John 6: Fensting on Jesus -The brend of life

- 1. Which of the following best describes your relationship with food and God? Why?
- a. Seeking food instead of God
- c. Seeking food from God

- b. Seeking food through God
- d. Seeking God as food
- 2. What are some of the consequences of replacing or reducing God in our love for food?
- 3. How can Christians "eat well?" What does it have to do with Jesus' declaration in John 6:35?
- 4. How has John 6:22–58 redefined the way you look at food?