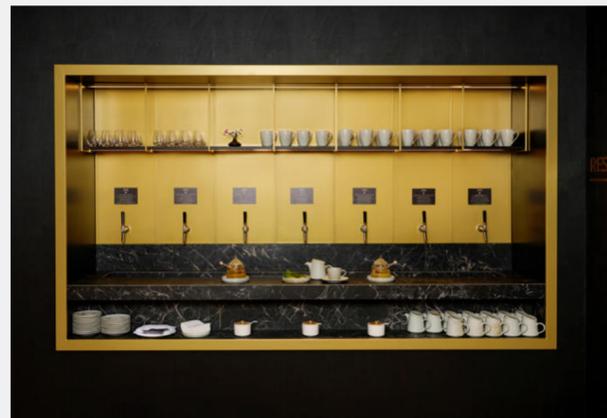
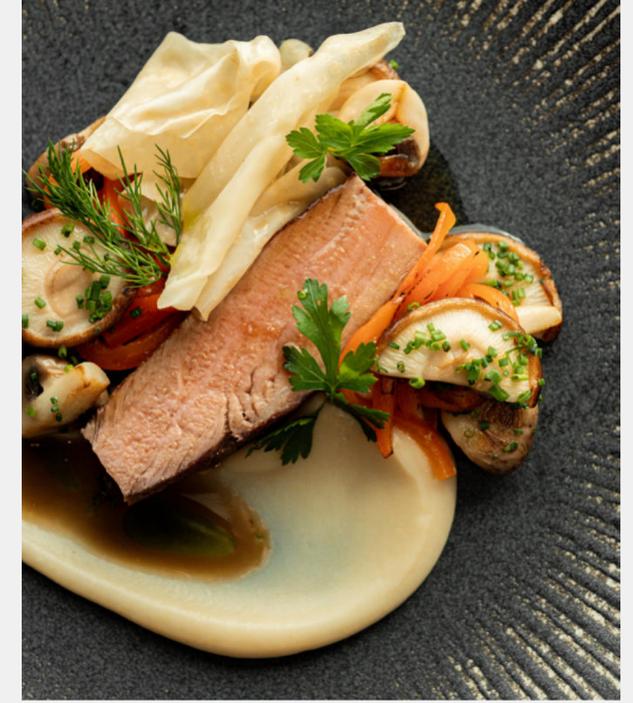


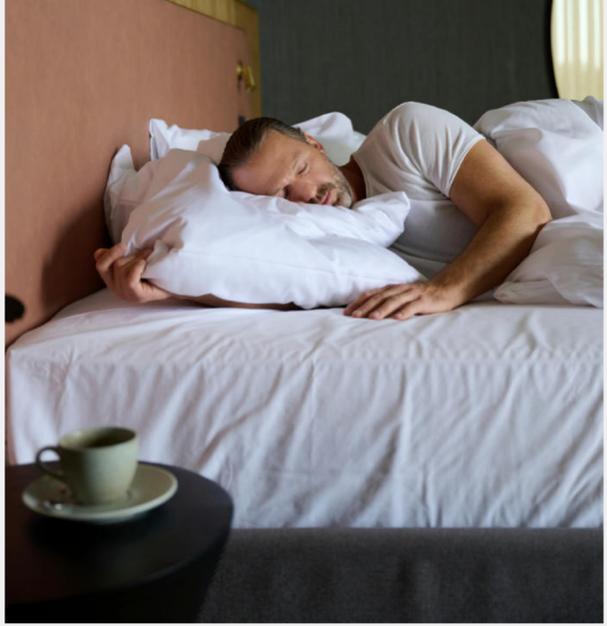
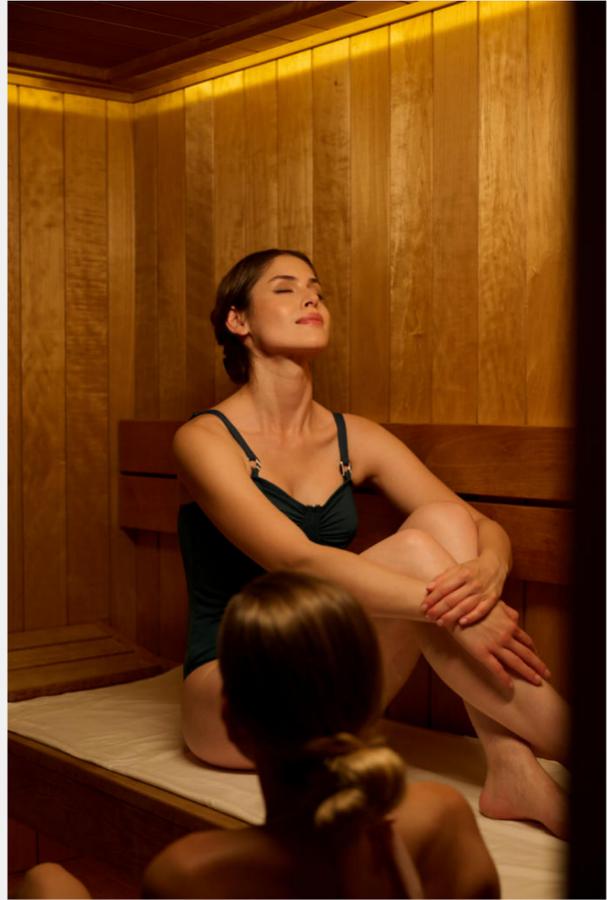
Melea – The Health Concept

