



REHBOX

Digital,
AI-enabled
physiotherapy
and
rehabilitation
platform



1.71 billion people globally live with musculoskeletal
(MSK) conditions.

1 in 3 UK GP appointments are MSK.

Patients wait months.

70% quit rehab.

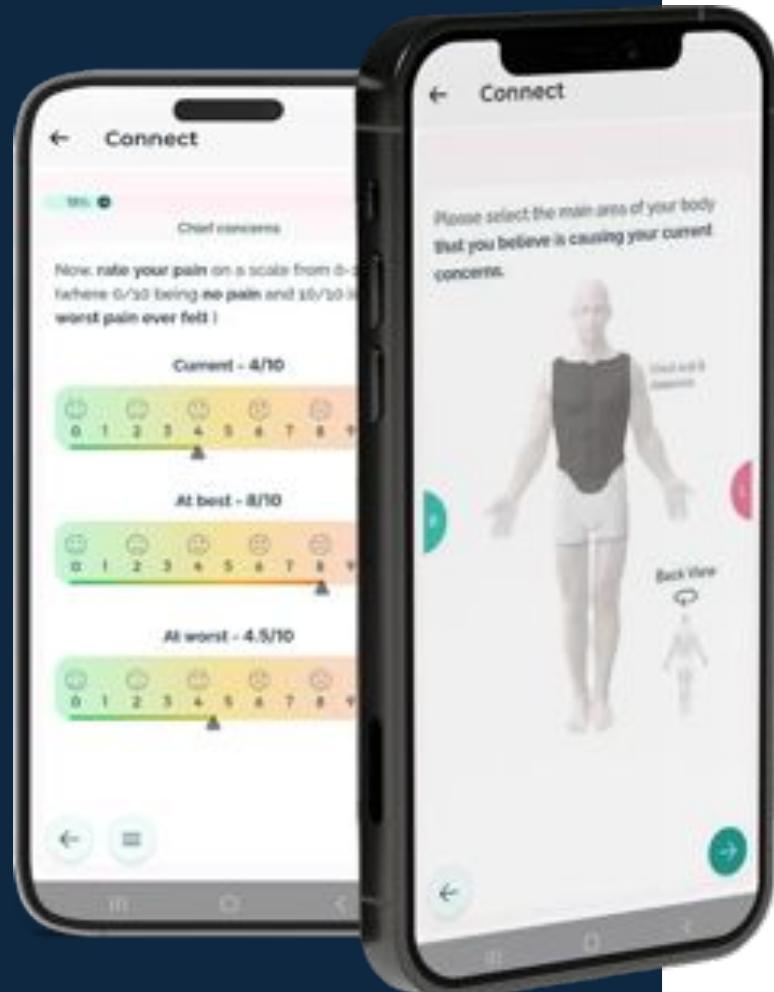
Our vision is to fix this in minutes.

OUR MISSION

Expert digital physiotherapy and rehabilitation
– accessible anytime, anywhere



Rehbox Connect



Rehbox Connect is a web-based and app-based digital assessment tool designed to collect **structured pre-assessment information ahead of a physiotherapy or MSK consultation.**

It enables rapid, consistent and clinically relevant data capture that supports efficient triage and informed decision-making.

← Connect

physiotherapist to complete this short digital musculoskeletal (MSK) triage and pre-assessment tool.

This helps your clinician:

- Review your symptoms and medical history in advance
- Prioritise your care based on clinical need
- Prepare a more focused and effective treatment plan

For you, it means:

- Less time spent on paperwork during your appointment
- A faster, more personalised start to your recovery
- Confidence that your physiotherapist already understands your situation

 Your answers are securely stored and shared only with your physiotherapy team.

You'll also receive a summary of your responses for your own records.

It only takes a few minutes — tap Continue to begin.

