

your AI health companion



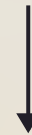
# Imagine having a health team like Cristiano Ronaldo.

↓  
spends €1M per year  
on his health team.





**Surrounded by holistic  
health & wellbeing experts.**

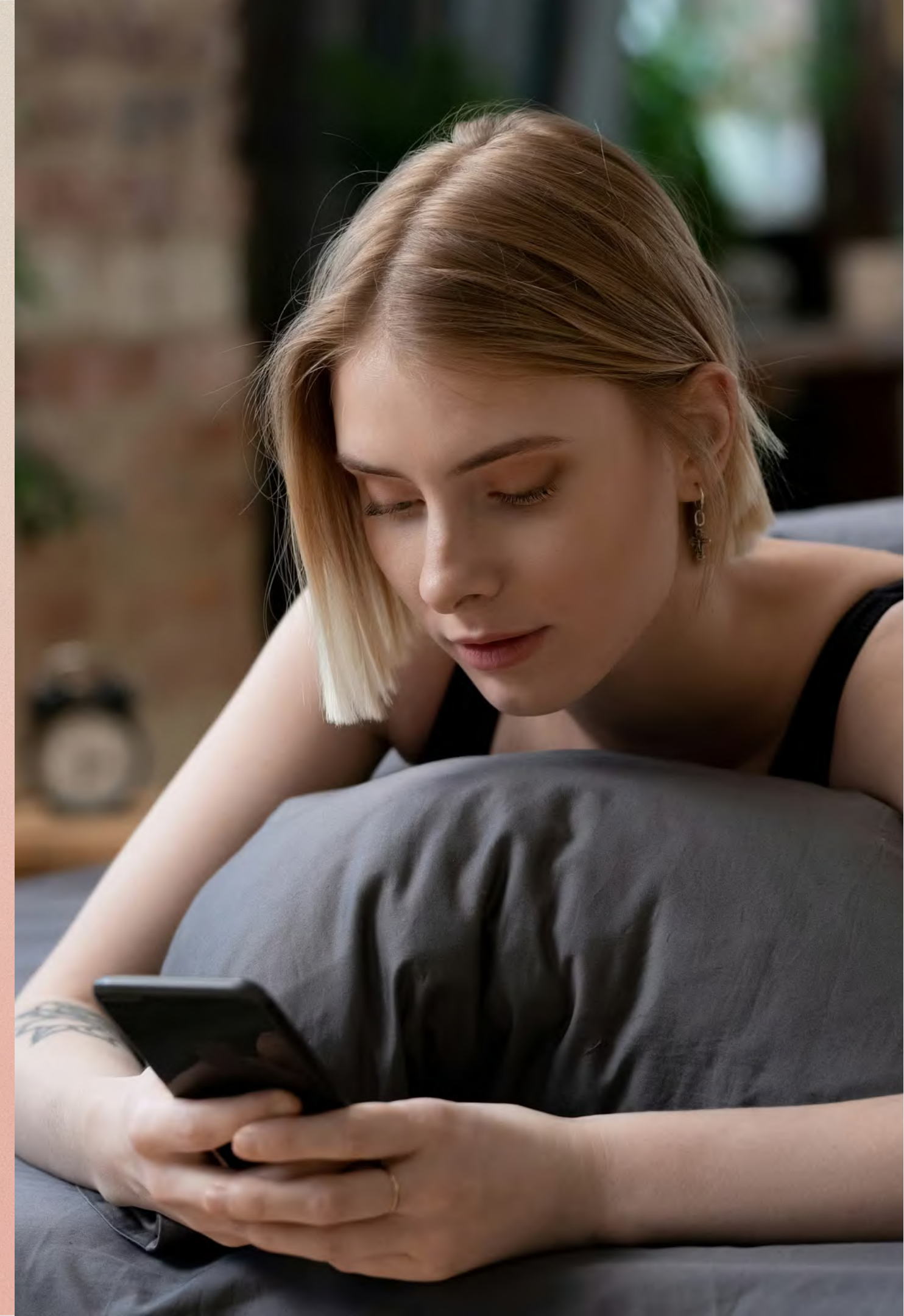


just for you.



