International Comparison of Selective Contracting with Hospitals

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Background Healthcare systems limit patients to contracted hospitals to cut costs, causing competition to focus on price rather than quality. Many countries have moved from strict contracts to broader patient choice to address this issue. Recently, Israel too has reevaluated regulation of selective contracting of hospital care.

Aims

Compare models of selective contracting, analyze impact of patient choice reforms and identify characteristics that can be adopted in Israel.

Methods

Literature review of articles from 1990-present using a search protocol on Google Scholar and PubMed. In addition, relevant reports from the OECD European-Observatory were included.

Patient Choice by Country

| | ** | | | • | | | # | Czech | • | (1) |
|-------------------------|-----------------------------------|----------------------|----------------------|----------------------|-------------|------------------|-------------------------|------------------------------|-------------------------|----------------------|
| | Israel | Netherlands | Germany | Switzerland | England | Portugal | Norway | Republic | Slovenia | Denmark |
| Hospital Choice | HMO dependent | Insurer dependent | Insurer dependent | Insurer dependent | Full choice | Full choice | Full choice | Full choice | Public providers | Public providers* |
| Fixed Pricing | PRG and PD | Insurer dependent | DRG | According to canton | HRG | Global budget | DRG and Block Grants | Global budget with DRG | DRG | DRG |
| Types of Limitations | Geographic & specialization level | Insurer dependent | None | Canton list | None | None | Specialization Level | None | Specialization level | Specialization level |

^{*}If waiting time guarantee is exceeded, patients receive full choice of hospital

Results

- Under fixed prices, increased patient choice can drive competition, improving quality of care¹ and patient trust².
- More advantaged patients choose higher quality hospitals, widening health disparities.³⁻⁶
- Tools such as hospital quality information websites and national appointment booking systems can increase transparency.

Recommendations

- Increasing patient choice can promote hospital competition and increase patient trust.
- Realistic fixed payments for performance and increased transparency can ensure this positive correlation.

Examples of tools to increase transparency

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|-------------|--|--|----------------------------|
| | Limitations on Patient Choice | Public Access to Quality Indicators | National Booking System |
| England | Removed in Patient Choice Reform, 2008 | NHS Choices | E-Referral |
| Germany | Depends on Insurer | Weisse Liste | X |
| Switzerland | Depends on Insurer | FOPH website | Government website |
| Netherlands | Depends on Insurer | Zorg Domein | Х |

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