



Ministry of Science and Higher Education
Republic of Poland

Co-financed by the project of Minister of Science and Higher Education "Industry Contact Points for the Horizon Europe Research and Innovation Framework Programme"



LOWER SILESIA



DOLNY ŚLĄSK

STUDY VISIT & MATCHMAKING

Digital hospital



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Dolnośląskie Centrum Zdrowia Psychicznego



- A key mental health provider in the Lower Silesia region of Poland
- A historic psychiatric hospital operating continuously **since 1888**
- 24/7 inpatient wards, day-care units, outpatient specialist clinics, and Community Mental Health Centres
- Nearly **4,000 patients** treated annually in inpatient psychiatric wards
- Nearly **70,000 consultations** and visits annually in the areas of mental health, addiction treatment, and community-based care
- Our mission is to provide fast, accessible, and patient-centred support in mental health crises, combining clinical care with continuity of treatment

RESOURCES & CAPACITY



- Within a single organisational structure, we integrate inpatient psychiatric wards, day-care units, outpatient specialist clinics, and Community Mental Health Centres, ensuring a fully coordinated patient care pathway in one place
- We are actively involved in the national psychiatric care reform, implementing modern community-based and outpatient care models, and delivering publicly funded projects in cooperation with the Marshal's Office of the Lower Silesian.
- More than **200 specialists** forming a multidisciplinary team, including psychiatrists, clinical psychologists, occupational therapists, and psychiatric nurses
- We are open to collaboration with partners, contributing to projects with essential practical clinical expertise and insight into the real, day-to-day needs of patients.

AREAS OF INTEREST



- **Area 1: HORIZON-HLTH-2027-01-CARE-02 Call** (Polypharmacy and medication safety)
 - As a large psychiatric hospital, we recognise the challenge of safely treating patients (particularly older adults) who are prescribed multiple medications simultaneously.
We are interested in engaging in dialogue with developers of clinical decision-support systems to explore approaches for reducing the risk of drug–drug interactions.
- **Area 2: HORIZON-HLTH-2027-01-TOOL-02 Call** (Digital tools in psychiatry)
 - We are interested in practical experience with the implementation of simple telemedicine tools and applications supporting patients in the prevention of mental health crises (e.g. in community-based care), while also addressing the risk of digital exclusion among geriatric patients.

COLLABORATION PROPOSAL



- **Purpose of the visit:**
Participation in the study visit aims to become familiar with proven Finnish system-level and technological solutions (e-health) in the field of mental health.
- **Stakeholders we aim to meet:**
Healthcare and public sector organisations: Finnish hospitals and institutions successfully implementing digital systems supporting psychiatric care.
- Research teams: academic centres focused on evaluating the effectiveness and safety of telemedicine tools.
- In international partnerships, **DOLNOŚLĄSKIE CENTRUM ZDROWIA PSYCHICZNEGO** sees its role primarily as a practical and advisory partner, capable of assessing the applicability of specific technologies in everyday clinical practice with patients.



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Thank you

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Please wait