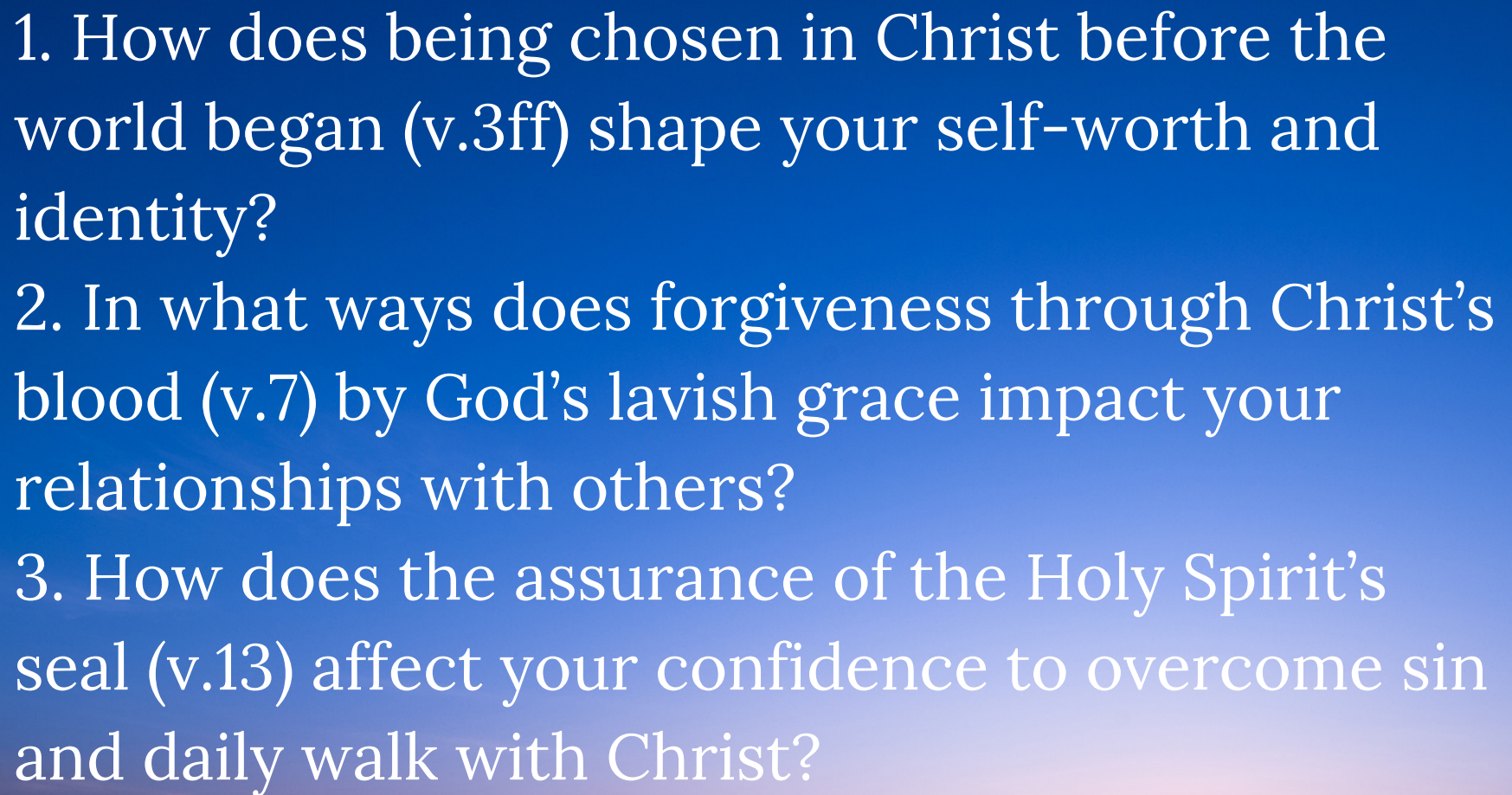


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1. How does being chosen in Christ before the world began (v.3ff) shape your self-worth and identity?
 2. In what ways does forgiveness through Christ's blood (v.7) by God's lavish grace impact your relationships with others?
 3. How does the assurance of the Holy Spirit's seal (v.13) affect your confidence to overcome sin and daily walk with Christ?

Ephesians 1 : 1-14