

A COMPREHENSIVE REHABILITATION AND REINTEGRATION PROJECT FOR PEOPLE AFFECTED BY THE WAR IN UKRAINE.



MEDICAL CENTER

OPENING DATE: AUGUST 1, 2022

COMPLETED:

- **2,350+ war-affected individuals** rehabilitated after severe injuries and trauma;
- **2,100+ civilians rehabilitated** after injuries, surgeries, strokes, etc.;
- **700+ ultrasound examinations** performed for war-affected individuals and their families;
- **18,750+ psychological sessions** provided for war-affected individuals and their families.

WAY TO HEALTH



CHARITY FOUNDATION

FOUNDING DATE: SEPTEMBER 21, 2022

FINANCED:

- **500+ comprehensive rehabilitation programs;**
- **50+ full recovery cycles** after limb amputations;
- **30+ humanitarian missions** conducted in frontline communities;
- **30+ local and international** partners engaged.



THE CHALLENGE FACING UKRAINE

UKRAINE IS GRADUALLY MOVING FROM A STAGE OF SURVIVAL TO A STAGE OF RECOVERY AND REBUILDING.

HUNDREDS OF THOUSANDS OF VETERANS AND CIVILIANS ARE ALREADY IN NEED OF RECOVERY DUE TO:

- Mine-blast injuries;
- Shrapnel and gunshot wounds;
- Limb amputations;
- Traumatic brain injuries;
- PTSD and anxiety disorders;
- Difficulties in returning to civilian life.

WHY REHABILITATION = NATIONAL SECURITY

Rehabilitation is not only about medicine.
IT IS A TOOL FOR RESTORING A COUNTRY'S HUMAN POTENTIAL.

HIGH-QUALITY AND TIMELY REHABILITATION ENABLES:

- reduce disability rates in the population;
- help people return to active life and employment;
- reduce long-term pressure on the state budget;
- support psychological stability in communities;
- strengthen social cohesion.



OUR ANSWER

WE HAVE CREATED AN ECOSYSTEM THAT COMBINES:

- Basic diagnostics;
- Physical rehabilitation;
- Psychological support;
- Innovative recovery technologies;
- Social reintegration;
- Charitable assistance.

INNOVATION

WE INVEST IN TECHNOLOGIES THAT ARE SHAPING THE FUTURE OF REHABILITATION.

- Gaming therapy;
- VR therapy;
- Development of a unique clinical database for war trauma rehabilitation;
- Future AI lab for advancing artificial intelligence in post-war recovery.

Our goal is not just to treat the consequences of war.
Our goal is to bring people back to a full life.

Virtual Reality Rehabilitation – VRNOW

The medical center “Way to Health”, in collaboration with the Ukrainian IT company ADVIN, has developed a unique and innovative VRNOW training system for the rehabilitation of patients with mobility impairments and pain syndrome.

Conditions for which the VRNOW training system is used

- Limited range of motion;
- Pain syndrome;
- Phantom pain;
- Balance disorders;
- Impaired muscle strength control.



Virtual Reality Rehabilitation – VRNOW

The “Way to Health” and ADVIN teams conducted clinical studies involving 100 patients, demonstrating the positive effect of the method. As a result, the VRNOW training system received a certificate of compliance for the rehabilitation methodology and the “GLOBAL IMPACT AWARD” at an international forum in Davos.

- Improvement of neuromotor control of movements;
- Adaptation to environmental changes during walking in patients with neurological disorders;
- Increase in joint range of motion;
- Improvement of muscle strength indicators;
- Enhancement of overall coordination;
- Reduction of pain syndrome;
- Restoration of cognitive functions.



PLAY TO RECOVER

GAMING THERAPY AS A TOOL FOR POST-WAR RECOVERY AND REINTEGRATION

Modern interactive technologies help people not only to distract themselves from traumatic experiences, but also to gradually return to active social life.

WHAT THE PROJECT IS AIMED AT:

Reduction of PTSD symptoms and anxiety disorders;
Improvement of social interaction and communication;
Development of attention and cognitive skills;
Creation of a safe environment for veterans' communication;
Return to active life after the war.



GAMING THERAPY AT
THE "WAY TO HEALTH"
MEDICAL CENTER

PROJECT TECHNOLOGIES:

- PlayStation 5;
- Nintendo Switch;
- Charity esports tournaments;
- Team-based activities for veterans.

PROJECT PARTNERS

ROOM8
GROUP



BOARS GAMING

WHY IT WORKS

THE APPROACH IS BASED ON INTERNATIONAL EXPERIENCE AND CLINICAL STUDIES CONDUCTED IN THE UNITED STATES AMONG COMBAT VETERANS.

