



Sexual Health Education

Introduction to axess sexual health: 7-minute briefing

Learning outcomes

By the end of the session, participants should be able to:

- Discuss axess service provision and how to signpost.
- Explain why sexual health matters.
- Describe the importance of STI testing and early treatment.
- Identify key contraceptive options.
- Identify an inclusive approach to sexual health conversations, making every contact count.

Book your session

To book onto this training and to organise a suitable date for your staff team, please email both hayley.tooley@liverpoolft.nhs.uk and kelly.cartwright@liverpoolft.nhs.uk.

Visit axess.clinic for further information on sexual health services.

Overview

This 30-minute briefing session introduces axess sexual health services and explores how confident conversations, accessible support and joined-up partnership working can improve sexual health and wellbeing.

The session highlights the importance of early intervention, inclusive practice and effective signposting, supporting professionals to feel more informed and confident when responding to sexual health needs. By strengthening workforce knowledge and improving access to services, we can help reduce health inequalities, prevent sexually transmitted infections, reduce unintended pregnancies and support better outcomes for individuals and communities.

Content

- What axess offers
- Why sexual health matters and health inequalities
- How practitioners can access advice, information and resources
- Opportunities for partnership working and training opportunities.