## **AXESS NHS SEXUAL HEALTH OUTREACH**



# axess - Transgender awareness

axess sexual health outreach team are offering a Trans awareness briefing session for professionals working with young people, who would like to raise their awareness of trans identity and gender

This presentation aims to increase confidence, knowledge, skills and respect when teaching and interacting with Trans and gender variant people.

#### Aims of the briefing

This briefing will include a 1hr 15 minute TEAMS presentation, aiming to expand knowledge and highlight the barriers faced by Trans\* people. Covering:

- Gender
- Intersex
- Terminology
- Correct pronouns
- Transition
- Transphobia
- Trans health and wellbeing
- Trans rights
- Working with trans people



### At the end of this briefing session you will have gained knowledge and understanding around:

- ✓ Gender diversity and identities
- ✓ Using correct language and terms
- ✓ Individual transition journey
- ✓ Barriers to inclusion
- ✓ Inequalities in health/mental health
- ✓ The Law around gender identity

#### **Upcoming sessions in 2023**

Date	Time	Date	Time
Monday 30 <sup>th</sup> January	3.15pm	Tuesday 11 <sup>th</sup> April	3.15pm
Tuesday 21 <sup>st</sup> February	1pm	Monday 8 <sup>th</sup> May	1pm
Wednesday 15th March	3.15pm	Wednesday 7 <sup>th</sup> June	1pm

If you would like to book a place, please contact Kerry.thomas@liverpoolft.nhs.uk.

