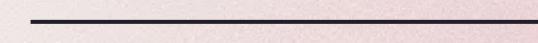


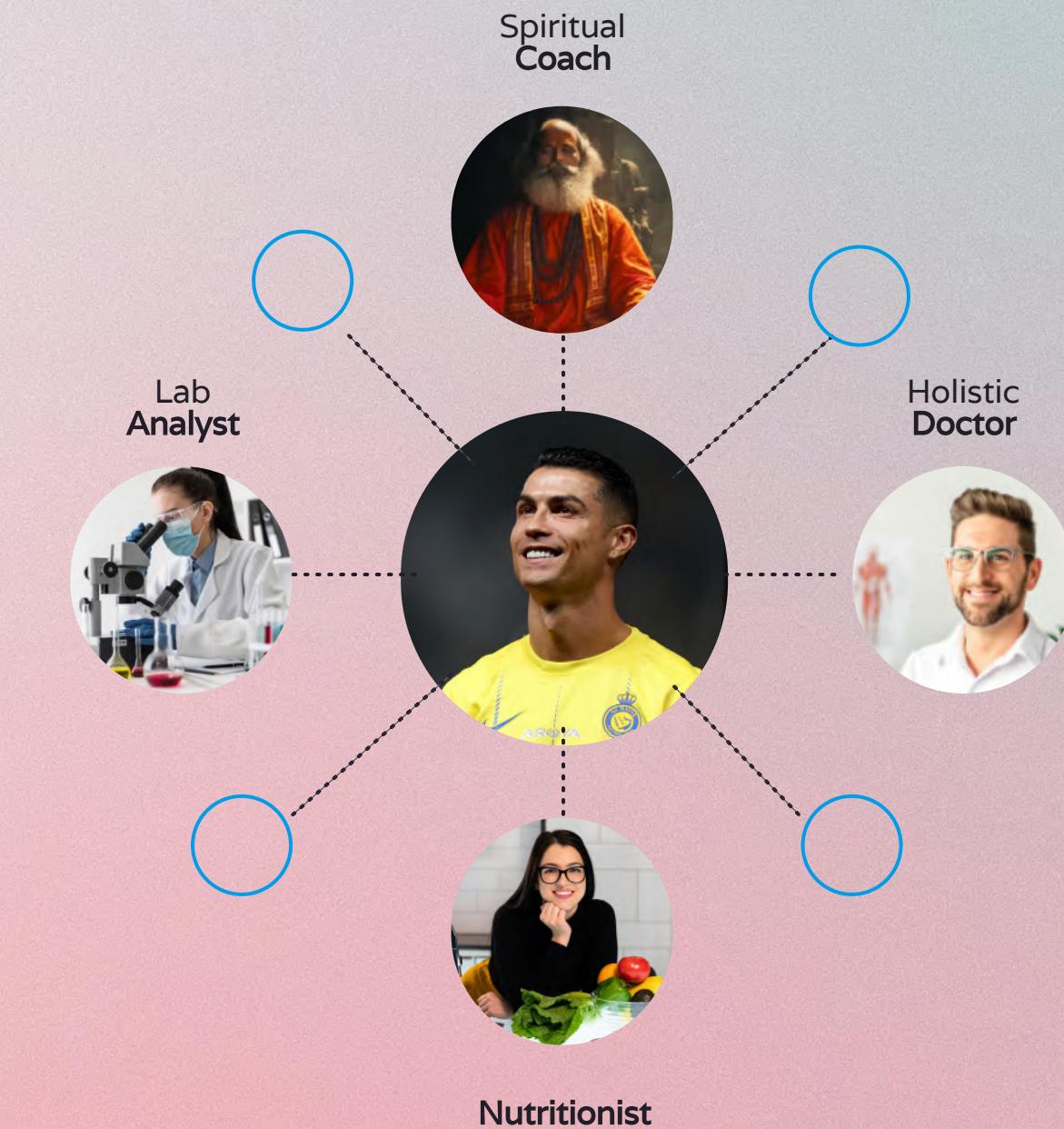


your AI health companion

Imagine having a health team like Cristiano Ronaldo.



↓
spends €1M per year
on his health team.



