



WONCA

World family doctors.
Caring for people.

20
25



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www.wonca.com



WONCA
About.



What Is WONCA?

A global network of family doctors committed to improving primary healthcare worldwide.



Clear Mission

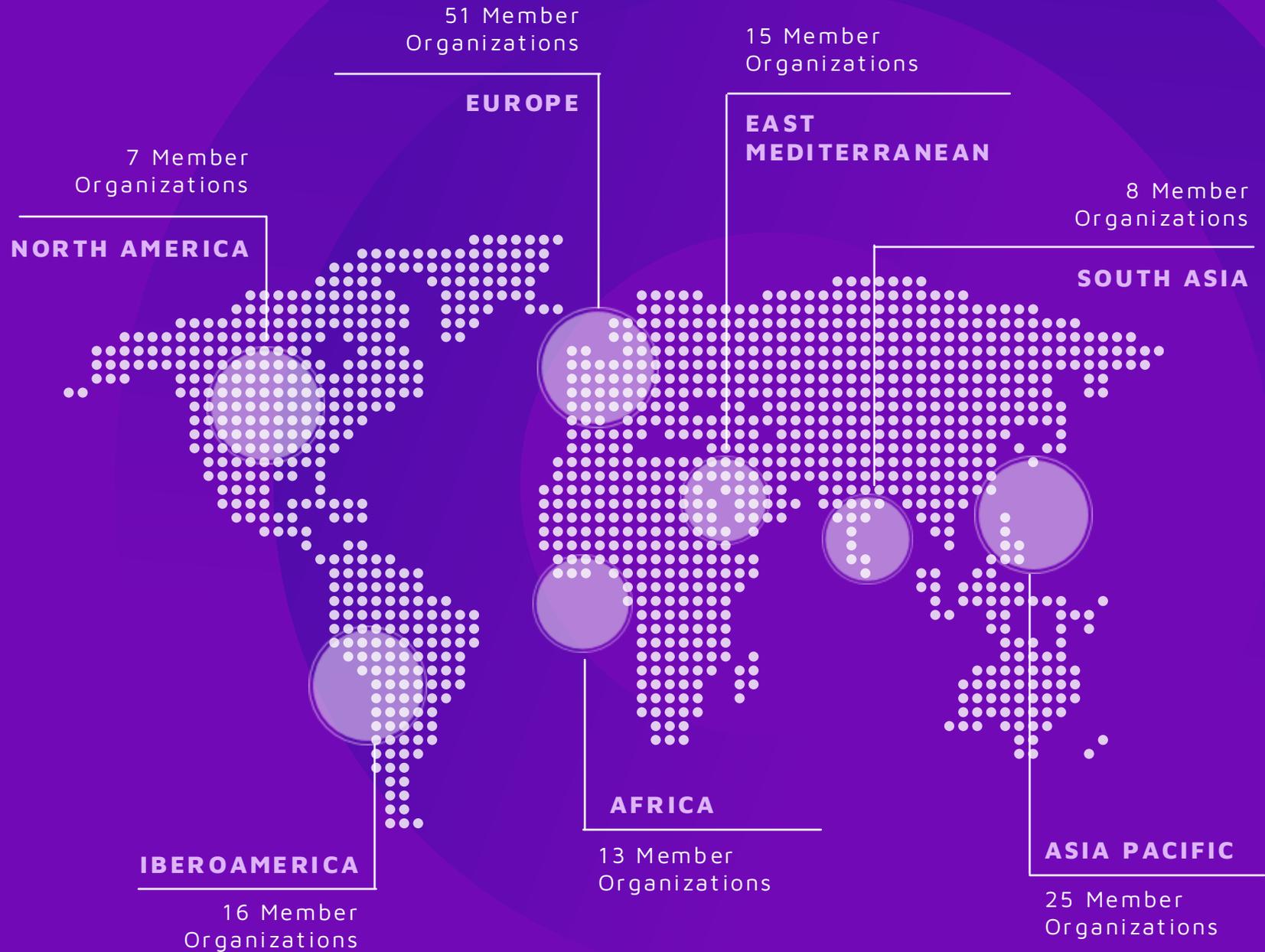
We are here to improve global health and quality of life.



How Will We Achieve It?

By strengthening family medicine and primary healthcare, promoting access to high-quality and affordable healthcare globally.

Our Global Reach



Our key focus areas



1 | Expert Groups

These are our thematic expertise groups and communities of practice, covering various areas of interest.



