ORGANISATIONAL RESEARCH & IMPLEMENTATION PROFILE

CENTER FOR TOLERANCE AND PHYSICAL WELL-BEING EDUCATION | KAUNAS, LITHUANIA

Horizon Europe Health Cluster 2027 • Potential implementation and behavioural intervention partner

Who we are

The Center for Tolerance and Physical Well-being Education is a Lithuanian non-profit working in public health, behavioural science, education and psychosocial well-being. Its work focuses on sustainable health behaviour change among children, adolescents and families, particularly in the prevention of overweight, obesity and associated non-communicable disease (NCD) risks.

The Center delivers educational and community-based activities addressing eating behaviour, physical activity, sleep, emotional regulation and family dynamics. Its practical approach combines direct work with young people and families with training for professionals.

Relevant implementation experience

2018–2019 | Childhood and adolescent obesity prevention. Partner with the Lithuanian Association for Overweight and Obesity Prevention (Lobesity) in publicly funded programmes addressing eating habits, physical activity, rest and emotional regulation, including follow-up support.

2022 | Family-based childhood obesity prevention methodology. Partner with Lobesity in developing a family-oriented health education methodology and training professionals to use it.

2018–2020 | HEALTH CREDU, Erasmus+. International project partner contributing to methodology and educational materials for healthy, safe and inclusive learning environments.

2020–2021 | EMO DARNA. Partner in a programme focused on psychosocial well-being and professional training.

2024 | Threads of Unity. Coordinator of a publicly funded community health and social well-being programme implemented across five Lithuanian municipalities.

Access to real-world implementation settings

The Center has working relationships with Lithuanian municipalities and municipal Public Health Bureaus. These relationships can facilitate contact with schools, public health practitioners, families and community stakeholders. Specific recruitment, data access and implementation arrangements would require agreements with the relevant institutions.

What we can contribute to a consortium

Intervention adaptation and delivery in school, family and community settings; adolescent and parent engagement; co-design and age-appropriate behavioural materials; professional

training; support for participant recruitment and retention; collection of implementation feedback; and process evaluation alongside academic partners. The Center is also interested in piloting digital and AI-supported educational tools where they serve a defined research protocol.

Priority Horizon Europe topics

PRIMARY | HORIZON-HLTH-2027-01-DISEASE-10 — Prevention and management of chronic non-communicable diseases in children and young people (GACD). Strongest fit: family-centred behavioural interventions, implementation research and community engagement.

SECONDARY | HORIZON-HLTH-2027-02-DISEASE-01-two-stage — Innovative healthcare interventions for non-communicable diseases. Potential contribution to clinically led projects requiring behavioural support, patient/family engagement and real-world delivery.

Selected publications and resources

Šabajevas, A., Šabajevienė, G., and co-authors (2023). Publication on adolescent obesity prevention. International Journal of Multidisciplinary and Current Educational Research, 5(2), 91–96. https://www.ijmcer.com/wp-content/uploads/2023/07/IJMCER_J02509196.pdf

Lobesity and co-authors (2022). Lithuanian methodological guidance on childhood and adolescent overweight/obesity prevention. https://lobesity.lt/wp-content/uploads/2022/12/Metodika_Lobesity_2022.pdf

Organisation and project information: https://tolerancijoscentras.lt

Partnership proposition

We seek universities, clinical research groups, public health authorities, implementation scientists and technology partners. Proposed roles: implementation partner; behavioural intervention and community engagement partner; contributor to intervention adaptation and real-world evaluation. We do not position ourselves as a clinical trial sponsor or substitute for academic methodological leadership.