

Bathurst Recreational Cycling Club

BADBUGS 2017

Web Address http://www.bathurstcyclingclub.com.au/ Facebook Address https://www.facebook.com/BADBUGxBathurst/

Bathurst Recreation Cycling Club (BADBUGS) Popular Local Training and Recreational Rides



FEATURING

- Short Rides from Bathurst (under 50km)
- Medium Rides from Bathurst (under 100km)
- Big Rides from Bathurst (over 100km)
- Rides from Blayney and Millthorpe
- Rides from O'Connell
- Rides from Tarana

- Rides from Oberon
- Rides from Sofala
- Approved Bathurst Cycling Club Race Course Routes

General Information About Cycling Bathurst Rides.

Standard for Grading Rides

The ride grading standard applied for all rides listed in the form are based on Bicycle NSW Ride Grading Guidelines being

For Relatively Level to Undulating Riding ,

Grade = Distance/10

(Where the course includes climbs add 2 points)

Linking Rides to Digital devices with GPS values

GOOGLE MAPS	YOUR GARMIN DEVICE
Link the map with your Ipad or smartphone and track your position on each ride.	You can also Link the map with your GARMIN device to track your position on each ride.
How Open in Google Maps and Link to your	How Open in Google Maps and Link to your GARMIN
<u>smartphone</u>	Ctrl click on ride hyperlink
Ctrl click on ride hyperlink	 Just above the Ride Profile Click On
Just above the Ride Profile Click On	Send to my Iphone"
^원 "Send to my Iphone"	• Your phone will receive a marcage and
 Your Iphone will receive a message and 	 Your Iphone will receive a message and hyperlink
hyperlink	 Open Hyperlink use on you Iphone with
Open Hyperlink use on you Iphone with location	location services

About Rides and Maps

The Course Descriptions and maps provided are a collection of information gathered from the many local cyclists in the region. They are a representation of the ride route with a general description only provided.

Anyone wishing to undertake these rides should plan their ride carefully taking into account the road conditions weather and availability to services and amenities.

Bathurst Recreational Cycling Club "BADBUGS"

Popular Local Training and Recreational Rides

SHORT RIDES (Less than 50km) Important Notice: When touring in rural NSW there is very little in the way of facilities. Always take plenty of food and water. Bonking out on these roads will leave you with a very bad day indeed! Weather conditions can also change rapidly. Planning is the key, dress for the conditions and make sure you have a good set of gloves during the winter months. Always make sure bike is properly serviced, take your own tools and spares and have a plan "B" Ride Name: Courthouse Mount Panorama Loop (Ctrl click to follow link to google maps

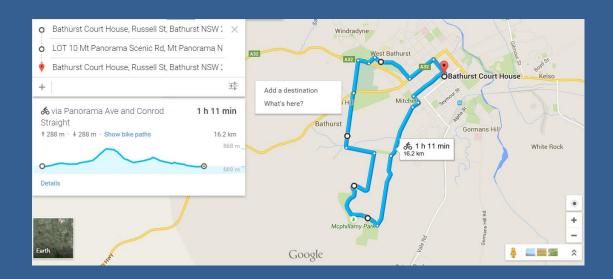
Nue Name	
Start :	Bathurst Court House
Road Condition:	Sealed Road
Grade:	4 (steep climb to top of Mount Panorama)
Distan <i>ce:</i>	16.2km
Recommended Bike;	Road Bike
Course Description	

When visiting Bathurst, a ride around Mount Panorama race circuit is a must do. This is popular location for the local racing cyclists to undertake various forms of interval training as the road is very quiet with an excellent hot mix road surface.

This ride includes a variation which brings you back to the Court House via the West Bathurst Cycleway.

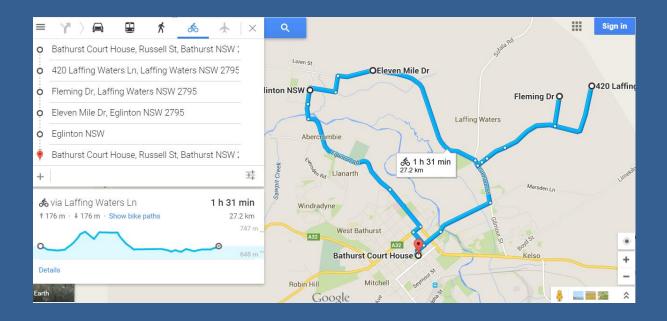
There are also a number of circuits in McPhillamy, Sulman and Reid Parks at the top of the mount that are worth exploring with great 360 degree views of Bathurst and District.

NOTE:- The Mount Panorama Race Circuit is a two way local public road with a 60km speed limit.



Ride Name:-	11 Mile Drive + Laffing Waters (Ctrl click to follow link to google maps)
Start:-	Bathurst Court House
Distance:-	27km
Road Condition:-	Sealed Road (Eleven Mile Drive can be a little busy during peak hour)
Distance:-	27.2 km
Grade:-	4
Recommended Bike	- Road Bike
Course Description	

This is a relatively flat ride with a small diversion and climb into the Laffing Waters Estate. The rest of ride travels along the Eleven Mile Drive the Village of Eglinton and returning to Bathurst along the cycleway.

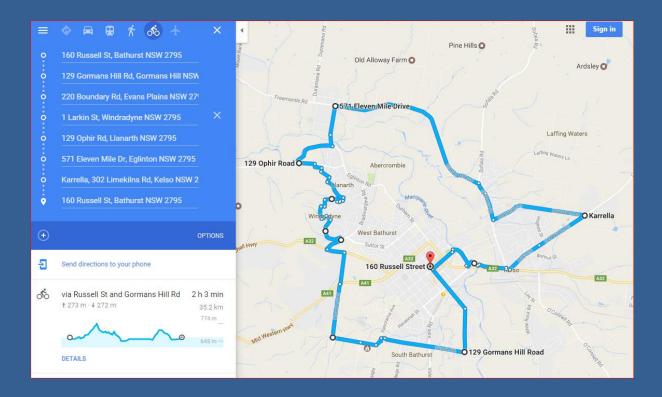


Ride Name:-	Bathurst Loop Ride	(Ctrl click to follow link to google maps)
Start :-	Bathurst Court House	
Road Condition:-	Sealed Road	
Distance:-	35km	
Grade:-	5	
Recommended Bike:-	Road Bike	
Course Description:-		

This course follows a big loop around the residential areas of Bathurst City. Most the roads covered still have a rural feel but for the area through the Windradyne Estate the road does pass through modern urban areas.

The locals enjoy this route but it can be tricky to navigate in places.

The course also travels along the Kelso to Bathurst Cycleway and crossed the old Dennison Bridge before returning to the Court House.

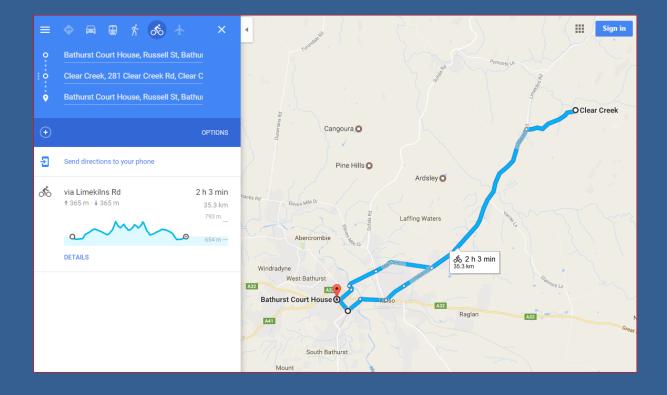


Ride Name:-	Clear Creek (Ctrl click to follow link to google m
Start:-	Court House Bathurst
Distance:-	37 km
Road Condition:-	Sealed Road
Distance:-	36 km
Grade:-	6
Recommended Bike:	- Road Bike

Course Description:-

The out and back course follows quiet rural roads out to the Forest Grove Estate and then continue on the Limkilns Road to the end of the sealed surface on Clear Creek Road before returning to Bathurst.

After Forest Grove Estate there is long climb both out and back

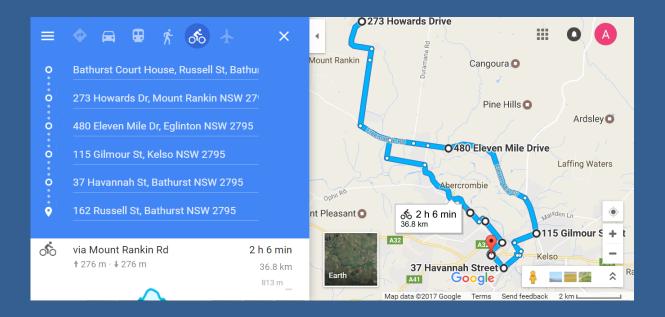


Ride Name:- Mount Rankin and 11 Mile Drive

Start :-Bathurst Court HouseRoad Condition:-Sealed RoadDistance:-36 kmGrade:-5.5Recommended Bike:- Road BikeCourse Description:-

This ride starts form Bathurst Court House and follows the cycleway to Eglinton, then onto Mount Rankin Estate and ends in a cul de sac at the base of Mount Rankin. The return trip is back to Eglinton and then onto Bathurst via 11 Mile Drive From there you follow a couple of short good quality dirt sections of road along to McGregor's Lane then return to Bathurst via Eglinton and Eleven Mile Drive, Stephens Lane and River Road.

There is a series of lumpy climbs to all the way to Mount Rankin with a fast return all the way back to Bathurst.

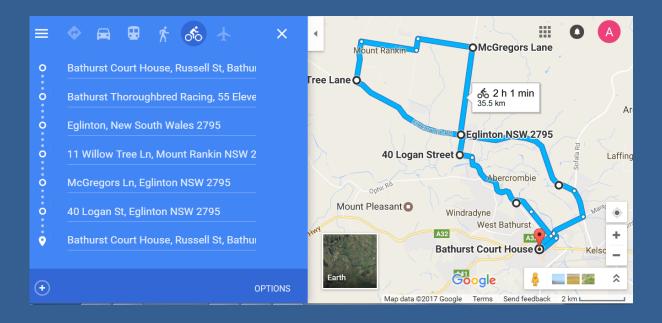


Ride Name:- Mount Rankin, Mr McGregor's Lane and 11 Mile Drive

Start :-Bathurst Court HouseRoad Condition:-Sealed RoadDistance:-36 kmGrade:-5.5Recommended Bike:- Touring BikeCourse Description:-

This figure 8 ride starts form Bathurst Court House and proceeds along Hereford Street then onto the Bathurst Racecourse and 11 Mile Drive. From there it's a relatively flat run along 11 Mile Drive right through to Eglinton. After Eglinton the road climbs all the way up Freemantle Road to Willow Tree Lane then onto Mount Rankin Road and Mr McGregor's Lane to Duramana Road. There are two sections of dirt and a causeway along Mount Rankin Road and Mr McGregors Lane but the very quiet roads and great views makes it all worth while.

