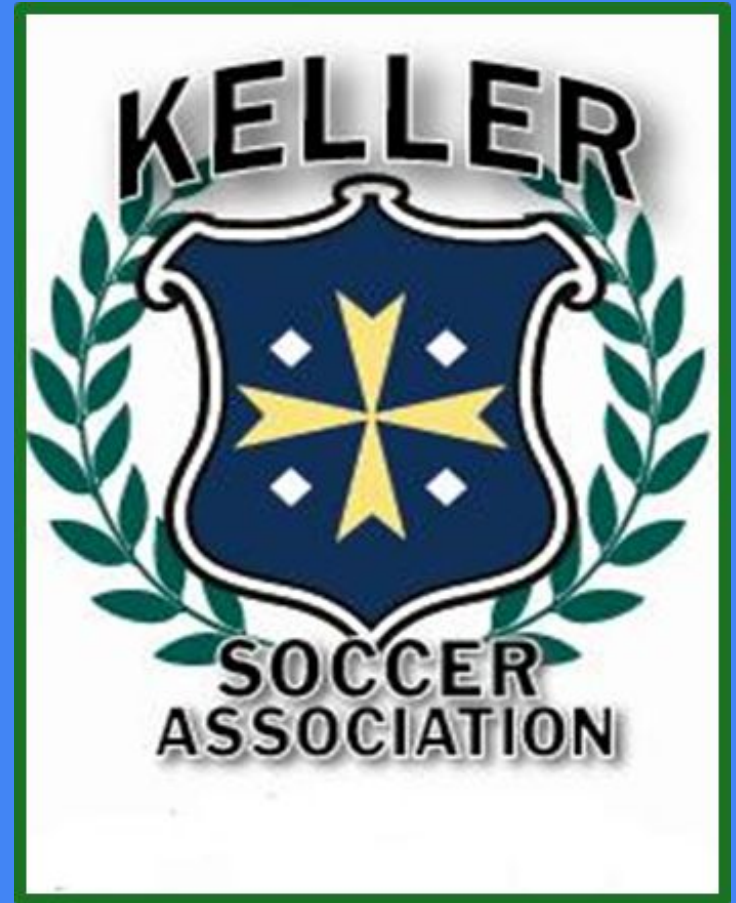


KSA COACHES MEETING

FALL 2024



Scan for in-person meeting
attendance only



KSA GENERAL INFO

Non-Profit Organization under NTX Soccer

- 150+ teams playing in two leagues:
 - U9-U19: NMCSL (Northern Mid Cities Soccer League) Recreational League
 - U5-U8: KSA Recreational League
- 150+ volunteer coaches, 100+ referees
- 1500+ players this season (3000+ family members and sideline fans)
- *less than 20 board members (We are a VOLUNTEER organization!!!!)*

We have also hosted 15 free annual KSA tournaments, provided \$XXX in scholarships, and donated money and items to several community causes.

Local Business Partners (tell your parents!):

- **Dicks Sporting Goods** (Alliance): 20% discount coupon for all during upcoming weekend
- **Kroger Rewards** (funds scholarships) → [KSA website](#) homepage has setup info



General Contact Info:

- Website: www.kellersoccer.net → Contact Info tab
- Office hours: Tue/Thur (9:30a-1:30p); 133 Sports Parkway, Suite F, Keller TX 76248
- Office email: kellersoccer@verizon.net

We are always looking for more volunteers! Email ksasecretary2022@gmail.com if you can help.

US SOCCER – TEAM FORMATION

Please understand it is **NOT** “your” team. You cannot ask KSA to not put certain players on and/or take certain players off, and please do not say yes or no if someone asks if they can be on “your” team.

Team placements (Calendar Age Rules):

- Returning team age assignments are based upon the age of oldest player on the roster
- U11-U19 Players cannot play on multiple North Texas rosters even if they are in different leagues
 - No recreational team plus a competitive team- **this includes any US club roster**

Returning players may:

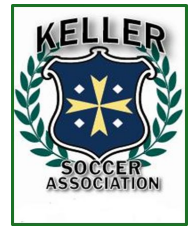
- **Automatically return to their previous team - the Gotsport system controls this. It does not matter what else they try to put in other drop downs, in the notes etc.. If they do not mark return to draw, they will always go back to their previous team**
- Elect to go into the draw
- May elect to stay in calendar age group, despite team
- May request to play up one age group, without board approval

New players may:

- **Request “buddy rule” if they have NOT played with any NTX association within the past two seasons. It is a **REQUEST!!!** Many times, teams are already full.**
- Request to play in calendar age group or request to play up

Coach and Parent Roster Questions/Concerns must be directed to the KSA Office via email, for vetting/evaluation, to ensure NTX Registration and Roster Compliance.

