	1/11/24
1.92m	10th	Vanderbilt Invitational	1/19/24
2.00m	T-20th	Tiger Paw Invitational	2/10/24
NH	---	SEC Indoors	2/24/24
2.02m	6th	Samford Invitational	1/17/25

## JAKOBE THARP

60m Hurdles			
7.85	1st	Harvey Glance Dual	1/11/24
7.90	10th	Razorback Invitational	1/27/24
7.60	---	Orange & Purple Invitational	1/24/25
7.62	---	Orange & Purple Invitational	1/24/25
7.66	---	Tiger Paw Invitational	2/14/25
7.53	2nd	Tiger Paw Invitational	2/14/25
7.60	---	SEC Indoors	2/28/25
7.48	1st	SEC Indoors	3/1/25

300m			
35.63	10th	Harvey Glance Dual	1/11/24



# Women's Indoor Progressions

## ADRIENNE ADAMS

Shot Put			
11.19m	25th	Rod McCravy Memorial	1/24-25/20
Weight Throw			
15.57m	6th	Clemson Elite	1/11/20
15.87m	22nd	Rod McCravy Memorial	1/24-25/20
14.77m	14th	Charlie Thomas Invitational	2/7-8/20
15.06m	21st	Tiger Paw Invitational	2/14-15/20
17.67m	13th	American Indoors	2/28-29/20
14.24m	10th	H-Town SpeedCity Series II	1/29/21
14.75m	10th	H-Town SpeedCity Series III	2/13/21
14.68m	18th	Hokie Invitational	1/21-22/22
14.94m	20th	Charlie Thomas Invitational	2/4-5/22
FOUL	---	American Indoors	2/25-26/22
17.47m	2nd	Vanderbilt Invitational	1/19/24
17.29m	15th	Razorback Invitational	1/26/24
18.67m	6th	Tiger Paw Invitational	2/9/24
19.60m	6th	SEC Indoors	2/23/24
19.39m	2nd	Samford Invitational	1/17/25
19.01m	4th	Orange & Purple Invitational	1/24/25
20.00m	2nd	Bob Pollock Invitational	1/31/25
19.77m	9th	Tiger Paw Invitational	2/14/25
21.41m	3rd	SEC Indoors	2/28/25

## SHELBY BALDING

Mile			
5:01.83	32nd	Vanderbilt Invitational	1/20/24
3000m			
10:06.66	5th	Harvey Glance Dual	1/11/24
10:00.30	19th	Music City Challenge	2/10/24

## CHANTE CLINKSCALE

60m			
7.44	---	Jim Green T&F Invite	1/14-15/22
7.46	---	Jim Green T&F Invite	1/14-15/22
7.43	1st	Jim Green T&F Invite	1/14-15/22
7.49	---	Gladstein Invitational	1/21-22/22
7.42	1st	Gladstein Invitational	1/21-22/22
7.51	---	Doug Raymond Qualifier	2/11-12/22
7.47	1st	Doug Raymond Qualifier	2/11-12/22
7.40	---	Atlantic 10 Indoors	2/26-27/22
7.33	1st	Atlantic 10 Indoors	2/26-27/22
7.39	10th	Clemson Invitational	1/13/23
7.32	---	Texas Tech Open & Multis	1/27/23
7.38	---	Texas Tech Open & Multis	1/27/23
7.54	8th	Texas Tech Open & Multis	1/27/23
7.36	---	Tiger Paw Invite	2/10/23
7.28	13th	Tiger Paw Invite	2/10/23
7.42	17th	SEC Indoors	2/24/23
7.35	2nd	Harvey Glance Dual	1/11/24
7.38	---	Vanderbilt Invitational	1/20/24
7.41	4th	Vanderbilt Invitational	1/20/24
7.42	16th	Razorback Invitational	1/27/24
7.31	---	Tiger Paw Invitational	2/9/24
7.31	15th	Tiger Paw Invitational	2/9/24
7.36	18th	SEC Indoors	2/23/24
7.34	---	Samford Invitational	1/17/25
7.39	---	Samford Invitational	1/17/25
7.38	---	Orange & Purple Invitational	1/24/25
7.39	---	Orange & Purple Invitational	1/24/25
7.39	5th	Orange & Purple Invitational	1/24/25
7.26	---	Bob Pollock Invitational	1/31/25
7.23	---	Bob Pollock Invitational	1/31/25
7.27	---	Tiger Paw Invitational	2/14/25

7.25	9th	Tiger Paw Invitational	2/14/25
DNF	---	SEC Indoors	2/28/25
200m			
24.54	1st	Gladstein Invitational	1/21-22/22
24.23	1st	Doug Raymond Qualifier	2/11-12/22
24.55	---	Atlantic 10 Indoors	2/26-27/22
24.27	1st	Atlantic 10 Indoors	2/26-27/22
23.97	6th	Clemson Invitational	1/14/23
23.56	6th	Texas Tech Open & Multis	1/28/23
23.47	27th	Tiger Paw Invite	2/11/23
24.04	28th	SEC Indoors	2/24/23
23.96	26th	Razorback Invitational	1/26/24
23.74	25th	Tiger Paw Invitational	2/10/24
24.03	26th	SEC Indoors	2/23/24
24.65	23rd	Orange & Purple Invitational	1/24/25
23.49	4th	Bob Pollock Invitational	2/1/25

## GENÈ COETZEE

Mile			
4:51.92	35th	Music City Invite	2/10/23
4:48.02	---	SEC Indoors	2/24/23
4:46.26	8th	SEC Indoors	2/25/23
4:50.06	4th	Razorback Invitational	1/26/24
4:47.84	12th	Music City Challenge	2/9/24
4:43.85	---	SEC Indoors	2/23/24
4:46.91	9th	SEC Indoors	2/24/24
4:45.67	4th	Orange & Purple Invitational	1/24/25
3000m			
9:40.45	17th	SEC Indoors	2/25/23
9:10.81	32nd	Hemery Valentine Invite	2/15/25
9:23.01	12th	SEC Indoors	3/1/25

## MARY MAC COLLINS

3000m			
10:16.96	12th	Razorback Invitational	1/27/24
10:01.07	37th	SEC Indoors	2/24/24

## OLIVIA COMINI

3000m			
11:56.95	37th	Samford Invitational	1/17/25

## AUDREY DUNN

Mile			
5:05.18	37th	Vanderbilt Invitational	1/20/24
3000m			
10:06.44	4th	Harvey Glance Dual	1/11/24
10:19.66	36th	Music City Challenge	2/10/24
9:40.68	2nd	Samford Invitational	1/17/25
10:02.61	11th	Tiger Paw Invitational	2/15/25

## CAMILA GOMES

800m			
2:09.67	4th	Orange & Purple Invitational	1/25/25
Mile			
4:38.18	2nd	Music City Challenge	2/9/24
4:42.38	---	SEC Indoors	2/23/24
4:46.91	9th	SEC Indoors	2/24/24
4:45.03	3rd	Orange & Purple Invitational	1/24/25
4:37.95	27th	Tiger Paw Invitational	2/15/25
4:47.85	1th	SEC Indoors	2/28/25

## PAULA GRAUVOGEL

Pentathlon			
3888 pts	10th	Texas Tech Open & Multis	1/26/23
DNF	---	SEC Indoors	2/24/23
3675 pts	3rd	Vanderbilt Invitational	1/19/24
4011 pts	2nd	SEC Indoors	2/23/24
60m Hurdles			
8.53	10th	Clemson Invitational	1/13/23
8.50	---	Texas Tech Open & Multis	1/26/23
8.54	---	SEC Indoors	2/25/23
8.59	---	Vanderbilt Invitational	1/19/24
8.83	11th	Vanderbilt Invitational	1/19/24
8.49	27th	Tiger Paw Invitational	2/9/24
8.42	---	SEC Indoors	2/23/24
Long Jump			
5.85m	8th	Clemson Invitational	1/13/23
5.81m	---	Texas Tech Open & Multis	1/26/23
5.58m	---	Vanderbilt Invitational	1/19/24
5.66m	33rd	Tiger Paw Invitational	2/9/24
5.89m	---	SEC Indoors	2/23/24
High Jump			
1.69m	6th	Clemson Invitational	1/14/23
1.72m	---	Texas Tech Open & Multis	1/26/23
NH	---	SEC Indoors	2/24/23
1.61m	---	Vanderbilt Invitational	1/19/24
NH	---	Tiger Paw Invitational	2/10/24
1.65m	---	SEC Indoors	2/23/24
Shot Put			
10.83m	---	Texas Tech Open & Multis	1/26/23
10.65m	---	Vanderbilt Invitational	1/19/24
11.01m	20th	Tiger Paw Invitational	2/10/24
11.12m	---	SEC Indoors	2/23/24
800m			
2:36.30	---	Texas Tech Open & Multis	1/26/23
2:34.60	---	Vanderbilt Invitational	1/19/24
2:24.59	---	SEC Indoors	2/23/24

# Women's Indoor Progressions

## MEGAN HAGUE

Shot Put			
13.88m	5th	Clemson Invitational	1/14/23
13.88m	24th	Tiger Paw Invite	2/11/23
14.97m	3rd	Harvey Glance Dual	1/11/24
15.32m	4th	Vanderbilt Invitational	1/20/24
14.73m	13th	Razorback Invitational	1/27/24
15.70m	2nd	Tiger Paw Invitational	2/10/24
16.48m	3rd	Samford Invitational	1/17/25
16.67m	2nd	Orange & Purple Invitational	1/25/25
16.41m	1st	Bob Pollock Invitational	2/1/25
16.86m	1st	Tiger Paw Invitational	2/15/25
17.37m	5th	SEC Indoors	3/1/25
Weight Throw			
12.83m	11th	Clemson Invitational	1/13/23
17.16m	3rd	Harvey Glance Dual	1/11/24
16.17m	5th	Vanderbilt Invitational	1/19/24
14.73m	21st	Razorback Invitational	1/26/24
15.54m	10th	SEC Indoors	2/24/24

## ASHANTAE HARVEY

200m			
25.07	9th	Red Raider Open	1/21/22
25.01	1st	Region VI/KJCCC Invite	1/30/22
24.71	---	Region VI Indoors	2/19-20/22
24.79	3rd	Region VI Indoors	2/19-20/22
400m			
55.26	33rd	Tyson Invitational	2/11-12/22
55.85	---	NJCAA Indoors	3/4-5/22
54.68	3rd	NJCAA Indoors	3/4-5/22
55.58	58th	Tiger Paw Invite	2/10/23
56.07	17th	Bob Pollock Invitational	1/31/25
60m Hurdles			
9.26	12th	Ted Nelson Invitational	1/14/22
9.11	18th	Red Raider Open	1/21/22
8.96	---	Region VI/KJCCC Invite	1/30/22
8.76	2nd	Region VI/KJCCC Invite	1/30/22
8.77	---	Region VI Indoors	2/19-20/22
8.82	2nd	Region VI Indoors	2/19-20/22
8.86	9th	NJCAA Indoors	3/4-5/22
8.69	2nd	Harvey Glance Dual	1/11/24

## RHIANNON HELD

Pole Vault			
3.70	6th	Commodore Challenge	1/14/22
3.65m	6th	Carolina Challenge	1/22/22
3.82m	1st	Texas Tech Open & Multis	1/29/22
3.74m	7th	Tiger Paw Invite	2/12/22
NH	---	SEC Indoors	2/26/22
NH	---	Vanderbilt Invitational	1/21/23
3.81m	16th	SEC Indoors	2/24/23
3.72m	3rd	Harvey Glance Dual	1/11/24
3.82m	T-5th	Vanderbilt Invitational	1/20/24
3.83m	T-14th	Razorback Invitational	1/26/24
3.95m	4th	Tiger Paw Invitational	2/9/24
4.12m	T-6th	SEC Indoors	2/23/24
4.07m	1st	Samford Invitational	1/17/25
4.02m	5th	Orange & Purple Invitational	1/24/25
3.93m	4th	Bob Pollock Invitational	1/31/25
4.14m	6th	Tiger Paw Invitational	2/14/25
4.11m	T-8th	SEC Indoors	3/1/25

