Professional and Service-User Perspectives Regarding the Future of Mental Healthcare in Israel

Amit Kramer^{1,2,*}, Anat Brunstein-Klomek^{3,*}, Nili Neuthal^{1,2}, Tal Nakash Bar³, Dana Tzur Bitan^{1,2}

- ¹ Department of Community Mental Health, University of Haifa, Haifa, Israel
- ² Shalvata Mental Health Center, Hod Hasharon, Israel
- ³ Baruch Ivcher School of Psychology, Reichman University, Herzliya, Israel



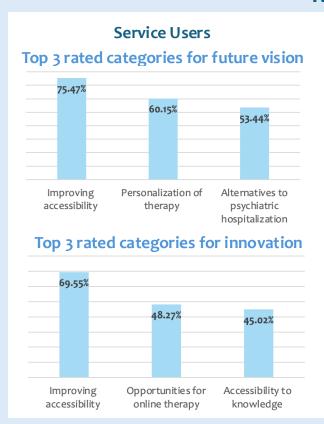
Introduction

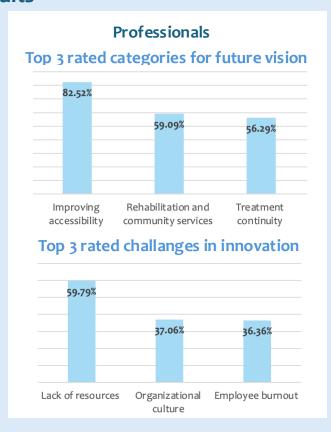
A recent call has been made to address the needs of citizens inflicted by multiple adversities such world pandemic, internal conflicts, events of mass trauma and an ongoing war. Although many studies provide evidence of the growing demand for mental health services in Israel [1-6], the specific needs, and the challenges of implementing innovative solutions to address them, have yet to be clearly defined.

Methods

Two surveys were distributed to mental health professionals and service users. Responders (286 professionals and 522 service users) were asked about their vision for future mental health services and their views regarding the integration of technology and innovation, using a close-ended measure developed by mental health professionals to address local challenges.

Results





Discussion

Policy and decision-makers in Israel should consider addressing the issue of mental healthcare accessibility as top priority when planning a mental health reform, as well as routes to improve personalized care and alternative to psychiatric admissions. Steps should be taken to improve innovation and technology as means to improve the quality of mental healthcare in Israel.

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