



**REHBOX**

Digital,  
AI-enabled  
physiotherapy  
and  
rehabilitation  
platform



1.71 billion people globally live with musculoskeletal  
(MSK) conditions.

1 in 3 UK GP appointments are MSK.

Patients wait months.

70% quit rehab.

Our vision is to fix this in minutes.



# OUR MISSION

Expert digital physiotherapy and rehabilitation  
— accessible anytime, anywhere

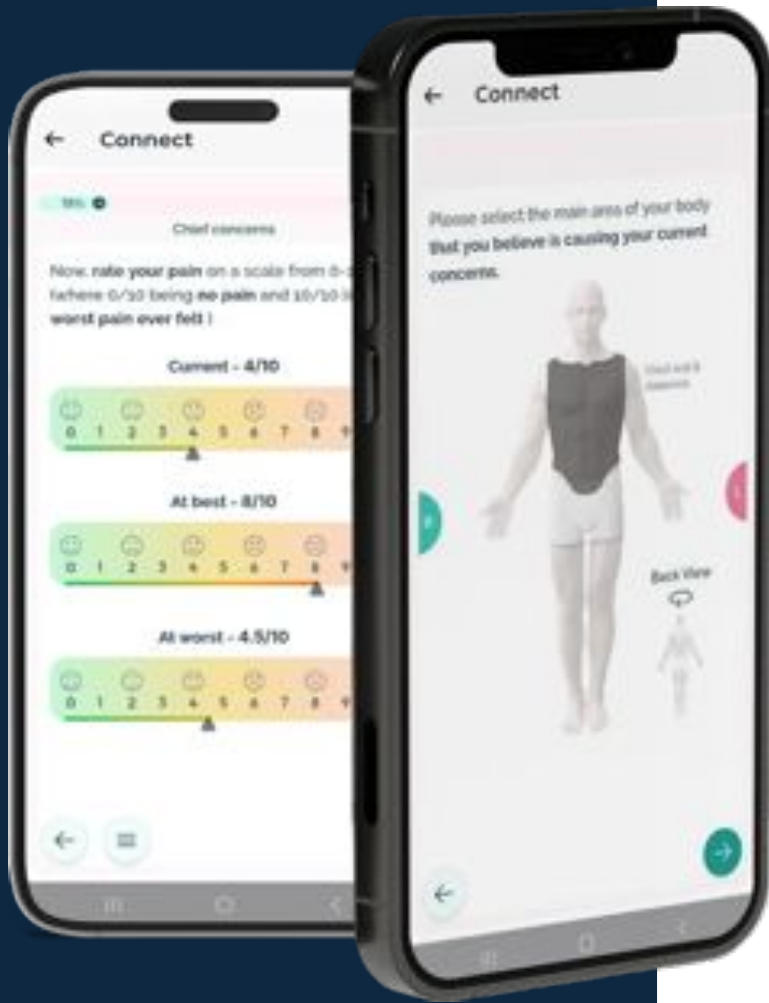


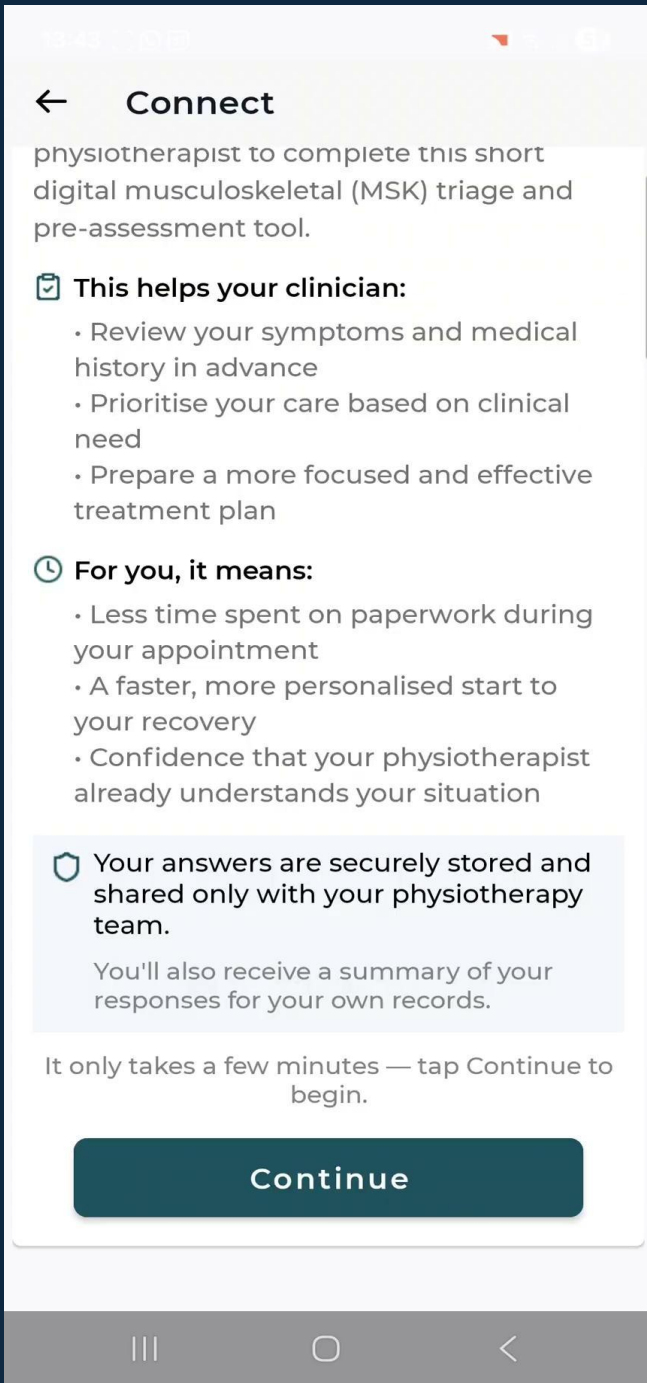


# Rehbox Connect

**Rehbox Connect** is a web-based and app-based digital assessment tool designed to collect **structured pre-assessment information ahead of a physiotherapy or MSK consultation.**

It enables rapid, consistent and clinically relevant data capture that supports efficient triage and informed decision-making.





## Used before first contact to enable faster, safer decision-making

### Key Features:

- **Clinical Value**

- Structured MSK history
- Red/yellow flag screening
- Pain & function scoring

- **Operational Value**

- 6–10 minute completion time
- Standardised data capture
- Ready-to-use clinical summaries

# Rehbox Flow



## **Rehbox Flow is the clinical command centre for digital MSK care**

- AI triage & pathway allocation
- Patient management
- Exercise & education delivery
- Outcome monitoring

# Rehbox Flow

## Pre Assessment Clinical Support Tool Summary

- Automatically generates a structured clinical report summarising the patient's history, symptoms, pain scores, red/yellow flag indicators and functional impact.
- Downloadable PDF reports.
- Rapid synthesis of MSK subjective data into actionable clinical insights.
- Allocate patients to different pathways, triage and prioritise according to patient needs.
- Provides working MSK diagnosis whilst ensuring the clinician stays in the loop