MANDATORY **COACH REQUIREMENTS**



These must be completed by every coach (head or assistant) every season:

- **Complete the Coach Registration** via the KSA Website (Coach's Corner tab). This is how we know you are coaching for us, how we can assign you to a team, and how you get emails from the association.

These must be completed by every coach **each fall*** in GotSport: *Spring if new

- **Background Check**
- **SafeSport Certification - Initial or Refresher:** Product of the Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act of 2017. Only one time doing full course, then 15-30 min refresher each year (linked to background check)

Use your legal names in both GotSport & SafeSport **AND** the same email address listed in your coach account.

Add a profile pic in GotSport if you haven't already!
Take a screenshot of coach ID card for games!



***Age group commissioners have an email with instructions.**

PRESEASON LOGISTICS

- **Bookmark KSA website: www.kellersoccer.net**
 - Coach's corner tab, Documents tab (docs & bylaws), Contact info tab for KSA board
- **NEW COACHES ONLY: email commissioner when registration requirements are complete**
- **Roster will be released (visible) in GotSport**
- **Contact Team – within 48 hours of receiving roster**
 - Quick phone call to notify parent their kid is on your team
 - Verify phone # and email - can send details in team email* later
- **See Preseason Checklist in [KSA Coaches Guide](#)**
 - info for team communication, picking practice times and sites, recruiting assistant coach and parents to help, info to collect from families, game conflicts
 - ***also has sample preseason email from Coach Mentor**
- **Make sure you are receiving emails** from your commissioner
 - They will forward season info for uniform pickup, reschedule requests, construction updates and other updates throughout the season
- **Start practicing when ready** (usually ~2 weeks between roster release and first game)
- **Recruit volunteers** (assistant/team manager/team mom or dad, etc.)
 - ONLY BKGD-CHECKED adults are allowed on sidelines at games or running practices
 - Ensure background checks, registration, Safesport training complete
 - Notify commissioner ASAP if adding an assistant coach to your team



KEY DATES

Scheduling

- should be done the weekend of September 1st. We will have ours done immediately upon receiving divisions, but we usually have to wait on other NMCSL Associations.

Uniforms

- **Coaches** will be pick up at the **Soccer Post** the week before the season starts
 - **PLEASE WAIT UNTIL YOUR COMMISSIONER TELLS YOU THAT YOUR TEAMS IS READY!**
We do them individually and specifically for each team, not just batches.
 - If any size issues (as stated in the registration all parents signed and agreed to when signing up), any jersey replacements are \$25 paid to Soccer Post.
-

8-game season:

- *September 7th – Season Starts*
- *Sept 28th and Oct 26th - team picture days (TENTATIVE)*
- *October 14th -18th KISD Fall Break (check with team for conflicts)*
***Play at least one weekend, reschedules are possible but not guaranteed*
- *November 9th – Last weekend*



KSA STANDARDS: PRACTICES

Practice is the MOST important part!

- North Texas Soccer rule: **Max of 3 soccer events per week** (games + practices)
- **KSA fields are not available for practices (city-owned and controlled)**
- Choose a centrally-located practice site (as much as possible)
- Recommended length: U5-U12: 1 hr or less; U13+: 90 min or less (60min best)
- DO NOT allow bullying between players
- Players need **shin guards, water, & ball** for practice (if cleats, soccer not baseball)
- **Practice Focus: skill-building and fun!**
 - Always prepare a practice plan: technical and tactical skills
 - Be positive, patient, and have fun!
 - Play games and reduce standing in line as much as possible.
 - Ask kids questions about what they just learned.
 - The skill learned in practice should be the focus for the next game to check for mastery.



Resources/Need help finding practice plans?

