

AXESS NHS SEXUAL HEALTH EDUCATION



Champion Training

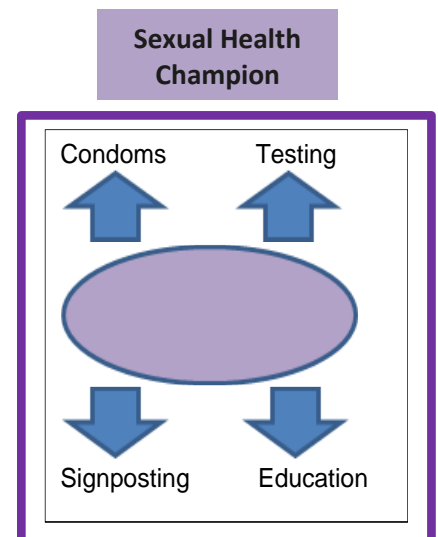
axess education team aim to create sexual health Champions to enable sexual health interventions to be delivered in community settings

This non-clinical training aims to enable professionals to feel more comfortable and confident when delivering and dealing with sexual health issues and relationship education with young people. As part of the training, axess will provide session plans with facilitator notes, resources and presentations, including information to promote axess clinical services and campaigns. The full training is 5 hours face to face or, if your organisation is already part of the community condom distribution scheme that axess coordinate, the Champion training is 3 hours long.

Aims of the training

The Champion model has 4 main elements which include:

- Supporting **condom** distribution at your venue
- Supporting young people with **Chlamydia** and STI screening
- Deliver short **educational** sessions on sexual health topics
- **Promote** the axess services and sexual health related campaigns within your organisation



At the end of this Champion training, you will gain:

- ✓ Increased knowledge and confidence regarding relationship and sex education (RSE)
- ✓ Increased understanding of what young people need to obtain good sexual health and how self-esteem and confidence impacts on health and well-being
- ✓ Exploring issues concerning boundaries and terminology when working with young people around sexual health
- ✓ Increased understanding of sex and the law, safeguarding and Fraser guidelines
- ✓ An understanding of the community condom scheme and testing for STIs in community settings
- ✓ A tool kit of resources including session plans with facilitator notes, presentations and demonstration materials
- ✓ Information and resources to signpost and promote axess clinical services and sexual health related campaigns

To discuss this training in more depth and to organise dates, please email Karen.hampson@liverpoolft.nhs.uk who will be more than happy to answer all your questions.

For further information on sexual health services please visit:

www.axess.clinic