Continue

Used before first contact to enable faster, safer decision-making

Key Features:

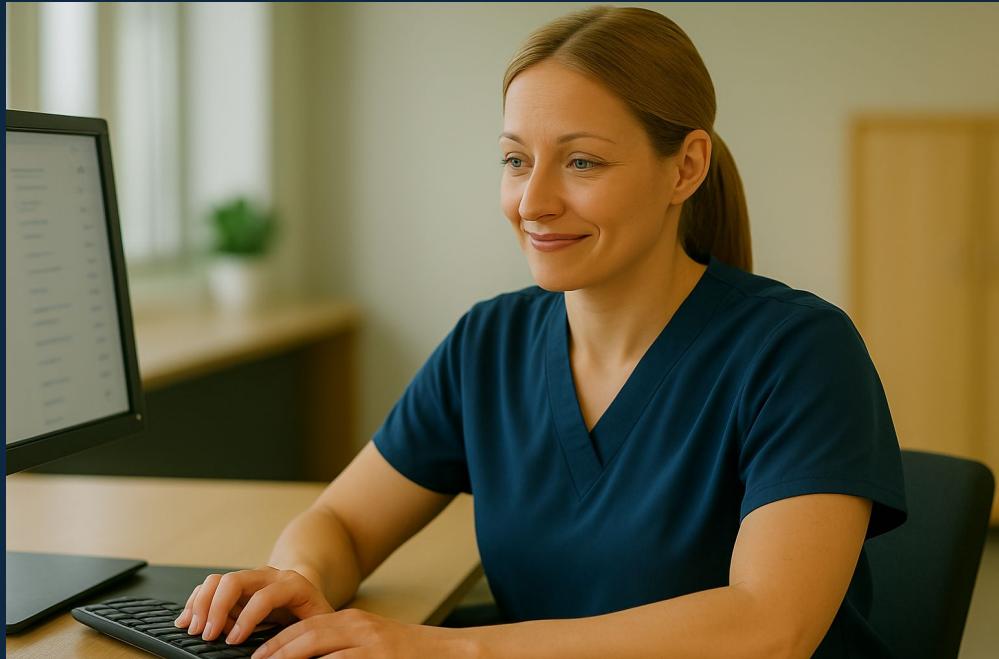
• Clinical Value

- Structured MSK history
- Red/yellow flag screening
- Pain & function scoring

• Operational Value

- 6–10 minute completion time
- Standardised data capture
- Ready-to-use clinical summaries

Rehbox Flow



Rehbox Flow is the clinical command centre for digital MSK care

- AI triage & pathway allocation
- Patient management
- Exercise & education delivery
- Outcome monitoring

CHIEF COMPLAINTS

A 23-year-old male, identifies the left shoulder as his primary area of concern. He reports pain in the areas highlighted below/white details Left anterior shoulder region. He experiences abnormal sensations like tingling and numbness in the hide details Left anterior shoulder region and left lateral shoulder/deltoid region. He also experiences difficulty moving the left shoulder and also exhibits guarding behavior. He identifies the presence of tenderness (see highlighted below). Activities of daily living are noted to be challenging. Patient reports concerns with one or more of the following functional activities: lifting light objects, reaching overhead, or pushing open a heavy door. Further evaluation is needed to identify the specific area(s) of difficulty. The patient reports abnormal joint sensation. The patient has observed localized weakness in specific region(s) marked below for the past 5 days. Patient informs decreased hand function.

HISTORY OF PRESENT ILLNESS

The patient reports a long standing history of symptoms. The patient indicates a trauma that occurred 3 day(s) ago. He is not sure or doesn't remember if he received previous treatment for his concerns.

BODY MAPPING & PAIN ASSESSMENT

Pain Location:  Tender Spots: 

Nature:	shooting.	Frequency:	Intermittent.
At best:	0/10	At worst:	8.5/10
At present:	1.5/10		

SYMPOM PRESENTATION AND VARIATIONS

The patient can't consistently reproduce or relieve symptoms which suggests a non-mechanical nature of presenting concerns. He denies presence of night pain. Time of the day doesn't worsen his concerns. He is unable to reproduce his concerns, with any specific movement or position in a consistent manner. He is unable to decrease his concerns, with any specific movement or position in a consistent manner.