- U5-U8: the [KSA Coaches Guide](#) has practices, recommendations, philosophy
- all ages: check out apps/youtube/US Youth Soccer site, etc.
 - ***MOJO Sports app**: free! Provides drills/entire practice plans for any skill
- [North Texas Soccer – Grassroots Coaching Education Program](#)
- Kristina Czekaj, KSA U5U6 Coach Mentor: ksacoachmentor@gmail.com

GAMES: LOGISTICS



Game Schedule: on KSA website

- U5 to U8: all games at KSA fields against other KSA teams in your age group
- U9+: play against opponents from KSA & other associations in Northern Mid Cities Soccer League
 - half of games are at KSA fields, other half are at other associations' fields
- CHECK WEBSITE ONCE A WEEK: schedule can change at any time due to conflicts or construction

Game Day Info:

- Teams arrive at least 15 min early: find parking, fields, do equipment check with referee
- **ALL coaches need KSA coach ID** (GotSport/screenshot); **U9+ need 2 game reports; U13+: player IDs**
- Players need uniform, shin guards, socks must cover shin guards, tennis shoes/soccer cleats.
- **No Jewelry or Uniform Adornments (including earrings - must be removed)**
- If teams have **similar uniform colors**, pinnies are in B & E concession stands (**HOME team changes**).
****U9+ have two jerseys - bring both** to all games in case of a conflict ***light blue = HOME jersey**
- **B+E Concession Stands:** have first aid kits, ice packs, AEDs (automated external defibrillators)
- Coaches and Parents stay on **opposite sides of field @ KSA**. Most other associations do this as well.
- KSA has coaches' technical boxes: coaches stand here (3 max), players + items just behind it
- See [Pocket Reference Guide](#) for age-specific info: game length, rules, etc. (www.kellersoccer.net)
- After the game:
 - U5-U8: No scores kept or reports needed (parent bridge & snacks)
 - U9+: Ref returns game report, Home team enters score on GotSport (continued)

POCKET REFERENCE GUIDE

KSA Fall 2024 Playing Format Pocket Reference Guide

	U5	U6	U7	U8	U9	U10	U11	U12	U13/14	U15/16	U17/19
Time	4 x 8 min	4 x 8 min	4 x 10 min	4 x 10 min	2 x 25 min	2 x 25 min	2 x 30 min	2 x 30 min	2 x 35 min	2 x 40 min	2 x 45 min
Fee	\$12	\$15	\$20	\$20	\$25 / \$20	\$25 / \$20	\$30 / \$25	\$30 / \$25	\$35 / \$25	\$45 / \$30	\$60 / \$40
Break	2 min Qtr / 5 min half	2 min Qtr / 5 min half	2 min Qtr / 5 min half	2 min Qtr / 5 min half	5 min @ half	5 min @ half	5 min @ half	5 min @ half	10 min @ half	10 min @ half	10 min @ half
Ball Size	3	3	3	3	4	4	4	4	5	5	5
Format	3 v 3	3 v 3	4 v 4	4 v 4	7 v 7	7 v 7	9 v 9	9 v 9	11 v 11	11 v 11	11 v 11
Min. Required	2	2	3	3	5	5	7	7	7	7	7
Max. Roster	6 max	6 max	8 max	8 max	12 max	12 max	16 max	16 max	18 max	22 max	22 max
Substitution **	any stoppage	any stoppage	any stoppage	any stoppage	USSF	USSF	USSF	USSF	USSF	USSF	USSF
Keeper	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Punting	NA	NA	NA	NA	No	No	Yes	Yes	Yes	Yes	Yes
Offside	No	No	No	No	Yes - After Buildout line	Yes - After Buildout line	Yes	Yes	Yes	Yes	Yes
Slide Tackle	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Free Kicks	Indirect	Indirect	Indirect	Indirect	I / D	I / D	I / D	I / D	I / D	I / D	I / D
Throw Ins	Yes*	Yes*	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Headers	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Build Out Line	No	No	No	No	Yes	Yes	No	No	No	No	No
Penalty Kick	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Yds Away	4 Yds	4 Yds	6 Yds	6 Yds	8 Yds	8 Yds	10 Yds	10 Yds	10 Yds	10 Yds	10 Yds
Cautions	Verbal	Verbal	Verbal	Verbal	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Scorecard	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Player Cards (paper / virtual)	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Max Field Size Ranges*** (yds)	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 112 Width 75	Length 112 Width 75	Length 112 Width 80
Goal Size (Feet)***	4 x 6	4 x 6	4 x 6	4 x 6	6.5 x 12 (R) 6.5x18.5 (M)	6.5 x 12 (R) 6.5x18.5 (M)	6.5 x 18.5 (R) 7 x 21 (M)	6.5 x 18.5 (R) 7 x 21 (M)	8 x 24	8 x 24	8 x 24

