

Press Release



「消脂」效果,近年亦成為熱門的減肥方式。

生酮飲食有一套國際標準,一般會以體內的丙酮水平量度 人體是否已進入生酮狀態·使用生酮飲食減肥的人士如想每日

初創推呼氣生酮測試儀

飯前飯後即知 可隨身攜帶

【明報專訊】近年政府增撥資源 扶助初創企業,不少年輕人幫問創 業夢。中文大學校友傳承基金將舉 辦「中大創業日2021」,活動包括 網上創業展覽(見表)。有今年參 展的中大畢業生,其創辦的科技公 司研發測試儀,生酮飲食者只要呼 氣約20秒,就能檢測體內丙酮濃 度,分析是否達到最佳生酮狀態; 用家可配合使用手機應用程式,內 設人工智能營養師諮詢系統、因應 個人情况提供飲食及健身建議;程 式亦推介由營養師設計的生酮飲食 餐單,助用家調節飲食

生酮飲食原本助大腦麻痺病人減少癫癇 發作,近年不少人用以減肥。有别一般人 主要進食碳水化合物從中攝取葡萄糖以獲 白質及小量碳水化合物食物,旨在令身體 由消耗碳水化合物轉爲燃烧脂肪,過程中 產生酮體 (ketone),以取代葡萄糖作爲



酮飲食者數十秒內得知體內酮體濃度以及生酮狀態。公司創辦人張煒鋒(左)手持測 試儀,其長約12厘米,方便用戶隨身攜帶,在用騰前後量度丙酮水平。 (黃焯謙攝

日期:9

獲冠3

及2萬

期培育

置丙酮感測器·可檢測低至0.1ppm 剛體 濃度。10多名生酮飲食者已試用儀器,他 們的生酮狀態檢測結果、均與以血液或尿

有餐廳標榜

電 该公司正研子 61 200000 喻人逃食的 營養成分: 驗血或驗

方面產品相

「生酮」用家測呼氣 時間:上 地點:中 20秒即知丙酮水平 部分活動 創業項目 • 展出 8 品,每

中大創業日2021簡介

【本報記者黃悦晴報道】本港近年與起以 酮飲食法作為減肥方式・不過此方法並非立 效・亦較難評估自己是否推入生酮狀態 無所適從。有中大牛物化學及牛物醫學 碩士課程學業生開設的本地公司,成功研發可 隨身攜帶的檢測儀「氣酮機」·誘過測試時出 的氣體內的丙酮濃度 · 協助用家監測自身狀 預測5

研演算法「氣酮機」讀取結果

業生、氣能科技創辦人張煒鋒脱 酮飲食的人士感覺難以跟維自己狀 已是否真的成功推入生酮狀態。依

須作出治療・並調整飲食 人士試用檢測機·與維行血或尿液 生酮狀態結果一致。氣酮機亦可以





子鼻助減肥

生酮飲食法近年 受到不少人青睐,當 中關鍵在於讓身體達到 生酮狀態,能做到燃燒脂 肪而非碳水化合物從而攝取 熱量・達至減肥效果。由中文 大學畢業生創立的初創公司, 研發「電子鼻」 (i-NOSE

Patents & Awards

Patent:

- 1. ELECTROCHEMICAL SENSOR BASED ON PHOTOELECTRIC COUPLING EFFECT, AND PREPARATION METHOD THEREOF, CN108195907 B
- 2. CHEMICAL SENSING DEVICE, International Application No. PCT/IB2019/053652
- 3. GAS-BASED METHOD AND DEVICE FOR DIAGNOSING LUNG CANCER USING ELECTROCHEMICAL SENSORS, U.S. Serial No. 62/725,388
- 4. GAS-BASED METHOD AND DEVICE FOR DIAGNOSING LUNG CANCER USING LIGHT-REGULATED ELECTROCHEMICAL SENSORS, International Application No. PCT/CN2018/103569
- 5. SENSING MATERIAL FOR HIGH SENSITIVITY AND SELECTIVITY, International Application No. PCT/CN2019/076229
- 6. BREATH SENSOR, Application No. 29890102

Award:

