



Who we are

MELIORA brings multidisciplinary expertise in nutrition, medicine, psychology, exercise and digital health to advance cancer prevention and sustainable lifestyle change.

What we are working on

We develop evidence-based lifestyle and digital interventions targeting diet, activity, obesity and well-being, with a focus on sustainable change and underserved populations.

What's the one thing we need next

We seek research, clinical, policy, patient and industry partners to fund, co-develop and scale affordable personalised prevention interventions, especially for underserved communities.



**5 years Mission Cancer:
Stronger Through Connection**

BRUSSELS

29 SEPTEMBER – 01 OCTOBER



For more info visit:
www.melioraproject.eu



EUROPEAN UNION

MELIORA

Multimodal Engagement and sustainable Lifestyle
Interventions Optimizing breast cancer Risk reduction
supported by Artificial intelligence.

