



UPLAND

DELICIOUS DEFENSE FROM NATURE

THE NEXT GENERATION OF HEALTHY SNACKING

Unlike current, single-ingredient snacks, Upland's innovative freeze-dry technology combines all the wholesome goodness and flavor of whole grains, fruits, seeds, vegetables and spices into a delightfully airy, complete superfood snack!

- Captures 90-95% of nutrients at their peak
- Excellent source of immune boosting Vitamin C and Zinc
- Only 6g of sugar per serving
- Locks in flavor, color and nutrition
- Fun to eat and crave-ably crunchable!



VEGAN

GMO FREE



UPLANDSNACKS.COM



KeHE: 382959

BLACKCURRANT DARK CHOCOLATE SUPER BITES

Nutrition Facts

1 serving per container
Serving size
1 Bag (25g)

Calories
per serving **140**

Amount per serving	% DV*	Amount per serving	% DV*
Total Fat 10g	13%	Sodium 40mg	2%
Saturated Fat 3.2g	16%	Total Carbohydrate 11g	4%
Trans Fat 0g		Dietary Fiber 3g	11%
Polyunsaturated Fat 3.5g		Total Sugars 6g	
Monounsaturated Fat 2.3g		Includes 4g Added Sugars	8%
Cholesterol 0mg	0%	Protein 3g	6%

Vitamin D 1.25mcg **6%** • Calcium 23mg **2%** • Iron 1.8mg **10%** • Potassium 150mg **4%** •
Vitamin C **20%** • Vitamin E **15%** • Magnesium **10%** • Zinc **20%**

INGREDIENTS: Sunflower Seeds, Chocolate, Quinoa, Coconut Oil, Date Honey, Blackcurrant, Flaxseeds, Strawberry, Rice, Cherry, Salt, Acerola Powder, Zinc, Herbal Tea Extract



UNIT



CASE



KeHE: 382961

MANGO PINEAPPLE SUPER BITES

Nutrition Facts

1 serving per container
Serving size
1 Bag (25g)

Calories
per serving **140**

Amount per serving	% DV*	Amount per serving	% DV*
Total Fat 10g	13%	Sodium 55mg	2%
Saturated Fat 3.4g	17%	Total Carbohydrate 11g	4%
Trans Fat 0g		Dietary Fiber 2g	7%
Polyunsaturated Fat 4g		Total Sugars 6g	
Monounsaturated Fat 2.2g		Includes 1g Added Sugars	2%
Cholesterol 0mg	0%	Protein 3g	6%

Vitamin D 1.25mcg **6%** • Calcium 20mg **2%** • Iron 0.7mg **4%** • Potassium 138mg **2%** •
Vitamin C **20%** • Vitamin E **40%** • Magnesium **10%** • Zinc **20%**

INGREDIENTS: Sunflower Seeds, Quinoa, Coconut Oil, Mango, Maple Syrup, Rice, Passion Fruit, Pineapple, Ginger, Salt, Chia, Acerola Powder, Turmeric, Zinc, Herbal Tea Extract, Tocopherols



UNIT



CASE



KeHE: 382958

STRAWBERRY BEET SUPER BITES

Nutrition Facts

1 serving per container
Serving size
1 Bag (25g)

Calories
per serving **140**

Amount per serving	% DV*	Amount per serving	% DV*
Total Fat 9g	12%	Sodium 75mg	3%
Saturated Fat 3.3g	17%	Total Carbohydrate 11g	4%
Trans Fat 0g		Dietary Fiber 1g	4%
Polyunsaturated Fat 3.6g		Total Sugars 6g	
Monounsaturated Fat 2.1g		Includes 2g Added Sugars	4%
Cholesterol 0mg	0%	Protein 4g	8%

Vitamin D 1.25mcg **6%** • Calcium 25mg **2%** • Iron 1mg **6%** • Potassium 170mg **4%** •
Vitamin C **20%** • Vitamin E **10%** • Magnesium **15%** • Zinc **20%**

INGREDIENTS: Sunflower Seeds, Pumpkin Seeds, Coconut Oil, Quinoa, Strawberries, Maple Syrup, Rice, Beet, Lemon Concentrate, Salt, Acerola Powder, Zinc, Herbal Tea Extract



UNIT



CASE



**FREE CLIP STRIP
INCLUDED IN
EVERY CASE
FOR MORE
MERCHANDISING
OPTIONS**

LEARN MORE



Unit Size 25 g
Unit Dimensions 5.5" L × 1.96" W × 7.17" H
Case Pack 6
Case Dimensions 7.76" L × 5.95" D × 8.27" H
Case Weight 0.75 lbs

Case Cube 0.22
Case per Pallet 210
Pallet Weight 157 lbs
TL × HL 40 × 6
MSRP \$4.49

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