* Let second throw proceed even if done incorrectly

** For U11 and above: Throw-ins on own substitute and opponents throw in IF opponent subs first (piggybacking)

GAMES: COACH EXPECTATIONS



BEFORE THE GAME

- Ensure ALL PLAYERS have 50% play time: prepare a lineup in advance w/ substitution plan
 - **Recreation league - no exceptions! If kids dont attend practice, and only attend games, you still must give 50% playing time.**
- Arrive to fields early, introduce yourself to opposing coach and referees, provide any required docs
- Have a team pregame warmup planned (minimize standing in line and crowding in front of goals)
 - *Can your players run the warmup on their own so you can just monitor?*
- Remind team of goal/skill to accomplish in pregame huddle

DURING THE GAME

- KSA has designated coaches' technical boxes, **coaches must remain in designated area**
- Parents and Coaches, please, **stay off fields unless invited by a referee**
- **FOCUS ON SKILLS, TACTICS , SPORTSMANSHIP, FUN and CONFIDENCE BUILDING**
- No scores are recorded in U8 and younger play
- **Spirit of the Game** (6 goal differential – don't celebrate others misfortune)
 - You get no additional points in rank for more goals, there is a max
- Coaches are responsible for parent behavior – educate during pre-season team meetings
- Uphold the **Zero Tolerance Policy & behave respectfully to referees and everyone else! (continued)**
- Questions/Issues during game? Find the golf cart or a commissioner (STILL 682-320-3761??)

GAMES: COACH EXPECTATIONS

AFTER THE GAME

- Shake hands with the other team and thank the refs
- **U9+: Get Game report back from referee**
 - Home Team enters score in Gotsport within 48 hours.
 - If home team doesn't enter within 48 hours, you may enter them.
 - Any errors, email your Commissioner
 - DO NOT enter forfeits – email Commissioner
- **Issues/questions:**
 - Wait 24 hours to reflect
 - Contact your age group Commissioner if still needed
 - All concerns must be documented and submitted to the age group commissioner
 - **No on-park disputes with referees/coaches/parents are tolerated.**
Please allow your Commissioner to address matter with referee director/KSA board.



ZERO TOLERANCE

Zero Tolerance Policy – KSA Standards are to provide a peaceful playing environment - STRICTLY ENFORCED
Yelling at, belittling, not following instructions from a referee or game official; or any other form of dissent toward any game official will result in an Appeals and Disciplinary Hearing, before the KSA Board

We, and US Youth Soccer as a whole, are losing referees at an alarming rate because of rude, screaming, disrespectful, degrading etc., coaches and parents!!!

We are developing referees like you are developing players

- They are learning to be refs
- They don't get practice - games are their practice
- The certification has changed - we are having to identify and develop referees from single ref to 3-person crews

Coach is responsible for the conduct of parents

- ***Do not argue calls with referees (home or away)***
- ***KSA field monitors will be distributing zero-tolerance warning cards during matches***
- ***Short questions at halftime are ok for rule clarification (Can you explain what you saw on the ___ call? Thanks.)***
- ***If issues with referees occur:***
 - Wait 24 hours and reflect (if emergency or major safety/behavior issue, notify KSA ASAP)
 - Coach ONLY writes a formal report to the age group commissioner for review
 - Commissioner will address with the Director of Referees or A/D Chair & report back to coach
 - KSA does not oversee other association referees
 - A/D Chair will forward written reports

Disrespectful conduct such as confronting referees is an A/D violation

- Violations can result in suspension of players, dismissal of coach, forfeit of game
- Violations NOW may include YELLOW AND RED CARDS, as well as disciplinary action from verbal/written warnings, community service up to dismissal from coaching at KSA for the season or longer

Coaches must track cumulative yellow and red cards of players

- Excessive red cards will result in player A/D hearing
- Rules are available www.kellersoccer.net

GAME DAY - FIELDS & CONSTRUCTION

- **Game Locations on KSA Website** (Locations tab - info other associations' fields)
 - allow extra time when travelling to other associations' fields

