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Retinal Vascular Occlusion after COVID-19 Vaccination A Nationwide Cohort Study

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Introduction

Background:

- The Pfizer-BioNTech BNT162b2 SARS-CoV-2 vaccine was a milestone in containing the COVID-19 pandemic.
- Despite demonstrated efficacy, concerns arose about possible rare adverse effects, including retinal vascular occlusion (RVO).
- RVO includes retinal vein occlusion (RVO) and retinal artery occlusion (RAO), with distinct risk factors and potential for severe vision loss.

Objective:

- To assess whether there is an association between receiving anti-SARS-CoV-2 vaccinations (including multiple booster doses) and the development of RVO in a large nationwide cohort in Israel.

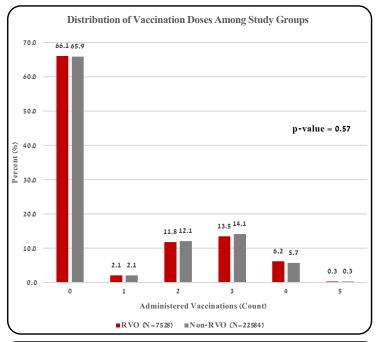
Methods

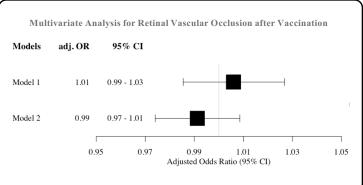
Study Design & Setting: Retrospective cross-sectional study using data from Clalit Health Services (CHS), the largest healthcare provider in Israel. Population: Individuals ≥18 years with newly diagnosed RVO (ICD-9 code 362.3) between December 2017 and January 2023 (n=7,528). Matched controls (1:3) with no RVO diagnosis during the same period (n=22,584).

Main Exposure: Number of COVID-19 vaccine doses (0 to 5).

Outcome: Newly diagnosed RVO.

Covariates: Age, gender, BMI, smoking status, prior COVID-19 infection, hypertension, hyperlipidemia, diabetes, cerebrovascular accident, peripheral vascular disease, chronic heart failure, glaucoma, and arthropathy.





Results

Total N=31,112: RVO cases (n=7,528) vs. matched controls (n=22,584). Mean age: 65.0 ± 15.9 years, slightly higher in RVO group (p=0.009). Similar gender and BMI distributions between groups.

Vaccination Status: Doses ranged from 0 to 5; 34% received ≥1 dose by index date. No significant difference in vaccination distribution between RVO and non-RVO groups (p=0.57).

Comorbidities: RVO group had higher prevalence of hypertension, hyperlipidemia, glaucoma, peripheral vascular disease, and cerebrovascular accident. Diabetes prevalence was similar between groups.

Multivariate Analysis: Anti-SARS-CoV-2 vaccination (dose count) was not significantly associated with RVO development (adjusted OR ~1.0).

Comorbidities (e.g., hypertension, hyperlipidemia) did not alter the lack of association after adjustment.

Discussion

- No significant link was found between COVID-19 vaccination and
- $RVO\ occurrence\ in\ this\ large-scale,\ nation wide\ cohort.$
- Even with booster doses, adjusted ORs remained near 1.
- Comorbidities (e.g., hypertension) were more frequent in RVO cases but did not confound the null association with vaccination.

Clinical Implications:

- These findings support the retinal safety of current mRNA COVID-19 vaccines.
- Booster doses remain critical in COVID-19 prevention, with no evidence of increased RVO risk.
- Continued vigilance and documentation of post-vaccination ocular events are warranted, but routine withholding of vaccines due to RVO concerns is not supported by these data.