Melea – The Health Concept is built as a premium medical-wellness hotel to support conscious living, rejuvenation, and a long, healthy life. Through our diverse programs and spaces, we provide an inspiring framework for individual travelers, groups, and business partners.



The Melea Restaurant offers a gourmet experience, where dishes prepared from fresh, local, and seasonal ingredients are healthy, colorful, and full of flavor. Gentle cooking techniques, the use of healing herbs and spices, and attentive table service transform every meal into a mindful and memorable moment. Our menus are continuously refreshed, ensuring that each visit is a new culinary adventure.





MELEA SUITE



ROOMS

	Size	Units	Twin room option
MELEA ROOM	26 m ²	45	17
MELEA SIGNATURE ROOM	26 m ²	23	7
MELEA STUDIO	40 m ²	4	1
MELEA STUDIO PANORAMA VIEW	40 m ²	2	1
MELEA JUNIOR SUITE	40 m ²	5	-
MELEA SUITE	45 m ²	4	-

- 83 rooms and suites
- In-room amenities: balcony, bathrobe, spa slippers and bag, complimentary yoga mat, cosmetics, water, tea selection
- Daily leisure activities
- Access to the Luxury Spa
- Access to the Melea Fitness Center



MELEA STUDIO



MELEA STUDIO PANORAMA VIEW



MELEA JUNIOR SUITE



MELEA ROOM



MELEA SIGNATURE ROOM

EVENTS

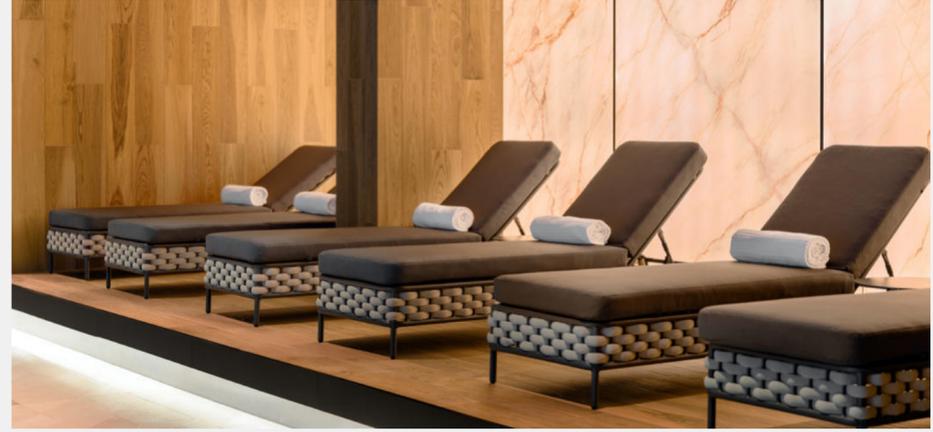
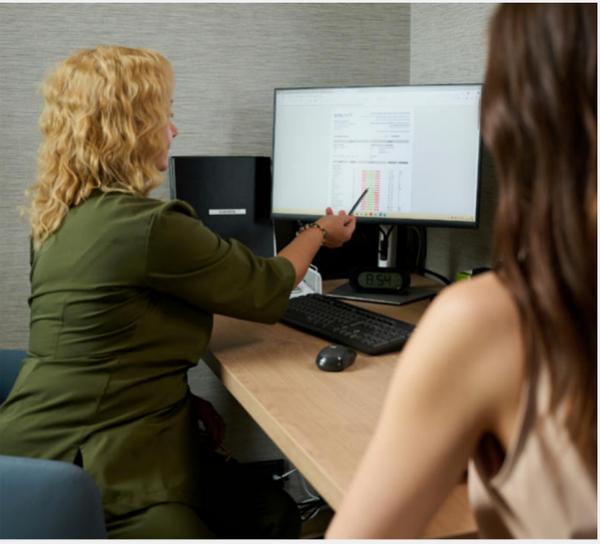
At Melea, as an exclusive, adults-only lifestyle hotel, we offer an inspiring natural setting and discreet luxury for executive retreats, strategic meetings, and premium business events. Our sleek, modern conference and meeting spaces, complemented by on-site wellness and culinary experiences, create the perfect balance between productive work and revitalizing relaxation.