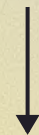
# All in one app.

- ☑ Always by your side.
- ☑ Hyper personalized.
- ☑ Affordable for everyone.





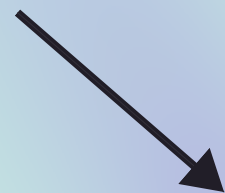
# Introducing



The world's first  
holistic **AI** health coach.



**great!**



**why are we doing this?**

# The health system is fuc\*ing broken.

- ⊗ **Not holistic** – focuses on symptoms, not root causes
- ⊗ **Time-restricted** – short appointments, little patient engagement
- ⊗ **Reactive, not preventive** – treats disease rather than promoting health
- ⊗ **Siloed specialties** – poor integration between disciplines (e.g., mental, physical, nutritional health)
- ⊗ **One-size-fits-all** – limited personalization, outdated care pathways
- ⊗ **Overloaded system** – long wait times, staff burnout
- ⊗ **Medication first approach** – lifestyle and behavioral interventions underused
- ⊗ **Limited accessibility** – especially for rural, minority, or marginalized groups
- ⊗ and many more...



# People are literally dying too early because of it.



Up to 70% of premature deaths are linked to preventable lifestyle-related diseases — often due to unhealthy habits and symptoms that are mismanaged or overlooked. (WHO)



Millions are  
suffering from  
chronic diseases,  
and feel left  
alone by their  
primary doctor.



40% of people worldwide suffer from **gut disorders**



1 in 8 people globally live with **mental disorders**



Over 60% of adults report **fatigue and low energy**



76% report physical symptoms caused by **chronic stress**



> 3.3 billion people are affected by **skin diseases**



> 20 Million new cases per year globally of **cancer**

*and much more...*



# The **S**olution?



**holistic,  
digital  
health.**

- Identifying the **root cause** of the problem.
- Recognizing the **whole person**:  
physical, mental, emotional and spiritual.
- Blending **multiple health disciplines** at once.



# enables holistic coaching. At scale.



Merging the wisdom of ancient health & modern medicine - across all categories.



Psycho-  
logist

Lab  
analyst

Ayurveda  
doctor

Nutritionist

Natural  
healer

Fitness  
Trainer

Spiritual  
Guide

Breath  
Work  
Coach

Life  
Coach

*Biohacker*

Medical  
Doctor





# Offering a personalized AI companion for daily guidance.



- ✓ Hyper personalization
- ✓ German servers / hosting
- ✓ EU data protection
- ✓ Anonymized data
- ✓ Increased cyber security