RESEARCH SHOWS THAT THE USE OF VIDEO GAMES CAN CONTRIBUTE TO:

- REDUCTION OF ANXIETY LEVELS;
- IMPROVEMENT OF EMOTIONAL WELL-BEING;
- DEVELOPMENT OF SOCIAL CONNECTIONS;
- INCREASED MOTIVATION TO PARTICIPATE IN THE RECOVERY PROCESS.

OUR VISION

WE BELIEVE THAT MODERN REHABILITATION SHOULD INTEGRATE MEDICINE, PSYCHOLOGY, AND TECHNOLOGY.

GAMING THERAPY IS ANOTHER STEP TOWARD BUILDING A MODERN SYSTEM IN UKRAINE FOR RECOVERY AND REINTEGRATION OF PEOPLE AFTER THE WAR.

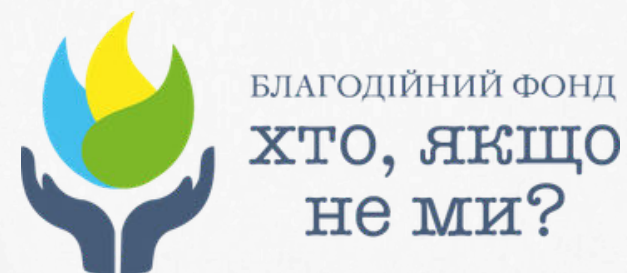


OUR PARTNERS

INTERNATIONAL FOUNDATIONS:



UKRAINIAN FOUNDATIONS:



BUSINESS:



FROM A REHABILITATION CENTER TO A CENTER FOR INNOVATIVE RECOVERY IN UKRAINE

We see the future of the “Way to Health” ecosystem as an integration of modern medicine, rehabilitation, psychology, and technology.

THE NEXT STAGE OF DEVELOPMENT INCLUDES:

ESTABLISHMENT OF AN INPATIENT DEPARTMENT

- Increased accessibility of rehabilitation;
- Ability to admit patients from all over Ukraine;
- Improved recovery outcomes through continuous care;
- Simplified logistics for veterans and civilians after severe injuries.

INCREASED SCALE OF ASSISTANCE

- Expansion of the rehabilitation team;
- Doubling the number of patients by at least two times by the end of the year;
- Development of new areas of recovery and reintegration.

DEVELOPMENT OF INNOVATIVE REHABILITATION TECHNOLOGIES

- Scaling VR therapy;
- Development of gaming therapy (Play to Recover);
- Implementation of new digital tools in the patient recovery process;
- Creation of a unique clinical database.

SPECIAL ATTENTION WILL BE GIVEN TO THE REHABILITATION OF PATIENTS AFTER WAR-RELATED TRAUMA, AMPUTATIONS, TRAUMATIC BRAIN INJURIES, AND PTSD.

WE ARE INITIATING A SYSTEMATIC COLLECTION OF CLINICAL DATA ON THE EFFECTIVENESS OF MODERN REHABILITATION TECHNOLOGIES.

THE DATABASE WILL INCLUDE RESULTS OF FUNCTIONAL AND PSYCHOLOGICAL ASSESSMENTS:

- Outpatient rehabilitation;
- Inpatient rehabilitation;
- VR therapy;
- Gaming therapy;
- Long-term monitoring of recovery outcomes.

“THE WAR HAS CREATED ONE OF THE LARGEST BODIES OF EXPERIENCE IN COMPLEX TRAUMA REHABILITATION IN THE WORLD. OUR TASK IS NOT ONLY TO HELP PEOPLE TODAY, BUT ALSO TO TRANSFORM THIS EXPERIENCE INTO KNOWLEDGE AND TECHNOLOGIES THAT WILL SUPPORT PEOPLE FOR DECADES.”

PREPARATION FOR THE ESTABLISHMENT OF AN AI LABORATORY

Our long-term goal is to establish Ukraine's first specialized AI laboratory in the field of war-related rehabilitation.

TO ACHIEVE THIS, WE ARE ALREADY WORKING ON:

- Development of clinical data collection protocols;
- Standardization of testing and outcome assessments;
- Creation of structured clinical databases;
- Preparation for future international scientific and technological partnerships.

OUR GOAL:

To create one of Europe's leading centers for the recovery and reintegration of war-affected people, integrating patient care, innovation, and scientific development in rehabilitation.



JOIN OUR MISSION

We believe that Ukraine's recovery begins with the recovery of its people. Every day, we work to ensure that military personnel, veterans, and civilians affected by the war have a chance to return to a full and meaningful life.

WE INVITE BUSINESSES, CHARITABLE ORGANIZATIONS, INTERNATIONAL PARTNERS, AND EVERYONE WHO CARES TO BECOME PART OF THIS MISSION.

info@waytohealth.org.ua

www.waytohealth.org.ua

 +38 063 377 20 22

**BY RESTORING ONE PERSON, WE ARE RESTORING
UKRAINE'S FUTURE.**