Name	Area	Setup Options	Capacity
MELEA CONFERENCE ROOM	123 m ²	Theatre 	max. 70 ppl
		Classroom 	max. 50 ppl
		U-shape with tables 	max. 25 ppl
		Boardroom 	max. 30 ppl
RESTAURANT	336 m ²	Restaurant setup	max. 100 ppl
	150 m ²	Seated terrace setup	max. 30 ppl
	150 m ²	Standing reception	max. 60 ppl
ROOFTOP – YOGA TERRACE	265 m ²	Yoga event	max. 30 ppl
		Standing reception	max. 100 ppl
		Flow Zone (beanbags, mats, high tables, parasols)	max. 40 ppl
YOGA STUDIOS	52 m ²	Small studio: parallel mats or semi-circle layout (depending on group size)	max. 8 ppl
DOCK	99 m ²	Yoga event	max. 12 ppl
MELEA GARDEN	25.000 m ²	Flow Zone (beanbags, mats, high tables) or equipment-free use	no group-size limit
OUTDOOR CINEMA	36 m ²	The Snug Spot (benches, cushions, blankets)	max. 20 ppl
FIRE PIT AREA	~16 m ²	Benches in fixed spots, extendable with beanbags	max. 10 ppl

LUXURY SPA – WELLNESS - MEDICAL

At Melea, we offer a wellness experience enriched with medical expertise. Our Luxury Spa provides true relaxation with saunas, treatment rooms, and a wide range of spa services, while the Medical Concept ensures holistic health support through integrated medical assessments, as well as access to psychologists, holistic internal medicine doctors, dietitians, and numerous other specialists. Together, these spaces and services guarantee that guests receive not just superficial recreation, but a truly comprehensive, health-preserving experience.



PROGRAMS

Effective Weight Loss

This program includes a comprehensive body composition analysis, laboratory tests, medical consultation, fitness assessment, exercise and nutritional counseling, as well as a personalized diet plan. It provides step-by-step support for lasting lifestyle changes, achieving a healthy body weight, preventing diseases, and enhancing overall well-being.



Minimum duration: 3 nights
Recommended duration: 7 / 14 nights

From 1,306€



Mental Health

The program offers effective solutions to everyday mental challenges such as stress and burnout. Our trained psychologists, combined with relaxation treatments, support mental relief and trauma processing, ensuring both physical and emotional renewal.

Minimum duration: 3 nights
Recommended duration: 7 / 14 nights

From 1,541€

PROGRAMS

Prevention & Regeneration

Our program uses comprehensive assessments and advanced diagnostic examinations to identify risk factors for the most common diseases, as well as the impact of hereditary and lifestyle-related factors. We also provide practical guidance on how to reduce these risks.



Minimum duration: 3 nights
Recommended duration: 7 / 14 nights

From 1,511€

Leadership Performance

The program is designed to provide executives with personalized solutions to improve their health, increase energy levels, and enhance performance. In addition, we place a strong focus on mental health.



Minimum duration: 3 nights
Recommended duration: 7 / 14 nights

From 1,781€

MELEA MODULES



Melea Medical Assessment

- Health questionnaire: detailed survey on personal health status
- Laboratory tests: blood profile, liver function, cardiovascular risk factors, etc.
- Blood pressure measurement
- Pulse measurement
- Oxygen saturation measurement
- Arteriograph examination: assessment of arterial condition
- AGE test: measurement of factors contributing to aging processes and diseases
- ECG examination
- 2× medical consultation
- InBody body composition analysis: measurement of body fat, muscle mass, and water balance
- Dietary consultation & personalized meal planning
- Fitness status analysis & exercise program development
- Physiotherapy assessment & therapeutic plan

Melea Medical Basic Assessment

- Health questionnaire: detailed survey on personal health status
- Laboratory tests: blood profile, liver function, cardiovascular risk factors, etc.
- Blood pressure measurement
- Pulse measurement
- Oxygen saturation measurement
- 2× medical consultation



Genetic Test

- Analysis of 90+ genetic factors: nutrition, sports performance, and lifestyle characteristics
- Determination of individual nutritional needs based on genetic background
- Assessment of sports performance and lifestyle characteristics according to genetic predispositions
- 2× medical consultation



