

Axess sexual health education sessions

SEND Champions training

Axess' Education Team aim to create sexual health Champions to enable sexual health interventions to be delivered to young people and vulnerable adults with SEND. This non-clinical training aims to enable professionals to feel more comfortable and confident when delivering and dealing with sexual health issues and relationship education with their service users. As part of the training, axess will provide session plans with facilitator notes, resources and presentations, including information to promote axess clinical services and campaigns. The full training is five hours face-to-face or, if your organisation is already part of the community condom distribution scheme that axess coordinate, the Champion training is three hours long.

The Champion model has four main elements which include:

- Supporting condom distribution at your venue
- Supporting regular chlamydia and STI screening
- Delivering short educational sessions on sexual health topics
- Promoting the axess services and sexual health related campaigns within your organisation.

At the end of this briefing session you will have gained knowledge and understanding of:

- Increased knowledge and confidence regarding sex and relationship education (RSE)
- Increased understanding of what young people need to obtain good sexual health and how self-esteem and confidence impacts on health and well-being
- Exploring issues concerning boundaries and terminology when working with sexual health
- Increased understanding of sex and the law, safeguarding and Fraser guidelines
- An understanding of the community condom scheme and testing for STIs in community settings
- A tool kit of resources including session plans with facilitator notes,
- Presentations and demonstration materials
- Information and resources to signpost and promote axess clinical services and sexual health related campaigns

Topics of education to cover

- General overview of sexual health
- Public and private
- The body and personal hygiene
- Healthy masturbation
- Relationships
- Condoms
- Contraception
- STIs.

To book onto this training and to organise a suitable date for your staff team, please email karen.hampson@liverpoolft.nhs.uk.

Visit axess.clinic for further information on sexual health services.