## HAILEY HOWARD

3000m			
10:14.52	9th	Samford Invitational	1/17/25

## MAURA HUWALT

Shot Put			
14.07m	11th	UAB Blazer Invitational	1/10/20
14.28m	16th	Vanderbilt Invitational	1/18/20
14.36m	9th	Bob Pollock Invitational	1/24/20
13.99m	10th	Razorback Invitational	2/1/20
14.22m	13th	Tiger Paw Invitational	2/15/20
14.61m	15th	SEC Indoors	2/28/20
15.45m	5th	Carolina Challenge	1/23/21
15.56m	1st	Bob Pollock Invitational	1/30/21
16.41m	1st	South Carolina Invitational	2/6/21
15.59m	1st	USC Open	2/13/21
15.48m	10th	SEC Indoors	2/27/21
15.33m	6th	Commodore Challenge	1/15/22
14.96m	6th	Carolina Challenge	1/21/22
14.98m	7th	Texas Tech Open & Multis	1/29/22
15.19m	2nd	USA Jaguar Invitational	2/6/22
15.54m	9th	Tiger Paw Invite	2/12/22
15.83m	8th	SEC Indoors	2/25/22
16.32m	1st	UW-Oshkosh Early Bird	12/10/22
17.29m	1st	Clemson Invitational	1/14/23
16.77m	2nd	Vanderbilt Invitational	1/21/23
15.76m	6th	Texas Tech Open & Multis	1/28/23
16.56m	4th	Tiger Paw Invite	2/11/23
16.74m	8th	SEC Indoors	2/25/23
16.17m	4th	Samford Invitational	1/17/25
15.87m	3rd	Orange & Purple Invitational	1/25/25
16.31m	2nd	Bob Pollock Invitational	2/1/25
15.69m	5th	Charlie Thomas Invitational	2/8/25
15.96m	3rd	Tiger Paw Invitational	2/15/25
16.60m	9th	SEC Indoors	3/1/25
Weight Throw			
14.85m	19th	UAB Blazer Invitational	1/10/20
15.21m	8th	Bob Pollock Invitational	1/25/20
15.62m	19th	Razorback Invitational	1/31/20
15.90m	18th	Tiger Paw Invitational	2/14/20
17.13m	6th	Carolina Challenge	1/23/21
17.69m	7th	Bob Pollock Invitational	1/29/21
18.90m	7th	South Carolina Invitational	2/6/21
18.77m	2nd	USC Open	2/13/21
18.24m	11th	SEC Indoors	2/25/21
18.64m	6th	Commodore Challenge	1/14/22
20.00m	3rd	Carolina Challenge	1/22/22
20.34m	3rd	Texas Tech Open & Multis	1/28/22
20.31m	3rd	USA Jaguar Invitational	2/6/22
18.71m	8th	Tiger Paw Invite	2/11/22
20.29m	8th	SEC Indoors	2/26/22
20.67m	2nd	UW-Oshkosh Early Bird	12/10/22
20.23m	3rd	Clemson Invitational	1/13/23
20.66m	6th	Vanderbilt Invitational	1/20/23
21.09m	2nd	Texas Tech Open & Multis	1/27/23
21.28m	3rd	Tiger Paw Invite	2/10/23
21.88m	5th	SEC Indoors	2/25/23
20.15m	1st	Samford Invitational	1/17/25
21.01m	1st	Orange & Purple Invitational	1/24/25
22.27m	1st	Bob Pollock Invitational	1/31/25
21.31m	1st	Charlie Thomas Invitational	2/7/25
21.33m	5th	Tiger Paw Invitational	2/14/25
20.99m	4th	SEC Indoors	2/28/25

## BRENDA JEPCHIRCHIR

3000m			
9:08.37	2nd	Orange & Purple Invitational	1/25/25
9:14.71	6th	SEC Indoors	3/1/25

5000m			
15:35.36	19th	Colyear-Danville Opener	12/7/24
15:45.33	21st	Hemery Valentine Invite	2/15/25
15:33.37	5th	SEC Indoors	2/27/25

## VIMBAYI MAISVOREWA

200m			
24.62	2nd	Ichabod Mid-Week Challenge	2/9/23
24.84	---	Region VI Indoors	2/18-19/23
24.81	3rd	Region VI Indoors	2/18-19/23
DNF	---	NJCAA Indoors	3/3-4/23
23.97	10th	Bob Pollock Invitational	2/1/25

300m			
37.75	1st	Harvey Glance Dual	1/11/24

400m			
56.47	2nd	Washburn All-Kansas Invite	1/22/22
55.66	5th	Frank Sevigne Invitational	2/4-5/22
54.65	1st	Region VI Indoors	2/19-20/22
54.47	---	NJCAA Indoors	3/4-5/22
53.86	2nd	NJCAA Indoors	3/4-5/22
DQ	---	Graduate Classic	1/13-14/23
55.62	1st	Washburn Rust Buster	1/21/23
55.67	2nd	Frank Sevigne Invitational	2/3-4/23
55.58	2nd	Region VI Indoors	2/18-19/23
54.56	---	NJCAA Indoors	3/3-4/23
53.50	1st	NJCAA Indoors	3/3-4/23
52.42	8th	Razorback Invitational	1/27/24
52.76	12th	Tiger Paw Invitational	2/9/24
52.16	---	SEC Indoors	2/23/24
52.72	6th	SEC Indoors	2/24/24
53.29	14th	NCAA Indoors	3/8/24
53.15	2nd	Orange & Purple Invitational	1/24/25
52.21	2nd	Bob Pollock Invitational	1/31/25
52.69	15th	Tiger Paw Invitational	2/14/25
51.55	---	SEC Indoors	2/28/25
53.22	7th	SEC Indoors	3/1/25

600m			
1:36.23	1st	Region VI/KJCCC Invite	1/30/22
1:38.11	7th	Graduate Classic	1/13-14/23
1:35.13	4th	Frank Sevigne Invitational	2/3-4/23

## MARY KATHERINE MALONE

Mile			
5:25.86	26th	Samford Invitational	1/17/25
5:10.84	27th	Bob Pollock Invitational	1/31/25

## HAILEY MARSTON

Mile			
5:06.32	26th	Vanderbilt Invitational	1/21/23
4:59.98	66th	Music City Challenge	2/10/23
5:04.36	36th	Vanderbilt Invitational	1/20/24
5:08.89	89th	Music City Challenge	2/9/24
5:13.99	33rd	Bob Pollock Invitational	1/31/25

# Women's Indoor Progressions

## SANIYA MATTHEWS

<b>800m</b>			
2:20.59	12th	Samford Invitational	1/17/25

## AVA MCINTOSH

<b>3000m</b>			
10:21.91	39th	Music City Challenge	2/10/24
10:41.04	20th	Samford Invitational	1/17/25

## CADY MCPHAIL

<b>800m</b>			
2:15.85	16th	Orange & Purple Invitational	1/25/25

<b>Mile</b>			
5:02.45	28th	Razorback Invitational	1/27/24
4:50.98	13th	Orange & Purple Invitational	1/24/25
4:54.88	114th	Hemery Valentine Invite	2/15/25
4:58.57	27th	SEC Indoors	2/28/25

<b>1000m</b>			
2:54.90	14th	Vanderbilt Invitational	1/19/24

## PRESLEY MILES

<b>800m</b>			
2:24.59	38th	Vanderbilt Invitational	1/19/24
DNF	---	Samford Invitational	1/17/25

<b>1000m</b>			
3:16.73	6th	Harvey Glance Dual	1/11/24

## DANAE NEMBARD

<b>60m</b>			
7.70	22nd	Texas Tech Open	1/26-28/23
7.52	---	Region VI Indoors	2/18-19/23
7.59	2nd	Region VI Indoors	2/18-19/23
7.53	---	NJCAA Indoors	3/3-4/23
8.11	8th	NJCAA Indoors	3/3-4/23

<b>200m</b>			
25.65	7th	Ted Nelson Invitational	1/14/22
25.56	15th	Red Raider Open	1/21/22
DNF	---	Region VI/KJCCC Invite	1/30/22

<b>400m</b>			
1:02.66	30th	2023 Graduate Classic	1/13-14/23

<b>60m Hurdles</b>			
8.96	---	Ted Nelson Invitational	1/14/22
8.78	3rd	Ted Nelson Invitational	1/14/22
8.77	---	Washburn Rust Buster	1/21/23
8.63	2nd	Washburn Rust Buster	1/21/23
8.61	---	Texas Tech Open	1/26-28/23
8.51	---	Texas Tech Open	1/26-28/23
8.46	8th	Texas Tech Open	1/26-28/23
8.45	10th	Tyson Invitational	2/10-11/23
8.59	---	Region VI Indoors	2/18-19/23
8.29	2nd	Region VI Indoors	2/18-19/23
8.37	---	NJCAA Indoors	3/3-4/23
8.24	1st	NJCAA Indoors	3/3-4/23
8.37	1st	Harvey Glance Dual	1/11/24
8.55	---	Vanderbilt Invitational	1/20/24

8.35	2nd	Vanderbilt Invitational	1/20/24
8.33	10th	Razorback Invitational	1/27/24
8.44	23rd	Tiger Paw Invitational	2/9/23
8.26	10th	SEC Indoors	2/23/24

## DEBORAH OKE

<b>200m</b>			
24.00	12th	Bob Pollock Invitational	2/1/25

<b>400m</b>			
54.63	35th	Tiger Paw Invitational	2/9/24
54.44	7th	Orange & Purple Invitational	1/25/25
53.44	4th	Bob Pollock Invitational	1/31/25
53.93	24th	Tiger Paw Invitational	2/14/25

## MACKENZIE PATTEN

<b>Weight Throw</b>			
12.27m	21st	GVSU Snowdown Showdown	2/5-6/21
12.88m	15th	Indiana State Invitational	2/13/21
12.99m	19th	MVC Indoors	2/26-28/21
14.21m	8th	Blue & Gold Invitational	12/3/21
14.23m	1st	GVSU Bob Eubanks Open	1/15/22
14.51m	3rd	Mastodon Invitational	1/22/22
14.84m	6th	GVSU Bill Clinger Classic	1/28-29/22
14.81m	21st	Meyo Invitational	2/4-5/22
14.51m	5th	Windy City Rumble	2/5/22
16.53m	1st	ISU Open	2/19/22
14.58m	15th	MVC Indoors	2/27-28/22
16.26m	4th	Harvey Glance Dual	1/11/24
16.21m	4th	Vanderbilt Invitational	1/19/24

## HALLIE PORTERFIELD

<b>Mile</b>			
4:59.21	4th	Commodore Challenge	1/15/22
4:58.74	5th	Carolina Challenge	1/22/22
4:55.15	3rd	Tiger Paw Invite	2/12/22
4:48.53	12th	SEC Indoors	2/25/22
4:51.49	3rd	Vanderbilt Invitational	1/21/23
4:52.93	9th	Bob Pollock Invitational	1/31/25

<b>3000m</b>			
9:56.42	3rd	USA Jaguar Invitational	2/6/22
9:33.92	24th	SEC Indoors	2/26/22
9:36.15	18th	Music City Challenge	2/11/23
10:14.20	37th	SEC Indoors	2/25/23
9:43.80	12th	Orange & Purple Invitational	1/25/25
9:44.38	4th	Tiger Paw Invitational	2/15/25

<b>5000m</b>			
17.34.90	17th	SEC Indoors	2/24/23

## ALYSSA QUINONES-MIXON

<b>Pole Vault</b>			
4.05m	1st	Clemson Invitational	1/13/23
3.88m	4th	Texas Tech Open & Multis	1/28/23
3.90m	11th	Tiger Paw Invite	2/10/23
3.96m	8th	SEC Indoors	2/24/23
4.28m	3rd	Razorback Invitational	1/27/24
3.95m	T-11th	Tiger Paw Invitational (Inv)	2/9/24
4.12m	T-6th	SEC Indoors	2/23/24
4.17m	2nd	Orange & Purple Invitational	1/24/25
4.38m	T-1st	Bob Pollock Invitational	1/31/25
4.44m	1st	Tiger Paw Invitational	2/14/25
4.36m	4th	SEC Indoors	3/1/25

## MARLEY RAIKIWASA

<b>Shot Put</b>			
15.37m	3rd	Vanderbilt Invitational	1/20/24
14.90m	11th	Razorback Invitational	1/27/24
15.26m	5th	Tiger Paw Invitational	2/10/24
16.07m	9th	SEC Indoors	2/24/24
16.82m	2nd	Samford Invitational	1/17/25
15.70m	4th	Orange & Purple Invitational	1/25/25
15.75m	4th	Charlie Thomas Invitational	2/8/25
15.82m	7th	Tiger Paw Invitational	2/15/25
16.60m	10th	SEC Indoors	3/1/25

