



# HOUSING POVERTY AFECTS MORE THAN 625.000 PEOPLE IN PORTUGAL

STRUCTURAL PROBLEMS // LACK OF INFRASTRUCTURES // LACK OF SALUBRITY // POOR HYGIENE CONDITIONS // LACK OF COMFORT

Source: INE, A Privação Habitacional severa aumentou em 2023 –  
[https://www.ine.pt/ngt\\_server/attachfileu.jsp?look\\_parentBoui=65727528&att\\_display=n&att\\_download=y](https://www.ine.pt/ngt_server/attachfileu.jsp?look_parentBoui=65727528&att_display=n&att_download=y)

# +44K

PEOPLE IN PORTUGAL  
DON'T HAVE PIPED WATER<sup>1</sup>

# +50K

PEOPLE IN PORTUGAL  
DON'T HAVE SANITATION<sup>2</sup>

# 25%

MORTALITY INCREASE  
DURING THE WINTER,  
COMPARATIVELY  
TO OTHER EU COUNTRIES<sup>3</sup>

# +165K

PEOPLE IN PORTUGAL  
DON'T HAVE THE FINANCIAL  
CAPACITY TO KEEP THEIR  
HOME ADEQUATELY WARM<sup>4</sup>

<sup>1</sup>Fonte: Censos 2011, INE - [https://censos.ine.pt/xportal/xmain?xpid=CENSOS&xpgid=censos\\_quadros\\_aj01](https://censos.ine.pt/xportal/xmain?xpid=CENSOS&xpgid=censos_quadros_aj01) (3.03)

<sup>2</sup>Fonte: Censos 2011, INE - [https://censos.ine.pt/xportal/xmain?xpid=CENSOS&xpgid=censos\\_quadros\\_aj01](https://censos.ine.pt/xportal/xmain?xpid=CENSOS&xpgid=censos_quadros_aj01) (3.04)

<sup>3</sup>Fonte: LIDDELL, Christine et al., Excess winter deaths in 30 European countries 1980–2013: a critical review of methods, (2016) Journal of Public Health

<sup>4</sup>Fonte: Inquérito às Condições de Vida e Rendimento (ICOR) 2021 - <https://observatorio-lisboa.eapn.pt/documents/dados-oficiais-de-pobreza/>





With the help of volunteers and local communities,  
**Just a Change** transforms the lives of those  
in need by transforming their homes in places  
to be lived with joy and dignity.

# RENOVATING HOMES REBUILDING LIVES





# METHODOLOGY



## 01. MAP

Mobilize local agents to identify cases of housing poverty. Apply the Just a Change criteria to select cases that will be targeted for intervention.



## 02. MOBILIZE

Once the interventions have been defined, Just a Change is responsible for mobilizing the main resources necessary for the project and execution.



## 03. RENOVATE

Articulating all local agents involved to maximize social cohesion, Just a Change focuses on creating relationships with its beneficiaries. We challenge beneficiaries to participate in the intervention.



## 04. FOLLOW UP

Just a Change guarantees that the change brought about by the work does not disappear, promoting the involvement of other local agents, dedicated to monitoring other social issues.



Local Agents



Just a Change

# INTERVENTION PROGRAMS



Summer camps across Portugal, this program allows us to reach more areas of the country. Over the course of 15 days of interaction and intensive work, volunteers renovate several houses in the locality where they are located.

[CAMP IN VIDEO](#)

In Lisbon, Porto and Minho to fight housing poverty on the urban centres. Composed by weekly 4h shifts, over the course of a month, divided in teams led by a coordinator and a construction technician;

[TURN UP VIDEO](#)

At the beginning of each semester, the volunteers spend an intense week in the construction site with the Just a Change spirit, in Lisbon, Porto, Braga or Guimarães.

Intensive day of work renovating an institution, rather than private homes. All In are corporate teambuilding programs where companies, involving their employees, generate social impact by leaving their comfort zone.

[ALL IN VIDEO](#)



# IMPACT // GENERAL

**+530 HOMES**  
**+280 INSTITUTIONS**  
**+21.000 BENEFICIARIES\***  
**+27.000 VOLUNTEERS\*\***  
**+40 MUNICIPALITIES**



\*+1.000 BENEFICIARIES IN PRIVATE HOUSES and +20.000 BENEFICIARIES OF INSTITUTIONS

\*\*+18.000 CORPORATE VOLUNTEERS and +9.000 INDEPENDENT VOLUNTEERS

# IMPACT // 2024

**115 HOMES**

**68 INSTITUTIONS**

**6649 BENEFICIARIES\***

**7415 VOLUNTEERS\*\***

**27 MUNICIPALITIES**



\*240 BENEFICIARIES IN PRIVATE HOUSES + 6.409 BENEFICIARIES OF INSTITUTIONS

\*\*5.891 CORPORATE VOLUNTEERS + 1.524 INDEPENDENT VOLUNTEERS

# PARTNERS

fundaçao  
galp

LEROY MERLIN

SAINT-GOBAIN

FUNDAÇÃO  
MANUEL  
ANTÓNIO DA MOTA

edp

CA  
Crédito Agrícola

alves bandeira

BARZILAI  
FOUNDATION

movhera

ambi  
group

BARBOT  
Novas emoções

IKEA

ERA  
IMOBILIÁRIA

prio

Hertz

CANDRIAM  
A NEW YORK LIFE INVESTMENTS COMPANY

revigres

SCHUSS

HILTI

fa

Hyperion  
renewables

VIZTA

CBRE

DAIKIN

Sonásol

molaflex

pvwtinsa  
by +iccumín



# OTHER WAYS TO HELP



[FOLLOW OUR SOCIAL  
MEDIA](#)



[MAKE A DONATION OR  
BECOME A REGULAR DONOR](#)



[PARTICIPATE IN A  
CORPORATE  
VOLUNTEERING ACTIVITY  
WITH YOUR COMPANY](#)



[FLAG A HOME](#)

# THANK YOU



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Renovating Homes,  
Rebuilding Lives