

# Axess sexual health education sessions

## Transgender awareness

Axess sexual health's Outreach Team are offering a transgender awareness briefing session for professionals working with young people, who would like to raise their awareness of trans identity and gender.

This presentation aims to increase confidence, knowledge, skills and respect when teaching and interacting with trans and gender-variant people.

### Aims of the briefing:

This briefing will include a one hour and 15 minute Microsoft Teams presentation, aiming to expand knowledge and highlight the barriers faced by transgender people. This briefing will cover:

- Gender
- Intersex
- Correct terminology and pronouns
- Transition
- Transphobia
- Transgender health and wellbeing
- Transgender rights
- Working and interacting with trans people



At the end of this briefing session, you will have gained knowledge and understanding around:

- Gender diversity and identities
- Using correct language and terms
- Individual transition journey
- Barriers to inclusion
- Inequalities in health/mental health
- The law regarding gender identity

### Upcoming sessions

Date	Time
Wednesday 29 October 2025	10am-11:30am
Monday 19 January 2026	3-4.30pm
Monday 28 April 2026	3-4.30pm
Monday 7 July 2026	10am-11:30am

To book onto this training, please email [kerry.thomas@liverpoolft.nhs.uk](mailto:kerry.thomas@liverpoolft.nhs.uk).

Visit [axess.clinic](http://axess.clinic) for further information on sexual health services.