**ERASMUS+**

**PARTNER IDENTIFICATION 2024**

| **ORGANIZATION DETAILS** | |
|---|---|
| **Organisation ID (former PIC)** | 901110213 / **E10058809** |
| **Legal name** | SOCIAL COOPERATIVE ENTERPRISE OF COLLECTIVE AND SOCIAL BENEFIT (OIKANOS) |
| **Legal name (national language)** | ΚΟΙΝΩΝΙΚΗ ΣΥΝΕΤΑΙΡΙΣΤΙΚΗ ΕΠΙΧΕΙΡΗΣΗ ΣΥΛΛΟΓΙΚΗΣ ΚΑΙ ΚΟΙΝΩΝΙΚΗΣ ΩΦΕΛΕΙΑΣ (ΟΙΚΑΝΟΣ) |
| **National ID (if applicable)** | 997197640 |
| **Department (if applicable)** | |
| **Acronym** | **OIKANOS KOINSEP** |
| **Address** | IRODOTOU 130 |
| **Country** | GREECE |
| **City** | HERAKLION |
| **P.O. Box (if applicable)** | |
| **Postal Code**<br>**Telephone**<br>**Fax**<br>**CEDEX** | 71601<br>+30 2810301083 |
| **Website** | https://oikanos.gr |
| **Email** | info@oikanos.gr |
| **Type of Organisation** | SOCIAL COOPERATIVE |
| **Main sector of activity** | HOME CARING AND NURSING |
| **Is the organisation a public body? (Yes or No)** | NO |
| **Is the organisation a non-profit? (Yes or No)** | NO |

**Associated Persons**

| **LEGAL REPRESENTATIVE** | |
|---|---|
| **Title** | Ms |
| **Gender (Female, Male, Undefined)** | FEMALE |
| **First Name** | GIOTA |
| **Family Name** | GIAPOUTZI |
| **Role** | Legal Representative |
| **Department** | |
| **Position** | CEO |
| **Email** | giotagiapoutzi@oikanos.gr |
| **Telephone** | +30 6909192244 |

| **CONTACT PERSON** | |
|---|---|
| **Title** | Mr |
| **Gender (Female, Male, Undefined)** | MALE |
| **First Name** | PANAGIOTIS |
| **Family Name** | ACHEIMASTOS |
| **Role** | Contact Person |
| **Department** | |
| **Position** | FUNDRAISING MANAGER |
| **Email** | fundraising@oikanos.gr |
| **Telephone** | +30 2810301083 |
| **Country** | GREECE |

**Background and Experience**

**Please briefly present the organisation / group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group)**

OIKANOS Social Cooperative Enterprise (KOINSEP) was founded in 2017 and is based in Heraklion, Crete, active in the field of social care and home nursing. It is the only organization in Crete that provides free psychosocial care and home nursing services to vulnerable groups in their familiar natural and family environment, based on an advanced and person-centered care model. More than 1,500 home visits are conducted monthly, serving over 380 beneficiaries in the city of Heraklion and 26 remote villages in the Heraklion region.

OIKANOS collaborates with more than 15 Civil Society organizations across Greece that are active in home nursing. This collaboration enhances the geographic and technical scope, as well as the quality of the organization's actions, and allows the exchange of knowledge and best practices in the field of home care and support. Additionally, OIKANOS is a founding member of the Hellenic Association of Nursing Companies (ELEKON), with its President serving as the General Secretary. The Association, which consists of 35 registered home nursing companies nationwide, plays a pivotal role in shaping policies and procedures related to home nursing at every level (individual, social, logistical, administrative).

OIKANOS' interdisciplinary staff includes social workers, psychologists, nurses, and other healthcare professionals, as well as specialized scientists in the field of sustainable development. They are continually trained and educated on social and environmental issues, ensuring that the services provided are always modern, safe, and adapted to the evolving needs of our beneficiaries.