## ZURIEL REED

<b>400m</b>			
55.14	43rd	Tiger Paw Invitational	2/9/24
56.35	14th	Orange & Purple Invitational	1/24/25
55.99	17th	Bob Pollock Invitational	1/31/25

## NEDRA RICHARDSON

<b>60m</b>			
8.40	58th	Vanderbilt Invitational	1/20/24
7.58	---	Bob Pollock Invitational	1/31/25
7.59	17th	Bob Pollock Invitational	1/31/25

<b>Long Jump</b>			
5.99m	2nd	Orange & Purple Invitational	1/24/25
5.44m	34th	Tiger Paw Invitational	2/14/25
5.77m	22nd	SEC Indoors	2/27/25

# Women's Indoor Progressions

## SAMANTHA ROGERS

<b>800m</b>			
2:18.80	16th	Carolina Challenge	1/23/21
2:20.04	24th	South Carolina Invitational	2/6/21
2:21.18	7th	USC Open	2/13/21
<b>Mile</b>			
5:05.00	16th	South Carolina Invitational	2/6/21
4:57.96	2nd	USC Open	2/13/21
DNF	---	SEC Indoors	2/26/21
5:05.70	9th	USA Jaguar Invitational	2/6/22
5:12.06	14th	Tiger Paw Invite	2/12/22
<b>3000m</b>			
10:06.19	22nd	Music City Challenge	2/10/24
10:27.00	35th	Orange & Purple Invitational	1/24/25

## GRAYSON SCOTT

<b>High Jump</b>			
1.68m	1st	Carolina Challenge	1/22/22
1.62m	17th	Texas Tech Open & Multis	1/29/22
1.57m	31st	Tiger Paw Invite	2/12/22
NH	--	SEC Indoors	2/26/22

## HANNAH THUSS

<b>Mile</b>			
5:08.08	7th	Commodore Challenge	1/15/22
<b>3000m</b>			
10:20.27	10th	USA Jaguar Invitational	2/6/22
10:06.94	6th	Harvey Glance Dual	1/11/24
10:13.83	29th	Vanderbilt Invitational	1/20/24
10:00.18	17th	Music City Challenge	2/10/24
10:16.71	10th	Samford Invitational	1/17/25
10:09.70	24th	Bob Pollock Invitational	2/1/25

## ANA-LIESE TORIAN

<b>60m</b>			
7.77	---	BSC Panther Icebreaker	12/1/23
7.67	3rd	BSC Panther Icebreaker	12/1/23
<b>60m Hurdles</b>			
8.50	---	BSC Panther Icebreaker	12/1/23
8.78	2nd	BSC Panther Icebreaker	12/1/23
8.46	---	Vanderbilt Invitational	1/19-20/24
8.35	1st	Vanderbilt Invitational	1/19-20/24
8.91	12th	SWAC Indoors	2/17-18/24
8.30	---	Orange & Purple Invitational	1/24/25
8.27	---	Orange & Purple Invitational	1/24/25
8.27	---	Tiger Paw Invitational	2/14/25
8.25	20th	Tiger Paw Invitational	2/14/25
8.13	---	SEC Indoors	2/28/25
8.07	4th	SEC Indoors	3/1/25

## BROOKE WALDEN

<b>Pole Vault</b>			
3.57m	T-4th	Harvey Glance Dual	1/11/24
3.80m	1st	Vanderbilt Invitational (Open)	1/20/24
3.83m	T-20th	Razorback Invitational	1/26/24
3.80m	7th	Tiger Paw Invitational	2/9/24
3.97m	T-15th	SEC Indoors	2/23/24
3.82m	7th	Samford Invitational	1/17/25
3.72m	16th	Orange & Purple Invitational	1/24/25
3.80m	T-3rd	Tiger Paw Invitational	2/14/25
NH	---	SEC Indoors	3/1/25

## ALEXANDREA WALSH

<b>3000m</b>			
10:05.16	6th	Samford Invitational	1/17/25
9:58.69	9th	Tiger Paw Invitational	2/15/25

## LUCI WILLIAMS

<b>Mile</b>			
5:27.16	28th	Samford Invitational	1/17/25

# Men's Indoor Personal Bests

## **KANYINOLA AJAYI (Sophomore, Sprints)**

60m Indoor – 6.51 (2025 Tiger Paw Invitational)

## **SETH ALLEN (Junior, Throws)**

Weight Throw Indoor – 19.78m/64-10.75 (2025 SEC Indoors)

## **FUJI ANDAY (Senior, Distance)**

Mile Indoor – 4:19.50 (2022 Hokie Invitational)

3000m Indoor – 8:23.55 (2022 SEC Indoors)

5000m Indoor – 14:26.09 (2022 SEC Indoors)

## **BENSON ATKINS (Senior, Distance)**

1000m Indoor – 2:31.98 (2023 Vanderbilt Invitational)

3000m Indoor – 8:28.18 (2024 Music City Challenge)

## **COOPER ATKINS (Senior, Distance)**

800m Indoor – 1:52.04 (2025 Orange & Purple Invitational)

1000m Indoor – 2:25.84 (2024 Harvey Glance Dual)

Mile Indoor – 4:02.42 (2025 Tiger Paw Invitational)

3000m Indoor – 8:12.00 (2025 SEC Indoors)

## **JAY AVERY (Sophomore, Jumps)**

High Jump Indoor – 2.011m/6-7 (2024 Ted Nelson Invite)

Long Jump Indoor – 7.42m/24-4.25 (2024 Ted Nelson Invite)

## **CARSON BEDICS (Senior, Distance)**

3000m Indoor – 8:10.38 (2024 Razorback Invitational)

5000m Indoor – 14:20.01 (2024 SEC Indoors)

## **LEBRON BESSICK (Junior, Sprints)**

200m Indoor – 21.45 (2023 Tiger Paw Invite)

300m Indoor – 33.44 (2023 Clemson Invitational)

400m Indoor – 46.85 (2023 Tiger Paw Invite)

## **KYLE BROWN (Senior, Throws)**

Weight Throw Indoor – 22.44/73-7.5 (2023 NCAA Indoor Championships)

## **MAKANAKAISHE CHARAMBA (Senior, Sprints)**

60m Indoor – 6.72 (2024 Harvey Glance Dual; 2023 South Atlantic Indoors)

200m Indoor – 20.13 (2025 SEC Indoors)

\*\*\* AUBURN SCHOOL RECORD & SEC MEET RECORD \*\*\*

300m Indoor – 33.52 (2024 Harvey Glance Dual)

## **NICKSON CHEBII (Sophomore, Distance)**

Mile Indoor – 4:09.89 (2025 David Hemery Valentine Invitational)

3000m Indoor – 8:19.39 (2024 SEC Indoors)

5000m Indoor – 13:38.16 (2024 Sharon Colyear-Danville Season Opener)

\*\*\* AUBURN SCHOOL RECORD \*\*\*

## **MATTHEW CLESS (Junior, Multis)**

60m Indoor – 7.07 (2023 Clemson Invitational)

High Jump Indoor – 2.07m/6-9.5 (2024 Razorback Invitational)

## **AARON DAVIS II (Junior, Jumps)**

Long Jump Indoor – 7.63m/25-0.5 (2024 Razorback Invitational)

## **TYLER DAVIS (Senior, Sprints)**

60m Indoor – 6.64 (2022 Bob Pollock Invitational)

200m Indoor – 20.72 (2021 NCAA Indoors)

300m Indoor – 33.97 (2024 Harvey Glance Dual)

## **AZEEM FAHMI (Junior, Sprints)**

60m Indoor – 6.56 (2025 SEC Indoors)

200m Indoor – 1.63 (2025 Bob Pollock Invitational)

## **REX GREEN (Junior, Distance)**

800m Indoor – 1:51.07 (2025 Tiger Paw Invitational)

1000m Indoor – 2:25.04 (2023 Clemson Invitational)

Mile Indoor – 4:22.50 (2023 Vanderbilt Invitational)

## **GRANT GRIFFIN (Sophomore, Throws)**

Shot Put Indoor – 17.46m/57-3.5 (2023 Vanderbilt Invitational)

Weight Throw Indoor – 16.09m/52-9.5 (2024 Harvey Glance Dual)

## **MAX HARDIN (Sophomore, Distance)**

Mile Indoor – 3:57.67 (2025 David Hemery Valentine Invitational)

\*\*\* AUBURN SCHOOL RECORD \*\*\*

3000m Indoor – 8:04.79 (2024 SEC Indoors)

## **EVAN HILL (Sophomore, Distance)**

3000m Indoor – 8:3.43 (2024 Music City Challenge)

5000m Indoor – 14:36.91 (2024 SEC Indoors)

## **HAYDEN JUDGE (Junior, Distance)**

3000m Indoor – 8:18.00 (2025 Bob Pollock Invitational)

## **JOHN LEONARD (Junior, Throws)**

Weight Throw Indoor – 21.28m/69-9.75 (2025 SEC Indoors)

## **DARIO MATAU (Senior, Sprints)**

60m Indoor – 6.66 (2023 NCAA Division II Indoors)

200m Indoor – 20.60 (2025 SEC Indoors)

300m Indoor – 34.80 (2024 Harvey Glance Dual)

400m Indoor – 50.46 (2022 U of SC Indoor Open)

## **KYLE MOISON (Senior, Throws)**

Shot Put Indoor – 15.95m/52-4 (2022 UW-Oshkosh Early Bird)

Weight Throw Indoor – 21.53m/70-7.75 (2024 SEC Indoors)

## **ASANDE MTHEMBU (Freshman, Jumps)**

Long Jump Indoor – 7.49m/24-7 (2025 Orange & Purple Invitational)

## **JOHN MURRAY (Senior, Multis)**

60m Indoor – 6.96 (2023 Vanderbilt Invitational)

60m Hurdles Indoor – 8.27 (2022 Texas Tech Open & Multis)

1000m Indoor – 2:56.45 (2023 Vanderbilt Invitational)

High Jump Indoor – 1.99m/6-6.25 (2022 SEC Indoors)

Long Jump Indoor – 7.33m/24-0.75 (2023 Vanderbilt Invitational)

Pole Vault Indoor – 4.35m/14-3.25 (2022 SEC Indoors)

Shot Put Indoor – 15.61m/51-2.75 (2025 Orange & Purple Invitational)

Heptathlon Indoor – 5624 pts (2023 Vanderbilt Invitational)

## **IAN MYERS (Junior, Sprints)**

60m Indoor – 6.66 (2025 Tiger Paw Invitational)

200m Indoor – 20.90 (2025 Tiger Paw Invitational)

## **ISRAEL OKON (Freshman, Sprints)**

60m Indoor – 6.51 (2025 SEC Indoors)

\*\*\* AUBURN SCHOOL FRESHMAN RECORD \*\*\*

\*\*\* WORLD U20 RECORD \*\*\*

# Men's Indoor Personal Bests

---

## **JOSEPH PERRY (Junior, Distance)**

3000m Indoor – 8:27.22 (2023 Music City Challenge)

5000m Indoor – 15:19.52 (2025 Bob Pollock Invitational)

## **DAVIS PLOWDEN (Junior, Distance)**

600m Indoor – 1:20.74 (2023 Clemson Invite)

800m Indoor – 1:52.23 (2024 Vanderbilt Invitational)

## **MATTHEW RAINER (Junior, Sprints)**

400m Indoor – 48.62 (2025 Tiger Paw Invitational)

500m Indoor – 1:07.77 (2024 Harvey Glance Dual)

## **LUKE ROBERTS (Senior, Hurdles)**

400m Indoor – 48.61 (2023 Music City Challenge)

500m Indoor – 1:03.03 (2024 Harvey Glance Dual)

## **MATTHEW RUEFF (Junior, Throws)**

Shot Put Indoor – 18.21m/59-9 (2025 Samford Invitational)

Weight Throw Indoor – 18.74m/61-5.75 (2025 Tiger Paw Invitational)

## **KAYDEN SLAY (Sophomore, Jumps)**

High Jump Indoor – 2.06m/6-9 (2024 Harvey Glance Dual)