At Duramana Road it's fast downhill trip back to Eglinton and then on to Bathurst via the Eglinton Cycleway.



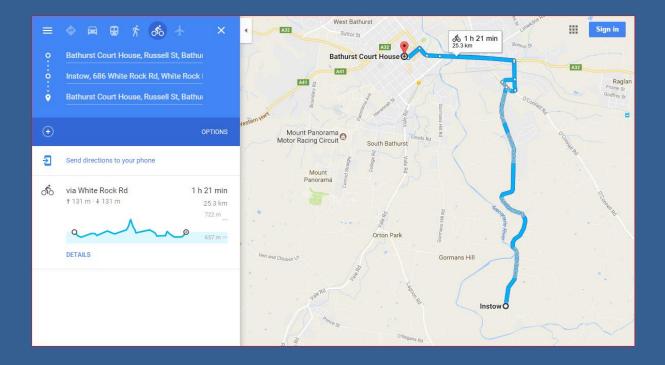
Ride Name:-	White Rock	(Ctrl click to follow link to google i
Start :-	Bathurst Court	House
Road Condition:-	Sealed Road	
Distance:-	26km	
Grade:-	4	
Recommended Bike:-	- Road Bike	
Course Description:		

Course Description:-

The course follows the Main Western Highway to Kelso and Oberon Road Turn Right toward White Rock Road and enjoy a scenic ride along the Macquarie River with views across to Bathurst and Mount Panorama.

This is a relatively flat to undulating ride with a climb to the end of the sealed section on White Rock road.

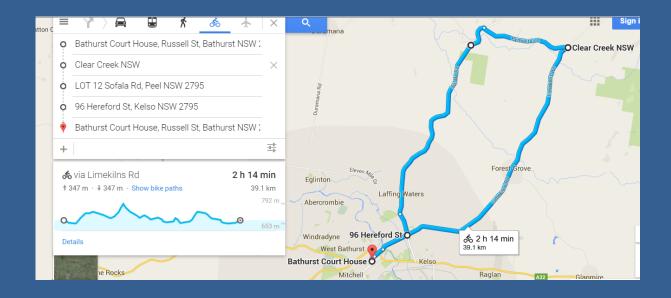
Always take extreme care when riding on main roads. There has been significant road improvements along the Western Highway in recent times but take care on the large round about to Oberon



Ride Name:-	The Peel Loop (via Clear Creek) (Ctrl click to follow link to google maps)	
Starts	Bathurst Court House	
Road Condition:-	Sealed Road	
Distance:-	39 km	
Grade:-	6	
Recommended Bike:- Road Bike		
Course Description:-		

The course follow quiet rural roads out to the Forest Grove Estate on the Limkilns Roads and then onto Pyrmont's Lane then across to Peel. Then return to Bathurst is via Sofala Road and Hereford Street.

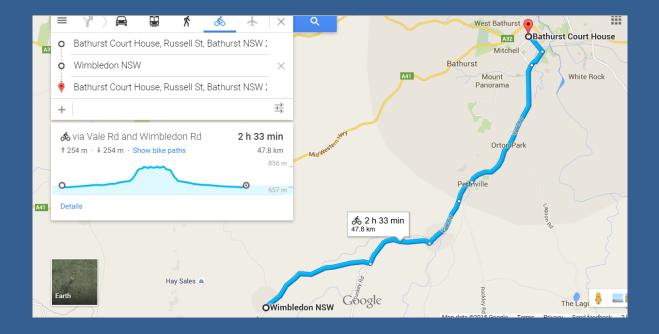
The Sofala Road has a good shoulder more most of the return trip. Always take extreme care when riding on main roads.



Ride Name:-	Wimbleton	(Ctrl click to follow link to google maps)
Starts :-	Bathurst Cour	t House
Road Condition:-	Sealed Road	
Distance:-	48 km	
Grade:-	6	
Recommended Bike:	- Road Bike	
Course Description:-		

This is a very popular out and back ride to the top of the climb at Wimbledon via the Goulburn Road and Wimbledon Road.

The course is a very gradual climb up the Vale and Trunkey roads until the right turn to Newbridge. Then the road climbs to the top of the range. The return trip to Bathurst is quite fast often with tail wind conditions.

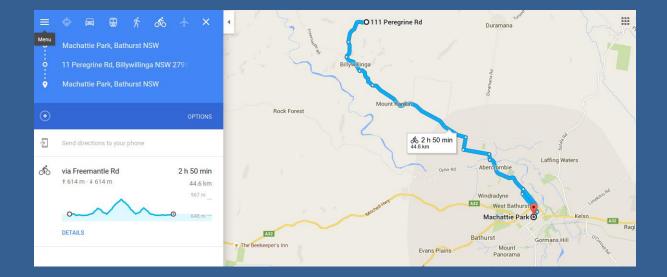


Ride Name:- Billywillinga Look Out (Ctrl click to follow link to google maps)

Starts :-	Bathurst Court House
Road Condition:-	Sealed Road
Distance:-	45 km
Grade:-	7
Recommended Bike:-	Road Bike
Course Description :-	

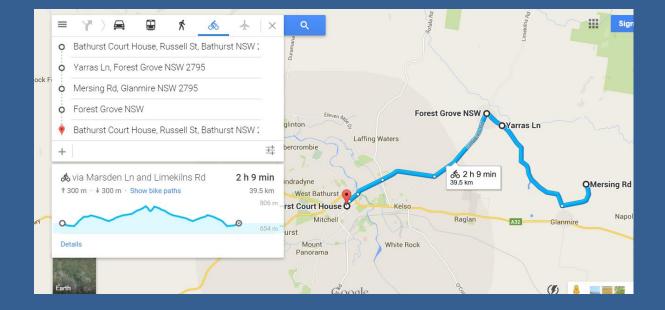
This out and back course follows the Hilly Freemantle Road to the end of a cul de sac at Peregrine Road which has very nice vistas back toward Bathurst.

The climb from the crossing on Kings Creek is very steep in places.



Ride Name:-	Mersing Lane Glanmire	(Ctrl click to follow link to google maps)
Starts:-	Bathurst Court House	
Distance:-	40km	
Road Condition:-	Sealed Road	
Distance:-	39km	
Grade:-	5.5	
Recommended Bike:- Road Bike		
Course Description:-		

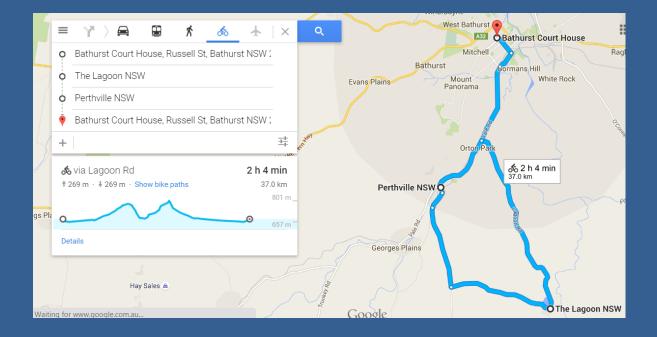
The course follows quiet rural roads out to the Forest Grove Estate on the Limkilns Roads before turning South East to Glanmire with a detour to the end of Mersing Lane which ends in a Cul de Sac then its return to Bathurst by the same route.



Ride Name The Lagoon Loop (Ctrl click to follow link to google maps)

Starts:-Bathurst Court HouseDistance:-40kmRoad Condition:-Sealed RoadDistance:-37kmGrade:-5.5Recommended Bike:-Road BikeCourse Description:-Sealed Bike

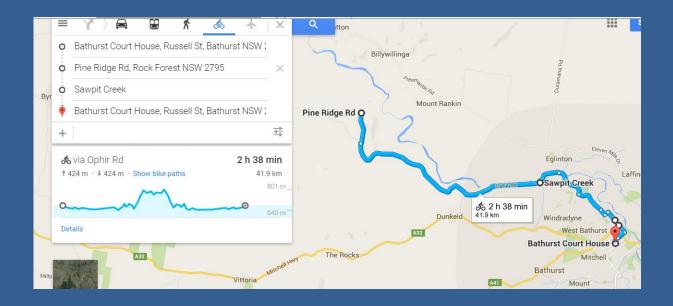
This a favourite with the locals. Starts with a flat along the Vale Road and turn left into the Lagoon Road at Bathurst Bike Park and Velodrome. From there it is a steady climb of about 4 km to Bidgeribbon Road. Followed by a big descent into the Lagoon. Then its an interesting ride through the local trotting tracks past the home of the famous Hondo Grattin. There is two sharp climbs to the top of the hill on Ryan's Lane. From there its a fast return trip to Bathurst via Perthville and the Vale Road.



Ride Name Ophir Road, to Pine Ridge Road (Ctrl click to follow link to google maps)

Start :	Bathurst Court House
Road Condition:	Sealed Road
Grade:	7 (multiple short steep climbs along Ophir Road)
Distan <i>ce:</i>	42km
Recommended Bike;	Road Bike
Course Description	

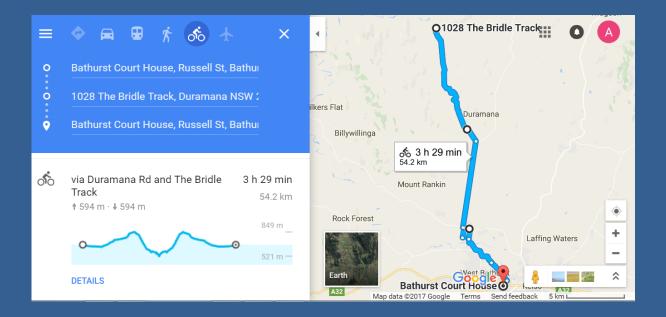
This ride start with a very easy roll along the Eglinton and Kath Knowles cyclways to the Ophir Road. The action starts shortly after passing the historic Abercrombie House where the Ophir Road turns very lumpy with several short steep climbs and descents along the course of the Macquarie River. There is long climb to the top of the mountain and short rolling ride along Pine Ridge Road before returning to Bathurst.



