

Axess Professional Briefing Calendar 2024

Please find below the briefings currently available and details of how to book

The briefings are targeted at those who work with young people and vulnerable adults.

Available **FREE** of charge to those based in the axess localities which include:
Halton, Warrington, Knowsley, Liverpool and /or East Cheshire.

Professional briefing	Briefing details and content covered	Date	Time
Contraception Why do we need to talk about it?	This briefing is held over TEAMS for 1 hour aiming to expand knowledge and highlight the importance of talking about contraception and sexual health, covering: <ul style="list-style-type: none"> • Contraception its value and significance • The importance of discussing contraception • How contraception works • LARC methods of contraception and its benefits • Emergency contraception and other considerations • Knowledge around sexually transmitted infections and the importance of testing • Using correct terminology and increased knowledge of local services 	17.01.24	3.30pm-4.30pm
		25.01.24	1pm - 2pm
		06.02.24	3.30pm-4.30pm
		14.02.24	1pm - 2pm

To book a place on this briefing please contact:

Hayley.tooley@liverpoolft.nhs.uk & Kelly.cartwright@liverpoolft.nhs.uk

Professional briefing	Briefing details and content covered	Date	Time
Sexually Transmitted Infections What you need to know	This briefing is held over TEAMS for 1 hour aiming to increase knowledge, awareness and understanding around sexually transmitted infections, the importance of screening and discussing sexual health within your role, covering: <ul style="list-style-type: none"> • Types of STIs and how they are transmitted including signs and symptoms • The importance of having conversations around STIs • Where and how to get an STI test • Understanding how testing works and its importance • Treatment and how to access support 	04.03.24	3.30pm-4.30pm
		19.03.24	1pm - 2pm
		18.04.24	3.30pm-4.30pm
		24..04.23	1pm - 2pm

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Professional briefing	Briefing details and content covered	Date	Time
Pornography Fake v Reality	<p>This briefing is held over TEAMS for 1 hour aiming to expand knowledge and address ways professionals can begin to teach about pornography and its potential impact and harm to young people.</p> <ul style="list-style-type: none"> • Pornography in the RSE statutory curriculum • A historic overview of pornography • The impact of viewing harmful content • Pornography and body image • Value based approach • Pornography and the law • Services and what they offer 	14.05.24	3.30pm - 4.30pm
		22.05.24	1pm - 2pm
		10.06.24	3.30pm - 4.30pm
		25.06.24	1pm - 2pm

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Professional briefing	Briefing details and content covered	Date	Time
Transgender Awareness	<p>This briefing is held over TEAMS for 1 hr 15mins aimed at those who would like to raise their awareness of trans identity and gender diversity. This presentation aims to increase confidence, knowledge, skills and respect when teaching and interacting with Trans and gender variant people.</p> <ul style="list-style-type: none"> • Gender/diversity and identities • Intersex • Using correct language and terminology • Correct pronouns • Transition/individual journey • Transphobia and laws around gender identity • Trans health and wellbeing • Trans rights • Working with trans people/barriers to inclusion • Inequalities in health/mental health 	15.01.24	3.30pm-4.45pm
		03.04.24	1pm-2.15pm
		01.07.24	3.30pm-4.45pm

To book a place on this briefing please contact:
Kerry.thomas@liverpoolft.nhs.uk

Professional briefing	Briefing details and content covered	Date	Time
Sex and the Law The Facts	<p>This briefing will include a short TEAMS presentation (1 hr) aiming to expand knowledge and increase understanding of the law in relation to consent and sexual behaviours.</p> <ul style="list-style-type: none"> • Explore the history and legislation regarding consent and sexual activity • Understand the term consent and its importance • Awareness of the Sexual Offences Act 2003 • To learn about the law in relation to online protection including sexting and revenge pornography • Explore the definition and different types of sexual harassment • Gain an understanding of confidentiality when accessing sexual health services 	3.07.24	3.30pm-4.30pm
		27.08.24	1pm - 2pm
		16.09.24	3.30pm-4.30pm
		26.09.24	1pm - 2pm

To book a place on this briefing please contact:
Hayley.tooley@liverpoolft.nhs.uk & Kelly.cartwright@liverpoolft.nhs.uk

