

# Axess professional briefing calendar 2026

Please find below the briefings currently available and details of how to book

These briefings are targeted at those who work with young people and vulnerable adults. Sessions are available free of charge to those based in the axess localities, including: Halton, Warrington, Knowsley, Liverpool and Cheshire East.

Professional briefing	Briefing details and content covered	Date	Time
Contraception: Why do we need to talk about it?	<p>This briefing is held over Microsoft Teams for one hour aiming to expand knowledge and highlight the importance of talking about contraception and sexual health, covering:</p> <ul style="list-style-type: none"> <li>• Contraception: its value and significance</li> <li>• The importance of discussing contraception</li> <li>• How contraception works</li> <li>• LARC methods of contraception and its benefits</li> <li>• Emergency contraception and other considerations</li> <li>• Knowledge around sexually transmitted infections and the importance of testing</li> <li>• Using correct terminology and increased knowledge of local services.</li> </ul>	5 February 2026	1pm-2pm
		2 April 2026	10am-11am
		7 July 2026	3.30pm-4.30pm
		4 November 2026	1pm-2pm

To book a place on this briefing please contact [hayley.tooley@liverpoolft.nhs.uk](mailto:hayley.tooley@liverpoolft.nhs.uk) and [kelly.cartwright@liverpoolft.nhs.uk](mailto:kelly.cartwright@liverpoolft.nhs.uk)

Professional briefing	Briefing details and content covered	Date	Time
Sexually transmitted infections: What you need to know	<p>This briefing is held over Microsoft Teams for one hour aiming to increase knowledge, awareness, and understanding around sexually transmitted infections, the importance of screening and discussing sexual health within your role, covering:</p> <ul style="list-style-type: none"><li>• Types of STIs and how they are transmitted, including signs and symptoms</li><li>• The importance of having conversations around STIs</li><li>• Where and how to get an STI test</li><li>• Understanding how testing works and its importance</li><li>• Treatment and how to access support.</li></ul>	10 March 2026	1pm-2pm
		4 June 2026	10am-11am
		8 September 2026	3.30pm-4.30pm
		4 November 2026	10am-11am

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Professional briefing	Briefing details and content covered	Date	Time
Pornography: Fake v Reality	<p>This briefing is held over Microsoft Teams for one hour and aims to expand knowledge and address the ways that professionals can begin to teach about pornography and its potential impact and harm to young people. It covers:</p> <ul style="list-style-type: none"><li>• Pornography in the RSE statutory curriculum</li><li>• A historic overview of pornography</li><li>• The impact of viewing harmful content</li><li>• Pornography and body image</li><li>• Value based approach</li><li>• Pornography and the law</li><li>• Services and what they offer.</li></ul>	19 March 2026	3.30pm-4.30pm
		14 May 2026	1pm-2pm
		1 July 2026	10am-11am
		1 December 2026	1pm-2pm
To book a place on this briefing please contact <a href="mailto:hayley.tooley@liverpoolft.nhs.uk">hayley.tooley@liverpoolft.nhs.uk</a> and <a href="mailto:kelly.cartwright@liverpoolft.nhs.uk">kelly.cartwright@liverpoolft.nhs.uk</a>			

Professional briefing	Briefing details and content covered	Date	Time
Transgender awareness	<p>This briefing is held over Microsoft Teams for one hour and 30 minutes. It is aimed at those who would like to raise their awareness of trans identity and gender diversity. This presentation aims to increase confidence, knowledge, skills and respect when teaching and interacting with trans and gender variant people:</p> <ul style="list-style-type: none"><li>• Gender/diversity and identities</li><li>• Intersex</li><li>• Using correct language and terminology</li><li>• Transition/individual journey</li><li>• Transphobia/laws around gender identity</li><li>• Trans health, wellbeing and rights</li><li>• Working with trans people/barriers to inclusion</li><li>• Inequalities in health/mental health.</li></ul>	19 January 2026	3pm-4.30pm
		28 April 2026	3pm-4.30pm
		7 July 2026	10am-11.30am
To book a place on this briefing please contact <a href="mailto:kerry.thomas@liverpoolft.nhs.uk">kerry.thomas@liverpoolft.nhs.uk</a>			

Professional briefing	Briefing details and content covered	Date	Time
Relationship and sex education: RSE educational resource	<p>This briefing is held over Microsoft Teams for one hour. To support teachers and professionals delivering relationships and sex education (RSE) to secondary aged pupils, a sex education team have produced an educational resource. This resource supports the school curriculum, providing practical support for educational staff to implement some of the sexual health elements of the statutory requirements for RSE.</p>	3 February 2026	10am-11am
		26 March 2026	1pm-2pm
		29 April 2026	3.30pm-4.30pm
	<p>The areas covered include:</p> <ul style="list-style-type: none"> <li>• Healthy relationships</li> <li>• Sex and the law</li> <li>• Sexually transmitted infections</li> <li>• Contraception.</li> </ul>	14 May 2026	10am-11am
		16 June 2026	1pm-2pm

