

Pre Exposure Prophylaxis (PrEP)

An online information booklet

www.axess.clinic

Aims of the session

- To enable professionals to signpost appropriately to PrEP services within **axess**.
- To look at what PrEP is, why it is needed, who it is for and how to access it.
- To find out how **axess** is celebrating International Pride month.

HIV / AIDS



HIV (Human Immunodeficiency virus)

HIV is a virus that damages the cells in your immune system and weakens your ability to fight everyday infections and disease.

AIDS (Acquired Immunodeficiency syndrome)

AIDS is the name used to describe a number of potentially life-threatening infections and illnesses, such as certain cancers, tuberculosis (TB) and pneumonia, that happen when your immune system has been severely damaged by the HIV virus.

Unlike the HIV virus, AIDS can not be transmitted from one person to another.

People who are HIV positive in the UK are very unlikely to develop AIDS, especially if they access treatment early.

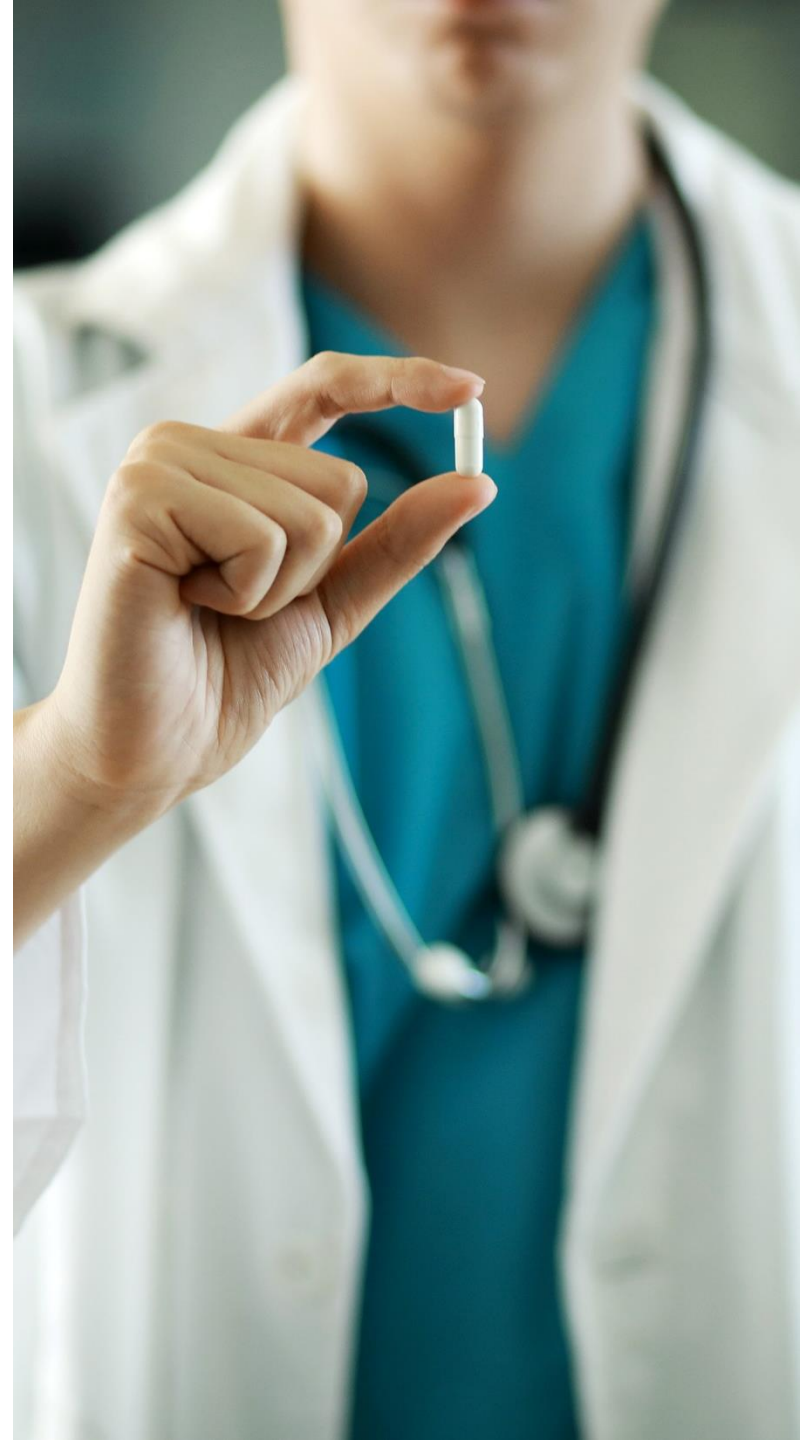
What is PrEP?

PrEP (pre-exposure prophylaxis for HIV)

- **PrEP** is a pill you can take to protect you from HIV.
- It is extremely effective when taken properly.
- If you take PrEP correctly, you do not need to worry about a sexual partner's HIV status.
- You are protecting your own HIV negative status by taking PrEP.

PrEP stands for pre-exposure prophylaxis.

<https://www.iwantprepnov.co.uk/about/>



How effective is PrEP?

- **PrEP** is more than 99% effective at stopping HIV infection, when taken correctly.
- Globally, hundreds of thousands of people take PrEP.
- Very few HIV infections have been reported from when people were using the prescribed dose.

Who is PrEP for?

PrEP is available to anyone who may be exposed to the HIV virus. This includes:

- Men who have sex with men
- Commercial sex workers
- Trans people
- People who are HIV negative and are in a relationship with someone who is HIV positive

“In general, PrEP is recommended for HIV-negative people who do not consistently use condoms or think it likely they won’t, have partners who do not know their HIV status, have sexual partners that may have HIV without realising it, or have had a bacterial STI recently.”

How to access PrEP

Anyone can access PrEP from their local sexual health clinic.

To request an appointment from the axess service, patients can contact us on

0300 323 1300*

**see website for telephone opening times*

Ask for a PrEP assessment

www.axess.clinic



Pride Month



This year, we are focusing on PrEP for International Pride month and asking people

“Are you PrEP-ared for Pride?”

As well as this educational resource, we are sharing messages on digital screens in bars and clubs and via our social media platforms.

If you require any further information on PrEP, Pride or anything else related you can contact the outreach team on

Want more information?

There is a lot of information available online regarding PrEP and HIV.

If you would like to know more, we recommend the following websites.

www.axess.clinic

<https://www.aidsmap.com/>

<https://www.tht.org.uk/>

<https://www.iwantprepnw.co.uk/>

