



WELCOME TO
INNSBRUCK!

BUS TICKETS & TRAVEL CONNECTIONS

If you're part of this year's cohort or joining in a role such as Mentor, Speaker, or Demo Day guest, you'll receive a **public transport ticket** together with your name tag when arriving at your first Frontier Lab event in Innsbruck. This ticket **allows you to use all public transport in Innsbruck during the whole Frontier Lab week.**

If you arrive before the first event and need to use public transport beforehand, please download the [IVB App](#) to purchase a temporary ticket.



Innsbruck Airport offers domestic and international flights. If there's no direct connection from your city, you can fly via Vienna or Munich. From Munich Airport, we recommend the FourSeason Shuttle to reach Innsbruck.



Innsbruck is easily reached by train, with direct connections from Vienna, Munich or Zurich, via the central train station (Hauptbahnhof).



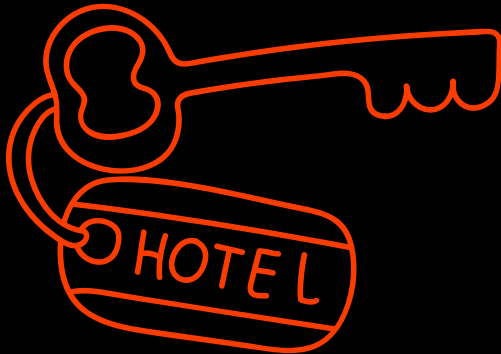
Driving to Innsbruck might be comfortable option for those who are coming from nearby European countries.



For the adventurous, Innsbruck is reachable via long-distance cycling routes or hiking trails, especially from within Austria or neighboring regions.



HOTEL RECOMMENDATIONS



Stage 12 Hotel - €150 p.p./night

Includes breakfast (excl. city tax)

To benefit from this reduced rate, book via e-mail at office@stage12.at using the code **FrontierLab**.

Offer valid for stays between September 7 and 13.

Hotel Neue Post

Motel One Innsbruck

Basic Hotel Innsbruck

FRONTIER LAB EVENING EVENTS

Monday	08.09	18:30–22:00	Welcome Event
Tuesday	09.09	19:00–22:00	State of Tech in Europe
Wednesday	10.09	18:30–21:00	Peer Evening
Thursday	11.09	18:00–22:00	Demo Day Dinner



EXPLORE INNSBRUCK & TYROL



CASTLES

Schloss Ambras - castle with art, armor & gardens

Festung Kufstein - fortress with museum

Hofburg Innsbruck - Rococo interiors in imperial palace



LOCAL FOOD

Tiroler Gröstl - crispy potatoes & meat

Wiener Schnitzel - breaded fried meat

Kaiserschmarrn - fluffy pancake pieces

Speckknödel - smoky bacon dumplings

Apfelstrudel - spiced apple pastry



RESTAURANTS:

Das Sailer

Die Wilderin

Piano

Due Sicilie

Restaurant Olive (vegan)



BARS:

Fuchs und Hase Bar

Wohnzimmer

360 Grad Bar

Dunlin Bar

Blaue Brigitte

Moustache

Kater Noster

Montagu



ATTRACTIONS

Swarovski Kristallwelten - crystal art & mirrors

Goldenes Dachl - golden-roofed balcony

Triumphpforte - historic city arch

Nordkette - visit the so called Top of Innsbruck

Bergisel - city hike to ski jump tower with panoramic views

Zirbenweg - hiking in one of the largest Swiss stone pine forests in Europe.