2 | Capacity Building

We develop projects focused on research, education, and creating standards for education, quality and safety.



3 | Advocacy

We are in Official Relations with the WHO and PAHO, and we collaborate with OECD and other global health advocates to advance equitable healthcare.

28

EXPERT GROUPS

- Education
- Ethical Issues
- eHealth
- Mental Health
- Quality & Safety
- Planetary Health
- Research
- Rural Practice
- International Classification Committee
- Women & Family Medicine
- Adolescent & Young Adult Care
- Ageing and Health
- Cancer & Palliative care
- Complexities in Health
- Dermatology
- Emergency Medicine
- Emerging Practice Models
- Family Violence
- Health Equity
- Indigenous & Minority Groups Health Issues
- Integrative Medicine
- LGBTQ Health
- Migrant Care, Int Health & Travel Medicine
- Non-Communicable Diseases
- Point of Care Testing
- Policy and Advocacy
- Quaternary Prevention & Overmedicalization
- Workers' Health

A photograph of a male doctor in a white lab coat smiling as he examines a young girl with a stethoscope. A woman stands behind the girl, smiling. The scene is set in a clinical or hospital environment.

Fellowships & Leadership Programs

WONCA Fellowships are designed to equip family doctors with the knowledge, leadership skills, and practical experience to transform primary care in their communities and beyond.

Fellowship Programs: The Model



Training & Mentorship

12-month blended learning programme combining theory with practical leadership development. Supported by WONCA mentors and expert faculty across all regions



Local Implementation

Fellows design and execute community-based projects addressing real challenges.



Global Showcase

Present results at WONCA regional or world conferences, sharing insights internationally.

Projects: How We Work

I Needs Assessment & Curriculum Development

We begin by identifying global health needs through research and collaborations with local experts and international partners. Cultural relevance is a cornerstone to our work.

II Direct-to-Physicians Delivery & Train the Trainers

The curriculum is transformed into multilingual online or blended courses. We develop the future leaders, training the trainers and providing tools, adapting strategies to the local context, organizing coaching sessions and establishing communities of practice.

III Quality in Practice

Participants implement new skills in their practices. Ongoing support and quality assessments are provided to ensure real-world efficacy and continuous improvement.

IV Policy Development

We analyze data from previous phases to develop and advocate for policies that support widespread adoption and integration of best practices into health systems globally.





