



Sexual Health  
Education

# Sexually Transmitted Infections (STIs)

## Overview

This briefing is aimed at those who work with young people and vulnerable adults. Sexual health is a significant part of health and wellbeing, where discussions are vital to raise awareness and equip positive decision making. It is important to help reduce the incidence of sexually transmitted infections (STIs) including HIV and promote the uptake of STI screening and treatment.

This non-clinical briefing includes a Teams presentation (one hour) aiming to increase knowledge, awareness and understanding around sexually transmitted infections, the importance of screening and discussing sexual health within your role.

## Content

- Types of STIs and how they are transmitted including signs and symptoms
- The importance of having conversations about STIs
- Where and how to get an STI test
- Understanding how testing works and its importance
- Treatment and how to access support
- Local services and signposting.

## Learning outcomes

- Increased awareness and knowledge around sexual health topics
- Information about sexually transmitted infections and the importance of testing
- How to promote positive sexual health and wellbeing in your role
- How to use correct terminology and increased knowledge of local services.

## Book your session

To book onto this training and to organise a suitable date for your staff team, please email both [hayley.tooley@liverpoolft.nhs.uk](mailto:hayley.tooley@liverpoolft.nhs.uk) and [kelly.cartwright@liverpoolft.nhs.uk](mailto:kelly.cartwright@liverpoolft.nhs.uk).

**Visit [axess.clinic](https://axess.clinic) for further information on sexual health services.**