EMA GUIDELINE CLINICAL IDENTIFICATIONS

Presence of early signs of depression identified [Details](#)

RESULTS

Syndrome 1

ICD: Fibromyalgia/Myofascial Pain Syndrome/ Central sensitization/ Neuroplastic Pain/ Chronic pain
ICF: Subacute low back pain with related cognitive and affective tendencies (or) Chronic Low Back Pain with Related Generalized Pain
MDT: Chronic Pain Syndrome

Pending Patient confirmation of the above report.

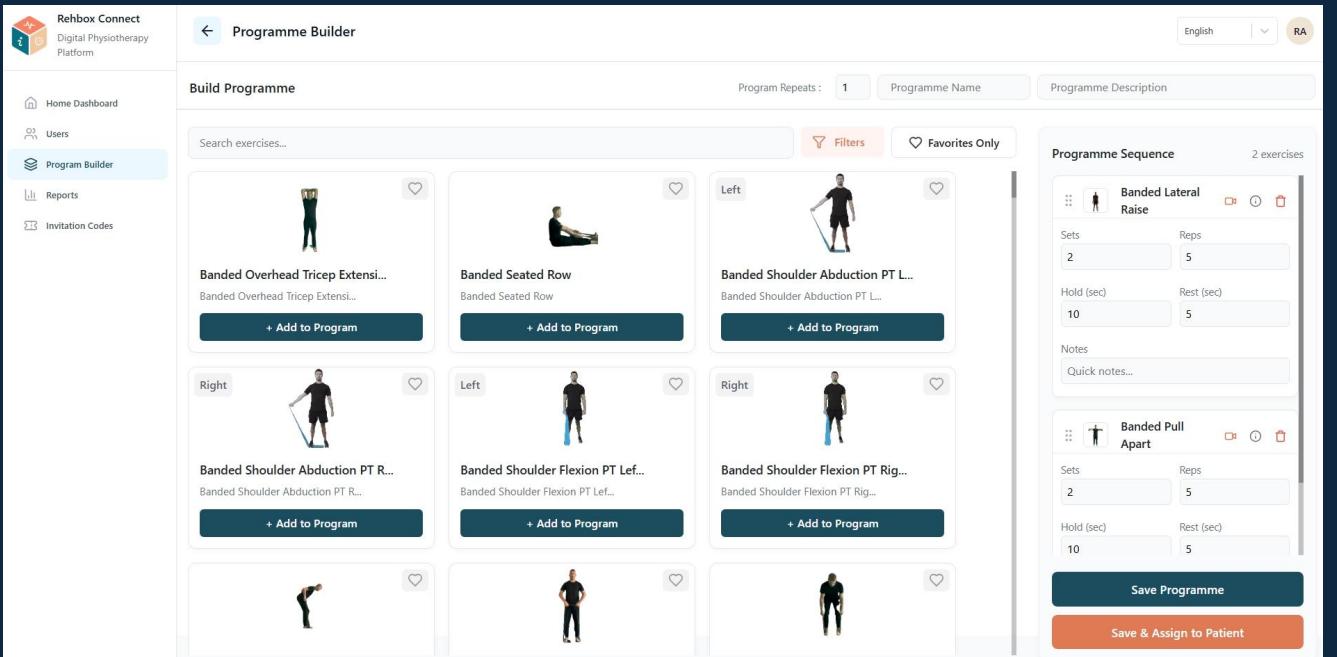
Rehbox Flow

Pre Assessment Clinical Support Tool Summary

- Automatically generates a structured clinical report summarising the patient's history, symptoms, pain scores, red/yellow flag indicators and functional impact.
- Downloadable PDF reports.
- Rapid synthesis of MSK subjective data into actionable clinical insights.
- Allocate patients to different pathways, triage and prioritise according to patient needs.
- Provides working MSK diagnosis whilst ensuring the clinician stays in the loop