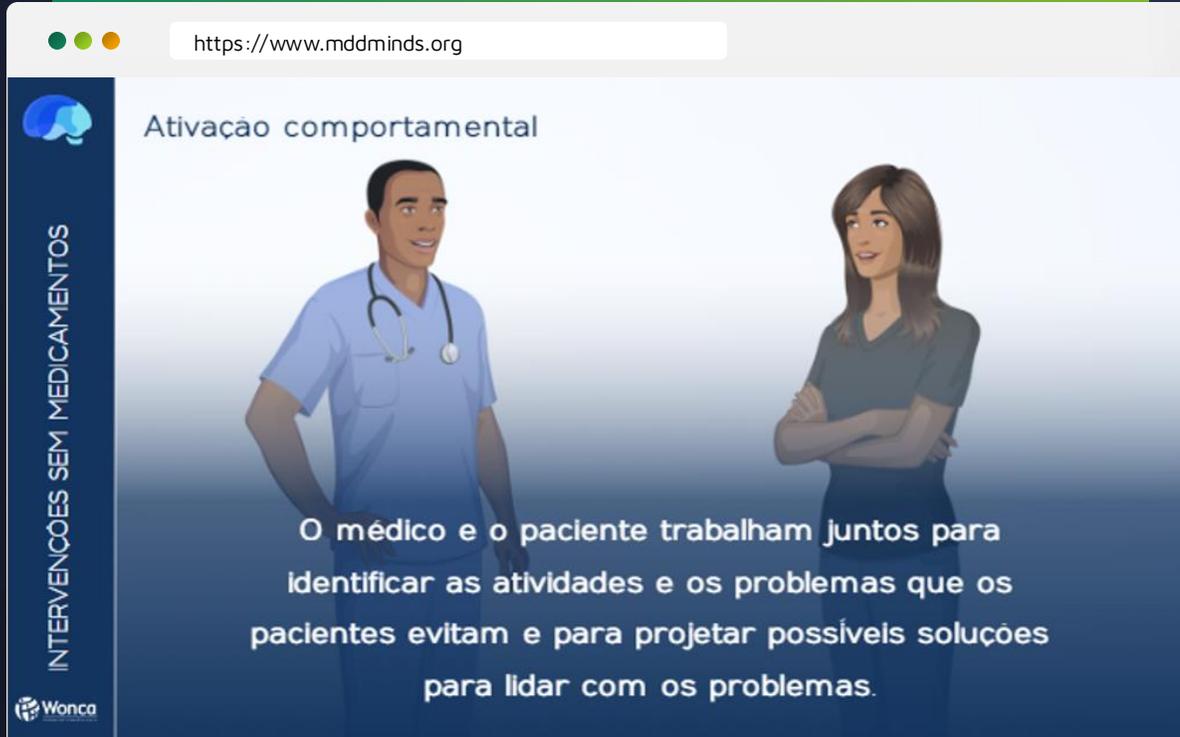
Examples of **Projects**

Our most recent initiative in **Major Depression** equipped family doctors worldwide with the skills and knowledge to address critical healthcare challenges effectively.

Building on this model, we are now developing proposals on a wide range of topics, including **Climate Change & Air Pollution, Digital Health Competencies, Family Violence, Clinical Ethics, Deprescription,** and **Human Factors.**

TACKLING MAJOR DEPRESSION

The MDD Minds for Primary Care Project



https://www.mddminds.org

Ativação comportamental

INTERVENÇÕES SEM MEDICAMENTOS

Wonca

O médico e o paciente trabalham juntos para identificar as atividades e os problemas que os pacientes evitam e para projetar possíveis soluções para lidar com os problemas.

- A Self-Paced Online Course for primary care professionals Worldwide.
- Developed by an international Master Faculty from 12 countries across Latin America, Europe, Africa, Middle East, and Asia. Funded by an unrestricted educational grant by Pfizer.
- **Engagement** - 750 participants in 9 countries across 7 online modules in English, Spanish, Portuguese, and Japanese.
- **Expansion** - Train the Trainers for 150 participants ensuring deeper understanding and broader dissemination.
- **Execution** - Performance in practice observed in 6 practices, 2 per region to evaluate real-world application and outcomes.
- Visit our [website](https://www.mddminds.org) ▶





Middle East and Africa	South-East Asia	Central and South America
Kenya Nigeria Saudia Arabia	Indonesia Japan Sri Lanka	Brazil Mexico Peru

2892 Family Physicians from **26** countries enrolled in MDD Minds 101 on-line education

581 Family Physicians completing MDD Minds 101 on-line education

12 Master faculty provided Train-the-Trainer workshops in **9** countries

210 Scholars enrolled in the Train-the-Trainer program with **126** family physicians completing the program.

147 sessions delivered locally to **1767** learners by Scholars from the Train-the-Trainer program

7 practices participating Performance in Practice programs to screen patients with diabetes for depression

1011 Patients with diabetes screened for depression

- ケアにおける治療のギャップ
- うつ病分類ツール
- MDDのよくある症状の現れ
- 患者に対するスティグマの脅威
- MDDの評価、スクリーニング、診断
- 症例検討の最初の患者としてマリアに出会います。
- 評価のための質問
- モジュール 2「治療を開始する」



Private Board Table

Google Drive Power-Ups Automation Filters

Share 5

Fóruns de Discussão



Use para comentários, questões e discussões

FÓRUM DE APRESENTAÇÃO
45

FÓRUM DE DÚVIDAS SOBRE O TtT
11

FÓRUM - 1º ENCONTRO
45 7

FÓRUM - 2º ENCONTRO
21 2

FÓRUM - RELATÓRIOS
3 1

+ Add a card

Sessão 1: Screening (triagem), Diagnóstico e Tratamento

Meeting: Sessão 1
5 3

Triagem para TDM
11 8

Tomada de decisão compartilhada + Entrevista Motivacional
1



Planos de Cuidado

Avaliação de Risco + Manejo
2

ATIVIDADE PRÁTICA: Triagem para depressão e uso de ferramentas de triagem.

Sessão 2: Intervenções Não-medicamentosas

Meeting: Sessão 2
1 3



Ativação Comportamental, Terapia Cognitivo-Comportamental e Técnica de Resolução de Problemas

ATIVIDADE PRÁTICA: Uso das intervenções não-medicamentosas com pacientes

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Sessão 3: Tratamento Medicamentoso

Meeting: Sessão 3
1

Tratamento Medicamentoso
3

Habilidades de Apresentação
1

ATIVIDADE PRÁTICA: Realizar a primeira sessão de treinamento in loco.