Ride Name:-	The Euro and Stoney Creek (Ctrl click to follow link to google maps)
Start:-	Bathurst Court House
Road Condition:-	Sealed Road
Distance:-	54 km
Grade:-	8
Recommended Bike:- Road Bike	
Course Description:-	

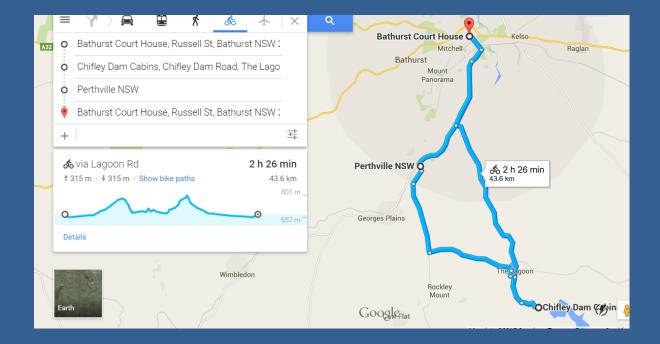
This a popular out and back ride to Stoney Creek Bridge along Duramana Road and The Bridal Track. There is a narrow and winding climb back from Stoney Creek "The Euro". Quite a scenic but very lumpy course. For those really want to hurt the sealed road extends another 6km to Box Ridge Road.

Also riders should watch out for Kangaroos in early morning rides.



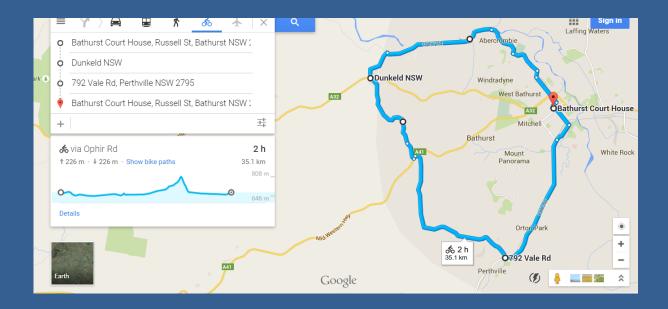
Ride Name:-	Ben Chifley Dam (Ctrl click to follow link to google maps
Start:-	Bathurst Court House
Distance:-	44 km
Road Condition:-	Sealed Road
Distance:-	43 km
Grade:-	Medium
Recommended Bike:- Road Bike	
Course Description:-	

The course follows quiet rural roads past the Bathurst Bike Park prior to turning left in the Lagoon Road. After passing through the Lagoon there is another left turn into the Ben Chifley Dam. The return ride takes a detour out of The Lagoon past the famous Turnbull Trotting Stables and into the Rockley Road before returning Bathurst via Perthville and the Goulburn Road.



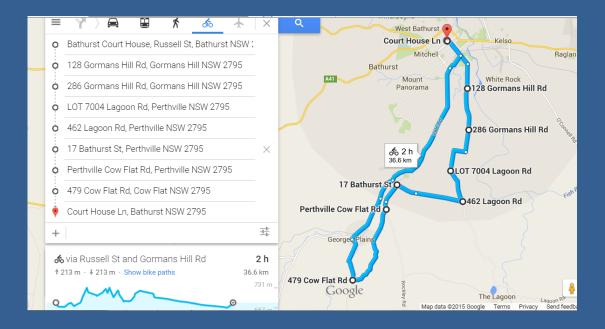
Ride Name:-	Hen and Chicken Lane (Ctrl click to follow link to google maps)
Start:-	Bathurst Court House
Road Condition:-	70% Sealed Road 30% Dirt
Distance:-	35 km
Grade:-	6
Recommended Bike:- Road Bike	
Course Description:-	

This a pretty ride travels along the Macquarie River flats prior to turning onto Bathurst dairy country along Hen Chicken Lane which is predominantly good quality dirt. At the end of Hen and Chicken Lane there is a climb to the top of the southern extremity of Mount Panorama before descending down to the Village of Perthville. Turn left at Perthville for the return trip to Bathurst.



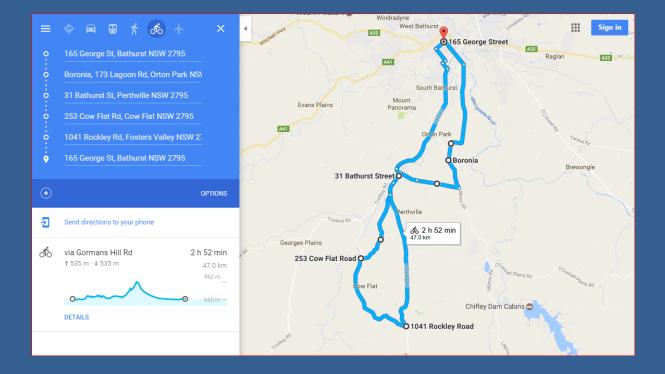
Ride Name:-	The Roller Coaster (Ctrl click to follow link to google maps)
Start:-	Bathurst Court House
Road Condition:-	70% Sealed Road 30% Quality Dirt
Distance:-	37 km
Grade:-	6
Recommended Bike:- Road Bike	
Course Description:-	

The course follow quiet rural roads out to Gorman's Hill and onto the Lagoon Road before cutting across to Perthville and Cow Flat. These dirt roads are very undulating but offer great views across the Vale Creek valley. When arriving at the Cow Flat Road turn right for the return trip back to Bathurst via George's Plains and Perthville.



Ride Name:-	Roller Coaster plus Rockley Mount	
Start:	Bathurst Court House	
Road Condition:-	90% Sealed Road 10% Quality Dirt	
Distance:-	47 km	
Grade:-	7	
Recommended Bike:- Road Bike		
Course Description:-		

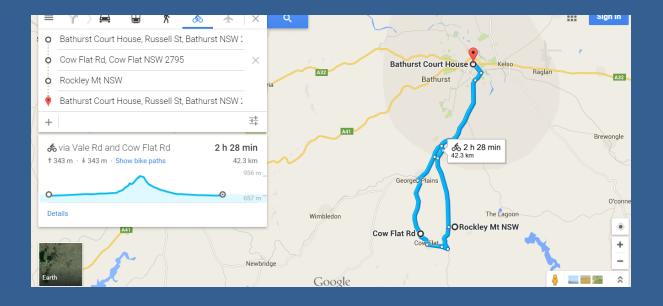
This is lumpy little ride follows very quiet back roads from Bathurst through to Gorman's Hill and across to Cow flat before climbing to the top of Rockley Mountain. From there it's all downhill back to Bathurst.



Ride Name:-	Cow Flat /Rockley Mount	(Ctrl click to follow link to google maps)
Start:-	Bathurst Court House	
Road Condition:-	Sealed Road	
Distance:-	43 km	
Grade:-	6	
Recommended Bike:- Road Bike		
Course Description:-		

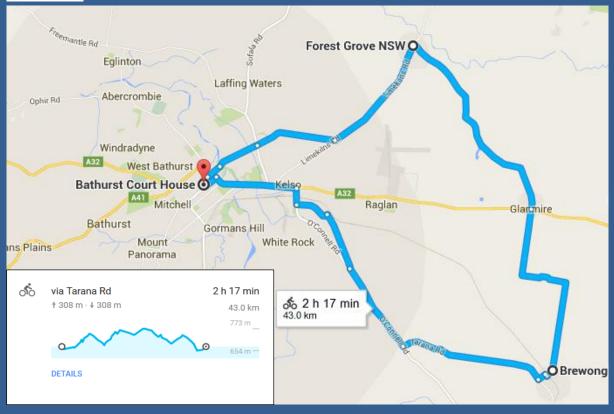
The course travels along the Vale Road through the villages of Perthville and Georges Plains before turning left onto the Cow Flat Road and on to Rockley Mountain. The descent down the northern side is wide but very fast so take care.

It down hill from there all the way back to Bathurst.



Ride Name:-	Brewongle/Forest Grove
Start:-	Bathurst Court House
Distance:-	43 km
Road Condition:-	80% Sealed Road 20% Quality Dirt
Distance:-	43 km
Grade:-	6
Recommended Bike:- Road Bike	
Course Description:-	

The course follow quiet rural roads out to the Forest Grove Estate on the Limkilns Road before turning South East to Glanmire and Brewongle. Extreme care should be taken when crossing the Highway at Glanmire. From Glanmire there is a section of good quality dirt across to Brewongle. The return to Bathurst does cover a section on the Oberon Road which does have a good shoulder along the most part. <u>Always take extreme care when riding on main roads.</u>



Bathurst Recreational Cycling Club "BADBUGS"

Popular Local Training and Recreational Rides

MEDIUM RIDES OUT OF BATHURST (50km to 100km)

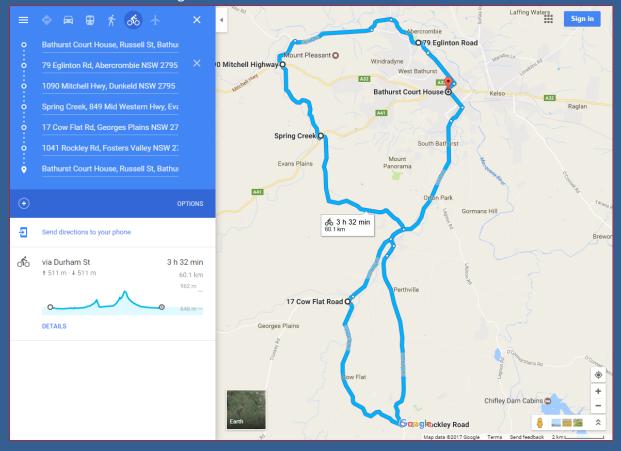
Important Notice:-

When touring in rural NSW there is very little in the way of facilities. Always take plenty of food and water. Bonking out on these roads will leave you with a very bad day indeed!

Weather conditions can also change rapidly. Planning is the key, dress for the conditions and make sure you have a good set of gloves during the winter months.