### CHIEF COMPLAINTS

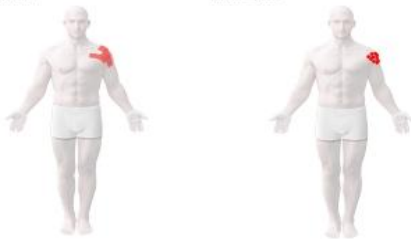
A 23-year-old male, identifies the left shoulder as his primary area of concern. He reports pain in the areas highlighted below details Left anterior shoulder region. He experiences abnormal sensations like tingling and numbness in the hide details Left anterior shoulder region and left lateral shoulder/deltoid region. He also experiences difficulty moving the left shoulder and also exhibits guarding behaviors. He identifies the presence of tenderness (see highlighted below). Activities of daily living are noted to be challenging. Patient reports concerns with one or more of the following functional activities: lifting light objects, reaching overhead, or pushing open a heavy door. Further evaluation is needed to identify the specific area(s) of difficulty. The patient reports abnormal joint sensation. The patient has observed localized weakness in specific region(s) marked below for the past 5 day(s). Patient informs decreased hand function.

### HISTORY OF PRESENT ILLNESS

The patient reports a long standing history of symptoms.  
The patient indicates a trauma that occurred 3 day(s) ago.  
He is not sure or doesn't remember if he received previous treatment for his concerns.

### BODY MAPPING & PAIN ASSESSMENT

Pain Location Tender Spots



Nature:	shooting.	Frequency:	Intermittent.
At best:	0/10	At worst:	8.5/10
At present:	1.5/10		

### SYMPTOM PRESENTATION AND VARIATIONS

The patient can't consistently reproduce or relieve symptoms which suggests a non-mechanical nature of presenting concerns.  
He denies presence of night pain.  
Time of the day doesn't worsen his concerns.  
He is unable to reproduce his concerns, with any specific movement or position in a consistent manner. He is unable to decrease his concerns, with any specific movement or position in a consistent manner.

### EMA GUIDELINE CLINICAL IDENTIFICATIONS

Presence of early signs of depression identified

Details

### RESULTS

**Syndrome 1**  
ICD: Fibromyalgia/Myofascial Pain Syndrome/ Central sensitization/ Neuroplastic Pain/ Chronic pain  
ICF: Subacute low back pain with related cognitive and affective tendencies (or) Chronic Low Back Pain with Related Generalized Pain  
MDT: Chronic Pain Syndrome

### FLAGS

Red Flag

No red flags found

Yellow Flag

No yellow flags found

### ATYPICAL FEATURES

- Presence of guarding behavior
- Reports significant Injury/Trauma
- Decreased hand function
- Non-mechanical nature of pain

### REVIEW OF SYSTEMS

Patient affirms current concerns to be staying the same.  
He confirms the following:  
Hide

### SOCIAL HISTORY

He is currently 'other'. No specific daily activities or environmental stressors were reported as part of the his regular routine.  
Prior to the start of these concerns, he was inactive.