Rehbox Flow

Exercise & Programme Prescription Platform

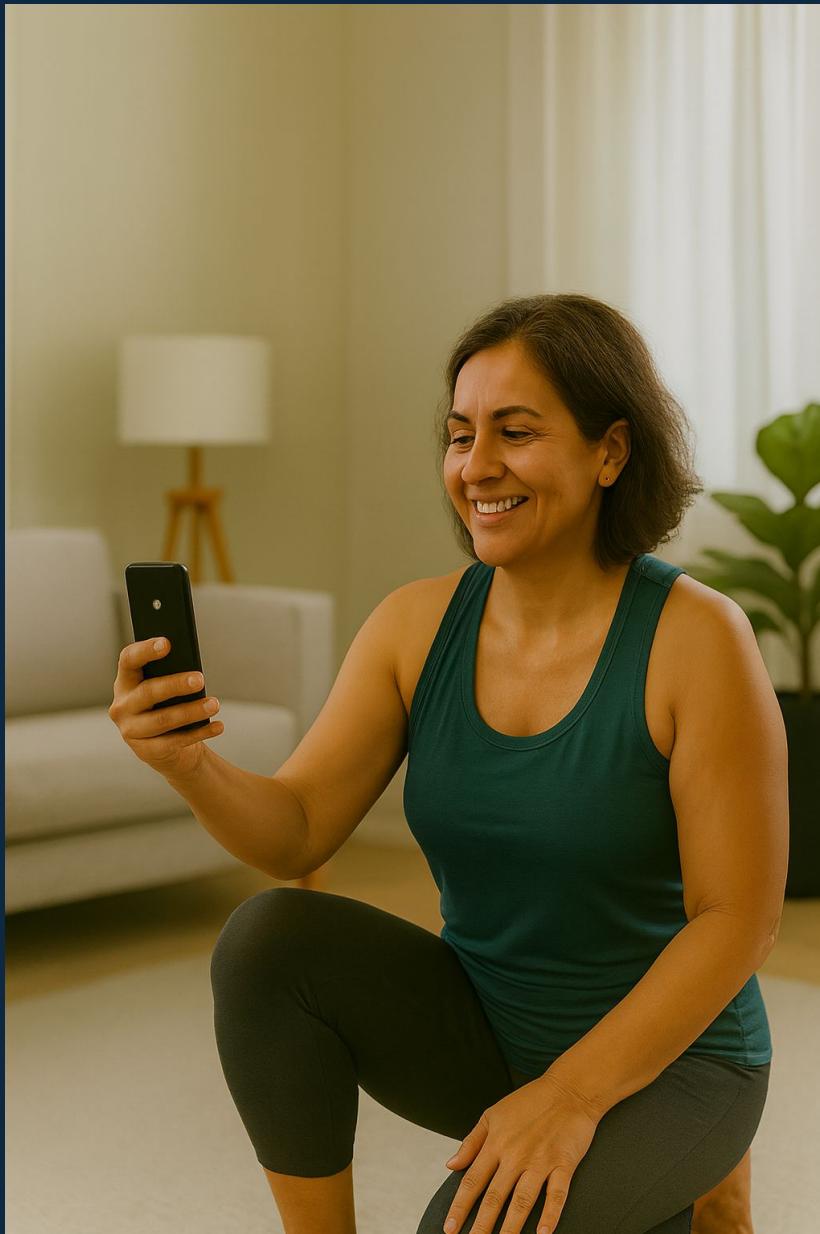


The screenshot shows the 'Programme Builder' interface. On the left, a sidebar includes 'Home Dashboard', 'Users', 'Program Builder' (selected), 'Reports', and 'Invitation Codes'. The main area is titled 'Programme Builder' and 'Build Programme'. It features a search bar, 'Program Repeats' (1), and fields for 'Programme Name' and 'Programme Description'. A 'Programme Sequence' section shows '2 exercises': 'Banded Lateral Raise' (Sets: 2, Reps: 5, Hold: 10 sec, Rest: 5 sec) and 'Banded Pull Apart' (Sets: 2, Reps: 5, Hold: 10 sec, Rest: 5 sec). Buttons for 'Save Programme' and 'Save & Assign to Patient' are at the bottom.