## **JAKOBE THARPE (Sophomore, Sprints/Hurdles)**

60m Hurdles Indoor – 7.48 (2025 SEC Indoors)

\*\*\* AUBURN SCHOOL RECORD & SEC MEET RECORD \*\*\*

300m Indoor – 35.63 (2024 Harvey Glance Dual)

# Women's Indoor Personal Bests

## **ADRIENNE ADAMS (Senior, Throws)**

Shot Put Indoor – 11.19m/36-8.5 (2020 Rod McCravy Memorial)  
Weight Throw Indoor – 21.41m/70-3 (2025 SEC Indoors)

## **SHELBY BALDING (Sophomore, Distance)**

3000m Indoor – 10:00.30 (2024 Music City Challenge)  
Mile Indoor – 5:01.83 (2024 Vanderbilt Invitational)

## **CHANTE CLINKSCALE (Senior, Sprints)**

60m Indoor – 7.23 (2025 Bob Pollock Invitational)  
200m Indoor – 23.47 (2023 Tiger Paw Invite)

## **GENE COETZEE (Junior, Distance)**

Mile Indoor – 4:43.85 (2024 SEC Indoor Championships)  
3000m Indoor – 9:10.81 (2025 David Hemery Valentine Invitational)

## **MARY MAC COLINS (Sophomore, Distance)**

3000m Indoor – 10:01.07 (2024 SEC Indoors)

## **OLIVIA COMINI (Sophomore, Distance)**

3000m Indoor – 11:56.95 (2025 Samford Invitational)

## **AUDREY DUNN (Sophomore, Distance)**

3000m Indoor – 9:40.68 (2025 Samford Invitational)  
Mile Indoor 5:05.18 (2024 Vanderbilt Invitational)

## **CAMILA GOMES (Sophomore, Distance)**

800m Indoor – 2:09.67 (2025 Orange & Purple Invitational)  
Mile Indoor – 4:37.95 (2025 David Hemery Valentine Invitational)

## **PAULA GRAUVOGEL (Junior, Multis)**

60m Hurdles Indoor – 8.42 (2024 SEC Indoors)  
High Jump Indoor – 1.72m/5-7.75 (2023 Texas Tech Open)  
Shot Put Indoor – 11.12m/36-5.75 (2024 SEC Indoors)  
Long Jump Indoor – 5.89m/19-4 (2024 SEC Indoors)  
800m Indoor – 2:24.59 (2024 SEC Indoors)  
Pentathlon Indoor – 4011 (2024 SEC Indoors)

## **MEGAN HAGUE (Junior, Throws)**

Shot Put Indoor – 17.37m/57-0 (2025 SEC Indoors)  
Weight Throw Indoor – 17.16m/56-3.75 (2024 Harvey Glance Dual)

## **ASHANTAE HARVEY (Senior, Sprints)**

60m Hurdles Indoor – 8.72 (2024 Vanderbilt Invitational)  
200m Indoor – 24.71 (2022 Region IV Indoors)  
400m Indoor – 55.26 (2022 Tyson Invite)

## **RHIANNON HELD (Senior, Pole Vault)**

Pole Vault Indoor – 4.14m/13-7 (2025 Tiger Paw Invitational)

## **HAILEY HOWARD (Junior, Distance)**

3000m Indoor – 10:14.52 (2025 Samford Invitational)

## **MAURA HUWALT (Senior, Throws)**

Shot Put Indoor – 17.29m/56-8.75 (2023 Clemson Invitational)  
Weight Throw Indoor – 22.27m/73-0.75 (2025 Bob Pollock Invitational)

## **BRENDA JEPCHIRCHIR (Freshman, Distance)**

3000m Indoor – 9:08.37 (2025 Orange & Purple Invitational)  
\*\*\* AUBURN FRESHMAN RECORD \*\*\*  
5000m Indoor – 15:33.37 (2025 SEC Indoors)  
\*\*\* AUBURN SCHOOL & FRESHMAN RECORD \*\*\*

## **VIMBAYI MAISVOREWA (Senior, Sprints)**

200m Indoors – 23.97 (2025 Bob Pollock Invitational)  
300m Indoors – 37.75 (2024 Harvey Glance Dual)  
400m Indoors – 51.55 (2025 SEC Indoors)  
\*\*\* AUBURN SCHOOL RECORD \*\*\*  
600m Indoors – 1:35.13 (2023 Frank Sevigne Husker Invite)

## **MARY KATHERINE MALONE (Freshman, Distance)**

Mile Indoor – 5:10.84 (2025 Bob Pollock Invitational)

## **HAILEY MARSTON (Junior, Distance)**

Mile Indoor – 4:59.98 (2023 Music City Challenge)

## **SANIYA MATHEW (Sophomore, Distance)**

800m Indoor – 2:20.59 (2025 Samford Invitational)

## **AVA McINTOSH (Sophomore, Distance)**

3000m Indoor – 10:21.91 (2024 Music City Challenge)

## **CADY McPHAIL (Sophomore, Distance)**

800m Indoor – 2:15.85 (2025 Orange & Purple Invitational)  
1000m Indoor – 2:54.90 (2024 Vanderbilt Invitational)  
Mile Indoor – 4:50.98 (2025 Orange & Purple Invitational)

## **PRESLEY MILES (Senior, Distance)**

1000m Indoor – 3:16.73 (2024 Harvey Glance Dual)  
800m Indoor – 2:24.59 (2024 Vanderbilt Invitational)

## **ANSLEY MURPHY (Freshman, Pole Vault)**

Pole Vault Indoor – 3.52m/11-6.5 (2025 Samford Invitational)

## **DANAE NEMBHARD (Senior, Sprints/Hurdles)**

60m Indoors-7.52 (2023 Region VI Indoors)  
200m Indoors-25.56 (2022 Red Raider Open)  
400m Indoors-1:02.66 (2022 Louisiana Classic)  
60m Hurdles Indoors-8.24 (2023 NJCAA Indoors)

## **DEBORAH OKE (Sophomore, Sprints)**

200m Indoor – 24.00 (2025 Bob Pollock Invitational)  
400m Indoor – 53.44 (2025 Bob Pollock Invitational)

## **HALLIE PORTERFIELD (Junior, Distance)**

Mile Indoor – 4:48.53 (2022 SEC Indoors)  
3000m Indoor – 9:36.15 (2023 Music City Challenge)  
5000m Indoor – 17:34.90 (2023 SEC Indoor Championships)

## **ALYSSA QUINONES-MIXON (Junior, Pole Vault)**

Pole Vault Indoor – 4.44m/14-6.75 (2025 Tiger Paw Invitational)

## **MARLEY RAIKIWASA (Sophomore, Throws)**

Shot Put Indoor – 16.82m/55-2.25 (2025 Samford Invitational)

## **ZURIEL REED (Sophomore, Sprints)**

400m Indoor – 55.14 (2024 Tiger Paw Invitational)

# Women's Indoor Personal Bests

---

## **NEDRA RICHARDSON (Sophomore, Sprints)**

60m Indoor – 7.59 (2025 Bob Pollock Invitational)  
Long Jump Indoor – 5.99m/19-8 (2025 Orange & Purple Invitational)

## **SAMANTHA ROGERS (Senior, Distance)**

800m Indoor – 2:18.80 (2021 Carolina Challenge)  
Mile Indoor – 4:57.96 (2021 Carolina Open)  
3000m Indoor – 10:06.19 (2024 Music City Challenge)

## **GRAYSON SCOTT (Junior, Jumps)**

High Jump Indoor – 1.68m/5-6 (2022 Carolina Challenge)

## **HANNAH THUSS (Junior, Distance)**

Mile Indoor – 5:08.08 (2022 Commodore Challenge)  
3000m – 10:00.18 (2024 Music City Challenge)

## **ANA-LIESE TORIAN (Sophomore, Sprints/Hurdles)**

60m Indoor – 7.67 (2023 BSC Panther Icebreaker)  
60m Hurdles Indoor – 8.07 (2025 SEC Indoors)

## **BROOK WALDEN (Sophomore, Jumps)**

Pole Vault Indoor – 3.97m/13-0.25 (2024 SEC Indoors)

## **ALEXANDRA WALSH (Freshman, Distance)**

3000m Indoor – 9:58.69 (2025 Tiger Paw Invitational)

## **LUCI WILLIAMS (Freshman, Distance)**

Mile Indoor – 5:27.16 (2025 Samford Invitational)



# Men's Indoor Top Performers

## 55 METERS

6.11	Coby Miller	1999
6.13	Harvey Glance	1979
6.14	Clifford Outlin	1974
6.14	Willie Smith	1974
6.15	Stanley Floyd	1980
6.16	Bryan Howard	1997
6.17	Orlando Parker	1992
6.18	Tony Easley	1978
6.18	Bo Jackson	1983
6.18	Alexander Wright	1989

## 60 METERS

6.50	Coby Miller	2000
<b>6.51</b>	<b>Israel Okon</b>	<b>2/28/2025</b>
<b>6.51</b>	<b>Kayinsola Ajayi</b>	<b>2/14/2025</b>
6.51	Favour Ashe	3/10/2023
6.53	Raheem Chambers	2018
6.55	Harry Adams	2012
6.55	Marcus Rowland	2013
<b>6.56</b>	<b>Azeem Fahmi</b>	<b>3/1/2025</b>
6.59	Anthony Schwartz	2019
6.60	O'Dean Skeen	2017

## 200 METERS

<b>20.13</b>	<b>Makanakaishe Charamba</b>	<b>3/1/2025</b>
20.50	Coby Miller	2000
20.59	Marcus Rowland	2010
<b>20.60</b>	<b>Dario Matau</b>	<b>3/1/2025</b>
20.75	Teray Smith	2017
<b>20.90</b>	<b>Ian Myers</b>	<b>2/15/2025</b>
20.91	Clifton Campbell	1989
20.92	Michael DeHaven	2009
20.93	Kahlil Henderson	2017
20.94	Dante Brown	2/29/2022

## 400 METERS

44.86	Akeem Bloomfield	2018
45.68	Avard Moncur	2001
45.72	Nathon Allen	2018
45.92	Sanjay Ayre	2000
45.96	Damion Barry	2004
46.24	Seymour Fagan	1990
46.36	Michael Anderson	1991
46.37	Clifton Campbell	1988
46.41	Randall Ceneus	2017
46.61	Reuben McCoy	2008

## 800 METERS

1:47.53	Fred Sharpe	2003
1:47.64	Sherridan Kirk	2004
1:47.99	Aaron Richberg	1997
1:48.59	Moses Gathuka	2001
1:49.46	David Johnson	2001
1:49.74	Louis O'Loughlin	1/27/2024
1:50.64	Kell Heegard	2001
1:50.83	Justin Rinaldi	1994
<b>1:51.07</b>	<b>Rex Green</b>	<b>2/15/2025</b>
1:51.12	Wesley Curles	2017

## MILE RUN

<b>3:57.95</b>	<b>Max Hardin</b>	<b>2/14/2025</b>
3:58.28	Ryan Kinnane	1/27/2024
3:58.47	Roger Jones	1982
4:00.47	Chris Fox	1982
4:00.89	Felix Kiboiwo	2009
4:02.20	Niklas Buhner	2014
<b>4:02.42</b>	<b>Cooper Atkins</b>	<b>2/14/2025</b>
4:02.47	John Tuttle	1981
4:02.77	Brian Jaeger	1986
4:03.25	Scott Strand	1991

## 3000 METERS

7:54.66	Brian Abshire	1986
7:55.28	Ryan Kinnane	2/24/2024
7:56.07	Ty McCormack	2014
7:58.26	Jean-Pierre Weerts	2009
7:58.27	Brian Jaeger	1987
7:58.57	Chris Fox	1982
7:59.97	Elkanah Kibet	2009
8:01.38	Ben Cheruiyot	2011
8:02.48	Niklas Buhner	2013
8:02.60	Fried Rademacher	1995

## 5000 METERS

<b>13:38.16</b>	<b>Nickson Chebii</b>	<b>12/7/2024</b>
13:44.73	Chris Fox	1980
13:49.44	Elkanah Kibet	2009
13:54.84	Ben Cheruiyot	2011
13:55.31	Ty McCormack	2015
13:59.56	Girma Mecheso	2009
14:09.82	Andrew Heath	2006
14:10.03	Fried Rademacher	1996
14:10.21	Ryan Kinnane	12/2/2023
14:10.42	Chase Van Valkenburg	1980