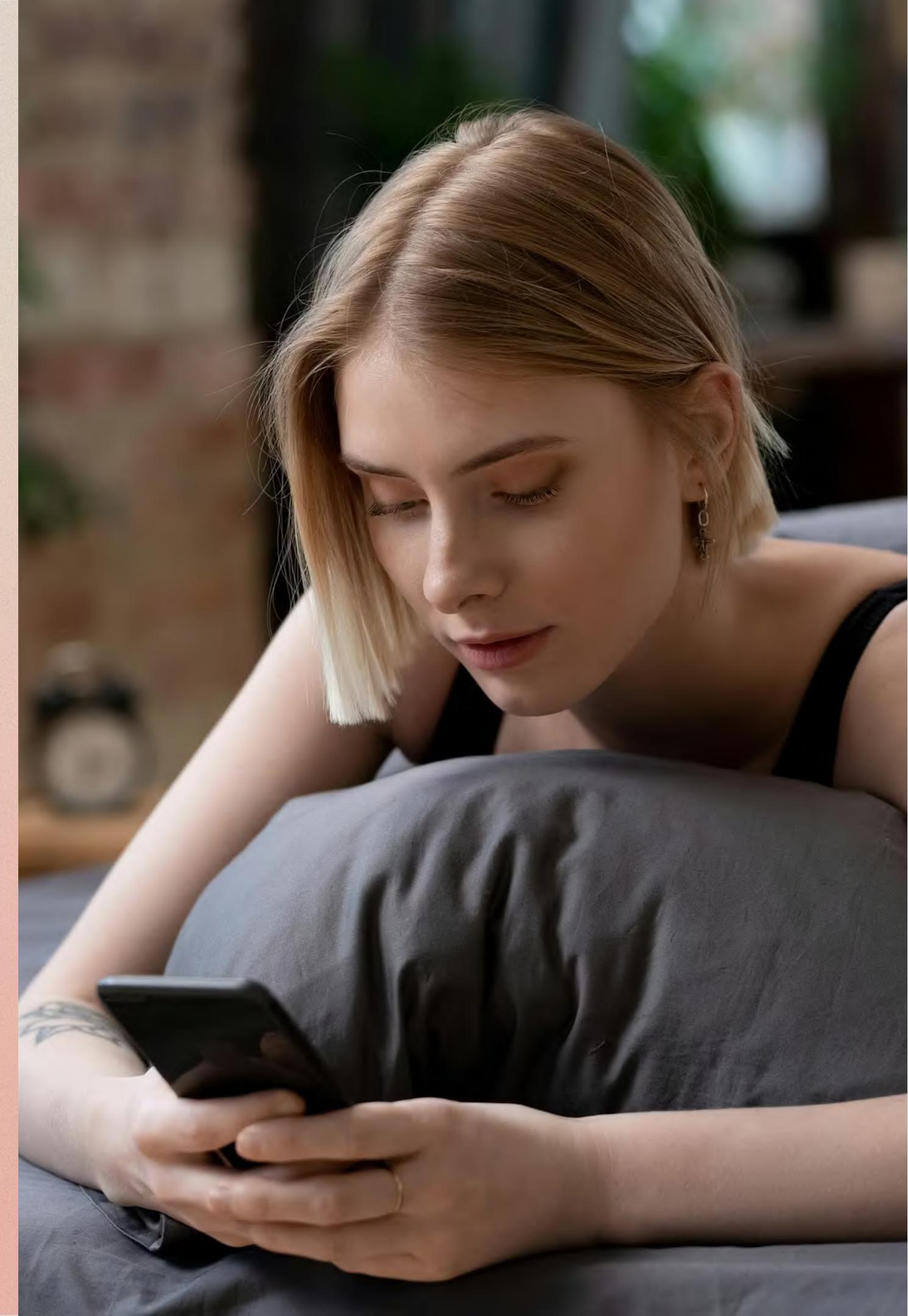
Surrounded by **holistic**
health & wellbeing experts.



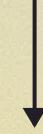
just for you.

All in one app.

- ✓ Always by your side.
- ✓ Hyper personalized.
- ✓ Affordable for everyone.

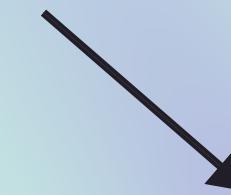


Introducing o



The world's first
holistic **AI** health coach.

great!



why are we **doing this?**

The health system is fuc*ing broken.

