

## Student Hotlines/Crisis Numbers

- **Maine Statewide Crisis**

1-888-568-1112 (Voice/TTY)

If you are concerned about yourself or about somebody else, call the crisis hotline. This will connect you to your closest crisis center.

- **Domestic Violence**

1-866-834-HELP (4357)

This number gives you information on domestic violence, crisis counseling, and emotional support.

- Local domestic violence resource centers:

- **Caring Unlimited** (York County)  
P.O. Box 590, Sanford, ME 04073  
Admin.: 207-490-3227  
Hotline: [1-800-239-7298](tel:1-800-239-7298)  
[mail@caring-unlimited.org](mailto:mail@caring-unlimited.org)  
[www.caring-unlimited.org](http://www.caring-unlimited.org)
- **Family Crisis Services** (Cumberland County)  
P.O. Box 704, Portland, ME 04104  
Admin.: [207-767-4952](tel:207-767-4952)  
Hotline: [1-800-537-6066](tel:1-800-537-6066); [207-874-1973](tel:207-874-1973)  
All numbers TTY accessible  
[familycrisis@familycrisis.org](mailto:familycrisis@familycrisis.org)  
[www.familycrisis.org](http://www.familycrisis.org)
- **Family Violence Project** (Kennebec & Somerset Counties)  
P.O. Box 304, Augusta, ME 04332  
Admin.: [207-623-8637](tel:207-623-8637)  
Hotline: [1-877-890-7788](tel:1-877-890-7788); [207-623-3569](tel:207-623-3569)  
[fvp@familyviolenceproject.org](mailto:fvp@familyviolenceproject.org)  
[www.familyviolenceproject.org](http://www.familyviolenceproject.org)
- **Hope and Justice Project** (Aroostook County)  
754 Main Street, Presque Isle, ME 04769  
Admin.: [207-764-2977](tel:207-764-2977)  
Hotline: [1-800-439-2323](tel:1-800-439-2323)  
[info@hopeandjusticeproject.org](mailto:info@hopeandjusticeproject.org)  
[www.hopeandjusticeproject.org](http://www.hopeandjusticeproject.org)
- **New Hope for Women** (Knox, Lincoln, Sagadahoc & Waldo Counties)  
P.O. Box A, Rockland, ME 04841-0733  
Admin. & Hotline: [207-594-2128](tel:207-594-2128) or [1-800-522-3304](tel:1-800-522-3304)  
Belfast Office [207-338-6569](tel:207-338-6569)  
Wiscasset Office [\(207\) 882-6222](tel:207-882-6222)  
Bath Office [\(207\) 443-8898](tel:207-443-8898)  
[newhope@newhopeforwomen.org](mailto:newhope@newhopeforwomen.org)  
[www.newhopeforwomen.org](http://www.newhopeforwomen.org)  
[New Hope for Women's Facebook](#)
- **Safe Voices** (Androscoggin, Franklin & Oxford Counties)  
P.O. Box 713, Auburn, ME 04212-0713  
Admin.: [207-795-6744](tel:207-795-6744)  
Hotline: [1-800-559-2927](tel:1-800-559-2927) or [207-795-4020](tel:207-795-4020)  
[info@safevoices.org](mailto:info@safevoices.org)  
[www.safevoices.org](http://www.safevoices.org)
- **Next Step** (Hancock & Washington Counties)  
PO Box 1466, Ellsworth, ME 04605

Admin: [207-667-0176](tel:207-667-0176)  
Hotline: [1-800-315-5579](tel:1-800-315-5579)  
[info@nextstepdvproject.org](mailto:info@nextstepdvproject.org)  
[www.nextstepdvproject.org](http://www.nextstepdvproject.org)