## 55M HURDLES

7.14	James Walker	1978
7.15	Ty Akins	2008
7.17	Shamar Sands	2007
7.19	Victor Houston	1996
7.24	John Lewter	1977
7.25	Gene Miller	1981
7.30	Mike Benjamin	1981
7.30	Sidney Reed	1987
7.32	Tavaris Washington	2006
7.32	Kelly Carter	1991

## 60M HURDLES

<b>7.48</b>	<b>Ja'Kobe Tharp</b>	<b>3/1/2025</b>
7.59	Shamar Sands	2003
7.66	Ty Akins	2008
7.72	Wellington Zaza	2017
7.81	Xavier Coakley	2018
7.85	Jakobe Tharpe	1/11/2024
7.85	Torrey Campbell	2014
7.88	Maurice Smith	2005
7.95	Gary Ford	2016
7.95	Tavaris Washington	2006

## 4X400M RELAY

3:04.22	Henderson, Hardy	1986
	Griffiths, Campbell	
3:05.30	Ceneus, Burks	2018
	Allen, Bloomfield	
3:06.09	Ceneus, Burks	2018
	Allen, Bloomfield	
3:06.34	Anderson, Crichlow	1991
	Fagan, Matete	
3:06.51	McCoy, Barry	2005
	Akins, Kirk	
3:06.60	Ceneus, Burks	2018
	Allen, Bloomfield	
3:07.03	Henderson, Hardy	1985
	Griffiths, Brooks	
3:07.07	Turner, Green	2001
	Johnson, Moncur	
3:07.47	Council, Campbell	1987
	Huntley, Henderson	
3:07.86	Turner, Sharpe	2002
	Green, Griffiths	
3:08.11	Sharpe, Griffiths	2003
	Smith, Ayre	

## 3200M RELAY

7:22.69	Rabush, Sheehan	1986
	Hudson, Lindner	
7:23.27	Brooks, Toles	1980
	Tuttle, Hicks	
7:24.81	Oaxaca, Herzog	1982
	Brooks, Jones	
7:26.66	Harrell, N. Butler	1991
	Boyd, Butler	
7:26.77	Reed, Fulmer	1987
	Provancha, Rabush	
7:26.78	Reed, Parker	1987
	Fulmer, Rabush	
7:28.37	Tuttle, Pepper	1978
	Abston, Toles	
7:29.77	Tuttle, Franklin	1980
	Toles, Abston	
7:30.96	Abercrombie, Butler	1990
	Harrell, Roby	

## DISTANCE MEDLEY RELAY

9:24.43	Hardin, Bessick	2/16/2024
	O'Loughlin, Kinnane	
9:33.32	Weerts, DeHaven	2009
	Kiboiwo, Kibet	
9:35.06	Hardin, Bessick	2/13/2024
	O'Loughlin, Kinnane	
9:39.08	Parker, McDougald	1985
	Hudson, Jaeger	
9:39.11	Weerts, Rowland	2009
	Novack, Kiboiwo	
9:41.93	Green, Roberts	2/24/2023
	Plowden, O'Loughlin	
9:42.00	Herzog, Benjamin	1982
	James, Fox	
9:42.18	Fulmer, Martin	1987
	Parker, Jaeger	
9:44.26	C. Atkins, Stephens	1/20/2023
	O'Loughlin, Kinnane	
9:44.80	Franklin, Strother	1979
	Hicks, Tuttle	

## HIGH JUMP

2.33m/7-7.75	Donald Thomas	2007
2.22m/7-3.25	Ryan Fleck	2010
2.22m/7-3.25	DJ Smith	2015
2.21/7-3	Dontavious Hill	1/20/23, 2/21/22
2.17m/7-1.5	Craig Musselwhite	1988
2.16m/7-1	Glynn Johnson	1983
2.16m/7-1	Shawn Johnson	2016
2.16m/7-1	Bruce King	1996
2.16m/7-1	Marc Valentine	1978
2.14m/7-0.25	TJ Funches	1/28/2023
2.14m/7-0.25	Tim Horn	1987

## POLE VAULT

5.50m/18-0.5	Clark Humphreys	1997
5.48m/17-11.75	David Spivey	1982
5.43m/17-9.75	James Courson	2/26/2021
5.40m/17-8.5	Mark Johnson	2007
5.13m/16-10	Jason Lueck	2002
5.10m/16-8.75	Alex Spyridonidis	2021
5.09m/16-8.25	Rob Weighall	1998
5.05m/16-6.75	Dan Jacobazzi	1992
5.03m/16-6	David Knecht	1983
5.02m/16-5.5	Nick Farrell	2011
5.01m/16-5.25	Ashton Davis	2004
5.01m/16-5.25	Coren Crompton	2015

# Men's Indoor Top Performers

## LONG JUMP

8.10m/26-7	Leevan Sands	2004
7.99m/26-2.75	Boris Goins	1989
7.85m/25-9.25	Harvey Glance	1978
7.84m/25-8.75	Jeremy Zammit	1/13/2023
7.77m/25-6	Del Smurtherman	1994
7.76m/25-5.5	Craig Hepburn	1993
7.76m/25-5.5	Tyrone Joyner	1990
7.75m/25-5.25	Kevin Bartlett	2004
7.74m/25-4.75	Osbourne Moxey	2000
7.71m/25-3.5	Noah Igbinoghene	2019
7.71m/25-3.5	Tony Easley	1979

## TRIPLE JUMP

17.02m/55-10.25	Leevan Sands	2004
16.42m/53-10.5	Shawn Johnson	2016
16.41m/53-10.25	Andre Scott	1996
15.62m/51-3	Tyrone Joyner	1990
15.55m/51-0.25	Manny Toppins	1982
15.53m/50-11.5	Tony Easley	1979
50-7	Byron Franklin	1980
15.34m/50-4	Mark Rubalcaba	2018
15.31m/50-2.75	Vlad Soran	1987
50-1.5	Edward Watson	1992

## SHOT PUT

20.08m/65-10.5	Stephen Saenz	2012
19.69m/64-7.25	Edis Elkasevic	2005
19.64m/64-5.25	Eric Werskey	2011
18.74m/61-5.75	Matthew Rueff	2/15/2025
18.73m/61-5.5	Rob Will	1979
18.68m/61-3.5	Gabor Mate	2003
18.56m/60-10.75	Cory Martin	2007
18.34m/60-2	Frank Warren	1980
18.18m/59-7.75	Jacob Dunkleberger	2006
17.70m/58-1	Ross Schaffstall	1978

## 35 LB WEIGHT THROW

23.29m/76-5	Cory Martin	2007
22.44m/73-7.5	Kyle Brown	3/10/2023
22.36m/73-4.5	Jacob Dunkleberger	2006
21.53m/70-7.75	Kyle Moison	2/23/2024
21.28m/69-9.75	John Leonard	2/28/2025
21.09m/69-2.50	Erik Ebel	2022
19.78m/64-10.75	Seth Allen	2/28/2025
19.78m/64-10.75	Gabor Mate	2003
19.49m/63-11.5	Stephen Saenz	2013
19.17m/62-10.75	Reedus Thurmond	2002

## PENTATHLON

4086	Victor Houston	1996
4078	Maurice Smith	2003
3880	Jeff Mooney	1990
3744	Jared Hodge	2003
3687	Walter Costner	1987
3590	Rod Tiffin	1989
3326	Nathan Boyd	1997
3298	Jeff Evans	1991
3257	Howard Johnson	1991
3245	Matt Poag	2002

## HEPTATHLON

6035	Maurice Smith	2005
5881	Alex Spyridonidis	2022
5672	Michael May	2/24-25/2023
5624	John Murray	1/20-21/2023
5547	Chris Stone	2018
5378	Parker Shearer	2015
5211	David Edmondson	2/25-26/2021
5050	Coren Crompton	2015
5004	Jager Livingston	2009
4844	James Patrick	1/20-21/2023

# Women's Indoor Top Performers

## 55 METERS

6.71	Kerron Stewart	2006
6.73	Elva Goulbourne	2003
6.74	Fana Ashby	2005
6.75	Juliet Campbell	1993
6.80	Cheryl-Ann Phillips	1993
6.82	Vonette Dixon	2000
6.85	Tracy Ann Rowe	2008
6.87	Jennifer Wilson	1998
6.89	Lacena Golding	1997
6.91	Joanna Atkins	2009
6.91	Buffy James	1993

## 60 METERS

7.12	Nataliah Whyte	2018
7.14	Kerron Stewart	2007
7.15	Jonielle Smith	2018
7.18	Fana Ashby	2005
7.20	Kai Selvon	2012
7.22	Sheniqua Ferguson	2010
7.23	<b>Chante Clinkscale</b>	<b>1/31/2025</b>
7.23	Elva Goulbourne	2003
7.27	Vonette Dixon	2000
7.28	Joanna Atkins	2009

## 200 METERS

22.46	Kerron Stewart	2007
22.91	Fana Ashby	2005
23.09	Sheniqua Ferguson	2010
23.11	Juliet Campbell	1993
23.12	Nivea Smith	2010
23.15	Kai Selvon	2012
23.33	Nataliah Whyte	2018
23.35	Jenae Ambrose	2018
23.36	Tracy Ann Rowe	2007
23.48	Jonielle Smith	2016

## 400 METERS

51.55	<b>Vimbayi Maisvorewa</b>	<b>2/28/2025</b>
52.24	Joanna Atkins	2011
52.56	Markita James	2006
52.42	Arianna Sharpe	2/10/2023
53.29	Eusheka Bartley	1996
53.37	CeCe Williams	2012
53.44	<b>Deborah Oke</b>	<b>1/31/2025</b>
53.80	Amirah Sharpe	2/10/2023
53.99	Akpan Abasiono	2024
54.22	Nichole Bartley	1997

## 800 METERS

2:04.05	Presley Weems	2/11/2022
2:06.50	Sarah Reese	2003
2:07.27	Caitlin Reese	2004
2:07.68	Kareen Gayle	2005
2:08.15	Lisa Miller	2003
2:08.31	Janet Trujillo	1996
2:09.40	Samantha Berggren	2012
2:09.67	<b>Camila Gomes</b>	<b>1/25/2025</b>
2:11.00	Shanna Griffin	1996
2:11.02	Emily Stevens	2014

## MILE RUN

4:37.41	Presley Weems	2/5/2022
4:37.95	<b>Camila Gomes</b>	<b>2/15/2025</b>
4:38.66	Joyce Kimeli	2/1/2020
4:39.84	Janet Trujillo	1997
4:41.16	Kelly McDonnell	1991
4:43.45	Emily Stevens	2017
4:43.85	Gene Coetzee	2024
4:44.79	Spring Dawson	2003
4:45.94	Rachel Sauder	1996
4:47.23	Veronica Eder	2017

## 3000 METERS

8:56.02	Joyce Kimeli	2/27/2021
9:08.37	<b>Brenda Jepchirchir</b>	<b>1/25/2025</b>
9:10.81	<b>Gene Coetzee</b>	<b>2/15/2025</b>
9:19.91	Veronica Eder	2017
9:20.56	Holly Knight	2011
9:24.59	Joyce Kimeli	2019
9:25.52	Alissa Fisher	2012
9:27.51	Kelly McDonnell	1991
9:29.15	Kathi Ward	1996
9:33.92	Hallie Porterfield	2/2/6/2022

## 5000 METERS

15:33.37	<b>Brenda Jepchirchir</b>	<b>2/27/2025</b>
15:37.82	Joyce Kimeli	2019
16:04.86	Holly Knight	2011
16:07.74	Veronica Eder	2017
16:11.70	Rachel Sauder	1996
16:15.58	Angela Homan	2006
16:25.72	Michelle Reasor	1996
16:38.46	Alissa Fisher	2012
16:39.69	Laurel Pritchard	2009
16:44.17	Kathi Ward	1996

## 55M HURDLES

7.37	Lacena Golding	1998
7.53	Rosalind Council	1986
7.64	Josanne Lucas	2006
7.65	Vonette Dixon	1999
7.79	Clara Hairston	1982
7.82	Samem Anderson	1995
7.90	Angela King	1989
7.92	Danielle Gilchrist	2007
7.93	Tressa Smith	1990
7.94	Julie Artuso	2001