**Automate low-risk patients.
Scale clinician expertise**

- AI-guided exercise prescription
- Condition-specific programmes
- Patient education embedded
- One-click automation pathways

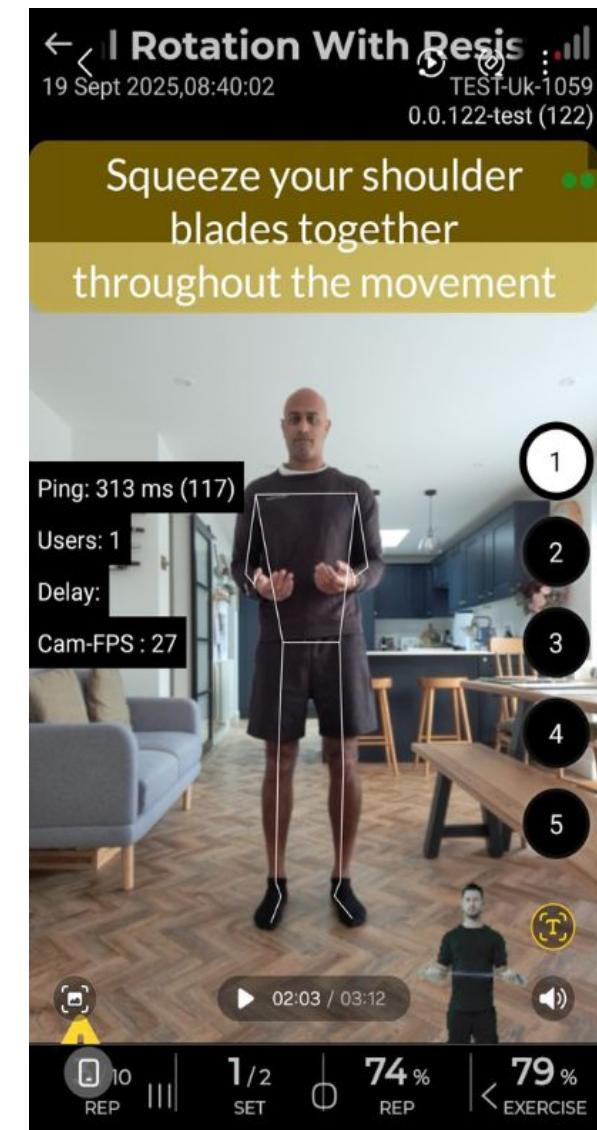
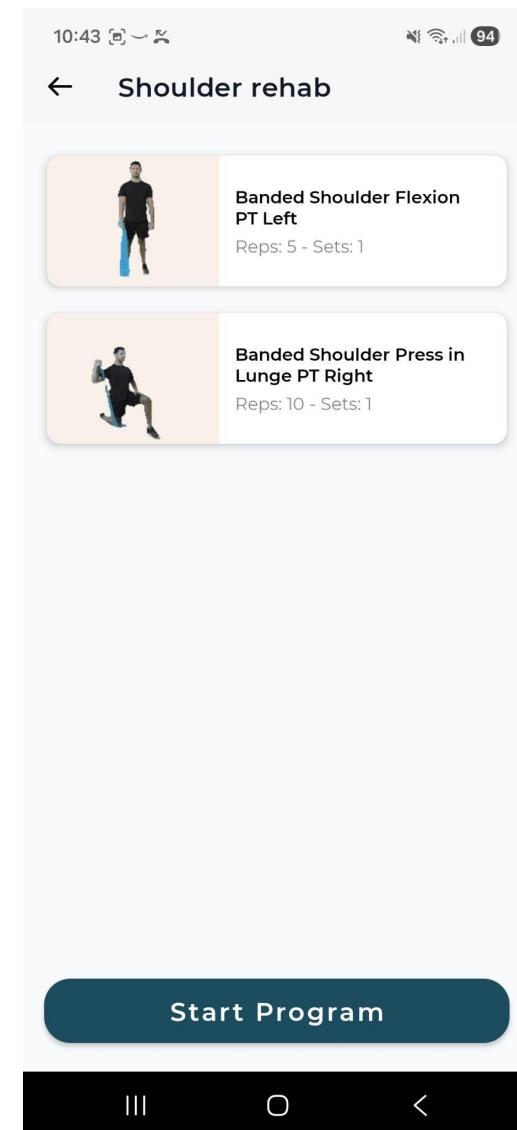
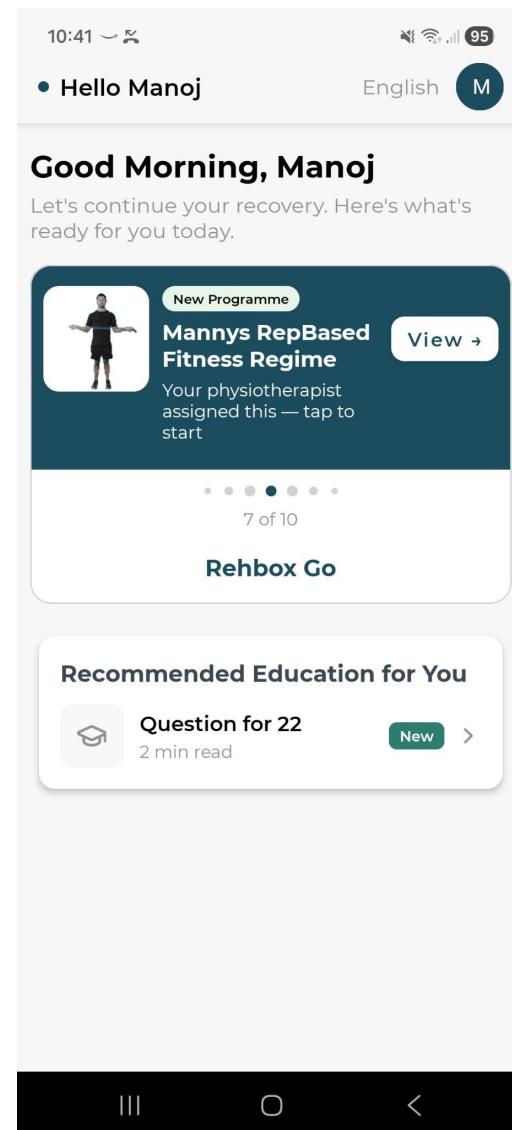
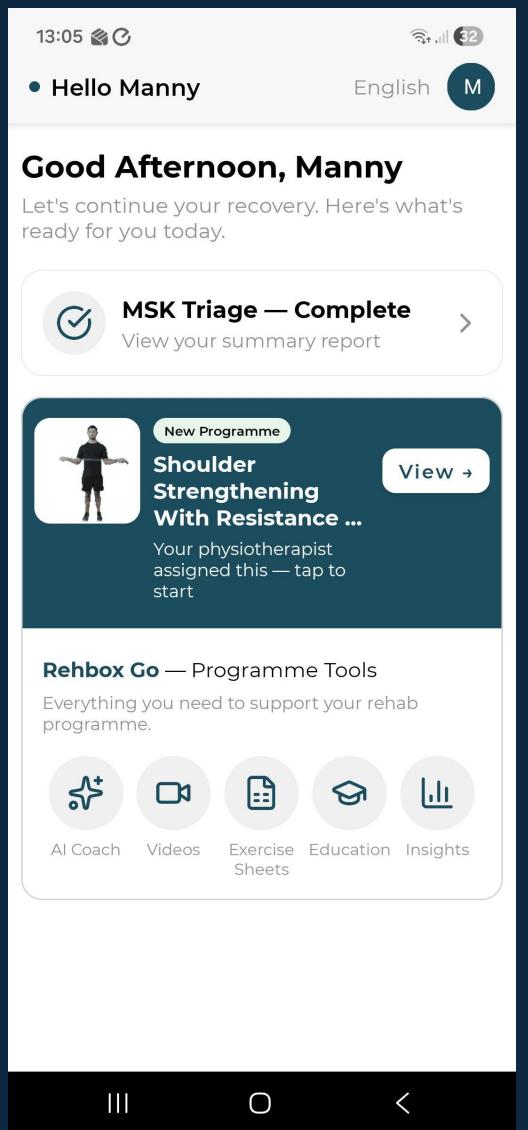
Rehbox Go