- ✖ **Not holistic** – focuses on symptoms, not root causes
- ✖ **Time-restricted** – short appointments, little patient engagement
- ✖ **Reactive, not preventive** – treats disease rather than promoting health
- ✖ **Siloed specialties** – poor integration between disciplines (e.g., mental, physical, nutritional health)
- ✖ **One-size-fits-all** – limited personalization, outdated care pathways
- ✖ **Overloaded system** – long wait times, staff burnout
- ✖ **Medication first approach** – lifestyle and behavioral interventions underused
- ✖ **Limited accessibility** – especially for rural, minority, or marginalized groups
- ✖ and many more....

People are literally dying
too early because of it.



Up to 70% of premature deaths are linked to preventable lifestyle-related diseases — often due to unhealthy habits and symptoms that are mismanaged or overlooked. (WHO)

**Millions are
suffering from
chronic diseases,
and feel left
alone by their
primary doctor.**



40% of people worldwide suffer from **gut disorders**

1 in 8 people globally live with **mental disorders**

Over 60% of adults report **fatigue and low energy**

76% report physical symptoms caused by **chronic stress**

> 3.3 billion people are affected by **skin diseases**

> 20 Million new cases per year globally of **cancer**

and much more...

The Solution?

holistic,
digital
health.



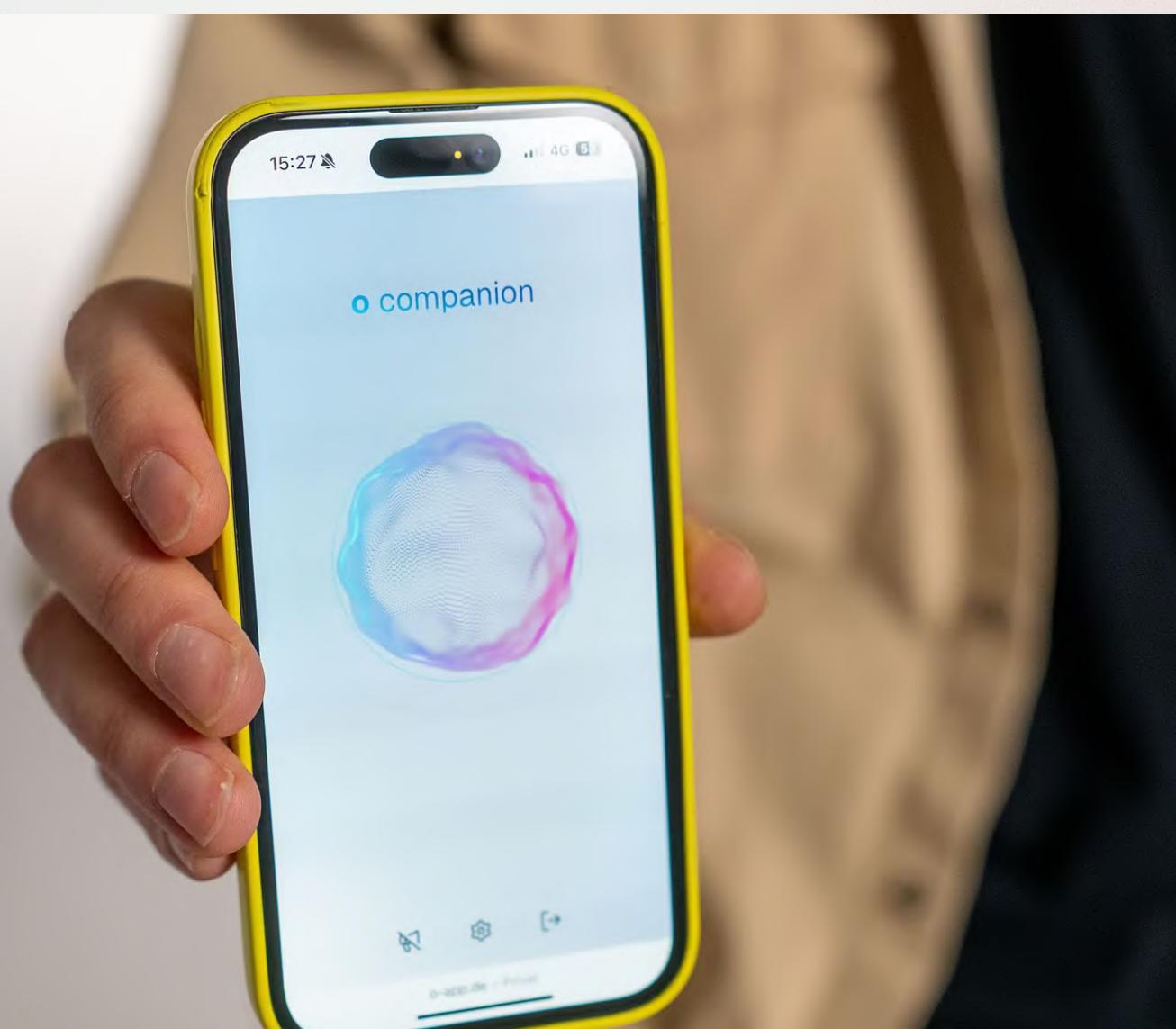
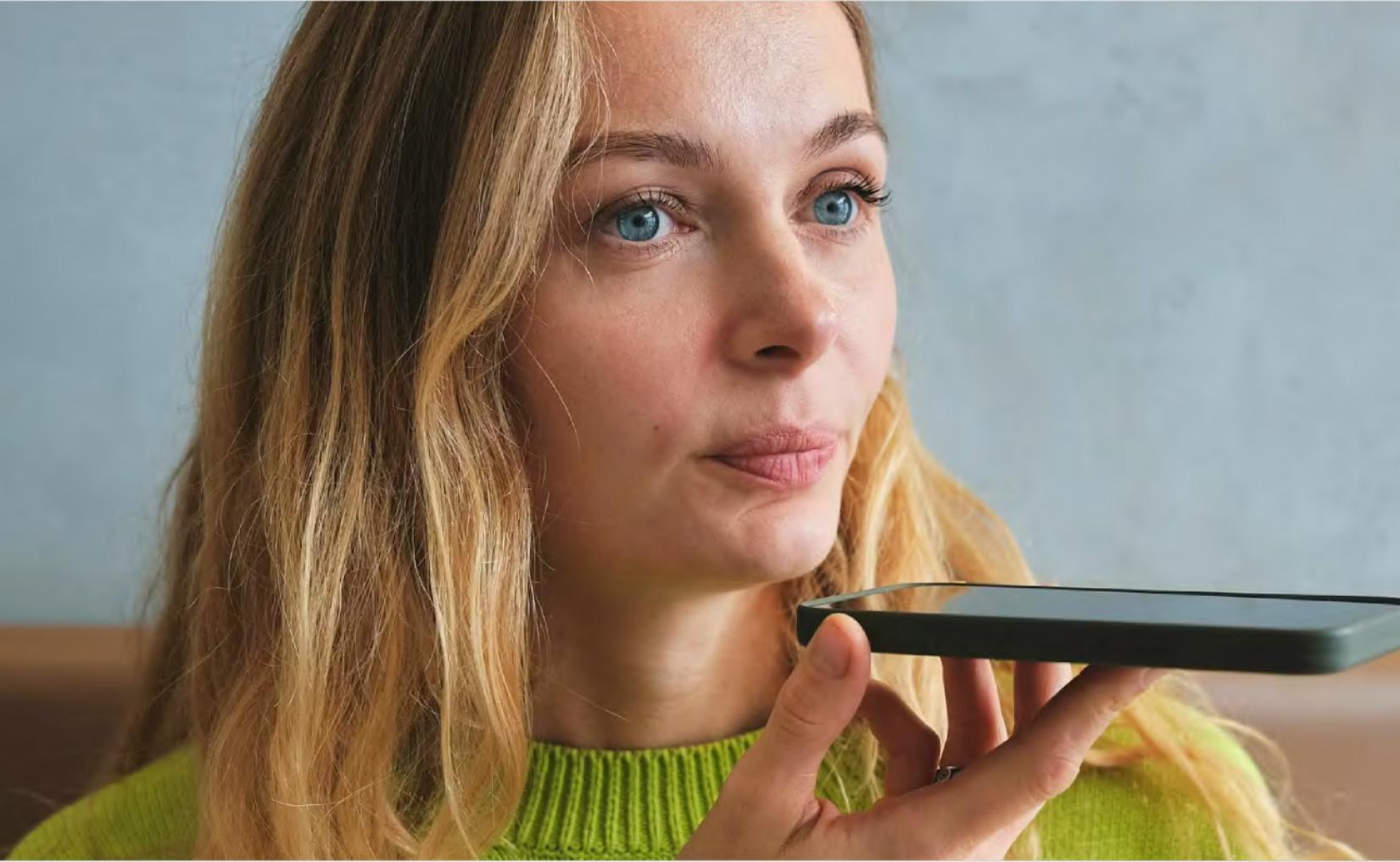
- Identifying the **root cause** of the problem.
- Recognizing the **whole person**: physical, mental, emotional and spiritual.
- Blending **multiple health disciplines** at once.