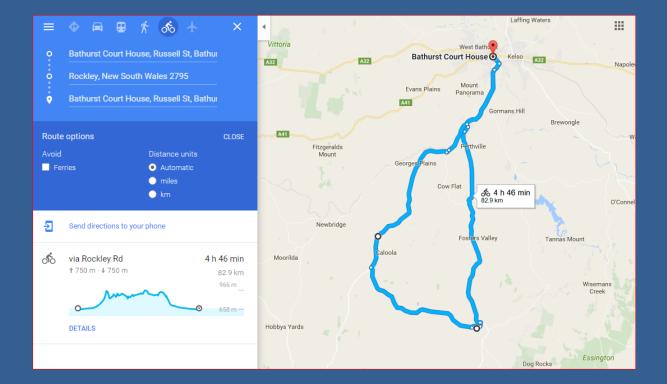
Always make sure bike is properly serviced, take your own tools and spares and have a plan "B"

This a really interesting local ride following some very pretty farm country along Hen and Chicken Lane. There is gradual climb to southern extent of Mount Panorama before a sharp descent down to Perthville. From Perthville there is another loop ride to the top of Rockley Mountain before returning to Bathurst.



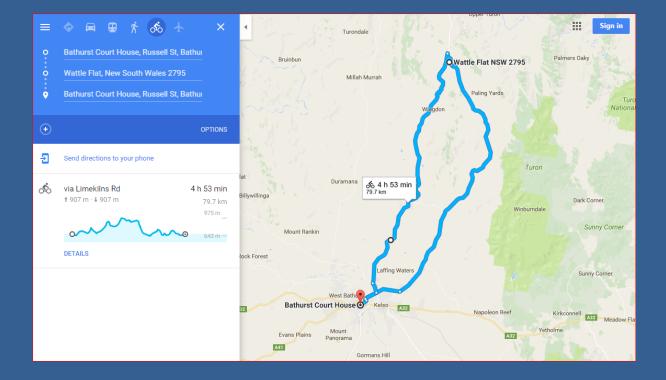
Ride Name:-	Rockley Loop via Caloola
Start:-	Bathurst Court House
Road Condition:-	90% Sealed Road 10% Quality Dirt
Distance:-	90.3 km
Grade:-	10
Recommended Bike:	- Road Bike
Course Description:-	

Quite a difficult hilly ride from Bathurst to Rockley were there is a good stop for a coffee. Following the break it's of to Caloola along the Rockley Newbridge Road. This very pretty road does sections of good quality dirt which is quite easy to manage as it is being prepared for future sealing. From Caloola the ride is progressively downhill back to Bathurst.



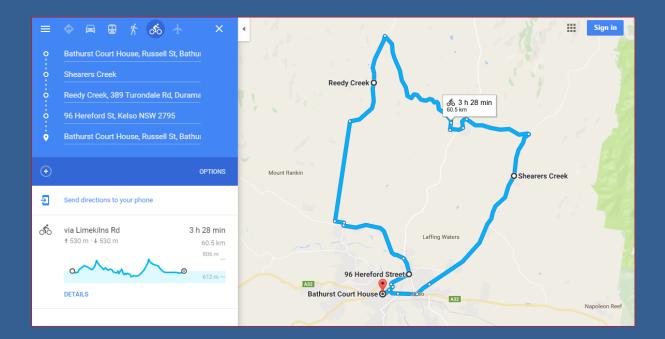
Ride Name:-Limkilns Wattle Flat LoopStart:-Bathurst Court HouseRoad Condition:-90% Sealed Road 10% Quality DirtDistance:-91.7 kmGrade:-10Recommended Bike:- Road BikeCourse Description:-

Mostly sealed road right through to Paling Yards with a small amount of quality dirt on a long climb to Wattle Flat. There are two coffee shops at Wattle flat for a break prior to the return trip to Bathurst along the Sofala Road. Care should be taken when descending Mount Wiagdon as there a couple of tricky high speed bends.



Ride Name:-	The Peel Loop (Plus Duramana Road)
Start:-	Bathurst Court House
Road Condition:-	80% Sealed Road 20% Not So Good Quality Dirt
Distance:-	60.3 km
Grade:-	Medium
Recommended Bike:	- Touring
Course Description:-	

This ride covers a large loop around the hills north east of Bathurst . The course covers landscape typical of the rolling farmland and hills of the area. There are some steep pinches on this circuit which also includes some rough sections of dirt along the riverside on Rivulet Road. The surface is a bit much for road bikes but Touring and MTB are fine.

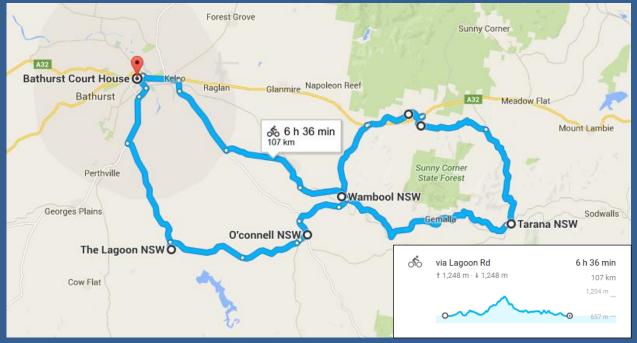


Ride Name:-	Yetholme Tarana Loop
Start:-	Bathurst Court House
Road Condition:-	90% Sealed Road 10% Quality Dirt (on Eusdale Road)
Distance:-	107km
Grade:-	Medium/ Hard
Recommended Bike:- Road Bike	
Course Description:-	

This a really interesting ride covering really pretty rural roads including the climb to Yetholme following the old Yetholme Drive.

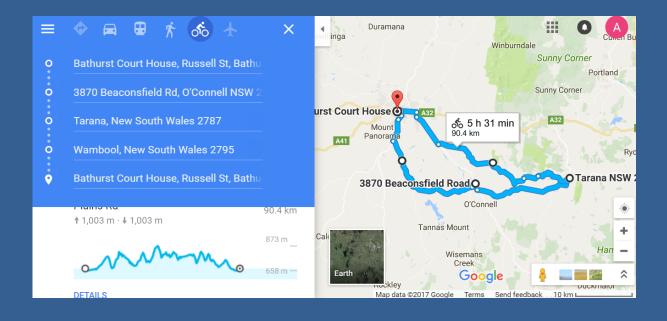
There is a tricky hair pin bend on the dirt section between Yetholme and Diamond Swamp Road on Eusdale Road.

There is a great descent all the way to Tarana from Yetholme for a lunch break.



Ride Name:-O'Connell Tarana LoopStart:-Bathurst Court HouseRoad Condition:-90% Sealed Road 10% Quality DirtDistance:-90kmGrade:-Medium/ HardRecommended Bike:- Road BikeCourse Description:-

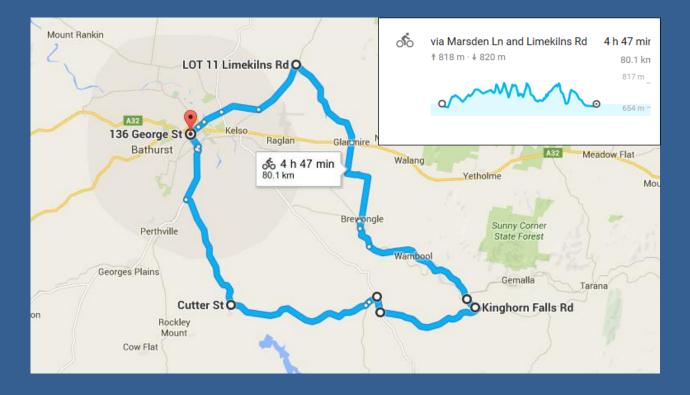
This a really interesting ride covering really pretty rural roads including both sides of the Fish River to Tarana. The road following the fish River is lumpy to say the least but well worth the effort.



Ride Name:-	Fish River Picnic Ride
Starts:-	Bathurst Court House
Road Condition:-	90% Sealed Road 10% Quality Dirt (plus property access track)
Distance:-	80km
Grade:-	10
Recommended Bike:	- Road Bike / Touring
Course Description:-	

This ride follows quiet rural roads from Bathurst across to the Lagoon then onto O'Connell. At O'Connell you travel towards Tarana along the Mutton Falls Road to Kinghorne Falls Road. This short dirt section of road then takes you across to The Tarana Road where you the turn left back toward Bathurst.

Note :- The crossing at Kinghorne Falls is a causeway only and you will have to walk.
However, this a very pristine part of the Fish River and well worth a picnic stop.
At Brewongle turn right and proceed towards Glanmire and Limkilns then back to Bathurst.
Note:- Take care crossing the Highway at Glanmire

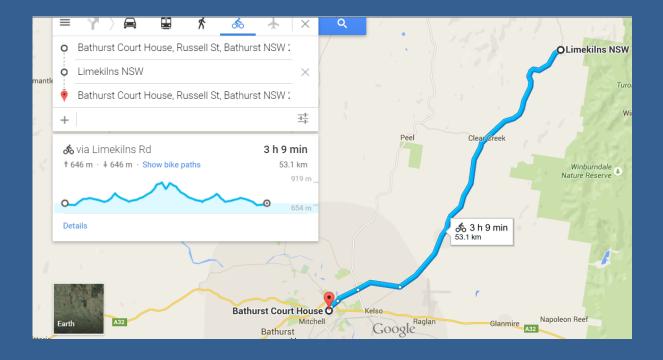


Ride Name	Limkilns (Ctrl click to follow link to google map
Start :	Bathurst Court House
Road Condition:	Sealed Road
Grade:	8
Distan <i>ce:</i>	53km
Recommended Bike;	Road Bike
Course Description	

This a testing out and back ride along the Limekilns Road to the old Limekilns Hotel (now a property)

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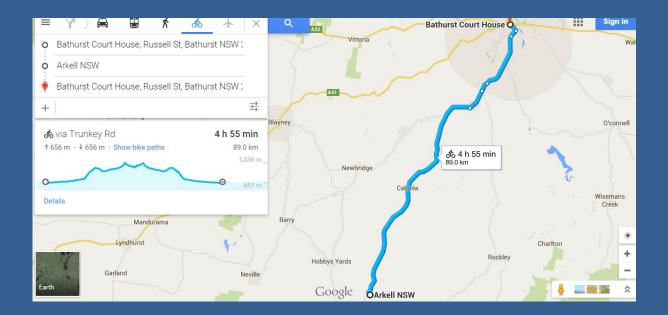
The road is sealed for the whole trip but does include some long climbs with steep sections. There are no facilities along this ride so go prepared.