Our team is experienced in conducting iterative testing, including control, field, and feasibility studies, enabling us to assess and refine innovative approaches in our work. Furthermore, we ensure the sustainability of our initiatives through ongoing engagement with our beneficiaries, including regular follow-up visits to monitor progress and evaluate long-term impacts. This approach allows us to maintain high-quality outcomes and continuously improve our services.

OIKANOS is also the name of the modern care, counseling, and solidarity network that responds promptly, with empathy, respect, and professionalism to the needs of vulnerable groups and their families

The vision of Oikanos is independent and dignified living for all.

Its mission is to create a flexible and inclusive society that meets the needs of vulnerable groups. Its goal is to provide high-quality services in the field of social care for the elderly, children, people with disabilities, patients with chronic illnesses, and generally people from vulnerable groups who need support and relief, offering effective person-centered care. It aims to provide the opportunity for dignified living and approach to their individual needs without unnecessarily displacing them from their familiar

environment, and emphasizes sustainable development, with a different approach to providing social care and health services. For this reason, it develops partnerships, invests in new services and human resources, thus enhancing its continuous evolution and development.

**The ongoing activities of the organisation are:**

**<u>Our services:</u>**

**1. Information and electronic application submission services for the assessment and certification of patient disability by KEPA (September 2022 - Present).**

Detailed information and guidance is provided to 50-60 beneficiaries monthly by the Social Worker regarding the new electronic platform for unified KEPA applications. Additionally, support is given for submitting the application, aiming to evaluate and certify the patient's disability according to medical criteria, with the goal of receiving entitled legal benefits (insurance, welfare, social).

**2. Pharmaceutical Support Services (2020 - Present).**

Pharmaceutical support services are provided to 30-40 patients monthly, and generally to individuals who need medication as part of pharmaceutical compliance programs.

**3. Home Nursing (2017 - Present).**

Oikanos provides high-quality home nursing to 30 beneficiaries monthly, supporting the philosophy of painless therapy and patient restoration within their own space. This approach offers faster recovery by avoiding nosocomial infections and unnecessary movements. Nursing is provided by its specialized staff to both chronic and non-chronic patients, including partially self-sufficient or bedridden elderly individuals, as well as children and people with disabilities.

**4. Therapeutic Exercise Services (2021 - Present).**

Kinesiotherapy services are offered to 40-50 beneficiaries monthly, improving movement functionality in the body. Customized exercise programs and activities are provided based on individual needs. Passive mobilization, active muscle strengthening exercises, joint range of motion exercises, proprioception and balance exercises, muscle electrostimulation, and massage are some of the tools used to address the recipient's body needs.

**Oikanos has undertaken the implementation of the following programs:**

**1. "Home Care for Retirees" (2017 - Present).**
The program "Home Care for Retirees" is implemented FREE OF CHARGE for all beneficiaries, with our organization being the sole provider for the region of Heraklion and the management service being handled by EFKA.

The recipients of the program are retirees from ALL insurance funds who meet the following criteria: certified disability of 67% and above by KEPA, annual individual income up to €7,715, and living alone. The total number of program beneficiaries is 120 individuals, who receive essential services in their own homes, 8-10 times a month, either individually or in combination, provided by nurses, social workers, physiotherapists, and family assistants.

**2. "At-Home Support for Vulnerable Elderly" (April 2023 - Present).** Oikanos, with the exclusive donation from the TIMA Charitable Foundation, implements the FREE program - "At-Home Support for Vulnerable Elderly." The recipients of the program are residents of the Heraklion area and neighboring municipalities, over the age of 65, facing health issues. Inclusion in the program is based on the evaluation of socio-economic criteria and in order of priority. The aim of the Program is to contribute to improving the quality of life for vulnerable individuals and their family members. Fifty-three beneficiaries receive five free monthly visits for a period of one year from an interdisciplinary team: a social worker, a nurse, and a family assistant.

**3. "Housing and Employment for the Homeless Program" (2019 - 2021).**

Oikanos provided social worker services to 55 homeless individuals, as part of the implementation of the program "Housing and Employment for the Homeless," carried out by the Municipal Cultural-Environmental-Social Welfare Enterprise of Heraklion and funded by the Ministry of Labor & Social Solidarity.