	<p>At the end of this briefing, you will receive:</p> <ul style="list-style-type: none"> <li>• A resource guidance aimed at supporting teaching staff delivering RSE</li> <li>• A Key Stage 3 student work booklet – What's it all about?</li> <li>• A Key Stage 4 student work booklet – There's more?</li> <li>• Interactive PowerPoints for both Key Stage 3 &amp; 4.</li> </ul> <p>Within the RSE resource student learning objectives and outcomes are built upon and expanded, which revisits and reintroduces topics at a deeper and more complex level.</p>	8 July 2026	3.30pm-4.30pm
		24 September 2026	10am-11am
		20 October 2026	1pm-2pm
		25 November 2026	3.30pm-4.30pm
		3 December 2026	10am-11am

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Professional briefing	Briefing details and content covered	Date	Time
Sex and the law: The facts	<p>This briefing will include a short Microsoft Teams presentation, lasting one hour and 15 minutes, aiming to expand knowledge and increase understanding of the law in relation to consent and sexual behaviours.</p> <ul style="list-style-type: none"> <li>• Explore the history and legislation regarding consent and sexual activity</li> <li>• Understand the term consent and its importance</li> <li>• Awareness of the Sexual Offences Act 2003</li> <li>• To learn about the law in relation to online protection including sexting and image-based abuse</li> <li>• Explore the definition and different types of sexual harassment</li> <li>• Gain an understanding of confidentiality when accessing sexual health services.</li> </ul>	24 February 2026	1pm-2.15pm
		21 April 2026	10am-11.15am
		15 September 2026	3.30pm-4.45pm
		8 December 2026	1pm-2.15pm

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Professional briefing	Briefing details and content covered	Date	Time
Champion training	<p>The training aims to enable professionals to feel more comfortable and confident when delivering and dealing with sexual health issues and relationship education with young people. As part of the training, axess will provide session plans with facilitator notes, resources and presentations, including information to promote axess clinical services and campaigns.</p> <p>The Champion model has four main elements which include:</p> <ul style="list-style-type: none"> <li>• Supporting condom distribution at your venue</li> <li>• Supporting young people with chlamydia and STI screening</li> <li>• Deliver short educational sessions on sexual health topics</li> <li>• Promote the axess services and sexual health related campaigns within your organisation.</li> </ul>	<p>The training lasts five hours face-to-face or, if your organisation is part of the axess condom distribution scheme, the Champion training is three hours.</p>	

To book a place on this briefing please contact [karen.hampson@liverpoolft.nhs.uk](mailto:karen.hampson@liverpoolft.nhs.uk)

Professional briefing	Briefing details and content covered	Date	Time
SEND Champion training	<p>This training aims to create sexual health Champions to enable sexual health interventions to be delivered to young people and vulnerable adults with SEND.</p> <p>Topics of education covered include: General overview of sexual health, public and private, the body and personal hygiene, healthy masturbation, relationships, condoms, contraception and STIs.</p>	<p>The training lasts five hours face-to-face or, if your organisation is part of the axess condom distribution scheme, the Champion training is three hours.</p>	

The SEND Champion model has four main elements which include:

- Supporting condom distribution at your venue
- Supporting regular Chlamydia and STI screening
- Deliver short educational sessions on sexual health topics
- Promote the axess services and sexual health related campaigns within your organisation.

To book a place on this briefing please contact [karen.hampson@liverpoolft.nhs.uk](mailto:karen.hampson@liverpoolft.nhs.uk)

Professional briefing	Briefing details and content covered	Details
Condom distribution and STI Screening	<p>To support professionals working with young people this briefing aims to increase confidence, knowledge and skills for you to be able to distribute condoms, STI screening kits and signpost to sexual health services. This briefing will include a short Teams or face to face presentation aiming to expand knowledge and highlight the importance of talking about condoms, the protection they offer and the value of discussing sexual health within your role. The briefing will cover:</p> <ul style="list-style-type: none"> <li>• How condoms work to prevent unwanted pregnancies</li> <li>• How condoms reduce the risk of STIs</li> <li>• How to become a condom and STI kit distributor</li> <li>• Supporting condom distribution and STI screening at your venue.</li> <li>• Where condoms and STI testing can be accessed locally</li> <li>• Promote the axess services and sexual health related campaigns within your organisation.</li> </ul>	<p>This briefing takes approx. 30 minutes. To organise a suitable date/ time for your staff team to become condom distributors please get in touch.</p>

To book a place on this briefing please contact [kathleen.white@liverpoolft.nhs.uk](mailto:kathleen.white@liverpoolft.nhs.uk)

For more information or if you would like alternative dates for any of these briefings, please email the relevant staff member as stated.