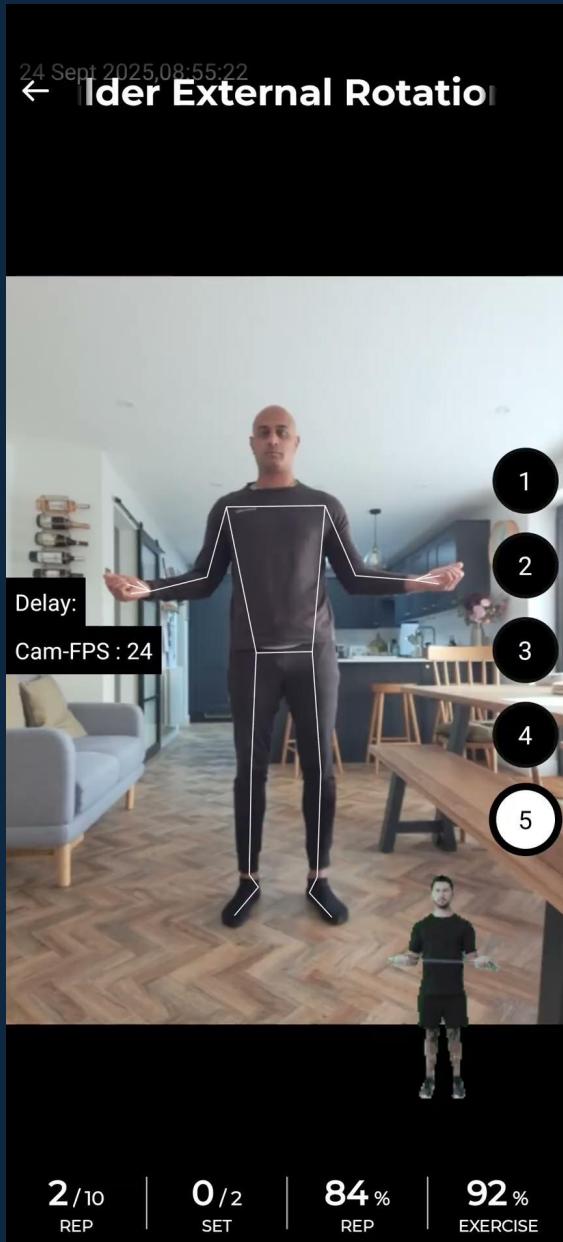
Rehbox Go delivers supervised-quality rehabilitation without wearables or in-person delivery

