

The Effect of Non-Invasive Brain Stimulation on Neuro-Cognitive Functions in Pediatric ADHD



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INTRODUCTION

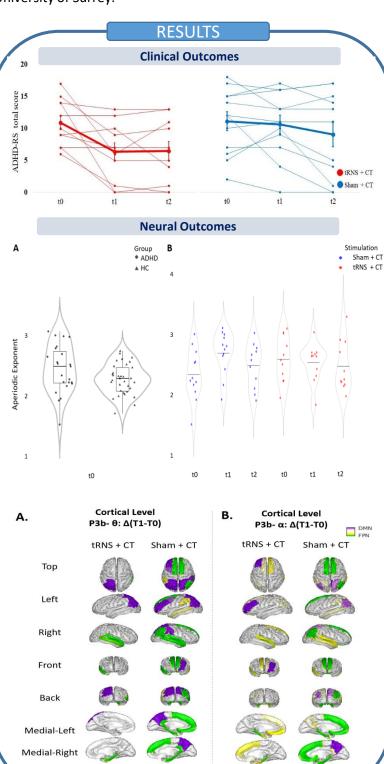
Attention-deficit/hyperactivity disorder (ADHD) is a prevalent neurodevelopmental disorder characterized by deficits in attention, impulse control, and executive function.

- While pharmacological treatments can be effective, they often come with side effects and do not address underlying neural mechanisms.
- ADHD is associated with an imbalance in neural excitation and inhibition (E/I balance), measurable through electroencephalographic (EEG) markers such as the aperiodic exponent.
- The aperiodic exponent, derived from power spectral analysis, reflects the excitation-inhibition dynamics of cortical circuits and has emerged as a promising neurophysiological marker in psychiatric conditions.
- This study explores the potential of transcranial random noise stimulation (tRNS), a form of noninvasive brain stimulation, as a novel intervention to modulate neural activity and improve clinical outcomes in children with ADHD.
- We hypothesized that tRNS would improve clinical symptoms and normalize EEG-based E/I markers in children with ADHD.

METHODS t0 t1 t2 Week 1 Week 2 Week 3 Week 4 Week 5 Screening Healthy Control Group Sham + CT n= 33 Sham + CT n= 12 RNS + CT --Baseline Assessments







DISCUSSION

The results highlight the potential of tRNS as a non-invasive, non-pharmacological intervention for modulating brain function and improving clinical outcomes.

Support the utility of EEG-based aperiodic measures as biomarkers for monitoring intervention effects in ADHD.

Acknowledgments

Tech Innosphere Engineering Ltd. Israel Innovation Authority Golda Meir award (n. 0395110) Zvi Yanai award (n. 3031000280).

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