- **Spruce Run-Womancare Alliance** (Penobscot & Piscataquis County)  
Bangor office:  
P.O. Box 653, Bangor, ME 04402  
Admin.: [207-945-5102](tel:207-945-5102)  
Hotline: [1-800-863-9909](tel:1-800-863-9909) or [207-947-0496](tel:207-947-0496) or TTY: [207-955-3777](tel:207-955-3777)  
[sprucerun@sprucerun.net](mailto:sprucerun@sprucerun.net)  
[www.sprucerun.net](http://www.sprucerun.net)
- Dover office:  
P.O. Box 192, Dover-Foxcroft, ME 04426  
Admin & Hotline: [207-564-8165](tel:207-564-8165)  
Hotline: [1-888-564-8165](tel:1-888-564-8165)  
[wmncare@wmncare.org](mailto:wmncare@wmncare.org)  
[www.wmncare.org](http://www.wmncare.org)

- **Domestic Violence Shelters**

Androscoggin County

- Safe Voice 1-800-559-2927 (Auburn)

Aroostook

- Hope and Justice Project 1-800-439-2323 (Caribou, Houlton, Fort Kent)
- Maliseet Domestic Violence and Sexual Assault Program 1-207-532-6401 (Houlton)

Cumberland

- Family Crisis Shelter 1-800-537-6066 (Portland)

Hancock

- The Next Step 1-800-315-5579 (Ellsworth)

Kennebec

- Family Violence Project 1-877-890-7788 (Augusta)

Knox

- New Hope for Women 1-800-522-3304 (Rockland)

Penobscot

- Spruce Run Womancare Alliance 1-800-863-9909 (Bangor)

Somerset

- Family Violence Projection 1-877-890-7788 (Somerset County)

Washington

- Passamaquoddy Peaceful Relations 1-877-853-2613 (Pleasant Point)

York

- Caring Unlimited 1-800-239-7298 (Sanford)

- **Sexual Violence**

1-800-871-7741

This line is open 24 hours a day for the State of Maine.

Local centers:

Androscoggin County	<a href="#">Sexual Assault Crisis Center (Lewiston/Auburn)</a>	207-795-2211
Aroostook County	<a href="#">AMHC Sexual Assault Services (Presque Isle)</a>	800-550-3304
Cumberland County	<a href="#">Sexual Assault Response Services (Portland)</a>	800-313-9900
Eastern Cumberland County	<a href="#">Sexual Assault Support Services (Bath/Brunswick)</a>	800-822-5999
Franklin County	<a href="#">S.A.V.E.S. (Farmington)</a>	207-778-0110

Hancock County	<a href="#">Downeast Sexual Assault Services (Ellsworth)</a>	207-667-5304
Kennebec County	<a href="#">Sexual Assault Crisis &amp; Support Center (Augusta)</a>	800-871-7741
Knox County	<a href="#">Sexual Assault Crisis &amp; Support Center (Augusta)</a>	800-871-7741
Lincoln County	<a href="#">Sexual Assault Support Services (Bath/Brunswick)</a>	800-822-5999
Oxford County	<a href="#">Rape Education and Crisis Hotline (South Paris)</a>	800-871-7741
Penobscot County	<a href="#">Rape Response Services (Bangor)</a>	207-989-5678
Piscataquis County	<a href="#">Rape Response Services (Bangor)</a>	207-989-5678
Sagadahoc County	<a href="#">Sexual Assault Support Services (Bath/Brunswick)</a>	800-822-5999
Somerset County	<a href="#">Sexual Assault Crisis &amp; Support Center (Augusta)</a>	800-871-7741
Waldo County	<a href="#">Sexual Assault Crisis &amp; Support Center (Augusta)</a>	800-871-7741
Washington County	<a href="#">Downeast Sexual Assault Services (Ellsworth)</a>	207-667-5304
York County	<a href="#">Sexual Assault Response Services (Portland)</a>	800-313-9900

- Being Stalked**  
 If you feel you are in immediate danger call 911.  
 Seeking a protection order, call 1-866-834-HELP (4357), or call your local police station.
- Child Abuse**  
 1-800-452-1999 (Voice) 1-800-963-9490 (TTY)  
 The State of Maine's child abuse hotline is staffed 24 hours a day.
- The Women's Project**  
Southern Maine: 1-800-611-1588  
Northern Maine: 1-800-611-1779  
 Helps women affected by substance abuse.
- National Suicide Prevention Lifeline**  
 1-800-273-TALK (8255)  
 1-888-568-1112 (Voice/TTY) Crisis Hotline