

Pre-Exposure Prophylaxis (PrEP)

An online information booklet



Aims of the session

- To enable professionals to signpost appropriately to PrEP services in axess
- To look at what PrEP is, why it is needed, who it is for, and how to access it
- To find out how axess is celebrating International Pride Month

HIV / AIDS



HIV (Human Immunodeficiency Virus)

HIV is a virus that damages the cells in your immune system and weakens your ability to fight everyday infections.

AIDS (Acquired Immunodeficiency Syndrome)

AIDS is the name used to describe a number of potentially life-threatening infections and illnesses, such as certain cancers, tuberculosis (TB), and pneumonia, that happen when your immune system has been severely damaged by the HIV virus.

Unlike the HIV virus, AIDS can not be transmitted from one person to another. People who are HIV positive in the UK are very unlikely to develop AIDS, especially if they access treatment early.

What is PrEP?

PrEP (Pre-exposure Prophylaxis for HIV)

- PrEP is a pill you can take to protect you from HIV.
- It is extremely effective when taken properly
- If you take PrEP correctly, you do not need to worry about a sexual partner's HIV status
- You are protecting your own HIV negative status by taking PrEP



How effective is PrEP?

- PrEP is more than 99% effective at stopping HIV infection, when taken correctly
- Globally, hundreds of thousands of people take PrEP.
- Very few HIV infections have been reported from people who have been using their prescribed dose

Who is PrEP for?

PrEP is available to anyone who may be exposed to the virus. This includes:

- Men who have sex with men (MSM)
- Commercial sex workers
- Trans people
- People who are HIV negative and are in a relationship with someone who is HIV positive

"In general, PrEP is recommended for HIV-negative people who do not consistently use condoms or think it likely they won't, or those who do not know their HIV status, have sexual partners that may have HIV without realising it, or have had a bacterial STI recently."

www.aidsmap.com

How to access PrEP

Anyone can access PrEP from their local sexual health clinic.

To request an appointment from the axess service, patients can contact us on 0300 323 1300. See website for telephone line opening times.

Ask for a PrEP assessment when you ring.

Pride Month



This year, we are focusing on PrEP for International Pride month and asking people: "Are you PrEP-ared for Pride?"

We'll also be launching our PrEP Express clinic in Liverpool on Friday 9th June. See our website for more details: www.axess.clinic

If you have any further questions about PrEP, Pride, or any related topic, you can email us on axessoutreach@liverpoolft.nhs.uk



Want more information?

There is plenty of information available online regarding PrEP and HIV.

If you would like to know more, we recommend the following websites:

www.axess.clinic

www.aidsmap.com

www.tht.org.uk

www.iwantprepnnow.org.uk

axess