MELEA MODULES

Anti-Aging

- InBody analysis: measurement of body composition
- AGE test: evaluation of factors contributing to aging processes and diseases
- 1× Infusion therapy: intravenous administration of vitamins, minerals, and antioxidants
- 1×60-minute OxyGeneo skin rejuvenation treatment: exfoliation, nourishment, and oxygenation combined
- 1×60-minute Alqvimia Silhouette firming treatment

Stress Management

- Psychological assessment
- Psychological consultation
- 1× Nuvola flotation therapy
- 1× Welhamis relaxation therapy
- Group yoga session



Pain Relief

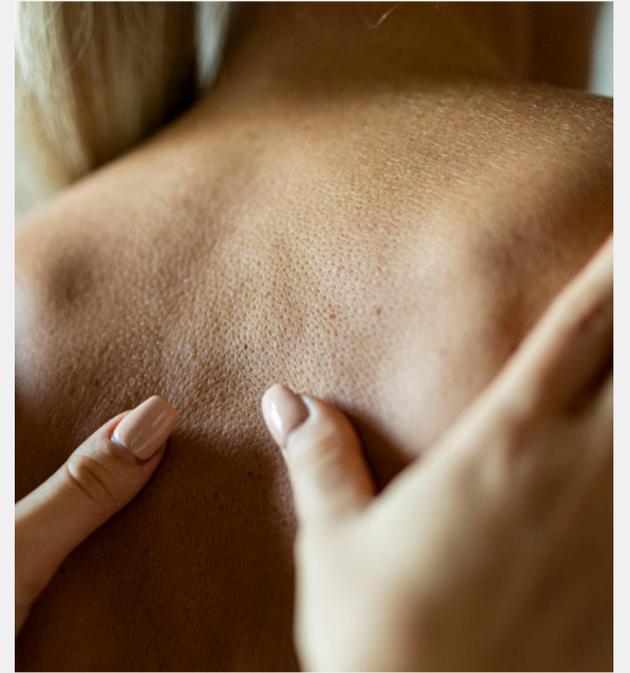
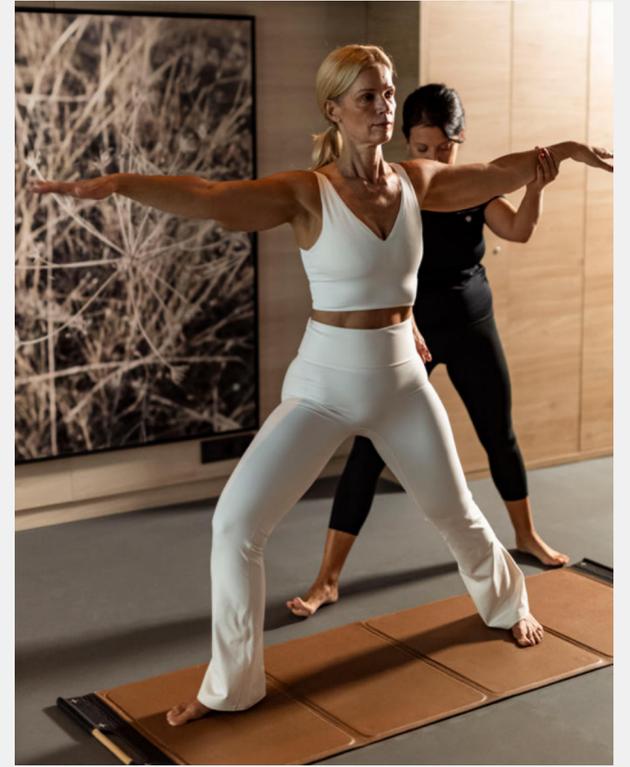
- Identification of musculoskeletal problems: assessment of the underlying causes of pain
- Comprehensive pain management therapy
- Development of a personalized treatment plan
- 1× Neck-shoulder exercise session
- 1× BEMER therapy
- Aqua fitness
- 1×60-minute oil-based Thai massage

Me-Time for Women

- 1×60 minute personalized facial treatment
- 1× Nuvola flotation therapy session with face mask
- 1×60 minute Alqvimia Silhouette Body Sculpture massage

Me-Time for Men

- 1× Seed to Skin ritual for men: facial and head massage with personalized masks and cryotherapy treatment
- 1×60-minute oil-based Thai massage
- 1×60-minute reflexology foot massage



Please feel free to contact us!
Our team will be pleased to assist you with all details and arrangements.



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cluster sales vision developer
Unione Hotel Management



Melea
THE HEALTH CONCEPT

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