### DIAGNOSIS

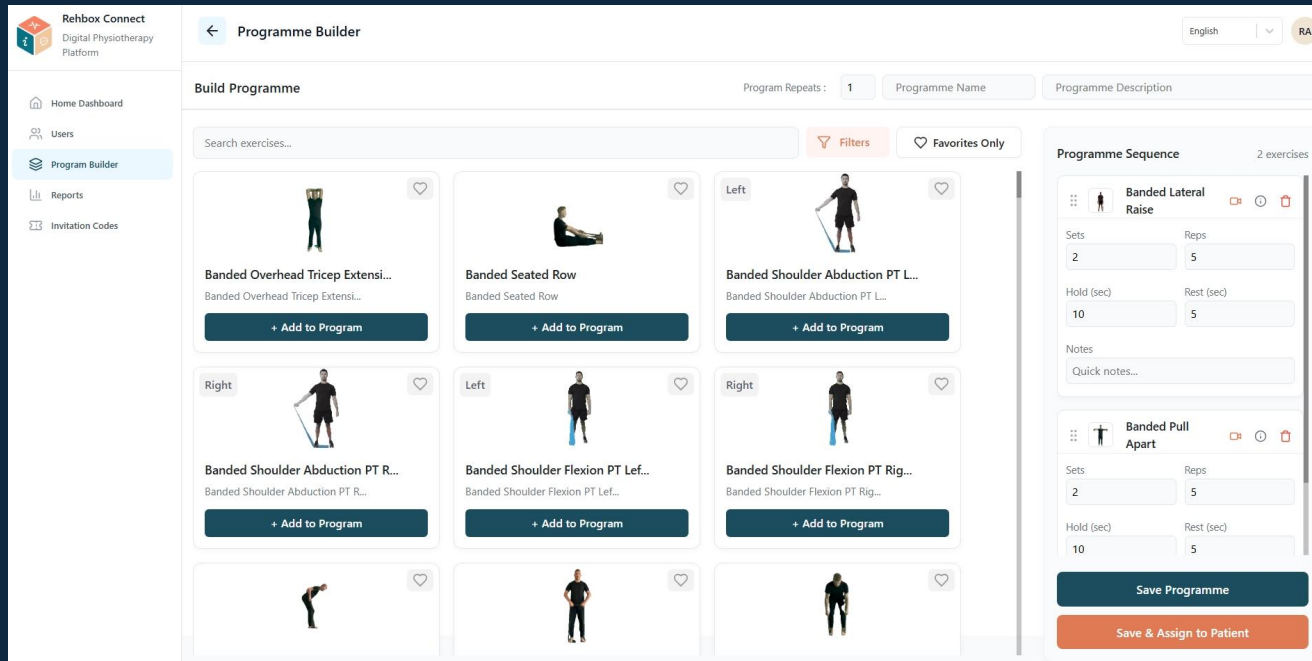
Alert for possible soft tissue strain or tear

- Incidental onset
- Restriction in activities
- Abnormal joint sensation
- Restriction with joint mobility
- Presence of guarding behavior
- Region specific tenderness
- Reported presence of localized weakness
- Sudden onset

Pending Patient confirmation of the above report.

# Rehbox Flow

## Exercise & Programme Prescription Platform



## Automate low-risk patients. Scale clinician expertise

- AI-guided exercise prescription
- Condition-specific programmes
- Patient education embedded
- One-click automation pathways