Professional briefing	Briefing details and content covered	Date	Time
HIV update	<p>To support professionals working with vulnerable groups this 1.5 hour Teams presentation aims to increase confidence, knowledge, and skills to help raise awareness about the transmission, prevention, and treatment of Human Immunodeficiency Virus (HIV). It covers the importance of talking about and promoting testing of HIV and sexual health within your role, covering:</p> <ul style="list-style-type: none"> • HIV transmission and myths • Who is most at risk • Prevention and treatment • Stigma, discrimination and the law • Local services and what they offer 	09.01.24	2pm - 3.30pm
		28.02.24	10am - 11.30am
		24.04.24	10am - 11.30am
		19.06.24	10am - 11.30am

To book a place on this briefing please contact:
Kerry.thomas@liverpoolft.nhs.uk & laura.rose@liverpoolft.nhs.uk

Professional briefing	Briefing details and content covered	Date	Time
<p>Relationship and Sex Education</p> <p>RSE educational resource</p>	<p>This briefing is held over Teams for 45 minutes. To support teachers and professionals delivering relationships and sex education (RSE) to secondary aged pupils, axess education team have produced an educational resource. This resource supports the school curriculum, providing practical support for educational staff to implement some of the sexual health elements of the statutory requirements for RSE. The areas covered include:</p> <ul style="list-style-type: none"> • Healthy relationships • Sex and the law • Sexually transmitted infections • Contraception <p>At the end of this briefing, you will receive:</p> <ul style="list-style-type: none"> • A resource guidance aimed at supporting teaching staff delivering RSE • A Key Stage 3 student work booklet – What’s it all about? • A Key Stage 4 student work booklet – There’s more? • Interactive PowerPoints for both Key Stage 3 & 4 <p><i>Within this resource student learning objectives and outcomes are built upon and expanded, which revisits and reintroduces topics at a deeper and more complex level</i></p>	30.01.24	1pm - 2pm
		28.02.24	3.30pm-4.30pm
		26.03.24	3.30pm-4.30pm
		25.04.24	3.30pm-4.30pm
		21.05.24	1pm - 2pm
		25.06.24	3.30pm-4.30pm
		03.07.24	1pm - 2pm
		25.09.24	3.30pm-4.30pm
		14.10.24	3.30pm-4.30pm
		28.11.24	1pm - 2pm
<p style="text-align: center;">To book a place on this briefing please contact: Hayley.tooley@liverpoolft.nhs.uk & Kelly.cartwright@liverpoolft.nhs.uk</p>			

Professional briefing	Briefing details and content covered	Date	Time
<p>Champion Training</p>	<p>The training aims to enable professionals to feel more comfortable and confident when delivering and dealing with sexual health issues and relationship education with young people. As part of the training, axess will provide session plans with facilitator notes, resources and presentations, including information to promote axess clinical services and campaigns.</p> <p>The Champion model has 4 main elements which include:</p> <ul style="list-style-type: none"> • Supporting condom distribution at your venue • Supporting young people with Chlamydia and STI screening • Deliver short educational sessions on sexual health topics • Promote the axess services and sexual health related campaigns within your organisation 		<p>The training is 5 hours face to face or, if your organisation is part of the axess condom distribution scheme, the Champion training is 3 hours.</p>
<p>For further information and to book a place please contact: Karen.hampson@liverpoolft.nhs.uk</p>			
Professional briefing	Briefing details and content covered	Date	Time
<p>SEND Champion</p>	<p>This training aims to create sexual health Champions to enable sexual health interventions to be delivered to young people and vulnerable adults with SEND. Topics of education covered include: General overview of sexual health, public and private, the body and personal hygiene, healthy masturbation, relationships, condoms, contraception and STIs.</p> <p>The SEND Champion model has 4 main elements which include:</p> <ul style="list-style-type: none"> • Supporting condom distribution at your venue • Supporting regular Chlamydia and STI screening • Deliver short educational sessions on sexual health topics • Promote the axess services and sexual health related campaigns within your organisation. 		<p>The training is 5 hours face to face or, if your organisation is part of the axess condom distribution scheme, the Champion training is 3 hours.</p>
<p>For further information and to book a place please contact: Karen.hampson@liverpoolft.nhs.uk</p>			

For more information or if you would like alternative dates for any of these briefings, please email to discuss