- The platform provides **real-time, multilingual voice and visual feedback** during exercise.
- **Objective** movement tracking
- Edge technology – **works offline**
- **Automate rehabilitation** delivery and home exercise prescription to improved adherence
- Reduced follow-up burden with remote monitoring at scale
- Suitable for a wide range of patient groups, including MSK, prehab, post-operative rehabilitation, women's health and chronic conditions

Rehbox Go



Ai Real Time Coaching

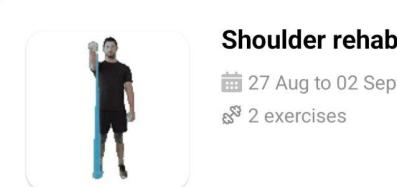


Exercise insights

Shoulder rehab

This Week

★ Reps	⌚ Duration	⚠ Pain
0/15	< 1m	0
⌚ Accuracy	📅 Log-ins	
0%	0 / 2 sessions	



7-Day Progress



X Session incomplete — Continue Programme >

Program ended on 02 Sept 2025

Patient Education

Learn About Your Recovery

Learn About Your Recovery

15 Topics · You've read 6

Recommended for You

Here are answers to some of the most common questions patients have during shoulder rehabilitation.

Question for 22

What symptoms are common with rotator cuff tendinopathy?

Typical symptoms include shoulder pain when lifting the arm, reaching overhead or behind the back, night pain when lying on the affected side, and reduced strength or confidence using the arm

What causes rotator cuff tendinopathy?

It commonly develops when shoulder load increases faster than the tendon can adapt. This may include repetitive overhead activity, sudden training, or a combination of factors.

We are actively seeking partners to pilot Rehbox in real-world MSK pathways and collaboratively shape the next phase of digital physiotherapy and rehabilitation delivery.

- NHS MSK/rehab services
- Private physio clinics
- Occupational health providers
- Insurers / employers
- Health charities supporting long term conditions
- Post-op rehab pathways