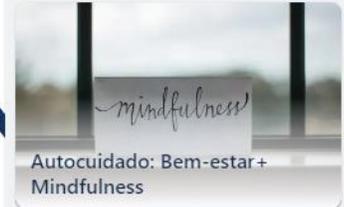
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Sessão 4: Seguimento, Referência e Autocuidado

Meeting: Sessão 4

Seguimento e Encaminhamento
1

Comorbidades
1



Autocuidado: Bem-estar + Mindfulness

Sofrimento e Avaliação do seu Significado
2

ATIVIDADE PRÁTICA: Realizar a segunda sessão de treinamento in loco.

Conteúdo Geral | Disponível para todos



Role Playing, Templates, Exemplos, Dicas e Mais

MDD Minds 101: Módulos 1-7
1 8

Recursos: Trabalhando em grupos, Ensinando habilidades clínicas de comunicação, ALOBA, e mais
3

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Atividades de Replicação do MDD Minds



Community Deck

Estudos de Caso
1

Formulário de Relatório das Atividades de Replicação do MDD Minds
2 2

+ Add a card

MDD Minds for Primary Care

Train-the-Trainer Communities & Toolkits

TACKLING CLIMATE CHANGE

B.R.E.A.T.H.E.:

Expanding Impact on Air Pollution and Climate Change

In 2019, the Air Health Train the Trainer Program, led by our Planetary Health Working Party, educated health professionals from 52 countries on the health impacts of air pollution, featuring 370 unique training activities and directly impacting around 20,940 individuals.



Scaling-Up: The B.R.E.A.T.H.E Project

A 36-month initiative aimed at empowering healthcare professionals to address air pollution and its health risks through education and advocacy.

Directly engaging healthcare professionals through train-the-trainer programs and local seminars, our project develops and disseminates multilingual, culturally tailored educational materials. Continuous support is provided via mentoring and online resources, culminating in developing policy recommendations.



ADVANCING DIGITAL HEALTH IN MEDICAL TRAINING

The Digital Health Project

- Many family doctors lack training in digital tools such as electronic health records, telemedicine, and remote patient monitoring
- The project aims to address the gap in digital health literacy among family doctors by defining a core digital skills curriculum and building capacity through a train-the-trainer course.