Ride Name	Cockatoo (Ctrl click to follow link to google ma
Start :	Bathurst Court House
Road Condition:	Sealed Road
Grade:	9
Distance:	89km
Recommended Bike:	Road Bike
Course Description	

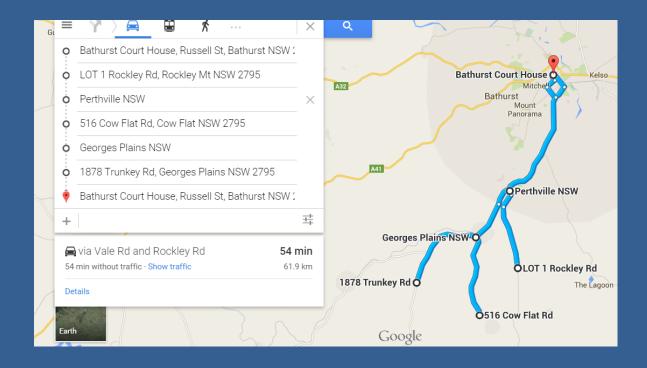
This a popular long ride for the locals. Which has a steady climb to over 1,000 m to the Arkell. Nothing of course but is a nesting site for white cockatoos which are almost always there. The return trip from is mostly downhill often with a tail wind.

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Ride Name	The Three Roads (Ctrl click to follow link to google maps)
Start :	Bathurst Court House
Road Condition:	Sealed Road
Grade:	8
Distan <i>ce:</i>	62km
Recommended Bike:	Road Bike
Course Description:	

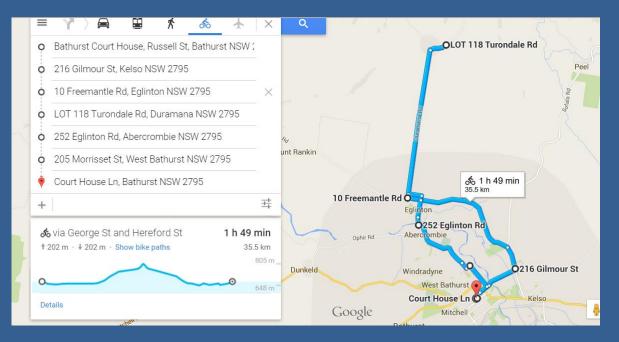
This is a very popular local training ride for the race club members as there are several out and back loops along the Vale Road which is one of the few flat roads in the Bathurst area. There is a hotel and shop at Perthville along this route.



Duramana (Ctrl click to follow link to google maps)

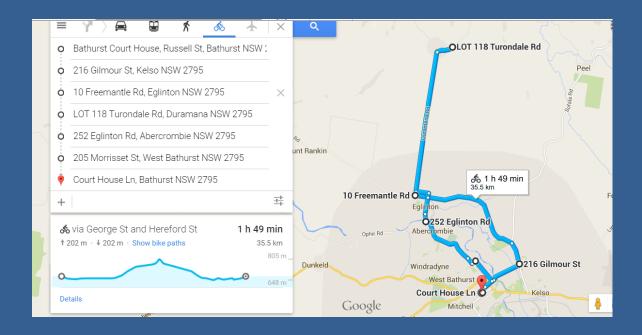
Start :	Bathurst Court House
Road Condition:	Sealed Road
Grade:	4 (steep climb to top of Mount Panorama)
Distan <i>ce:</i>	16.2km
Recommended Bike;	Road Bike
Course Description	

Another popular weekend ride for the recreational riders at Bathurst. Its an easy start following the cycleways to Eglington. Then the course proceeds through the Village followed by a right turn into Duramana Road. At the Duramana Road starts to climbs and continues all the way to the Glenn Outram Property gate and then return via the same route which is a fast rolling downhill route.



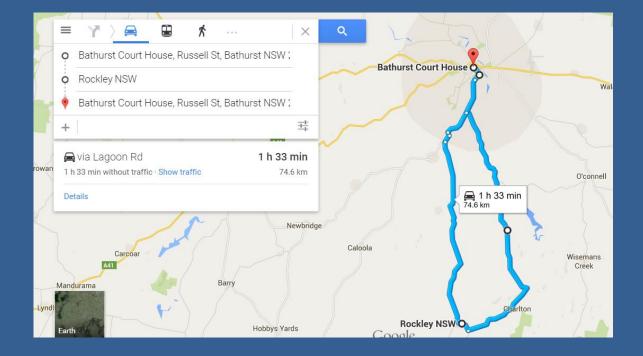
Mount Rankin Estate(Ctrl click to follow link to google maps)Start :Bathurst Court HouseRoad Condition:Sealed RoadGrade:4 (steep climb to top of Mount Panorama)Distance:16.2kmRecommended Bike;Road Bike

Course Description



Rockley Loop via The Lagoon (Ctrl click to follow link to google maps)Start :Bathurst Court HouseRoad Condition:Sealed Road 90% Unsealed 10%Grade:9Distance:75kmRecommended Bike;Touring or TouringCourse Description

This course is both hard and very scenic. The course proceeds out towards Ben Chifley Dam but continues on and up wards from dam turn as it proceeds along the Lagoon Road right through to the Village of Rockley. There is a pub and coffee shop at Rockley but always check on opening times. The last 4 km of the Lagoon Road is unsealed which varies in quality from good to poor depending recent weather conditions. The return trip from Rockley is very lumpy with a big climb over the southern side of Rockley Mountain. From Rockley it is down hill all the way back to Bathurst.

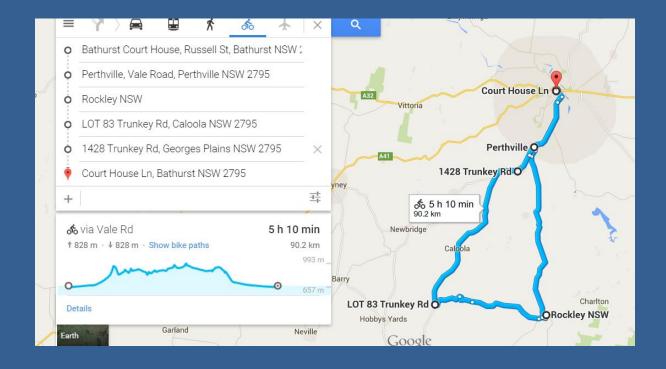


Rockley Loop via Caloola (Ctrl click to follow link to google maps)

Start :	Bathurst Court House
Road Condition:	Sealed Road 90% Unsealed 10%
Grade:	10
Distan <i>ce:</i>	90km
Recommended Bike;	Touring or Touring
Course Description	

This course is both hard and very scenic. The course proceeds out and over Rockley Mountain from the northern side. The road starts climbing gently from the village of Perthville but become very seep for the last three kilometres. From there the road is series of rolling climbs right through to the Village of Rockley. There is a pub and coffee shop at Rockley but always check on opening times.

After making your way through Rockley the ride travels along The Lachlan road for about 15km where it intersects with the Goulburn Road. The return trip to Bathurst is generally downhill few lumps back to Bathurst.

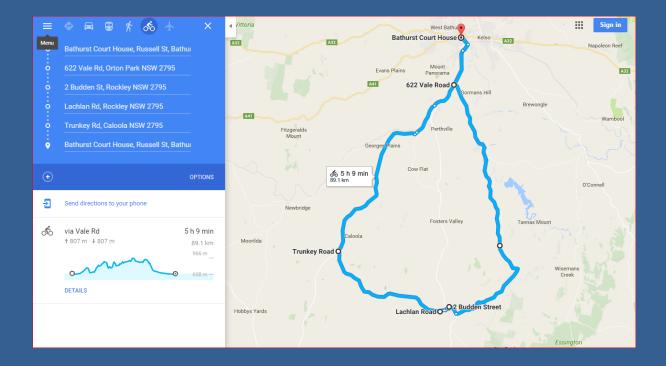


The Lagoon, Rockley and Caloola Loop_ (Ctrl click to follow link to google maps)

Start :	Bathurst Court House
Road Condition:	85% Sealed Road 15% Unsealed Road
Grade:	10
Distan <i>ce:</i>	97km
Recommended Bike;	Touring or Touring
Course Description	

This a big ride with series of testing climbs and fast descents on the Lagoon Road all the way to Rockley. The scenery is just magic along this with mountain and valley views. There is a section of unseal road on the final 4 km of the Lagoon Road towards Rockley which can vary in quality.

At Rockley there is a hotel and coffee shop if you want to take a break. After making your way through Rockley the ride travels along The Lachlan road for about 15km where it intersects with the Goulburn Road. The return trip to Bathurst is generally downhill few lumps back to Bathurst.



Bathurst Recreational Cycling Club "BADBUGS"

Popular Local Training and Recreational Rides

BIG RIDES OUT OF BATHURST (Over 100km)

Important Notice:-

When touring in rural NSW there is very little in the way of facilities. Always take plenty of food and water. Bonking out on these roads will leave you with a very bad day indeed!

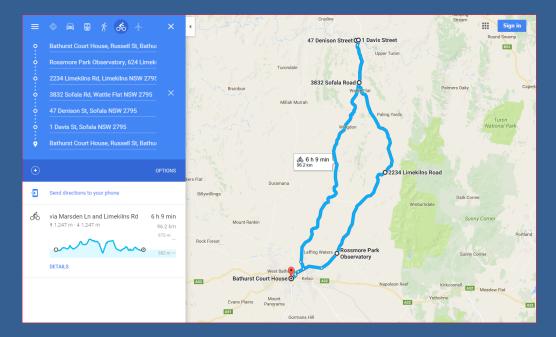
Weather conditions can also change rapidly. Planning is the key, dress for the conditions and make sure you have a good set of gloves during the winter months.

Alwavs make sure bike is properly serviced, take your own tools and spares and have a plan "B"

Limkilns Wattle Flat and Sofala Loop (Ctrl click to follow link to google maps)

Start :	Bathurst Court House
Road Condition:	Sealed Road 95% unsealed 5%
Grade:	10
Distan <i>ce:</i>	96.2
Recommended Bike:	Touring Bike
Course Description	

This is not an easy ride! The course starts along a flat Hereford Street for about 3km from the start before climbing up Marsden Lane hill to Limekilns Road. Along Limekilns Road it is a relentless series of long descents and ascents all the way to Wattle Flat. From Wattle Flat there are a number short lumps before a massive descent into the historic gold mining town of Sofala. Sofala is great place to look around and absorb the history. The climb back to Wattle Flat along the Sofala Road is very hard. After Wattle Flat there is a winding descent again down Mount Wiagdon followed by a relentless series of ups and downs all way back to Bathurst. It's a fantastically scenic ride but not for the unfit.