**4. "Food and Basic Material Assistance Program" (2020 - Present).** Once a month, Oikanos collaborates with the Diaconia of Love, of the Holy Archdiocese of Crete, where it receives and distributes food and essential supplies to 15 beneficiaries who belong to vulnerable groups.

ΟΙΚΑΝΟΣ

**What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?**

**Our Team:** Composed of interdisciplinary and experienced personnel who, with respect for human dignity, give their best every day to improve the quality of life of the beneficiaries in their familiar environment. Oikanos is governed by an elected 3-member Administrative Board and staffed by 2 social workers, 4 nurses, 3 healthcare assistants, 1 physiotherapy assistant, 1 Project Coordinator for European programs, 3 administrative employees, and 1 photographer. Additionally, we collaborate with 2 external nurses and have 9 volunteers supporting our work.

**PANAGIOTA GIAPOUTZI - CEO:** Co-founder and co-owner of the organization. She has more than 20 years of experience with a large spectrum of qualities, skills and competence in the field of Nursing, Healthcare and Social Services. She has participated in many national projects in the fields of long-term care, pharmaceutical use, coaching, prevention of elder abuse and many others. Also in European project in the field of family health nursing. She is a member of BNI, a global business network. She is the founder and board member of the Union of Social Enterprises of Crete - CretanSCENT. She is an active member of Greek Association of Women Entrepreneurs and Co-founder and member of Association of Greek Nursing Companies “ELEKON”. Her management, coordination and communication skills are very vital, and her ability to make quick and effective decisions in difficult situations as well as experience with the target group, will provide an essential contribution to the various phases of the project, and its successful outcome.

**DRAKONAKI MAGDALINI - SOCIAL WORKER**

Physical health goes hand in hand with mental health by building good relationships and encouraging healthy behaviors, therefore the expertise of Drakonaki Magdalini as a social worker is highly recommended. She is a graduate of the Social Work Department of the Technological Educational Institute of Crete, and she has a postgraduate Diploma in Special Education. She has more than 15 years of experience in working in a home support and social care structures. Furthermore, she has been working in a social welfare of the region of Crete as well as at the social welfare center of the Municipality of Agios Nikolaos. Moreover, she also has 2 years of service as a consultant in EU funded programs in the Region of Crete. Her social expertise will definitely add a value to the project and its outcome.

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| **PANAGIOTIS ACHEIMASTOS -FUNDRAISING & EU PROJECT MANAGER**<br>Panagiotis Acheimastos is a senior copywriter with an experience of more than 10 years and an honoured graduate of the undergraduate department "History and Philosophy of Science" of the University of Athens, and of the postgraduate program "Sustainable Development" of Harokopio University. For the last two years he has been responsible for the fundraising department of OIKANOS KOINSEP, specialising in the identification, development and implementation of European Programmes.<br><br>His analytical skills and the commitment to detail for the best possible execution of the assignment in question, combined with his ability to multitask, will be a great asset in the completion of the project. |
| **Has the organisation participated in a European Union granted project in the 3 years preceding this application? (Yes or No)** |
| YES |

**Past & current Erasmus + Projects:**

| EU Programme | Year | Project Identification | Applicant / Beneficiary name |
|---|---|---|---|
| Health Care 4.0. goes mobile | 2020 - 2021 | 2020-1-DE02-KA202-007553 | Europcare GmbH |
| Health Care 4.0. goes Mobile | 2021 - 2024 | 2021-1-DE02-KA220-VET-000029482 | Europcare GmbH |
| Twinning project: CogniLearn | 2023-2024 | Grant agreement Number: 101083929 | AGECARE LTD (CYPRUS) |
| weCARE | 2025-2027 | 2025-1-CY01-KA210-VET-000362682 | NOVATEX SOLUTIONS LTD (CYPRUS) |



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