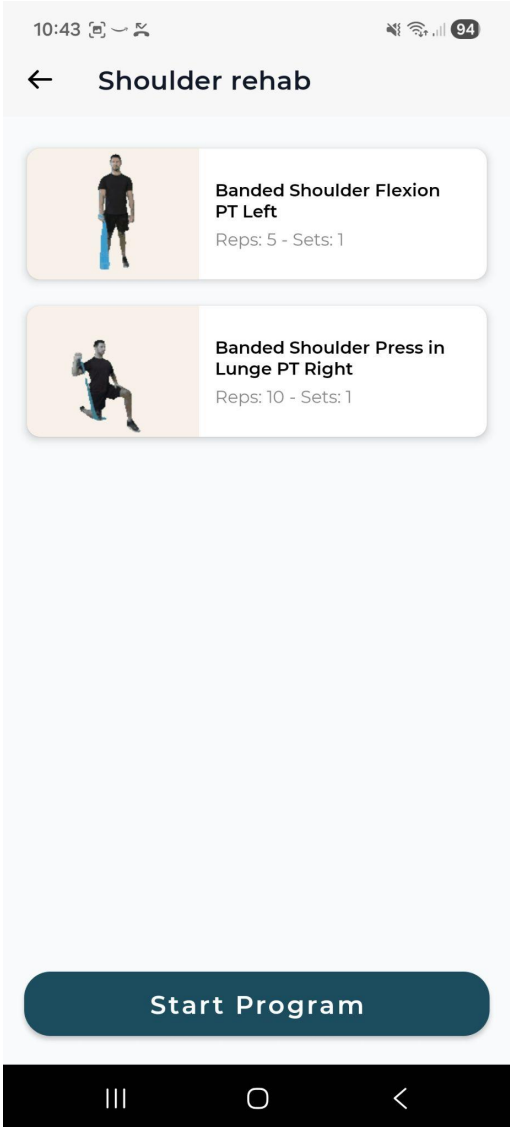
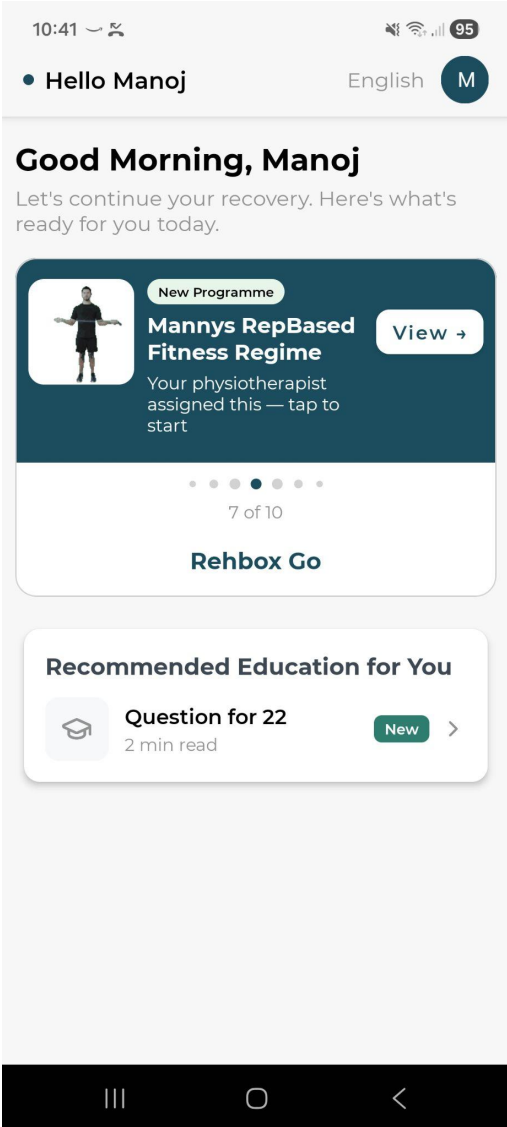
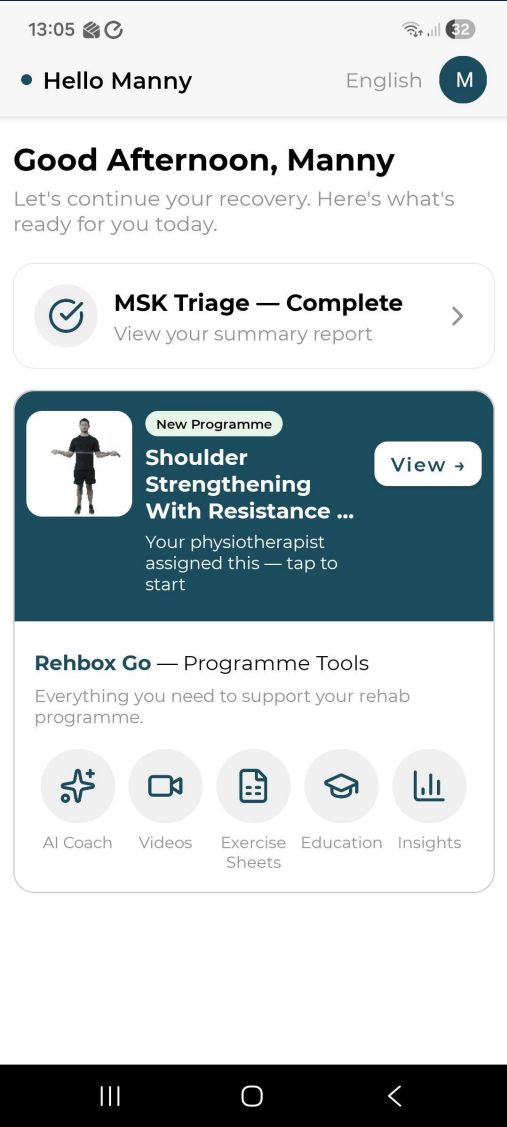
# Rehbox Go