Trunkey Newbridge Loop (Ctrl click to follow link to google maps)

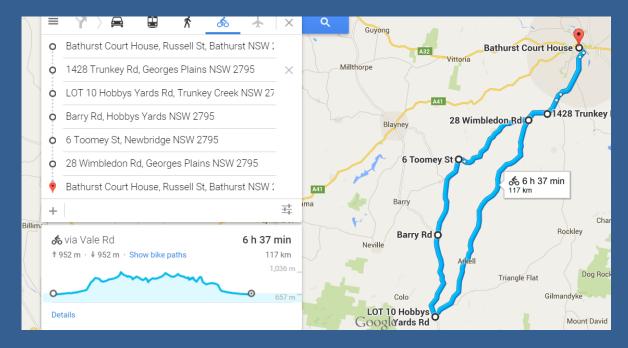
Start :	Bathurst Court House
Road Condition:	Sealed Road
Grade:	10
Distan <i>ce:</i>	117km
Recommended Bike;	Road Bike
Course Description	

This ride takes a combination of both the B2B short and long courses to produce a scenic and testing long ride through the sheep and cattle country of Bathurst and Blayney Shires.

There are shops or a pub at Perthville, Trunkey and Newbridge but always check on opening hours.

The ride starts relatively flat for the first 20 km then continues to climb al the way to Arkell <u>"Cockatoo" at 1100 m from there its series of long rolling hills all the way to Trunkey.</u>

At Trunkey there is sharp right hand turn back towards Hobby's Yards Barry and Blayney

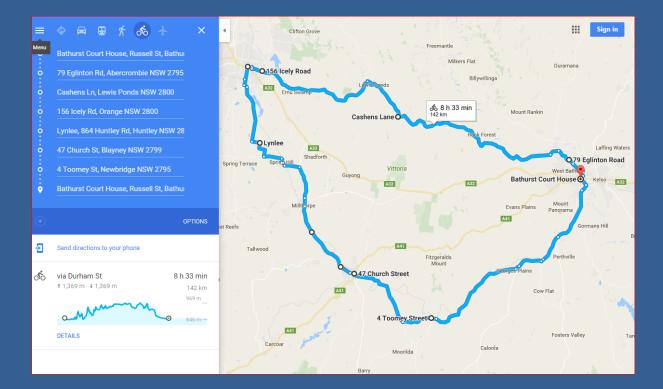


Ride Name:-	Bathurst to Orange and Return via Blayne	
	"Hell of the West"	
Start:-	Bathurst Court House	
Road Condition:-	Sealed Road	
Distance:-	141 km	
Grade:-	10 (Painfull)	
Recommended Bike	- Road Bike	

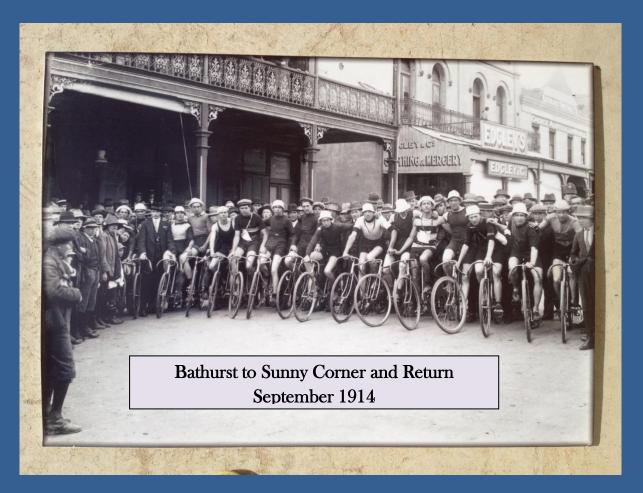
Course Description:- This ride follows the Ophir and Icely Road to Orange along a very lumpy course with a relentless series long climbs and short steep ascents. By the time you arrive at Orange you will be looking for place to rest and recuperate. Fortunately, there are plenty of great coffee shops to choose from. "Bills Beans" is always a treat. Also if you are a wine buff there are quite a number of wineries to call into along the Icely Road. Eg "Mayfield Vineyard"

After making your through Orange travel along the Huntly Road top the Orange airport and then across to Spring Hill and Millthorpe. By this time you might be seriously looking for some lunch and the historic village of Millthorpe is perfect for that. (Plus it of sight seeing if you want.)

After Milthorpe



Ride Name:-Where:-Distance:- Touring Ride to Sunny Corner and Tarana Starts from Machattie Park Bathurst 134 km



A "Touring Ride" in remembrance of cyclists who took part in the historic Bathurst to Sunny Corner Cycle Race 14th of September 1914.

This was the last major cycling event in Bathurst before almost every cyclist volunteered for the Great War only to arrive on the shores Gallipoli, some twelve months later.

The Bathurst Cycling Club is working hard to discover the individual story for every one of them.

The first three place getters where the famous Honeyman brothers from Raglan. For the full story of W G Honeyman go to Mark Windsor's post on <u>NSW CYCLING</u>

 Road Condition: 80% Sealed Road 20% Unsealed with a short section through the Sunny Corner State Forest (conditions vary)

 Grade: 10

 Recommended Bike: Touring

 Course Description: Vertice State Forest (conditions vary)

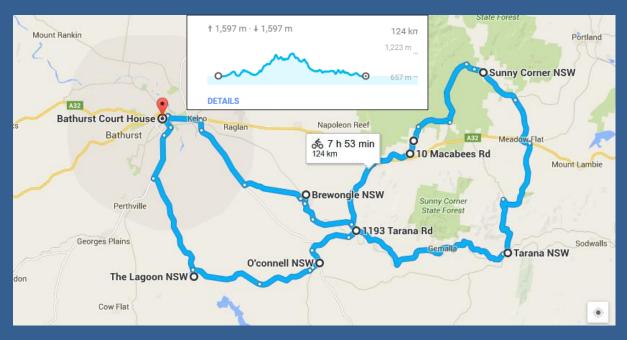
This is a very scenic ride that follows very quiet back roads through to the Lagoon, O'Connell and Yetholme. There is a steady climb all the way from O'Connell to Yetholme. At Yetholme you can take the (unsealed) MacCabs Forest and Kirconnel Roads through the state forest and onto Sunny Corner Road. (Alternatively, you can travel along the Western Highway directly to Sunny Corner road turn off. (about 1km) The Highway does have good shoulder but it is a high speed traffic road so take extreme care.)

Sunny Corner Road has number of rolling hills before arriving at Sunny Corner at the 80 km mark. From there it's pretty much downhill all the way to a lunch stop at the Tarana Hotel or Cafe. *(make sure you book)*

Note:- There is a unsealed downhill section of road along Curly Dick Road so take care and slow down.

For those who wish to call it a day at Tarana you should prearrange transport from the hotel. For everyone who decides to continue back to Bathurst the course will follow a very lumpy route all the way back Bathurst. This last section of the course is difficult but very scenic as it has several old railway bridge crossings and greats along the Fish River.

Note:- This course crosses the Great Western Highway in two locations. Extreme care should be taken at these intersections.



Ride Name:	O'Connell/Lagoon/Ryans Lane Loop (Ctrl click to follow link to google maps)
Start :	Bathurst Court House
Road Condition:	Sealed Road
Grade:	10
Distance:	52km
Recommended Bike:	Touring Bike
Course Description	

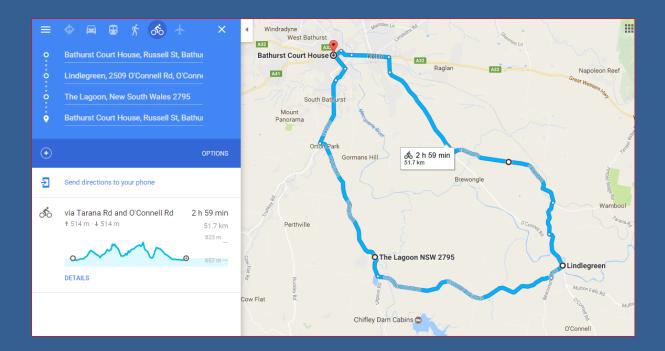
This course follows the main road out to the Oberon Turn off at Kelso. (Take care at the large round- about at the turn off)

After passing Scott's College on the Oberon road the climbs steadily for several kilometres before another steady descent to the Tarana Road. (Alternatively, you proceed along the Oberon Road right through to O'Connell but this is high speed road with Logging trucks so beware.)

The Tarana Road is very quiet and undulating right through to Ridge Road just after the railway bridge. This unsealed road winds gently downhill all the way to the intersection at Oberon Road.

There is fast descent then in O'Connell but take extreme care with traffic as you cross the concrete bride over the Fish River.

There are two places where you an stop for coffee at O'connell, From O'connell it's a number long up and downs all the way back to "the Lagoon and then the Vale Road at the Bathurst Bicycle Park. From there it is fat ride back to Bathurst.



RIDES OUT OF TARANA

The Mount Olive Loop

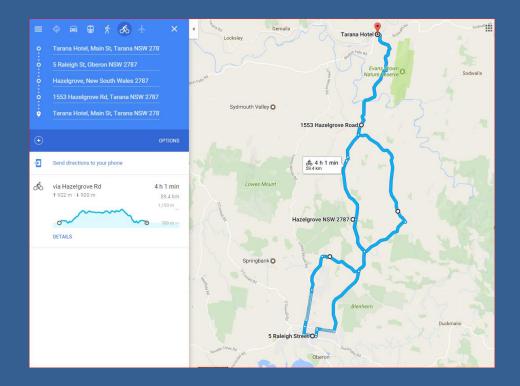
Road Condition:50% Sealed Road 50% Quality Dirt plus 6km of Rail TrailGrade:8Distance:63kmRecommended Bike:Touring Bike or Mountain BikeRide Description

This is very scenic ride follows very quiet back roads from Tarana to Oberon via the part of the proposed Tarana Rail Trail. This ride includes a steady long climb up to the top of Oberon Mountain.

This Rail Trail was proposed to Oberon Council in 2002 and after many years of lobbying and provision of grant funding it was agreed to construct a cycleway parallel to the abandoned railway as far as the Old Hazelgrove Station. However, no further action has taken place since.

After a coffee break at one of classic country cafés at Oberon you return to Tarana via the beautiful Mount Olive Road (unsealed) which provides the most amazing vistas across the Fish River Valley back toward Bathurst.

At the intersection of Phil's Falls Road and Mount Olive Road you can take the direct route back to Tarana by continuing along Mount Olive Road or turn right to follow a route around the eastern side of Evans Crown Nature Reserve prior to returning to Tarana.