- HKMA/HKT Global Innovation Award 2024/25

 Best Rising Star Of The Year
- 2023 Bright Future SME's Youth Creative Entrepreneurship Award – Special Award
- 2023 Maker in China SME Innovation And Entrepreneurship Global Contest Hong Kong Chapter – Merit Award
- HKSTP Elevator Pitch Competition 2020 Top 10 Winners
- 中國全國發明展覽會2020 銀獎





The Origin Of The Ketogenic Diet

1. Back in the 1920s, modern doctors introduced the ketogenic diet as a treatment for epilepsy

2. Treatment for diabetic patients

Limiting carbohydrates in your diet

3. Support cancer patients

 Starves cancer cells to death without being toxic to normal cells

FASTING AS EPILEPSY CURE.

Osteopaths Hear That 22 Days on Water Usually End Fits.

LOS ANGELES, July 5.—Epilepsy may be cured by fasting. Dr. Hugh Conklin told the twenty-sixth annual convention of the American Osteopathic Association, now in session here. Epilepsy, according to Dr. Conklin, is caused by the improper functioning of certain glands in the bowels. By fasting for twenty-two days, taking only water, a cure may be effected, he said.

twenty-two days, taking only water, a cure may be effected, he said.

"Many people," added Dr. Conklin, "fast thirty days and are never afflicted by fits again. The longest fast which any patient ever took under my direction lasted sixty days. Out of thirty-seven tests in which children were used as patients, only two still are affected by the disease. The children all were under the age of 11 years, but we effect cures in older patients in from 50 to 60 per cent. of the cases we undertake."

(News report by Dr Hugh Conklin, 1922)

Source: Epilepsy -

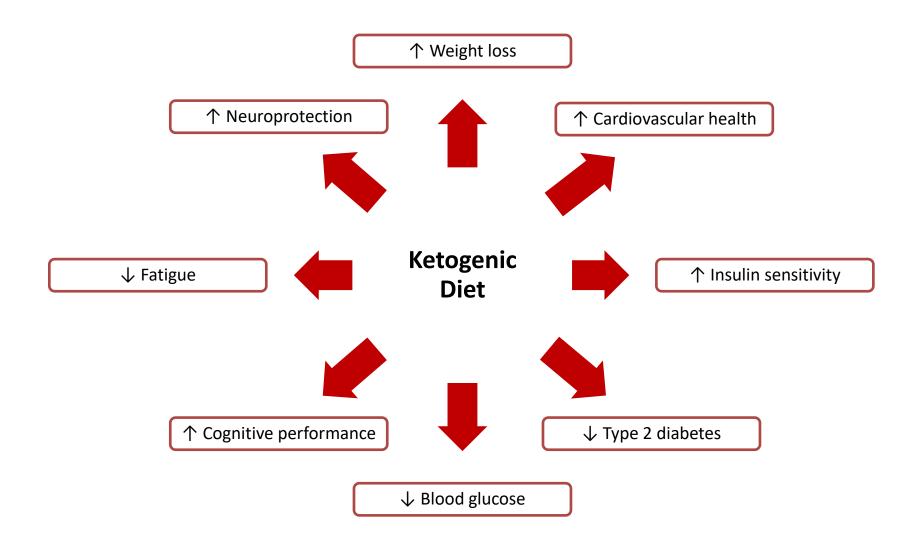
Research Paper, <u>Ketogenic Diet and Epilepsy: What We Know So Far</u>

Research Paper, <u>History of the ketogenic diet</u>

Carolina Henriques, <u>Fasting May Help to Prevent Seizures by Calming Nervous System, Early Study Suggests</u> Research Paper, Intermittent fasting: A "new" historical strategy for controlling seizures?

