Elite performance starts with the right data
We **analyze** **.you** **optimize**
Keep your stars in the game at their best

ASSESS *ME*

Performance assessment

ALERT *ME*

Injury Risk Assessment

ACT *ME*

Action Plan!

Evaluate key dimensions of athletic performance: from agility and coordination to strength and fatigue.

Spot injuries before they happen with advanced insights into knee and ACL risk.

Personalized smart training recommendations powered by performance and injury risk data to preserve the player's energy for the game!

All you need to thrive safely in the field

ASSESS ME
Let's Enhance the Performance
Rapid & Easy-to-use, In the Field

ASSESS ME

4 OPTI ZONE
www.optizon.ch

All You Need In Single Solution

- CMJ (Bilateral and Unilateral)
- Drop Jump
- Squat Jump
- Repetitive Jump
- Hop Jump
- Static Balance
- Slams, Swings & Throws
- Stamping
- Joint ROM
- VBT

Evaluate Key Dimensions Of Athletic Performance

RETURN TO SPORT

POWER

STRENGHT

BALANCE

AGILITY

MOTOR CONTROL

MOBILITY

FATIGUE

ASIMMETRY

Motor Control

Core Stability

Power

ROM

Asymmetry

ALERT *ME*

Spot Injuries Before They Happen
Prevention starts with Prediction

Why It Matters?

- 82% of non-contact ACL injuries are caused by dynamic knee valgus loading.
- AlertMe offers a plug-and-play wearable that estimates valgus loading on the pitch with 94% of lab-level accuracy.

How Does It Work?

- Evaluate the injury risk during change of direction with football shoe in the real pitch.
- Change of Direction| Countermovement jump

How AlertMe Makes Different?

- Spot the risk of ACL injury before it happens.
- Get motion lab accuracy without leaving the pitch.
- Evaluate your player in match like conditions.
- Plan with data, unlock player's full potential.
- Make confident return-to-play decisions.
- Stop injury recurrence caused by overloading

the healthy side
- No need to change a thing, it fits right into your routine.
- Communicate effectively, keep coaches and doctors aligned.

Results

- Players feel confident to push their boundaries safely.
- Staff make data-driven decisions through improved communication.
- Club secures its talent investment and elevates to the next level.

AlertMe is thrusted and validated by FIFA Medical Center of Excellence.

ACTME

Uncover Every Athletic Weakness, Forge It Into Strength Where Your Progress Begins

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Why It Matters?

Generic preventive measure are not good enough because:
- Their efficiency varies from one player to another
- Taking precious time.
- Extra exercises = extra load

How Does It Work?

ActMe analyzes the data and identify the weak point of each player, then provides personalized recommendations Turns Numbers into Actionable Plans.

How ActMe Makes Different?

- Maximize performance with minimal effort
- Actionable plans tailored to each athlete
- Simple, practical insights test by test
- No fluff, no endless reports.
- Focus only on what truly matters, right now.
- Bring world-class science to your club.
- Smarter load management

Results

- Save energy for the game.
- Get the results not reports.
- Train smarter, not harder.
- Pinpoints your priorities.

ActMe, developed by leading sports medicine experts and powered by cutting-edge AI from EPFL.

OPTI ZONE

Empowering Athletes to Win Safely and Smartly

A Unified Athletic Platform for Performance Assessment, Injury Prediction, and Personalized Training

Why *OptiZone*?

Our advantages

- Rapid, Game-Like Assessments
  - Test players right on the pitch, in minutes, not hours.
- Facilitate coach-medics-staff Communication
  - Bring everyone on the same page with objective data
- Portable & Flexible
  - Use it anytime, anywhere, from gym floor to grass.
- Maximize Player Availability
  - Spot risks early and keep your best players available.
- Support That Stays With You
  - From setup to success, we're by your side.
- Data Security
  - Your performance edge stays confidential.
- Retain Know-How Beyond Staff Turnover
  - Coach-Friendly Report

- Visual metrics simplify decisions and align your team.
  - Less Load, More Control
- Free up staff time with automatic, objective data.
  - High degree of precision
- 94% accuracy as the gold standard.
  - Performance Optimization
- Find the optimal load-recovery balance
  - Return-to-Play Decisions
- Assure the right time confidently and safely
  - Clear, Actionable Insights
- Recommendation for each single player.

OptiZone is a spin off of EPFL, the world's 20th ranked university based in Lausanne, Switzerland.

OPTI ZONE

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