RIDES OUT OF O'CONNELL

Ride Name:-	Oberon Via Wisemans Creek
Where:-	Starts from O'Connell Cafe
Road Condition:-	Sealed Road
Distance:-	71 km (but feels like 100km)
Grade:-	9
Recommended Bike:	- Road / Touring Bike
Course Description:-	

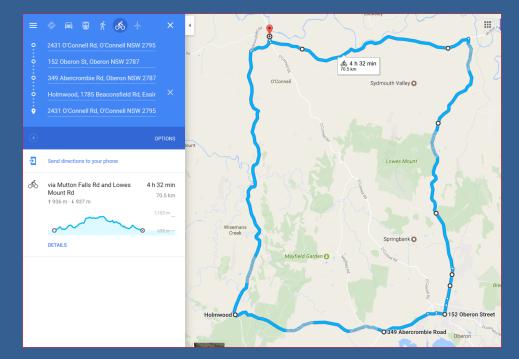
This is a very scenic ride indeed. Start from The O'Connell Café proceed south to Box Flat Road then onto Beaconsfield Road. With the exception of a few short steep descents this road generally climbs ad climbs and climbs through Wisemans Creek and onto an intersection at Holmwood. At Holmwood, turn left and continue to climb steadily along Sewell's Creek Road right through to the intersection at Abercrombie Road. Then it's a generally downhill trip back to Oberon.

By then you will be looking for a well earn 't break and there are plenty of Coffee shops to refresh yourself there.

After stopping at Oberon you travel along the Lowes Mount Road with a number of undulations until you reach a very steep descent of Lowes Mount. (Take Care!!!)

Then there is a series short steep undulations before reaching a tee intersection at Mutton Falls Road.

Turn left and continue to suffer the relentless climbs and descents all the way back to the O'connell café.



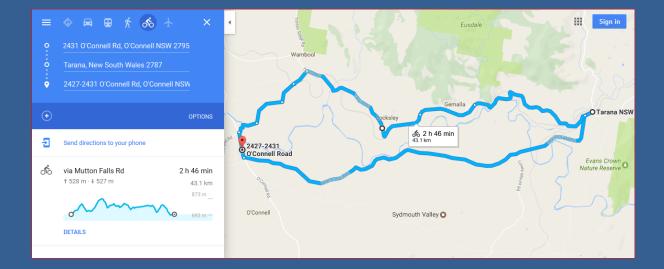
Ride Name:-	<u>Tarana Loop Ride</u>
Where:-	Starts from O'Connell Cafe
Road Condition:-	85% Sealed Road 15% Unsealed
Distance:-	43 km
Grade:-	9
Recommended Bike:-	Touring Bike
Course Description:-	

This is a very scenic ride indeed. Start from The O'Connell Café proceed south to Mutton Falls road which contains numerous climbs and descents as makes way along the southern side of the Fish River right through to Tarana.

At Tarana there is a Hotel and a great café for snacks and meals.

After Tarana you return along the Tarana Road following the northern side of the Fish River to Wambool Road. Turn left into Wambool Road which unsealed. There is a climb to the top of the ridge then its generally downhill back to the Oberon Road.

Turn left and continue along the river flats back to the O'Connell café.

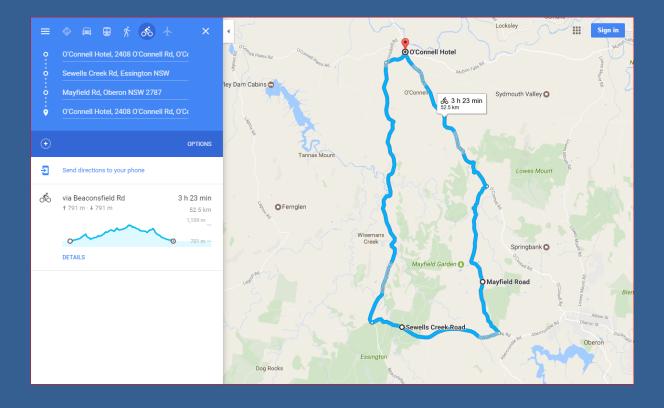


<u>Mayfield Garden</u>
Starts from O'Connell Cafe
Sealed Road
71 km (but feels like 100km)
9
Road / Touring Bike

This is a very scenic ride indeed. Start from The O'Connell Café proceed south to Box Flat Road then onto Beaconsfield Road. With the exception of a few short steep descents this road generally climbs ad climbs and climbs through Wisemans Creek and onto an intersection at Holmwood. At Holmwood, turn left and continue to climb steadily along Sewell's Creek Road right through to Mayfield Road

Then follow the new sealed Mayfield Road past the famous Mayfield Gardens and onto the Oberon Road

Turn left and continue along some descents including Oberon Mountain all the way back to the O'Connell café.

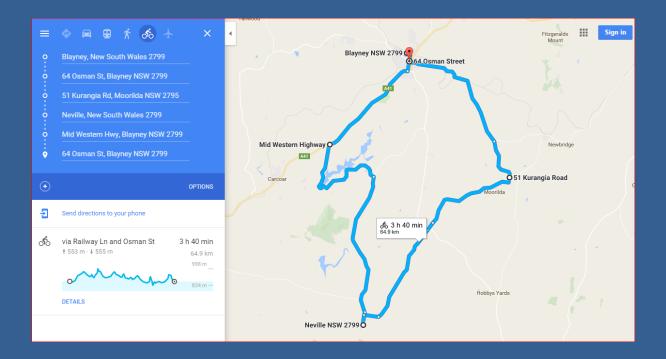


RIDES OUT OF NEWBRIDGE and BLAYNEY

Ride Name:-	Carcoar Dam and Neville Loop Ride
Where:-	Blayney Information Centre
Road Condition:-	90% Sealed Road 10% Unsealed
Distance:-	65 km
Grade:-	8
Recommended Bike:-Touring Bike	
Course Description:-	

Starting from the Blayney Information Centre you follow some beautiful rural roads across to Moorilda Barry and Neville before making your way back to Blayney via Carcoar Dam. There is a unsealed road for about 4 km then you travel across the Dam Wall and climb up to the Mid Western Highway. This section of road is very scenic with greats views of the local wind farms and Carcoar dam.

Turn right and follow the Midwestern Highway all the way back to Blayney for about 9km. This section of road does have a good quality shoulder but extreme care should always be taken when riding on main roads.



Ride Name:- Carcoar Dam and Village of Carcoar.

Start:-	Blayney Information Centre
Road Condition:-	80% Sealed Road 10% Unsealed
Distance:-	40 km
Grade:-	6

Recommended Bike:- Touring

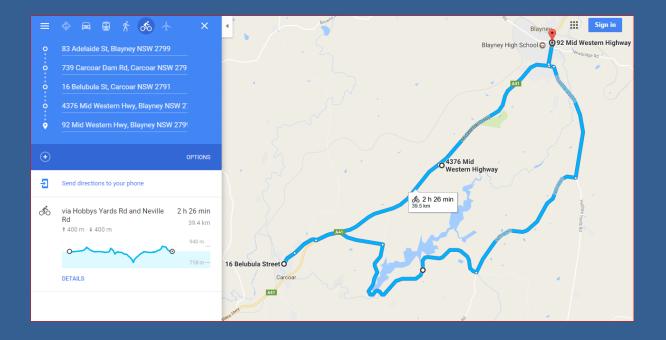
Course Description:-

Starting from the Information Centre at Blayney, you follow some beautiful rural roads across to Neville Road where you make aright turn and make your way to Carcoar Dam Road. Turn right and follow this unsealed section for 4 km then cross the Dam Wall and climb up to the Mid Western Highway via Fullers Lane (also unsealed). This section of road is very scenic with greats views of the local wind farms and across to Carcoar dam.

Turn left and follow the Midwestern Highway for about 400m before turning right into Brady Road which descend sharply for about 2.5km into the historic Village of Carcoar.

After exploring village and enjoying a coffee break it is a hard climb back to the Mid Western Highway.

Turn left and follow the Midwestern Highway all the way back to Blayney for about 9km. This section of road does have a good quality shoulder but extreme care should always be taken when ride on main roads.



Ride Name:- Browns Creek and Millthorpe loop.

Start:-	Blayney Information Centre
Road Condition:-	Sealed Road
Distance:-	40 km
Grade:-	6

Recommended Bike:- Touring

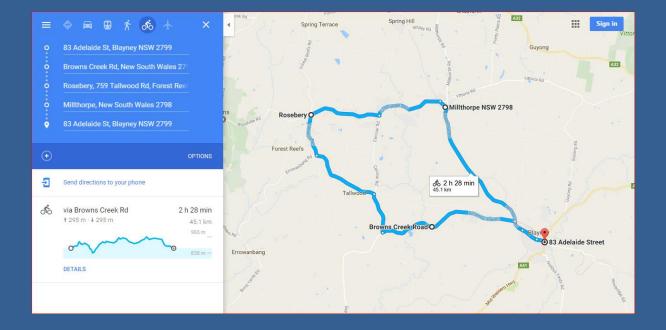
Course Description:-

Starting from the Blayney Information Centre travel north west along Millthorpe Road to Browns Creek Road. Turn left into Browns Creeks and commence a long steady climb up and the over the ridge with a descent to Browns Creek Bridge past the ANL Quarry watch out for quarry trucks along this road. Then there is a climb back to Carcoar Road where you turn right and proceed to Tallwood Road. Turn Left and make your way right through to Forest Reefs Hotel. Note :- these roads are narrow but very quiet.

At Forest Reefs turn right a gently descend down to Carcoar Road Intersection and then proceed to the historic village of Millthorpe.

You might like to have a village wonder and a lunch top here. It is well worth it.

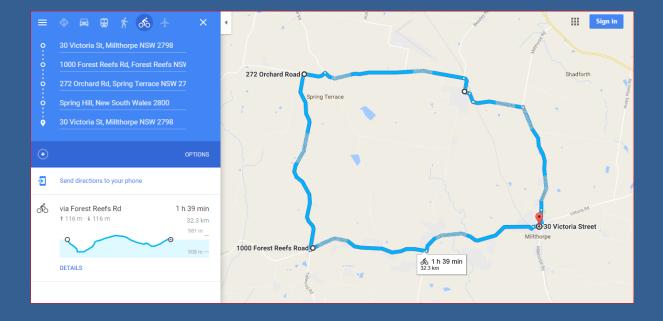
After a break you then follow the Millthorpe Road back to Blayney along a long gradual descent .