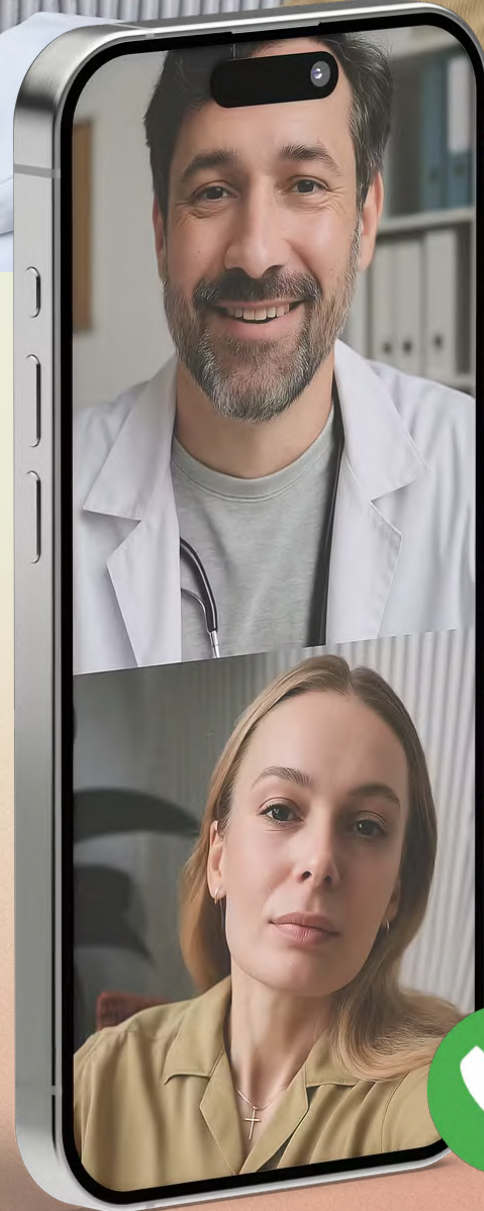


# With knowledge from real experts.

We have a “Board of Experts” consisting of holistic doctors, alternative practitioners, coaches, and therapists who contribute their knowledge to our AI and regularly review answers - combined with the best AI models (LLMs) in the world.







>> **charged**  
per minute <<

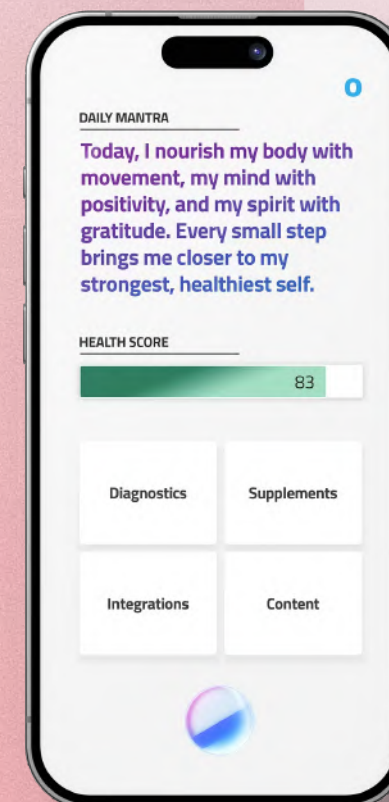
Combined with  
access to human  
experts, who you  
can reach instantly.



- ✓ Doctors
- ✓ Natural Healing Practitioners
- ✓ Certified Health Coaches



Going beyond  
ChatGPT and other  
generic AI Chats.  
We're building an  
operating system for  
personalized health.



## ✓ AI Companion

o health does not just wait for prompts.  
We will guide and coach users proactively.

## ✓ Access to experts

Get in touch with human experts asap,  
billed by minute not by hour.

## ✓ Diagnostics & Labs

Users can upload existing data and will also be  
guided for additional testing at trusted labs.

## ✓ Content & Education

Users get content that is most relevant to their  
symptoms and goals.


## ✓ Commerce

We will integrate a marketplace logic,  
enabling users to purchase products  
(supplements etc.) through us.



# Built with Purpose. Backed by Expertise.

- ✓ Strong purpose due to family illnesses
- ✓ Seasoned Entrepreneurs
- ✓ Health & Tech Expertise
- ✓ Broad network to health experts

 Located in Cologne, **Germany**.



**Martin Bressemer, CEO**  
Health, Marketing  
Communication, Sales

Serial Founder  
Top40u40 Founder  
Holistic Health Coach



**Guido Gasper, CTO**  
Technology,  
AI, Data, UX/UI

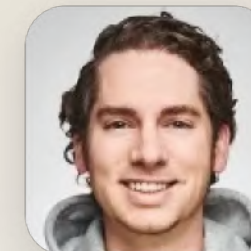
AI Early Adaptor  
E-Commerce Expert  
Tech Allrounder



## Strong Advisory team.



**Scaling & Sales**  
Yannick Domke  
(Ex-Honeypot)



**AI & Tech**  
Chris Schütte  
(Ex-Google)



**Holistic Health**  
Annic Scholer  
(Practitioner)



**Medicine, Osteopathy**  
Dr. Lothar Bressemer  
(Ex-Military & own Practice)



**Plant Medicine**  
Nicole Borek  
(Founder, Practitioner)



**Neuroscience**  
Pro. Ivan de Araujo  
(Max Planck, Yale)



**Finance, Tax**  
Sarah Heiden  
(Ex-PWC)



**Legal, Cybersecurity**  
Dr. Julian Zaudig  
(FGVW)



**You in? Let's change  
the health system.**

 **health**

® 2025