

Holistic Mental Health & Socio-Health Innovation



Who we are

INTRAS Foundation is a biomedical and social organisation combining research, innovation, and direct support for people with mental health conditions, cognitive decline, disability, and senior adults.

We operate both as a Living Lab and as a socio-healthcare provider, fostering co-creation, user participation, and knowledge transfer.



Our methodologies

We apply **evidence-based, user-centred and participatory approaches** to deliver impact:

- **Living Lab methodologies** for co-creation and innovation with end-users and stakeholders.
- **Evidence-based clinical protocols** in mental health, neuropsychology and psychosocial rehabilitation.
- **Digital health and technological integration** for monitoring, neuromodulation, and remote interventions.
- **Person-centred and recovery-oriented support-care models**, ensuring inclusion, empowerment, and continuity of support.
- **Evaluation frameworks** combining clinical, social and technological outcomes.



Our holistic care model

Mental Health & Disability (2,500 people supported):

- Psychosocial rehabilitation
- Psychotherapy & neuropsychology
- Social inclusion pathways: housing, employment & community support

Older adults with cognitive decline (800 people):

- Neuropsychological rehabilitation
- Memory clinic
- Neuromodulation
- Psychotherapy

Disability:

- Functional habilitation
- Socio-health and community-based support

Community social pathways:

- Social Employment Programs
- Housing Programs
- Community inclusion



Innovation & research expertise

- Participation in Horizon Europe projects.
- Expertise in clinical studies, proof of concept, and large-scale trials with 400+ patients.
- A multidisciplinary team bridging clinical, socio-health, and technological expertise.



Ecosystem & networks

Strong collaboration within the Integración ecosystem (3 stars).

Active member of leading European networks:

- EIT Health
- ENoLL (European Network of Living Labs)
- MiND
- Alzheimer Europe
- MHE (Mental Health Europe)
- EPR (European Platform for Rehabilitation)



Our impact

3,300
+ people
supported
annually

Recognised
socio-health
and mental health
Living Lab
in Europe.

Strong track
record in
international
collaboration,
innovation, and
co-creation



We are looking for partners to co-develop innovative solutions in mental health and socio-healthcare within future European projects.