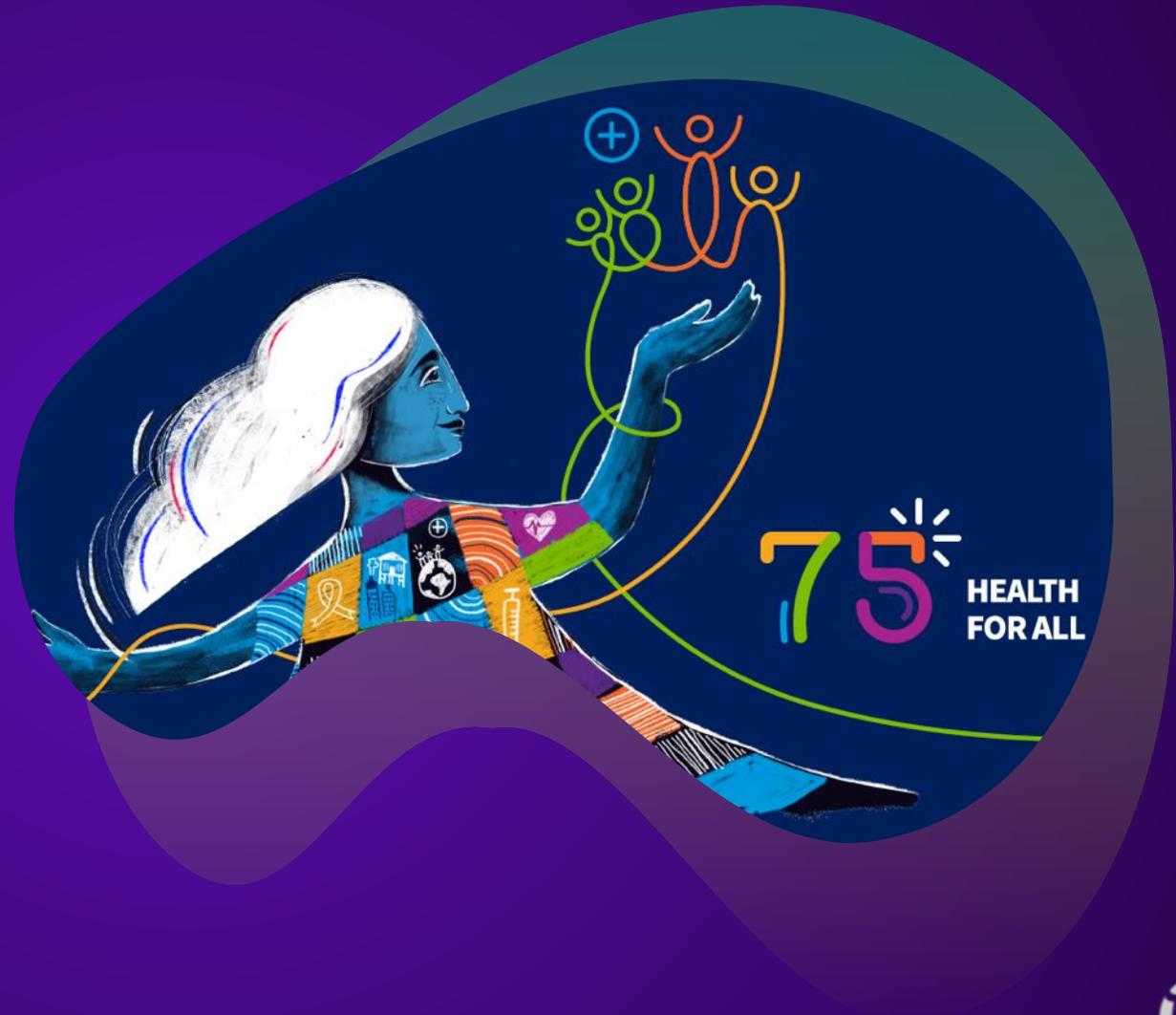
TACKLING A SHADOW PANDEMIC

The Family Violence Project

- Family violence, especially intimate partner violence, remains a critical public health issue, affecting one in three women and one in ten men globally.
- The COVID-19 pandemic has exacerbated this 'shadow pandemic,' making timely and effective family doctor training more essential than ever.
- Implemented worldwide, our program will provide comprehensive online training covering understanding intimate partner violence, communication skills, and providing clinical care for survivors, using a mix of webinars and interactive forums.

Advocacy: In Official Relations with the **WHO** and **PAHO**

- This unique position enables us to make direct contributions to global health policy and its execution.
- Active participation in discussions and collaborations and providing input on publications and policy.
- Playing a crucial role in shaping global health policies, reinforcing our dedication to enhancing primary healthcare across the globe.

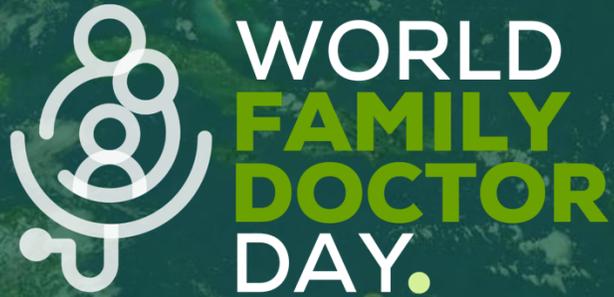


Advocacy: Health for All

Now, more than ever, what the world needs is: high-quality Primary Care. A close-to-home, healthcare hub, that functions in seamless collaboration with Social Care and Public Health services, as well as with hospitals. That requires a strong, multiprofessional team, with a qualified Family Doctor onboard.



We celebrate the World Family Doctor Day on May 19.
In 2024 we focused on the integral role family doctors play in promoting planetary health and sustainable practices.



HEALTHY PLANET, HEALTHY PEOPLE.



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Doctors from around the world unite to call for urgent climate action

Health bodies demand all governments immediately cease expansion of new fossil fuel infrastructure and production

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Workers from around the world have delivered an open letter calling for climate change. Photograph: Lynne Cameron/PA

...demanding international governments urgently



WORLD FAMILY DOCTOR DAY.

BUILDING MENTAL RESILIENCE

in a changing world



19.May.2026



WORLD FAMILY DOCTOR DAY.

COMPASSIONATE CARE
IN A DIGITAL WORLD

Learn more about
WONCA

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[WONCA News](#) ▶

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Thank You

Questions?

Contact us at secretariat@wonca.net