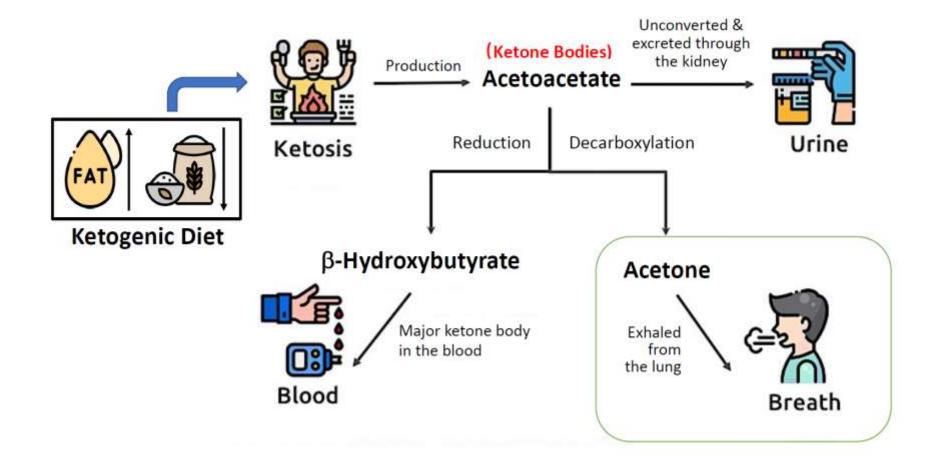
Diabetes, Cancer - Research Paper, The Ketogenic Diet: Evidence for Optimism but High-Quality Research Needed

Additional Health Benefits of Ketogenic Diet



5

Metabolic Pathway of Ketosis



QI DIAGNOSTICS LTD.

Clinically Proven Ketogenic Diet Treatment for Type 2 Diabetes

Review > Rev Endocr Metab Disord. 2020 Sep;21(3):381-397.

doi: 10.1007/s11154-020-09580-7.

Ketogenic diets as treatment of obesity and type 2 diabetes mellitus

Felipe F Casanueva ^{1, 2}, Marco Castellana ³, Diego Bellido ⁴, Pierpaolo Trimboli ⁵, Ana I Castro ^{6, 7}, Ignacio Sajoux ⁸, Gemma Rodriguez-Carnero ⁶, Diego Gomez-Arbelaez ⁹, Ana B Crujeiras ^{6, 7, 10}, Miguel A Martinez-Olmos ^{6, 7}

Affiliations + expand

PMID: 32803691 DOI: 10.1007/s11154-020-09580-7





Article

Very-Low-Calorie Ketogenic Diet as a Safe and Valuable Tool for Long-Term Glycemic Management in Patients with Obesity and Type 2 Diabetes

Eleonora Moriconi 1,2, Elisabetta Camajani 2,3, Andrea Fabbri 4, Andrea Lenzi 5 and Massimiliano Caprio 1,3,***

Citation: Nutrition & Diabetes (2016) 6, e230; doi:10.1038/nutd.2016.36

www.nature.com/nutd

ORIGINAL ARTICLE

Short-term safety, tolerability and efficacy of a very lowcalorie-ketogenic diet interventional weight loss program versus hypocaloric diet in patients with type 2 diabetes mellitus

A Goday^{1,2,3}, D Bellido⁴, I Sajoux⁵, AB Crujeiras^{6,7}, B Burguera^{6,9}, PP García-Luna¹⁰, A Oleaga¹¹, B Moreno¹² and FF Casanueva^{6,7}

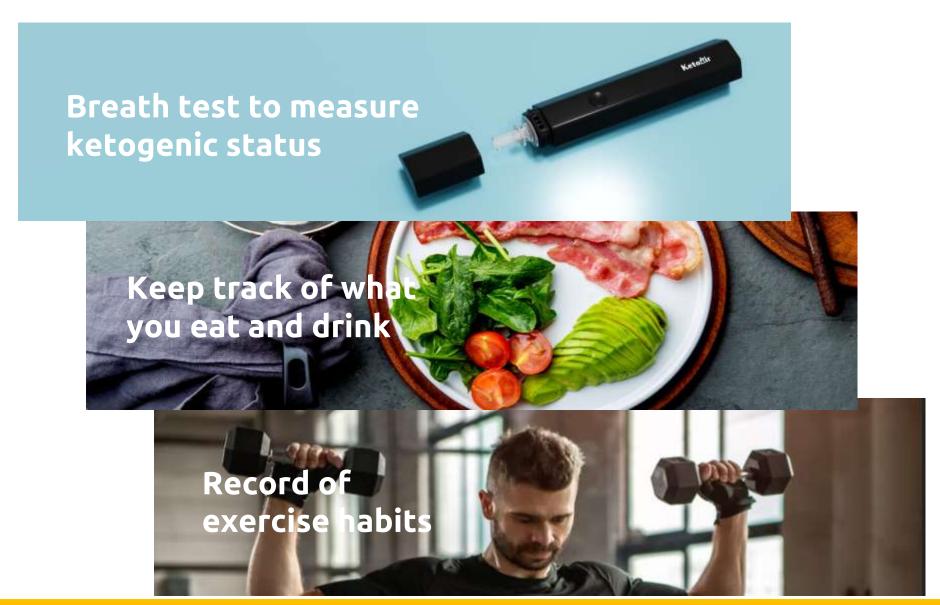
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Supported By International Celebrities