RIDES OUT OF MILTHORPE

Cadia Loop (Ctrl click to follow link to google maps)

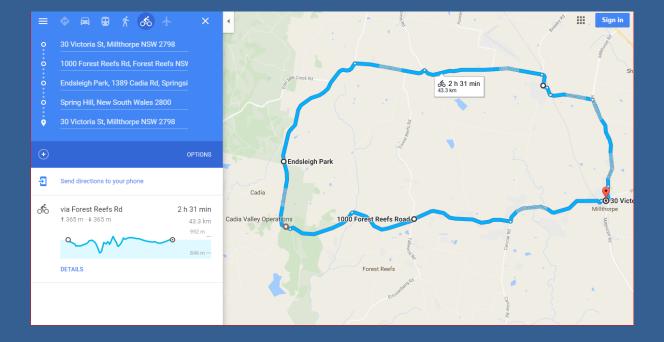
Ride Name:-Millthorpe SpecialWhere:-Starts from MillthorpeRoad Condition:-100% Sealed RoadDistance:-32 kmGrade:-5Recommended Bike:-Road BikeCourse Description:-TBA



Ride Name:-	Cadia Mines Ride
Where:-	Starts from Millthorpe
Road Condition:-	100% Sealed Road
Distance:-	43.3 km
Grade:-	7

Recommended Bike:- Road Bike

Course Description:- This ride passes through the fertile farming country of and a number of small villages. The roads are generally very quiet gently rolling hills. However, there is a very testing decent and climb out of the Cadia Valley Mine Operations Plant before making your way back to Millthorpe along Cadia Road and through Spring Hill



RIDES OUT OF SOFALA

Ride Name:-	Route of the Inaugural National Mountain Bike Endurance
	Championship
Where:-	Starts from Royal Hotel Sofala
Distance:-	77.1 km

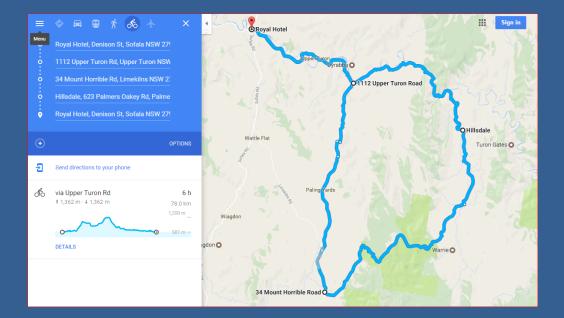
COURSE DESCRIPTION

Road Condition:-	20% Sealed Road 80% Dirt Road of varying quality down to 4WD.
	Multiple causeways and river crossings.
Distance:-	77.1 km
Grade:-	Hard (steep climb to top of Darkes Pinnacle and Mount Horrible)
Recommended Bike:-	Touring Bike or Mountain Bike
Course Description:-	This circuit follows the course of the first ever "Australian Mountain
Bike Championships"	organised by the famous MTB event promoter Martin Whitely back in
1986.	

This is very scenic ride which follows very quiet back roads from Sofala along part of the Upper Turon River and then over a very steep climb to the top of Darkes Pinnacle. The road then continues steadily downhill to Limekilns before turning back and over the ominously named Mount Horrible. From there its varying quality dirt road back to the upper reaches of the Upper Turon River via Palmers Oakey.

The road back to Sofala from the Upper Turon is 4WD with multiple river crossings and causeways.

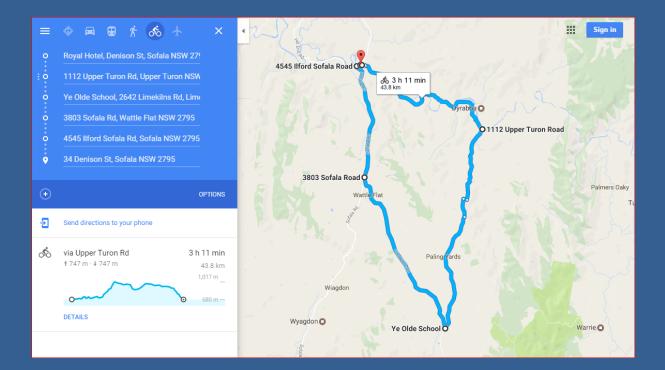
This rides although only 77km has very hard grades and rough roads.



Ride Name:- Upper Turon Loop Ride

Where:-	Starts from The Royal Hotel Sofala
Road Condition:-	60% Sealed Road 40% Dirt
Distance:-	43 km
Grade:-	7
Recommended Bike:- Touring Bike /MTB	
Course Description:-	

Starting from Sofala this ride proceeds along the Upper Turon Road with several weir crossing before turning right onto Red Hill Road. This is a serious climb out of the Turon Valley with some very steep grades on dirt road. After the accent the road proceeds to Limkilns Roads where you turn right and head back up another more steady climb to Wattle Flat. From there is downhill along good sealed road back to Sofala.

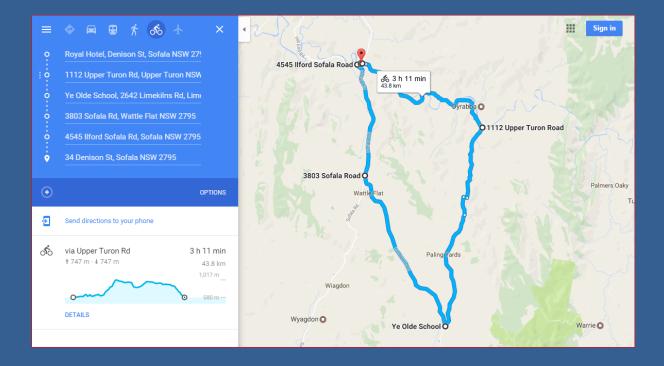


RIDES OUT OF ROCKLEY

Ride

Ride Name:-	Rockley Mount David Loop
Where:-	Starts from Rockley
Road Condition:-	Sealed Road
Distance:-	74.4 km
Grade:-	9
Recommended Bike:	- Road Bike
Course Description:-	

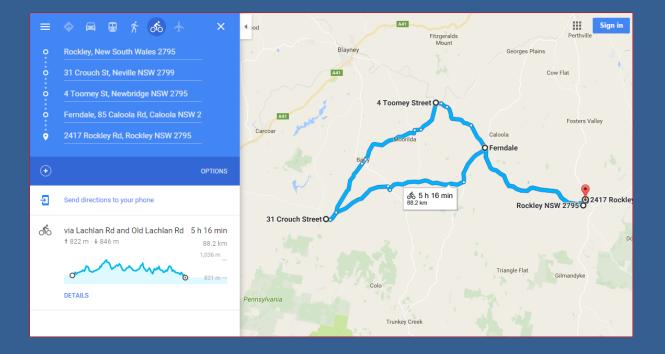
This a hilly ride on very quiet rural roads. Very scenic countryside.



Ride Name:- The Old Lachlan Road

Where:-	Starts from Rockley
Road Condition:-	50% Sealed Road 50% Dirt
Distance:-	88 km
Grade:-	Medium/Hard
Recommended Bike:- Touring Bike, or MTB	
Course Description:-	

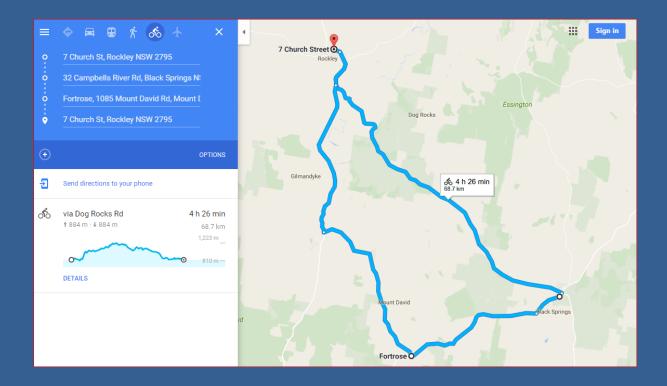
This ride follows the Old Lachlan Road which runs directly west from Rockley NSW. This one is a bit of a discovery ride along the original stock route. The return trip to Rockley is via Newbridge and yet another stock route along the Newbridge Rockley road. Some sections of this road are rough dirt.



Ride Name:- Black Springs Loop Ride

Where:-	Starts from Rockley
Road Condition:-	Sealed Road
Distance:-	69 km
Grade:-	9
Recommended Bike:-	-Road Bike
Course Description:-	

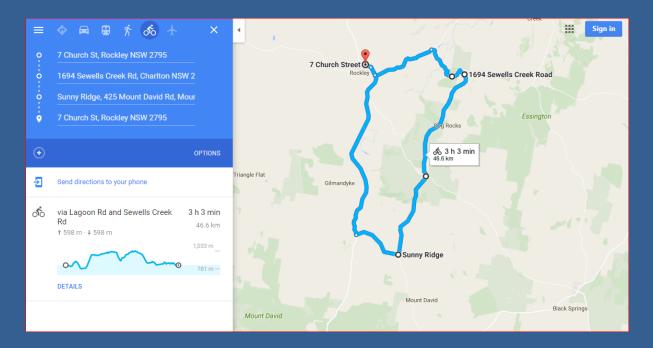
TBA



Ride Name:- Sewells Creek and Sunny Ridge

Where:-	Starts from Rockley
Road Condition:-	Sealed Road
Distance:-	69 km
Grade:-	Medium/Hard
Recommended Bike:- Touring MTB	
Course Description:-	

TBA



RIDES OUT OF OBERON

Ride Name:-	Oberon Tarana Rail Trail
Where:-	Starts from Oberon
Road Condition:-	Cycleway
Distance:-	12km return
Grade:-	3
Recommended Bike	:-Any

Course Description:- A easy safe family ride along a cycleway which runs parallel to the abandoned pioneer railway which ran from Tarana station to Oberon servicing the Oberon community until 1980. There have been two failed attempts since 1995 to establish this section of line as a dedicated cycle/walking trail, with government bureaucracy and disinterest coupled significant opposition from adjoining property owners and the Oberon Tarana Rail History group ended any chance of progress.

However, recent events have given a glimmer of hope that the Rail Trail proposal could be resurrected 20 years on.

Ride Name:- Loop Oberon Lake (sorry just a dream at this stage)

Where:-	Starts from Oberon
Road Condition:-	Cycleway
Distance:-	30 km
Grade:-	3

Recommended Bike:- Any

Course Description:-

What an incredible family friendly cycling adventure this would be for the Oberon community and visitors.

Ride Name:- Oberon - Jenolan Caves Loop

Where:-	Starts from Oberon
Road Condition:-	100% Sealed Road
Distance:-	76 km
Grade:-	10
Recommended Bike:- Road Bike	
Course Description:-	

TBA