## 60M HURDLES

7.94	Vonette Dixon	2000
8.07	<b>Ana-Liese Torian</b>	<b>3/1/2025</b>
8.12	Samantha Scarlett	2016
8.20	Josanne Lucas	2006
8.22	Ebony Morrison	2015
8.26	Danae Nembhard	2/23/2024
8.30	Krystal Bodie	2010
8.31	Danielle Gilchrist	2010
8.34	Amelia Anderson	2010
8.35	Sashel Brown	2016

## 4X400M RELAY

3:29.50	Lucas, Stewart Thomas, James	2006
3:32.75	A. Akpan, As. Harvey Z. Reed, V. Maisvorewa	2/24/2024
3:33.63	<b>V. Maisvorewa, Z. Reed As. Harvey, D. Oke</b>	<b>2/15/2025</b>
3:33.78	A. Akpan, V. Maisvorewa Z. Reed, D. Oke	1/27/2024
3:33.87	Lucas, James Baptiste, Gayle	2005
3:34.06	<b>D. Oke, Z. Reed</b> <b>As. Harvey, V. Maisvorewa</b>	<b>3/1/2025</b>
3:35.21	<b>D. Oke, Z. Reed</b> <b>As. Harvey, V. Maisvorewa</b>	<b>1/25/2025</b>
3:35.23	V. Maisvorewa, A. Akpan Ae. Harvey, D. Oke	2/10/2024
3:35.50	C. Williams, Armbrister Gilchrist, Atkins	2009
3:35.67	C. Williams, Atkins Armbrister, Selvon	2011

## 3200M RELAY

8:58.11	Holly, Faulkner Herd, McDonnell	1991
9:00.77	Holly, Bruns Rush, Herd	1992
9:02.44	McDonnell, Reed Herd, Faulkner	1990
9:03.44	Bauer, Case Burton, McDonnell	1987
9:04.26	Burton, Reed Mooney, McDonnell	1988
9:14.33	Holly, Snipes N.Bartley, Yancey	1993
9:14.97	Case, Mooney Berry, McDonnell	1987
9:17.08	S. Smith, Colter Mooney, Malinauskas	1986
9:17.84	Huggins, Dickey Donnelly, Cannon	1981

## DISTANCE MEDLEY RELAY

11:13.34	E. Bartley, N. Bartley Trujillo, Sauder	1995
11:19.45	Gayle, Dawson C. Reese, S. Reese	2004
11:19.69	Patrick, E. Bartley Trujillo, Sauder	1996
11:20.83	S. Reese, Miller C. Reese, Dawson	2003
11:22.19	E. Bartley, Griffin Trujillo, Nicolini	1996
11:29.61	S. Reese, Lucas C. Reese, Dawson	2003
11:30.50	Dawson, Clarke Hamblet, Wanyoike	2002
11:31.69	Bett, Benton-Andrews S. Rogers, Zane	2/25/21
11:35.69	Trujillo, Griffin Ward, Sauder	1995
11:37.20	S. Rogers, D. Oke C. McPhail, G. Coetzee	2/23/2024

## HIGH JUMP

1.89m/6-2.25	Raevan Harris	2009
1.88m/6-2	Sissy Costner	1990
1.87m/6-1.5	Maya Pressley	2013
1.85m/6-0.75	Sanna Barnes	3/9/2024
1.85m/6-0.75	Nakeitra Jones	1998
1.82m/5-11.5	Monica Carney	2012
1.82m/5-11.5	Magon Moncreiffe	1997
1.79m/5-10.5	Skyler Daniel	2019
1.78m/5-10	Kaylah Burks	2004
1.77m/5-9.75	Natosha Jordan	2020
1.77m/5-9.75	Tanya Wildgoose	1997

## POLE VAULT

4.44m/14-6.75	<b>Alyssa Quinones-Mixon</b>	<b>2/14/2025</b>
4.40m/14-5.25	Jessie Johnson	2/27/2016
4.14m/13-7	<b>Rhiannon Held</b>	<b>2/14/2025</b>
3.97m/13-0.25	Brook Walden	2/23/2024
3.97m/13-0.25	Lexie Leineweber	2/23/2023
3.81m/12-6	Katie Curtis	2004
3.70m/12-1.5	Larisa Debich	2013
3.59m/11-9.25	Hannah Johnson	1998
3.55m/11-7.75	Brittany Mattrella	2010
3.52m/11-6.5	<b>Ansley Murphy</b>	<b>1/17/2025</b>

# Women's Indoor Top Performers

## LONG JUMP

6.91m/22-8	Elva Goulbourne	2001
6.61m/21-8.25	Lacena Golding	1998
6.38m/20-11.25	Angela King	1989
6.37m/20-10.75	Jovane Jarrett	2006
6.32m/20-9	Dominique Bullock	2016
6.30m/20-8	Cynthia Tylor	1994
6.21m/20-4.5	Janaya Jones	1/27/2023
6.20m/20-4.25	Colleen Gillies	1996
6.17m/20-3	Vanessa Johnson	1999
6.16m/20-2.5	LaKeta Ziegler	1990

## TRIPLE JUMP

13.84m/45-5	Shelly-Ann Gallimore	2002
13.78m/45-2.50	Elva Goulbourne	2003
44-6.25	Colleen Gillies	1997
13.46m/44-2	Simone Johnson	2/10/2024
13.46m/44-2	Marshay Ryan	2017
43-9	Michelle Vaughn	2006
13.30m/43-7.75	Jakayla Hand	2018
13.04m/42-9.5	Amy Warren	2/10/2024
12.99m/42-7.5	Jovane Jarrett	2005
12.98m/42-7	Essence Thomas	2/25/2023

## SHOT PUT

17.89m/58-8.5	Valentina Muzaric	2013
<b>17.37m/57-0</b>	<b>Megan Hague</b>	<b>3/1/2025</b>
17.29m/56-8.75	Maura Huwalt	1/14/2023
<b>16.82m/55-2.25</b>	<b>Marley Raikiwasa</b>	<b>1/17/2025</b>
16.53m/54-2.75	Rachel Dincoff	2016
16.02m/52-6.75	Jocelynn Budwig	1/15/2022
15.53m/50-11.50	Tori McKinley	2018
15.49m/50-10	Stacy Martin	2004
14.78m/48-6	Katalin Mate	2006
14.57m/47-9.75	Ronda Gullatte	2005

## 20 LB WEIGHT THROW

23.32m/76-6.25	Madi Malone	2022
<b>22.27m/73-0.75</b>	<b>Maura Huwalt</b>	<b>1/31/2025</b>
21.58m/70-9	Jasmine Manigault	2017
<b>21.41m/70-3</b>	<b>Adrienne Adams</b>	<b>2/28/2025</b>
20.44m/67-0.75	Ronda Gullatte	2006
19.98m/65-6.75	Stacy Martin	2002
19.92m/65-4.25	Erin Perkins	2019
19.21m/63-0.25	Victoria Nwadiogbu	2014
18.78m/61-7.5	Danielle Gregory	1/20/2023
18.40m/60-4.5	Valentina Srsa	2008

## PENTATHLON

4153	Michelle Atherley	2016
4011	Paula Grauvogel	2/23/2024
3962	Angela King	1989
3908	Natosha Jordan	2020
3900	Nora Araujo	1980
3755	Amelia Anderson	2010
3703	Keira McCarrell	2022
3651	Elise Heddens	2/23/2024
3465	Charlene Adams	1997
3420	Jo Laurie Smith	1981

## HEPTATHLON

5750	Lacena Golding	1998
5452	Angela King	1992
5365	Nora Araujo	1982
5167	Vanessa Johnson	2000
4899	Charlene Adams	1996
4831	Tanya Wildgoose	1997
4632	Jo Laurie Smith	1981
4602	Amelia Anderson	2006
4592	Angela Ward	1989
4578	Chelsey Thomas	2009

# Men's Top Indoor Performances (Since 1998)

## 60 METERS

6.50	Coby Miller	1999
<b>6.51</b>	<b>Israel Okon</b>	<b>2/28/2025</b>
<b>6.51</b>	<b>Kayinsola Ajayi</b>	<b>2/14/2025</b>
6.51	Favour Ashe	3/10/2023
<b>6.52</b>	<b>Israel Okon</b>	<b>2/14/2025</b>
6.52	Favour Ashe	2/25/2023
6.53	Favour Ashe	1/11/2024
6.53	Favour Ashe	2/10/2023
6.53	Raheem Chambers	2018
6.54	Favour Ashe	2/24/2023
6.54	Favour Ashe	2/10/2023

## 200 METERS

<b>20.13</b>	<b>Makanakaishe Charamba</b>	<b>3/1/2025</b>
<b>20.16</b>	<b>Makanakaishe Charamba</b>	<b>2/15/2025</b>
<b>20.32</b>	<b>Makanakaishe Charamba</b>	<b>2/27/2025</b>
20.50	Coby Miller	2000
<b>20.55</b>	<b>Makanakaishe Charamba</b>	<b>1/25/2025</b>
20.59	Marcus Rowland	2010
<b>20.60</b>	<b>Dario Matau</b>	<b>3/1/2025</b>
<b>20.60</b>	<b>Dario Matau</b>	<b>2/27/2025</b>
20.62	Marcus Rowland	2010
20.68	Coby Miller	1999

## 400 METERS

44.86	Akeem Bloomfield	2018
45.02	Akeem Bloomfield	2018
45.22	Akeem Bloomfield	2018
45.43	Akeem Bloomfield	2017
45.49	Akeem Bloomfield	2017
45.64	Akeem Bloomfield	2018
45.68	Avard Moncur	2001
45.72	Nathon Allen	2018
45.76	Akeem Bloomfield	2018
45.92	Akeem Bloomfield	2018
45.92	Sanjay Ayre	2000

## 800 METERS

1:47.53	Fred Sharpe	2003
1:47.64	Sheridan Kirk	2004
1:47.64	Sheridan Kirk	2005
1:48.16	Sheridan Kirk	2004
1:48.50	Aaron Richberg	1998
1:48.59	Moses Gathuka	2001
1:48.81	Fred Sharpe	2002
1:48.94	Fred Sharpe	2002
1:49.17	Aaron Richberg	2000
1:49.18	Sheridan Kirk	2004

## MILE RUN

<b>3:57.67</b>	<b>Max Hardin</b>	<b>2/14/2025</b>
3:58.28	Ryan Kinnane	1/27/2024
<b>3:59.57</b>	<b>Max Hardin</b>	<b>1/24/2025</b>
4:00.89	Felix Kiboiwo	2009
4:01.42	Felix Kiboiwo	2009
4:01.42	Felix Kiboiwo	2009
4:01.50	Max Hardin	1/27/2024
4:02.20	Niklas Buhner	2014
<b>4:02.42</b>	<b>Cooper Atkins</b>	<b>2/14/2025</b>
4:02.60	Niklas Buhner	2014
4:03.05	Felix Kiboiwo	2007

## 3000 METERS

7:55.28	Ryan Kinnane	2/24/2024
7:58.26	Jean-Pierre Weerts	2009
7:59.97	Elkanah Kibet	2009
8:00.97	Elkanah Kibet	2009
8:01.38	Ben Cheruiyot	2011
8:01.47	Jean-Pierre Weerts	2009
8:01.60	Ty McCormack	2014
8:01.65	Ryan Kinnane	2/11/2023
8:01.92	Ryan Kinnane	2/25/2023
8:02.10	Ty McCormack	2015

## 5000 METERS

<b>13:38.16</b>	<b>Nickson Chebii</b>	<b>12/7/2024</b>
13:49.44	Elkanah Kibet	2009
13:53.05	Elkanah Kibet	2009
13:54.84	Ben Cheruiyot	2011
13:54.86	Ben Cheruiyot	2010
13:55.25	Elkanah Kibet	2009
13:55.31	Ty McCormack	2015
13:56.24	Ty McCormack	2014
13:56.60	Ben Cheruiyot	2010
13:56.75	Ty McCormack	2015

## 55M HURDLES

7.15	Ty Akins	2008
7.17	Shamar Sands	2007
7.21	Shamar Sands	2004
7.25	Ty Akins	2006
7.27	Shamar Sands	2007
7.28	Ty Akins	2008
7.31	Shamar Sands	2003
7.32	Tavaris Washington	2006
7.33	Ty Akins	2007
7.42	Ty Akins	2006

