

ECHOES OF THE PAST

A DANCE WORKSHOP

PRESENTED

BY

BARBARA SOLIS

Saturday, May 24, 2003
2:00 p.m.

ECHOES OF THE PAST

Purpose of the Workshop
Why Dance?

Purpose of Dance in Primitive Times

Echoes of the Past, Ancient Fertility Dance

The ancient rites

Basic Walking Step

The T Shape, symbolism

Hip movement, symbolism

Music – Cant magic Federico Mompou #4

The Egyptian Influence on Ancient Fertility Dance – the Early Baladi

Evolution

Principle Expression

Association

Fertility Symbolism

Cobra Influence

Dance step with snakeheads

Variation with skirt (later influenced the Catalan Sardana)

Music Danza Oriental Albeniz

Influence of the Cobra in the Baladi

Significance of the Cobra in Ancient Dance

The backbend

Turkish Hips

Music Creative Period Baladi (taped music) George Abbas

The Phoenician Influence on the Ancient Fertility Dances of Spain

The Three Phoenician Arm Positions

The Arched Back

Dance step and Phoenician arms

Music Temple Bells (original composition by Barbara Solis)

Far Eastern and Other Oriental Influences on Dances of Spain

Wrist rotation

Envuelos (spins)
Head turning
The Paseo forward and backward

The Arabian Influences on Ancient Dances of Spain

The Arabesque
The pivot
Snake arms out at sides with backbend
Envuelto with arms over the head
Head turning with arms

Other Arabian Influences

Exploring space – the Egyptian Entry Walk
Floating steps
Careos (variation of the pivot waltz)
Creative Dance Music Bolero (taped)

The Roman Influence on Phoenician Dance Influences

The military influence
Designs
Music Tango Albeniz

The Gypsy Influence (first appearance in Egypt 5th century and later Andalusia in the 15th century).

Side to side head movements (oriental influence)
Backbend with T square snake arms out in front of the body
Syncopated clapping of the hands accompanying dance
Snapping fingers
Snake heads with hands alternating
(Above 5th century gypsy influences)
Shoulder movements (following movements 15th century)
Use of the skirt to replace the ancient fertility hip movements
Zarandeo gypsy hip movements
Small space to dance
Footwork
Importance of body position the Flamenco Position
Hands – horns of the bull, spread fingers with wrist rotation
Dance step will be the Zambra note the flat footed movement making contact with the earth (echoes) and use of skirt for sensuality.
Music Zambra Turina