○ enables holistic coaching. At scale.



Merging the wisdom of ancient health & modern medicine - across all categories.





Offering a
personalized
AI **companion**
for daily guidance.



- ✓ Hyper personalization
- ✓ German servers / hosting
- ✓ EU data protection
- ✓ Anonymized data
- ✓ Increased cyber security

With knowledge from real experts.

We have a “Board of Experts” consisting of holistic doctors, alternative practitioners, coaches, and therapists who contribute their knowledge to our AI and regularly review answers - combined with the best AI models (LLMs) in the world.





*>> charged
per minute <<*

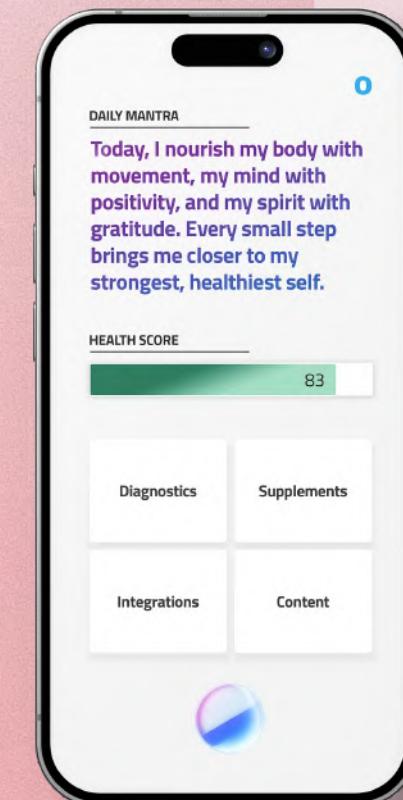
Combined with
access to human
experts, who you
can reach instantly.



- ✓ Doctors
- ✓ Natural Healing Practitioners
- ✓ Certified Health Coaches

Going beyond ChatGPT and other generic AI Chats.

We're building an operating system for personalized health.



✓ **AI Companion**

o health does not just wait for prompts.
We will guide and coach users proactively.

✓ **Access to experts**

Get in touch with human experts asap, billed by minute not by hour.

✓ **Diagnostics & Labs**

Users can upload existing data and will also be guided for additional testing at trusted labs.

✓ **Content & Education**

Users get content that is most relevant to their symptoms and goals.

✓ **Commerce**

We will integrate a marketplace logic, enabling users to purchase products (supplements etc.) through us.

Built with Purpose. Backed by Expertise.

- ✓ Strong purpose due to family illnesses
- ✓ Seasoned Entrepreneurs
- ✓ Health & Tech Expertise
- ✓ Broad network to health experts

📍 Located in Cologne, Germany.



Martin Bressem, CEO
Health, Marketing
Communication, Sales

Serial Founder
Top40u40 Founder
Holistic Health Coach



Guido Gasper, CTO
Technology,
AI, Data, UX/UI

AI Early Adaptor
E-Commerce Expert
Tech Allrounder



Strong Advisory team.



Scaling & Sales
Yannick Domke
(Ex-Honeypot)



AI & Tech
Chris Schütte
(Ex-Google)



Holistic Health
Annic Scholer
(Practitioner)



Medicine, Osteopathy
Dr. Lothar Bressem
(Ex-Military & own Practice)



Plant Medicine
Nicole Borek
(Founder, Practitioner)



Neuroscience
Pro. Ivan de Araujo
(Max Planck, Yale)



Finance, Tax
Sarah Heiden
(Ex-PWC)



Legal, Cybersecurity
Dr. Julian Zaudig
(FGVW)

You in? Let's change
the health system.

o health

® 2025