

# PREMIUM ORGANIC PRODUCTS FOR THE WHOLE FAMILY



## KETCHUPS



## TOMATO SAUCES



## SMOOTHIES



## JAMS



## FRUIT SPREADS WITH CHIA



## HUMMUS



## FRUIT & VEGETABLE SPREADS



## FISH SPREADS



All products: [www.latekofood.lv](http://www.latekofood.lv)



## LAT EKO FOOD LTD.

Muizas Street 18A,

Adazi, Latvia, LV-2164

Phone: +371 20 23 7780

E-mail: [info@latekofood.lv](mailto:info@latekofood.lv)

[www.latekofood.lv](http://www.latekofood.lv)



LV - BIO - 01



\* for certain products/product groups



[www.facebook.com/rudolf.sorganic](https://www.facebook.com/rudolf.sorganic)



[www.instagram.com/rudolf.sorganic](https://www.instagram.com/rudolf.sorganic)



**PREMIUM ORGANIC PRODUCTS**  
FOR BABIES AND THE WHOLE FAMILY



## FRUIT PUREES

- 4+ Apple 190 g
- 4+ Apple, banana and apricot 190 g
- 4+ Apple, blueberry 190 g
- 4+ Apple, plum 190 g
- 4+ Apple, pear 190 g
- 4+ Mango 120 g
- 4+ Prune 120 g
- 4+ Pumpkin 120 g



- gluten free
- no added preservatives
- dairy free
- vegan friendly

## VEGETABLE PUREES



- 4+ Pumpkin, potato 190 g
- 4+ Carrot, pumpkin, potato 190 g
- 4+ Pumpkin, carrot 190 g
- 4+ Cauliflower 120 g

- gluten free
- no added preservatives
- no added salt
- vegan friendly

## PORRIDGES

- 4+ Oat porridge 190 g\*
- 4+ Rice porridge with wild berries 190 g



- no added preservatives
- gluten free (except\*)

## DESSERTS

- 6+ Pear and blueberry with curd 190 g
- 6+ Apple and strawberry with biscuits and cream 190 g

- no added preservatives



## PUREES WITH MEAT / FISH



- 6+ Vegetables & spinach with turkey 190 g
- 6+ Vegetables with salmon 190 g
- 6+ Vegetable puree with beef 190 g
- 6+ Zucchini, pumpkin and potato puree with chicken 190 g
- 8+ Vegetables with pasta and salmon 190 g\*
- 8+ Vegetable puree with rice and lamb 190 g
- 8+ Vegetable puree with buckwheat and beef 190 g
- 8+ Vegetables with pasta and beef 190 g\*
- 8+ Vegetables with pasta and chicken 190 g\*

- no added preservatives
- no added salt
- gluten free (except\*)

## MEAT / FISH PUREES

- 6+ Chicken puree 120 g
- 6+ Beef puree 120 g
- 6+ Lamb puree 120 g
- 6+ Salmon puree 115 g

- gluten free
- no added preservatives
- no added salt



## READY MEALS



- 8+ Risotto 190 g
- 8+ Lasagna 190 g\*
- 8+ Cream soup with chicken and cheese 190 g
- 12+ Paella with salmon and vegetables 190 g

- no added preservatives
- no added salt
- gluten free (except\*)

## PUREES & PORRIDGES IN POUCHES

- 4+ Apple, banana, blueberry 110 g
- 4+ Mango, banana, quince 110 g
- 4+ Pear, prune 110 g
- 4+ Pear, banana, gooseberry 110 g
- 6+ Apple, banana and prune with biscuits 110 g\*
- 6+ Apple, banana and strawberry with cream 110 g
- 6+ Blueberry, pear, raspberry with yoghurt 110 g

- no sugar added
- gluten free (except\*)

- 4+ Oat porridge with pear and blueberry 110 g\*
- 4+ Oat porridge with peach and banana 110 g
- 4+ Three-grain porridge with fruits 110 g
- 6+ Oat porridge with mango and passion fruit 110 g\*\*\*

- no sugar added
- gluten free (except\*)
- dairy free (except\*\*)



## READY MEALS IN POUCHES



- 6+ Vegetables, couscous with fish 110 g\*
- 8+ Vegetables, rice with fish 110 g
- 6+ Vegetables, lentils with turkey 110 g
- 6+ Vegetables, rice with chicken 110 g
- 6+ Spinach, potato, parsnip with beef 110 g
- 6+ Sweet potato, broccoli, carrot with salmon 110 g

- no added preservatives
- no added salt
- gluten free (except\*)

## FRUIT DRINKS

- 4+ Apple and peach 260 ml
- 4+ Apple and carrot 260 ml
- 4+ Apple and plum 260 ml
- 4+ Apple and pear 260 ml
- 4+ Apple and grape 260 ml

- vegan friendly

- gluten free
- no sugar added
- 100% fruit

