

## **Axess Professional Briefing Calendar 2023**

Please find below the briefings currently available and details of how to book

The briefings are targeted at those who work with young people and vulnerable adults.

Available **FREE** of charge to those based in the axess localities which include: Halton, Warrington, Knowsley, Liverpool and /or East Cheshire.

Professional briefing	Briefing details and content covered	Date	Time	
Contraception	This briefing is held over TEAMS for 1 hour aiming to expand knowledge and highlight the importance of talking about contraception and sexual health, covering:	05.04.23	1pm - 2pm	
Why do we need to talk about it?	<ul> <li>Contraception its value and significance</li> <li>The importance of discussing contraception</li> <li>How contraception works</li> <li>LARC methods of contraception and its benefits</li> <li>Emergency contraception and other considerations</li> </ul>	25.04.23	3.30pm - 4.30pm	
		04.05.23	1pm - 2pm	
	<ul> <li>Knowledge around sexually transmitted infections and the importance of testing</li> <li>Using correct terminology and increased knowledge of local services</li> </ul>	22.05.23	3.30pm - 4.30pm	
Hayley.to Professional briefing	oley@liverpoolft.nhs.uk_& Kelly.cartwright@liverpoolft.nhs.uk_& Kelly.cartwright@liverpoolft.nhs.uk_& Briefing details and content covered	Dolft.nhs.uk	Time	
Sexually Transmitted Infections What you need to know	<ul> <li>This briefing is held over TEAMS for 1 hour aiming to increase knowledge, awareness and understanding around sexually transmitted infections, the importance of screening and discussing sexual health within your role, covering</li> <li>Types of STIs and how they are transmitted including; signs and symptoms</li> <li>The importance of having conversations around STIs</li> <li>Where and how to get an STI test</li> <li>Understanding how testing works and its importance</li> </ul>	06.06.23	1pm - 2pm	
		29.06.23	3.30pm - 4.30pm	
		04.07.23	1pm - 2pm	
		17.07.23	3.30pm - 4.30pm	
Treatment and how to access support     To book a place on this briefing please contact: <u>Hayley.tooley@liverpoolft.nhs.uk</u> & <u>Kelly.cartwright@liverpoolft.nhs.uk</u>				

Professional briefing	Briefing details and content covered	Date	Time		
Pornography Fake v Reality	<ul> <li>This briefing is held over TEAMS for 1 hour aiming to expand knowledge and address ways professionals can begin to teach about pornography and its potential impact and harm to young people.</li> <li>Pornography in the RSE statutory curriculum</li> <li>A historic overview of pornography</li> <li>The impact of viewing harmful content</li> <li>Pornography and body image</li> </ul>	22.08.23	1pm - 2pm		
		07.09.23	3.30pm - 4.30pm		
		27.09.23	1pm - 2pm		
	<ul> <li>Value based approach</li> <li>Pornography and the law</li> <li>Services and what they offer</li> </ul>	09.10.23	3.30pm - 4.30pm		
To book a place on this briefing please contact: <u>Hayley.tooley@liverpoolft.nhs.uk</u> & <u>Kelly.cartwright@liverpoolft.nhs.uk</u>					
Professional briefing	Briefing details and content covered	Date	Time		
Transgender Awareness	<ul> <li>This briefing is held over TEAMS for 1 hr 15mins aimed at those who would like to raise their awareness of trans identity and gender diversity. This presentation aims to increase confidence, knowledge, skills and respect when teaching and interacting with Trans and gender variant people.</li> <li>Gender/diversity and identities <ul> <li>Intersex</li> <li>Using correct language and terminology</li> <li>Correct pronouns</li> <li>Transition/individual journey</li> <li>Trans health and wellbeing</li> <li>Trans rights</li> <li>Working with trans people/barriers to inclusion</li> <li>Inequalities in health/mental health</li> </ul> </li> </ul>	30.01.23	3.15pm - 4.30pm		
		20.02.23	1.00pm - 2.15pm		
		15.03.23	3.15pm - 4.30pm		
		11.04.23	3.15pm - 4.30pm		
		08.05.23	1.00pm - 2.15pm		
		14.06.23	1.00pm - 2.15pm		
		10.07.23	3.15pm - 4.30pm		
		08.08.23	1.00pm - 4.30pm		
		13.09.23	3.15pm - 4.30pm		
	To book a place on this briefing please contact Kerry.thomas@liverpoolft.nhs.uk	:			

Professional briefing	Briefing details and content covered	Date	Time		
Sex and the Law The Facts	This briefing will include a short TEAMS presentation (1 hr) aiming to expand knowledge and increase understanding of the law in relation to consent and sexual behaviours.	24.10.23	1pm - 2pm		
	<ul> <li>Explore the history and legislation regarding consent and sexual activity</li> <li>Understand the term consent and its importance</li> <li>Awareness of the Sexual Offences Act 2003</li> <li>To learn about the law in relation to online protection including sexting and revenge pornography</li> <li>Explore the definition and different types of sexual harassment</li> <li>Gain an understanding of confidentiality when accessing sexual health services</li> </ul>	08.11.23	3.30pm - 4.30pm		
		27.11.23	1pm - 2pm		
		14.12.23	3.30pm - 4.30pm		
To book a place on this briefing please contact: <u>Hayley.tooley@liverpoolft.nhs.uk</u> <u>Kelly.cartwright@liverpoolft.nhs.uk</u>					
Professional briefing	Briefing details and content covered	Date	Time		
Relationship and Sex Education RSE educational resource	This briefing is held over Teams for 45 minutes. To support teachers and professionals delivering relationships and sex education (RSE) to secondary school pupils, axess outreach team have produced an educational resource. This resource supports the school curriculum, providing practical support for educational staff to implement some of the sexual health elements of the statutory requirements for RSE. <b>At the end of this briefing you will receive:</b>	22.03.23	1pm - 1.45pm		
		09.05.23	3.30pm - 4.15pm		
		29.06.23	1pm - 1.45pm		
	<ul> <li>A resource guidance aimed at supporting teaching staff delivering RSE</li> <li>A Key Stage 3 student work booklet – What's it all about?</li> <li>A Key stage 4 student work booklet – There's more?</li> <li>Interactive PowerPoints for each key stage</li> </ul>	03.10.23	3.30pm - 4.15pm		
To book a place on this briefing please contact:         Hayley.tooley@liverpoolft.nhs.uk       & Kelly.cartwright@liverpoolft.nhs.uk         For more information or if you would like alternative dates, please email the above					