FALL 2024: CITY CONSTRUCTION AT THE KSA FIELDS: updated 8/1

- **THINGS ARE CONSTANTLY CHANGING!!**
- **Please be patient as the city completes construction on entire KSA Sports Complex**
- **What do we know right now?**
 - **FIRST PARKING LOT (between A&B fields) - CLOSED**
 - **A field - U13+ games - extra time in between games to avoid parking overlap b/c you must park in 2nd parking lot (between B&C fields) and walk over**
 - **B fields and B concessions/restrooms - CLOSED (portapotties)**
 - **C fields - U9/U10 games (2 fields)**
 - **D field - U13+ games (same as before)**
 - **E fields - U11/U12 games (1 field), 2 U8 fields**
 - **E restrooms are OPEN, concessions are CLOSED**
 - **F fields - U5/U6/U7 games**
- **Recommended Actions:**
 - **Check email consistently for construction updates** from KSA/commissioners
 - **Allow extra time** to find parking, fields, etc.
 - Put a parent in charge of checking social media/websites for updates



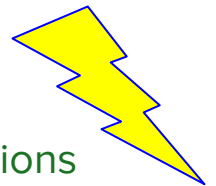
GAME DAY - WEATHER

Rainouts, Reschedules – Real Time Updates:

- **FASTEST UPDATES: Facebook or X(Twitter): @kellersoccer**
- Put a parent in charge of checking social media/websites
- U9+: For away games, Check the other associations' social media/websites for updates
 - NOTE: some associations have multiple complexes, not all close at once
- Instagram: **@kellersoccer**
 - more behind the scenes, not as communicative as FB and X/Twitter
- Slower: [KSA website](#) & rainout line 817-431-6453 (only for games at KSA fields)

Lightning detection system on the field – Perry Weather

- **Sirens and flashing lights alert to clear the fields**
- Perry Weather widget on KSA website home page (bottom left) shows conditions
- **PLEASE ABIDE!!!**
Even if it doesn't "look" bad where you are - clear the fields. Here's an example why:
 - <https://www.weather.com/storms/severe/video/lightning-strikes-out-of-nowhere-on-sunny-day-in-florida?pl=pl-the-latest>
- Games will be rescheduled, unless game progressed to 1st touch in second half.
- **Coach is responsible for checking KSA website for reschedules**



RESCHEDULE POLICY

Per KSA bylaws: Coaches may ONLY request reschedule if the **team** is unable to field a minimum squad

- Reasons are limited to school, church and scouting events
- **Reschedules not made due to coach absences** – find at least 2 assistants to register+bkgd check
- Reschedules *are not guaranteed*, are field/referee availability dependent; and NMCSL may decline, resulting in forfeit
- **Pre-season known schedule conflicts** must be provided to the age group commissioner in writing within 2 days (48 hours) of schedule publications, for opening weekend
- BEFORE SEASON STARTS: Ask parents for weekends with conflicts (like school/scouting events)
 - Please get those to the age group commissioner **ASAP!**
- **Dual Head Coaches:** check schedule once released - if double-booked, email commissioner

Reschedule requests shall only be considered if submitted in writing on the appropriate form.

- Reschedule request forms are available online under Coaches Corner.
- Coaches complete form & email their commissioner – *provide 3 alternate dates, not guaranteed*
- Commissioner will review and determine eligibility, forward to Scheduler and President for approval
- Scheduler will notify Commissioner of rescheduled date/time
- Commissioner will notify coach of new game/time

Reschedules are reviewed on a case-by-case basis. Try to play if possible!!

Rainouts, construction, may make some reschedule requests impossible.

GotSport Tutorial: Where to find things

Rosters

- View your team roster - from your gotsport account
- Team Management → Team Name → Rosters → Select Event Roster: KSA Fall 2024 Season → Search
 - Players & Coaches tabs (Check to make sure you and your AC's are there)
 - Drill down on player for contact info
 - Roster PDF Button -> Hard Copy

Coaches Badge & Player ID's

- Same as Roster above, but hit ID cards instead of roster
- Print hard copy for coach ID's & for U13+ players (use GotSport app as backup)

Game Reports (U9+ bring 2 to each game)

- Team Management -> Matches -> Find Specific Game # -> Far right under 'Chat' Column click the 3 dots (...) -> Print Match Cards -> Export
- Should have both team's NTX approved players & coaches
- If your AC is not on here, that means they are not approved and/or moved over to your roster.

Entering Scores (U9+)

- WILL ADD INSTRUCTIONS HERE before the season starts

*****All available on the GotSport App***