Ketogenic diets are one of the most popular diets in the world

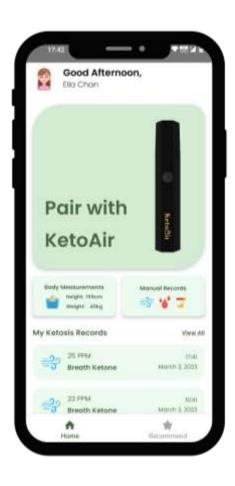


Real-time Monitoring to Achieve Optimal Health Benefits



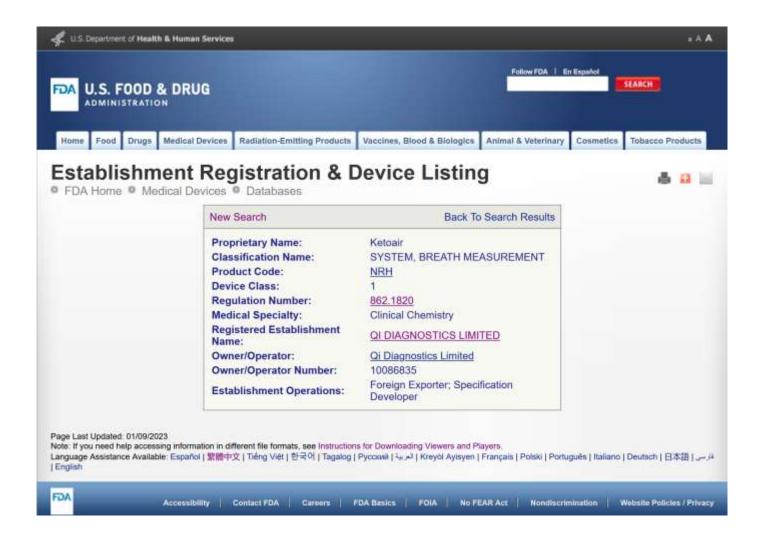
KetoAir





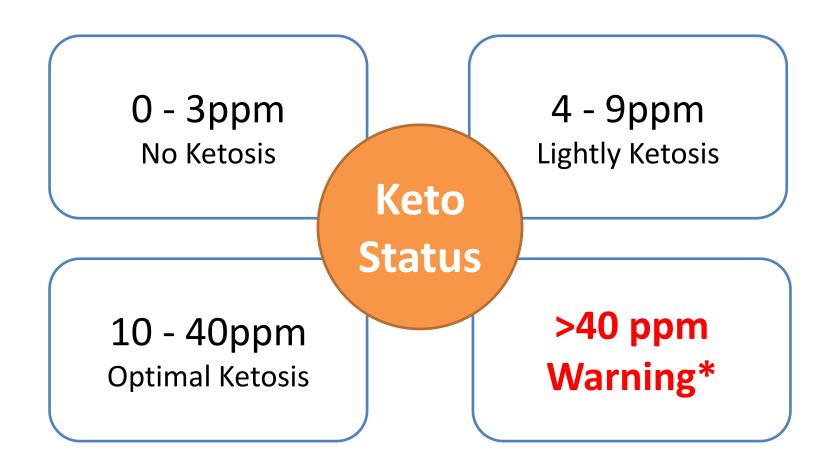
Painless breath test Bluetooth link to App Indicator of ketogenic

Quality Assured as an FDA Class 1 Cleared Device



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Breath Ketosis Status Indicator



^{*}Warning for potential risks of diabetic ketoacidosis, liver problems, kidney problems, etc.

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