

**Bethany Evangelical Free Church
Sermon Outline and Notes**

Speaker: Dr Lai Pak Wah, BGST

Date: 14 November 2021

Title: Simultaneously Saint and Sinner

Bible Text: Ephesians 2:1-10

Reflection Questions:

a) We explored

(1) all humans have sinned,

(2) we have a tendency towards sin, and

(3) can only be saved through Christ's justification by faith.

Which of these points struck a chord with you? Left an impression. Meditate on why it was so.

b) Meditate on Psalm 139:1-7. Reflect on how God is present with you, and loves you. If the Psalm spoke to you, continue to meditate on the rest of the Psalm in the rest of the week.

c) Reflect on the day that has passed. Was there any sin you struggled with? Any negative emotions - anger, fear, etc. Bring your struggles before God. Ask Christ to cast light on it, to show you why you are struggling with it. Commit it to God in repentance, and ask for His forgiveness and healing.