

BIRCH WATER

Birch water is an ideal alternative to coconut water

Tapping birch water is a centuries-old tradition that is only possible for a few weeks in the Spring.



At this special time, birch trees are filled with nutrients that have been stored in their roots during the Winter.

This makes birch water so unique!

- from pristine forests in the EU
- hand harvested
- nutrients-rich
- high in manganese (Mn)
- not from concentrate

TASTE THE WILD

Nutritional benefits of birch water



Birch water is packed with essential nutrients that can support your health in various ways.

For many generations, birch water has been used in traditional medicine.



Detoxification

Helps flush out toxins naturally



Hydration

A perfect post-workout drink, rich in electrolytes and low in sugar



Supports Kidney Health

Known for its diuretic properties, it helps with natural cleansing of the kidneys.

The bioactive compounds in birch water also help keep your liver healthy



Weight Management

Low in sugar and calories, it is an ideal natural drink for weight loss.

How is *Absolutely Wild* birch sap different from other brands?

• Certified organic

This means that the sap is collected in certified organic forests that are located far away from town, factories and agricultural lands.



 Collected from pristine mixed forests where different types of trees are growing.

The soil in such forests is mineral-rich.

This results in a higher concentration of essential nutrients and trace elements.

• The natural combination of **micro-nutrients** and anti-oxidants makes *Absolutely Wild* birch water valuable and unique!

WE CAPTURE THE TASTE OF FRESHLY TAPPED BIRCH SAP

Revitalize your daily routine with organic birch water



Daily Hydration Eniov it chilled as a refreshing, low-calorie drink to stay hydrated throughout the day



Perfect for cocktails, birch water adds a mineralinfused experience that's as good as it feels





Smoothie Base

Boost the nutritional value of your smoothies by using birch water instead of plain water or milk





Mint

ABSOLUTELY

birch water

Sap from a tree trunk



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Lemon



Ginger & Lime

with Cranberry juice







