

1. What does it mean to "be strong in the Lord" (v.10; see 1:19-20; 3:16) in our daily lives? How can we cultivate this strength?

2. Reflect on each spiritual armour mentioned in vv.14-17. Which of these do you need most? How are you preparing yourself for spiritual warfare?

3. Why did Paul emphasise prayer in vv.18-20? How can we prioritize prayer in our lives? In Bethany?



Ephesians 6:10-24

Bethany
Evangelical Free Church