## 60M HURDLES

<b>7.48</b>	<b>Ja'Kobe Tharp</b>	<b>3/1/2025</b>
<b>7.53</b>	<b>Ja'Kobe Tharp</b>	<b>2/15/2025</b>
7.59	Shamar Sands	2003
<b>7.60</b>	<b>Ja'Kobe Tharp</b>	<b>2/28/2025</b>
<b>7.60</b>	<b>Ja'Kobe Tharp</b>	<b>1/24/2025</b>
<b>7.62</b>	<b>Ja'Kobe Tharp</b>	<b>1/24/2025</b>
<b>7.66</b>	<b>Ja'Kobe Tharp</b>	<b>2/15/2025</b>
7.66	Ty Akins	2008
<b>7.68</b>	<b>Ja'Kobe Tharp</b>	<b>2/15/2025</b>
7.68	Ty Akins	2007

## 4X400M RELAY

3:05.30	Ceneus, Burks Allen, Bloomfield	2018
3:06.09	Ceneus, Burks Allen, Bloomfield	2018
3:06.51	McCoy, Barry Akins, Kirk	2005
3:06.60	Ceneus, Burks Allen, Bloomfield	2018
3:07.03	McCoy, Akins Barry, Kirk	2005
3:07.07	Turner, Green Johnson, Moncur	2001
3:07.86	Turner, Sharpe Green, Griffiths	2002
3:08.07	Turner, Ayre Griffiths, Sharpe	2002
3:08.11	Sharpe, Griffiths Smith, Ayre	2003
3:09.22	Ayre, Griffiths Sharpe, Gifford	2003
3:09.31	Edwards, Moncur Green, Nartey	1999

## DISTANCE MEDLEY RELAY

9:24.43	Hardin, Bessick O'Loughlin, Kinnane	2/16/2024
9:33.32	Weerts, DeHaven Kiboiwo, Kibet	2009
9:35.06	Hardin, Bessick O'Loughlin, Kinnane	2/13/2024
9:39.11	Weerts, Rowland Novack, Kiboiwo	2009
9:49.34	Novack, Spivey Kiboiwo, Weerts	2009
9:50.18	Pectol, Ross Curlis, Shaw	2016
9:50.64	Gathuka, Green Richberg, Hansen	2000
9:56.34	Grimster, Ferguson Cooper, Sanders	2012
9:57.79	Sanders, Adams Hardin, Hernandez	2013
9:58.19	Gathuka, Ayre Kidd, Hanse	2001

## HIGH JUMP

2.33m/7-7.75	Donald Thomas	3/10/2007
2.30m/7-6.5	Donald Thomas	2/9-10/2007
2.30m/7-6.5	Donald Thomas	1/27/2007
2.28m/7-5.75	Donald Thomas	3/10/2007
2.25m/7-4.5	Donald Thomas	3/10/2007
2.24m/7-4.25	Donald Thomas	2/24/2007
2.22m/7-3.25	DJ Smith	2015
2.22m/7-3.25	Ryan Fleck	2010
2.22m/7-3.25	Ryan Fleck	2010
2.22m/7-3.25	Donald Thomas	3/10/2007

## POLE VAULT

5.43m/17-9.5	James Courson	2/26/2021
5.40m/17-8.5	Mark Johnson	3/9/2007
5.38m/17-7.75	James Courson	2/26/2021
5.38m/17-7.75	Mark Johnson	3/2/2007
5.33m/17-5.75	James Courson	2/26/2021
5.32m/17-5.5	Mark Johnson	2/25/2007
5.30m/17-4.5	Mark Johnson	3/9/2007
5.26m/17-3	James Courson	1/23/2022
5.26m/17-3	James Courson	2/26/2021
5.25m/17-2.75	James Courson	1/31/2021
5.25m/17-2.75	James Courson	1/27/2022
5.20m/17-0.75	James Courson	1/27/2020
5.20m/17-0.75	Mark Johnson	1/20/2007

## LONG JUMP

8.10m/26-7	Leevan Sands	2004
7.93m/26-0.25	Leevan Sands	2004
7.84m/25-8.75	Jeremy Zammit	1/13/2023
7.83m/25-8	Leevan Sands	2003
7.75m/25-5.25	Kevin Bartlett	2004
7.74m/25-4.75	Osbourne Moxey	2000
25-4.7	Osbourne Moxey	2000
7.55m/24-9.25	Mark Rubalcaba	2016
<b>7.49m/24-7</b>	<b>Asande Mthembu</b>	<b>1/24/2025</b>
7.47m/24-6.25	Mark Rubalcaba	2017
7.47m/24-6.25	Osbourne Moxey	2001

## TRIPLE JUMP

17.02m/55-10.25	Leevan Sands	2004
16.88m/55-4.75	Leevan Sands	2004
16.71m/54-10	Leevan Sands	2003
16.42m/53-10.5	Shawn Johnson	2016
16.39m/53-9.25	Andre Scott	1998
16.17m/53-0.75	Shawn Johnson	2016
15.79m/51-9.75	Shawn Johnson	2016
15.71m/51-6.5	Shawn Johnson	2015
15.55m/51-0.25	Shawn Johnson	2015
15.52m/50-11	Shawn Johnson	2015

# Men's Top Indoor Performances (Since 1998)

---

## SHOT PUT

20.08m/65-10.5	Stephen Saenz	2012
19.70m/64-7.75	Stephen Saenz	2013
19.69m/64-7.25	Edis Elkasevic	2005
19.64m/64-5.25	Eric Werskey	2011
19.63m/64-5.0	Stephen Saenz	2012
19.51m/64-0.25	Stephen Saenz	2011
19.48m/63-11	Eric Werskey	2011
19.48m/63-11	Eric Werskey	2011
19.41m/63-8.25	Eric Werskey	2011
19.37m/63-6.75	Stephen Saenz	2012

## 35 LB WEIGHT THROW

23.29m/76-5	Cory Martin	2/25/2007
23.27m/74-6.25	Cory Martin	3/9/2007
23.12m/75-10.25	Cory Martin	1/19/2007
23.11m/75-10	Cory Martin	2007
22.94m/75-3.25	Cory Martin	2/25/2007
22.91m/75-2	Cory Martin	2007
22.89m/75-1.25	Cory Martin	2006
22.75m/74-7.75	Cory Martin	2/3/2007
22.73m/74-7	Cory Martin	2007
22.80m/74-9.75	Cory Martin	2/25/2007

## PENTATHLON

4078	Maurice Smith	2003
3744	Jared Hodge	2003
3245	Matt Poag	2002

## HEPTATHLON

6035	Maurice Smith	2005
6004	Maurice Smith	2005
5928	Maurice Smith	2004
5881	Alex Spyridonidis	2022
5867	Alex Spyridonidis	1/26-27/2023
5863	Alex Spyridonidis	2021
5786	Alex Spyridonidis	2022
5767	Maurice Smith	2004
5712	Alex Spyridonidis	2021
5672	Michael May	2/24-25/2023
5624	John Murray	1/20-21/2023

# Women's Top Indoor Performances (Since 1998)

## 55 METERS

6.71	Kerron Stewart	2006
6.73	Elva Goulbourne	2003
6.74	Fana Ashby	2005
6.82	Vonette Dixon	2000
6.84	Kerron Stewart	2006
6.85	Kerron Stewart	2006
6.85	Kerron Stewart	2006
6.85	Tracy Ann Rowe	2008
6.86	Fana Ashby	2004
6.87	Jennifer Wilson	1998

## 60 METERS

7.12	Nataliah Whyte	2018
7.14	Kerron Stewart	2007
7.15	Jonielle Smith	2018
7.15	Kerron Stewart	2007
7.18	Jonielle Smith	2018
7.18	Jonielle Smith	2018
7.18	Fana Ashby	2005
7.19	Jonielle Smith	2018
7.19	Nataliah Whyte	2018
7.19	Nataliah Whyte	2018

## 200 METERS

22.46	Kerron Stewart	2007
22.59	Kerron Stewart	2007
22.76	Kerron Stewart	2007
22.78	Kerron Stewart	2007
22.91	Fana Ashby	2005
22.97	Kerron Stewart	2006
22.98	Kerron Stewart	2006
23.00	Kerron Stewart	2007
23.00	Kerron Stewart	2007
23.02	Kerron Stewart	2006

## 400 METERS

51.55	Vimbayi Maisvorewa	2/28/2025
52.16	Vimbayi Maisvorewa	2/23/2024
52.21	Vimbayi Maisvorewa	1/31/2025
52.24	Joanna Atkins	2011
52.42	Vimbayi Maisvorewa	1/27/2024
52.42	Arianna Sharpe	2/10/2023
52.52	Joanna Atkins	2011
52.43	Joanna Atkins	2010
52.47	Joanna Atkins	2010
52.56	Markita James	2006

## 800 METERS

2:04.05	Presley Weems	2/11/2022
2:04.37	Presley Weems	2/26/2022
2:05.13	Presley Weems	2/25/2022
2:06.50	Sarah Reese	2003
2:06.69	Caitlin Reese	2004
2:06.97	Caitlin Reese	2004
2:07.27	Caitlin Reese	2004
2:07.36	Caitlin Reese	2003
2:07.68	Kareen Gayle	2005
2:08.15	Lisa Miller	2003

## MILE RUN

4:37.41	Presley Weems	2/5/2022
4:37.95	Camila Gomes	2/15/2025
4:38.18	Camila Gomes	2/9/2024
4:38.66	Joyce Kimeli	2/1/2020
4:40.27	Camila Gomes	2/24/2024
4:40.97	Presley Weems	2/27/2021
4:42.26	Gene Coetzee	2/25/2023
4:42.37	Presley Weems	2/26/2021
4:42.38	Camila Gomes	2/23/2024
4:43.45	Emily Stevens	2017

## 3000 METERS

8:56.02	Joyce Kimeli	2/27/2021
9:02.79	Joyce Kimeli	3/13/2021
9:04.74	Joyce Kimeli	2/26/2022
9:08.37	Brenda Jephchirchir	1/25/2025
9:10.81	Brenda Jephchirchir	2/15/2025
9:14.07	Joyce Kimeli	2/14/2020
9:14.11	Joyce Kimeli	2/5/2022
9:14.54	Joyce Kimeli	1/30/2021
9:19.91	Veronica Eder	2017
9:20.56	Holly Knight	2011

## 5000 METERS

15:33.37	Brenda Jephchirchir	2/27/2025
15:35.36	Brenda Jephchirchir	12/7/2024
15:37.82	Joyce Kimeli	12/17/2019
15:43.39	Joyce Kimeli	12/4/2021
15:43.83	Joyce Kimeli	2/11/2022
15:45.33	Brenda Jephchirchir	2/15/2025
15:46.88	Joyce Kimeli	2/26/2021
15:48.98	Joyce Kimeli	3/12/2021
15:53.95	Joyce Kimeli	2/25/2022
16:04.35	Joyce Kimeli	2/12/2021

## 55M HURDLES

7.37	Lacena Golding	1998
7.64	Josanne Lucas	2006
7.65	Vonette Dixon	1999
7.67	Josanne Lucas	2006
7.73	Josanne Lucas	2006
7.92	Danielle Gilchrist	2007
7.93	Danielle Gilchrist	2007
7.93	Danielle Gilchrist	2008
7.94	Julie Artuso	2001
7.95	Josanna Lucas	2005

## 60M HURDLES

7.94	Vonette Dixon	2000
8.07	Ana-liese Torian	2/28/2025
8.12	Samantha Scarlett	2016
8.13	Ana-liese Torian	3/1/2025
8.13	Lacena Golding	1998
8.14	Samantha Scarlett	2016
8.20	Josanne Lucas	2006
8.20	Samantha Scarlett	2015
8.20	Samantha Scarlett	2015
8.20	Samantha Scarlett	2015
8.20	Samantha Scarlett	2014

## 4X400M RELAY

3:29.50	Lucas, Stewart Thomas, James	2006
3:31.66	Lucas, James Stewart, Thomas	2006
3:32.75	A. Akpan, As. Harvey Z. Reed, V. Maisvorewa	2/24/2024
3:33.63	D. Oke, Z. Reed As. Harvey, V. Maisvorewa	1/25/2025
3:33.87	Lucas, James Baptiste, Gayle	2005
3:33.58	Lucas, James Stewart, Thomas	2006
3:33.78	A. Akpan, V. Maisvorewa Z. Reed, D. Oke	1/27/2024
3:33.63	D. Oke, Z. Reed As. Harvey, V. Maisvorewa	3/1/2025
3:34.51	Lucas, James Stewart, Thomas	2006