**Rehbox Go** delivers supervised-quality rehabilitation without wearables or in-person delivery

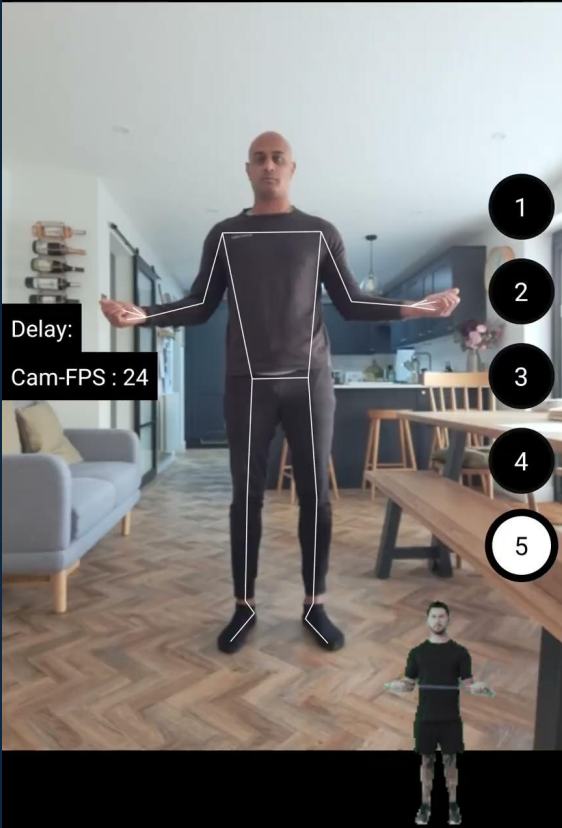
- The platform provides **real-time, multilingual voice and visual feedback** during exercise.
- **Objective** movement tracking
- Edge technology - **works offline**
- **Automate rehabilitation** delivery and home exercise prescription to improved adherence
- Reduced follow-up burden with remote monitoring at scale
- Suitable for a wide range of patient groups, including MSK, prehab, post-operative rehabilitation, women's health and chronic conditions

# Rehbox Go



# Ai Real Time Coaching

24 Sept 2025, 08:55:22  
← **Ider External Rotatio**



2/10 REP | 0/2 SET | 84% REP | 92% EXERCISE

# Exercise insights

← **Shoulder rehab**

## This Week

★ Reps

0/15

🕒 Duration

< 1m

🤔 Pain


0

✅ Accuracy

0%

📅 Log-ins

0 / 2 sessions



**Shoulder rehab**  
📅 27 Aug to 02 Sept  
🔗 2 exercises

7-Day Progress

1 2 3 4 5 6 7

✕

Session incomplete — Continue Programme

>

Program ended on 02 Sept 2025

# Patient Education

← **Learn About Your Recovery**

## Learn About Your Recovery

15 Topics • You've read 6

**Recommended for You**

Here are answers to some of the most common questions patients have during shoulder rehabilitation.

**Question for 22** ▾

**What symptoms are common with rotator cuff tendinopathy?** ^

Typical symptoms include shoulder pain when lifting the arm, reaching overhead or behind the back, night pain when lying on the affected side, and reduced strength or confidence using the arm

**What causes rotator cuff tendinopathy?** ^

It commonly develops when shoulder load increases faster than the tendon can adapt. This may include repetitive overhead activity, sudden training

We are actively seeking partners to pilot Rehbox in real-world MSK pathways and collaboratively shape the next phase of digital physiotherapy and rehabilitation delivery.

- NHS MSK/rehab services
- Private physio clinics
- Occupational health providers
- Insurers / employers
- Health charities supporting long term conditions
- Post-op rehab pathways