## 3200M RELAY

8:58.11	Holly, Faulkner Herd, McDonnell	1991
9:00.77	Holly, Bruns Rush, Herd	1992
9:02.44	McDonnell, Reed Herd, Faulkner	1990
9:03.44	Bauer, Case Burton, McDonnell	1987
9:04.26	Burton, Reed Mooney, McDonnell	1988
9:14.33	Holly, Snipes N.Bartley, Yancey	1993
9:14.97	Case, Mooney Berry, McDonnell	1987
9:17.08	S. Smith, Colter Mooney, Malinauskas	1986
9:17.84	Huggins, Dickey Donnelly, Cannon	1981

## DISTANCE MEDLEY RELAY

11:19.45	Gayle, Dawson C.Reese, S.Reese	2004
11:20.83	S.Reese, Miller C. Reese, Dawson	2003
11:29.61	S.Reese, Lucas C.Reese, Dawson	2003
11:30.50	Dawson, Clarke Hamblet, Wanyoike	2002
11:37.20	S. Rogers, D. Oke C. McPhail, G. Coetzee	2/23/2024
11:38.55	Blackwell, Brown Stevens, Givens	2014
11:31.69	Bett, Benton-Andrews S. Rogers, Zane	2/25/2021
11:40.66	Reese, Ashby Reese, Dawson	2004
11:40.72	Kolakowski, Robinson Berggren, Fisher	2012

## HIGH JUMP

1.89m/6-2.25	Raevan Harris	2009
1.87m/6-1.5	Raevan Harris	2009
1.87m/6-1.5	Maya Pressley	2013
1.85m/6-0.75	Sanaa Barnes	3/9/2024
1.85m/6-0.75	Sanaa Barnes	2/24/2024
1.85m/6-0.75	Sanaa Barnes	1/19/2024
1.85m/6-0.75	Nakeitra Jones	1998
1.85m/6-0.75	Raevan Harris	2009
1.84m/6-0.5	Sanaa Barnes	1/11/2024
1.84m/6-0.5	Maya Pressley	2013
1.84m/6-0.5	Raevan Harris	2007

## POLE VAULT

4.44m/14-6.75	Alyssa Quinones-Mixon	2/14/2025
4.40m/14-5.25	Jessie Johnson	2/27/2016
4.38m/14-4.5	Alyssa Quinones-Mixon	1/31/2025
4.38m/14-3.5	Alyssa Quinones-Mixon	3/1/2025
4.32m/14-2	Jessie Johnson	2/27/2016
4.32m/14-2	Jessie Johnson	2/13/2016
4.31m/14-1.75	Jessie Johnson	1/22/2016
4.30m/14-1.25	Jessie Johnson	3/14/2015
4.29m/14-0.75	Alyssa Quinones-Mixon	2/14/2025
4.28m/14-0.5	Alyssa Quinones-Mixon	1/26/2024
4.28m/14-0.5	Jessie Johnson	2/28/2015
4.28m/14-0.5	Jessie Johnson	2/14/2015

# Women's Top Indoor Performances (Since 1998)

## LONG JUMP

6.91m/22-8	Elva Goulbourne	2001
6.91m/22-8	Elva Goulbourne	2002
6.81m/22-4.25	Elva Goulbourne	2003
6.68m/21-11	Elva Goulbourne	2002
6.61m/21-8.25	Lacena Golding	1998
6.44m/21-1.50	Elva Goulbourne	2002
6.37m/20-10.75	Jovane Jarrett	2006
6.32m/20-9	Dominique Bullock	2016
6.31m/20-8.5	Jovane Jarrett	2007
6.21m/20-4.50	Dominique Bullock	2018

## TRIPLE JUMP

13.84m/45-5	Shelly-Ann Gallimore	2002
13.78m/45-2.5	Elva Goulbourne	2003
13.64m/44-9	Shelly-Ann Gallimore	2002
13.51m/44-4	Shelly-Ann Gallimore	2004
13.46m/44-2	Simone Johnson	2/10/2024
13.46m/44-2	Marshay Ryan	2017
13.43m/44-0.75	Marshay Ryan	2017
13.42m/44-0.5	Marshay Ryan	2014
13.39m/43-11.25	Shelly-Ann Gallimore	2000
13.36m/43-10	Simone Johnson	1/20/2024

## SHOT PUT

17.89m/58-8.5	Valentina Muzaric	3/15/2014
<b>17.37m/57-0</b>	<b>Megan Hague</b>	<b>3/1/2025</b>
17.29m/56-8.75	Maura Huwalt	1/14/2023
17.25m/56-7.25	Maura Huwalt	1/14/2023
17.15m/56-3.25	Valentina Muzaric	3/15/2014
17.10m/56-1.25	Valentina Muzaric	2/28/2014
17.04m/55-11	Valentina Muzaric	3/15/2014
17.00m/55-9.25	Valentina Muzaric	2/8/2014
16.96m/55-7.75	Valentina Muzaric	3/15/2014
16.95m/55-7.5	Valentina Muzaric	3/15/2014

## 20 LB WEIGHT THROW

23.32m/76-6.25	Madi Malone	2/26/2022
22.89m/75-1.25	Madi Malone	2/25/2021
22.79m/74-9.25	Madi Malone	2022
22.75m/74-7.75	Madi Malone	2022
22.72m/74-6.50	Madi Malone	2/12/2022
22.71m/74-6.25	Madi Malone	2/24/2023
22.69m/74-5.5	Madi Malone	1/27/2023
22.63m/74-3	Madi Malone	3/13/2022
22.56m/74-0.25	Madi Malone	2/13/2021

## PENTATHLON

4153	Michelle Atherley	2016
4148	Michelle Atherley	2016
4011	Paula Grauvogel	2/23/2024
3908	Natosha Jordan	2/28/2020
3865	Natosha Jordan	1/31/2020
3833	Michelle Atherley	2016
3810	Natosha Jordan	2019
3755	Amelia Anderson	2010
3703	Keira McCarrell	2/25/2022
3675	Paula Grauvogel	1/19/2024

## HEPTATHLON

5750	Lacena Golding	1998
5167	Vanessa Johnson	2000
4602	Amelia Anderson	2006
4578	Chelsey Thomas	2009



# Auburn Indoor Records

## Men's Indoor Records

EVENT	NAME	MARK	DATE
55 meters	Coby Miller	6.11	1999
60 meters	Coby Miller	6.50	2000
<b>200 meters</b>	<b>Makanakaisha Charamba</b>	<b>20.13</b>	<b>3/1/2025</b>
400 meters	Akeem Bloomfield	44.86	2018
800 meters	Fred Sharpe	1:47.53	2003
<b>Mile Run</b>	<b>Max Hardin</b>	<b>3:57.67</b>	<b>2/14/2025</b>
3000 meters	Brian Abshire	7:54.66	1986
<b>5000 meters</b>	<b>Nickson Chebii</b>	<b>13:38.16</b>	<b>12/7/2024</b>
55m hurdles	James Walker	7.14	1978
<b>60m hurdles</b>	<b>Ja'Kobe Tharp</b>	<b>7.48</b>	<b>3/1/2025</b>
High Jump	Donald Thomas	2.33m/7-7.75	2007
Pole Vault	Clark Humphreys	5.50m/18-0.5	1997
Long Jump	Leevan Sands	8.10m/26-7	2004
Triple Jump	Leevan Sands	17.02m/55-10.25	2004
Shot Put	Stephen Saenz	20.08m/65-10.5	2012
Weight Throw	Cory Martin	23.39m/76-5	2007
Heptathlon	Maurice Smith	6035	2005
Pentathlon	Victor Houston	4086	1996
4x400 Relay	Henderson, Hardy, Griffiths, Campbell	3:04.22	1986
Dist. Medley Relay	M. Hardin, L. Bessick L. O'Loughlin, R. Kinnane	9:24.43	2/16/2024

## Women's Indoor Records

EVENT	NAME	MARK	DATE
55 meters	Kerron Stewart	6.71	2006
60 meters	Nataliah Whyte	7.12	2018
200 meters	Kerron Stewart	22.46	2007
<b>400 meters</b>	<b>Vimbayi Maisvorewa</b>	<b>51.55</b>	<b>2/28/2025</b>
800 meters	Presley Weems	2:04.05	2/11/2022
Mile Run	Presley Weems	4:37.41	2/5/2022
3000 meters	Joyce Kimeli	8:56.02	2/27/2021
<b>5000 meters</b>	<b>Brenda Jepchirchir</b>	<b>15:33.37</b>	<b>2/27/2025</b>
55m hurdles	Lacena Golding	7.37	1998
60m hurdles	Vonette Dixon	7.94	2000
High Jump	Raevan Harris	1.89m/6-2.25	2009
<b>Pole Vault</b>	<b>Alyssa Quinones-Mixon</b>	<b>4.44m/14-6.75</b>	<b>2/14/2025</b>
Long Jump	Elva Goulbourne	6.91m/22-8	2001
Triple Jump	Shelly-Ann Gallimore	13.84m/45-5	2002
Shot Put	Valentina Muzaric	17.89m/58-8.5	3/15/2014
Weight Throw	Madi Malone	23.32m/76-6.25	2022
Pentathlon	Michelle Atherley	4153	2016
Heptathlon	Lacena Golding	5750	1998
4x400 Relay	Lucas, Thomas, Stewart, James	3:29.50	2006
Dist. Medley Relay	Bartley, Bartley, Trujillo, Sauder	11:13.34	1995

# Freshman Records

## Men's Freshman Indoor Records

EVENT	NAME	MARK	DATE
55 meters	Harvey Glance	6.14	1976
	Wille Smith	6.14	1975
<b>60 meters</b>	<b>Israel Okon</b>	<b>6.51</b>	<b>2/28/2025</b>
200 meters	Marcus Rowland	20.92	2009
400 meters	Akeem Bloomfield	45.43	2017
800 meters	Justin Rinald	1:50.83	1994
Mile Run	Max Hardin	4:01.50	1/27/2024
3000 meters	Girma Mecheso	8:04.04	2009
5000 meters	Girma Mecheso	14:01.14	2009
55m hurdles	Shamar Sands	7.31	2003
60m hurdles	Shamar Sands	7.59	2003
High Jump	Dontavious Hill	2.16m/7-1	2019
	DJ Smith	2.16m/7-1	2011
Pole Vault	Clark Humphreys	5.15m/16-10.75	1995
Long Jump	Boris Goins	24-9.50	1986
Triple Jump	Andre Scott	16.11m/52-10.25	1995
Shot Put	Stephen Saenz	19.51m/64-0.25	2011
Weight Throw	Cory Martin	20.72m/67-11.75	2004
Heptathlon	Michael May	5672	2/24-25/2023
Pentathlon	Parker Shearer	5107	2013

## Women's Freshman Indoor Records

EVENT	NAME	MARK	DATE
55 meters	CeCe Williams	7.04	2009
60 meters	Nataliah Whyte	7.12	2018
200 meters	Nataliah Whyte	23.40	2018
400 meters	Arianna Sharpe	52.42	2/10/2023
800 meters	Samantha Berggren	2:09.40	2012
Mile Run	Camila Gomes	4:38.18	2/9/2024
<b>3000 meters</b>	<b>Brenda Jepchirchir</b>	<b>9:08.37</b>	<b>1/25/2025</b>
<b>5000 meters</b>	<b>Brenda Jepchirchir</b>	<b>15:33.37</b>	<b>2/27/2025</b>
55m hurdles	Clara Hairston	7.85	1982
60m hurdles	Michelle Atherley	8.37	2016
High Jump	Nakeitra Jones	1.85m/6-0.75	1998
Pole Vault	Alyssa Quinones-Mixon	4.05m/13-3.5	1/13/2023
Long Jump	Dominique Bullock	6.30m/20-8	2015
Triple Jump	Shelly-Ann Gallimore	13.39m/43-11.25	2000
Shot Put	Valentina Muzaric	16.72m/54-10.25	2013
Weight Throw	Madi Malone	22.11m/72-6.5	2019
Pentathlon	Michelle Atherley	4153	2016