UPCOMING EVENTS

Oct. 8 – Healthiest State Walk at Co-Line during morning break

Oct. 22 - Flu shots at Co-Line

Oct. 22 - Quarterly meeting

Oct. 25 - Co-Line Press deadline

Oct. 29 – Halloween Costume Contest

Nov. 2 - Co-Line Press distributed

HAPPY BIRTHDAY!

Oct. 7 - Mike Moore

Oct. 9 - Jason Tefft

Oct. 10 - Bob Snyder

Oct. 18 - Terry De Cook

Oct. 19 - Andy South

Oct. 19 – Logan Long

Oct. 20 - Leon Vander Weerdt

Oct. 20 - Krystle James

Oct. 22 – Joel Schmidt

Oct. 23 – Bryan De Jong

Oct. 25 - Grant Van Donselaar

SERVICE ANNIVERSARIES FOR OCTOBER

1 year - Billy Phillips

1 year – Davin Van Haaften

1 year - Drew Van Soelen

1 year – Jesse Van Der Molen

1 year – Juan Munoz

2 years – Shawna Tice

2 years – Dan Goemaat

3 years - James Heimbuck

3 years - Todd Johnson

3 years - Bryce Romick

3 years – Larry Marchant

4 years – Gary Goings

4 years - Micah Heartsill

4 years - Stefany Knowler

8 years - Sandy Kuhlmann

9 years - Kurt Moyer

15 years – Nicole Fetzer-Bryan

Twenty-eight Co-Liners give the GIFT OF BLOOD

Potentially 83 lives were saved, thanks to Co-Liners who rolled up their sleeves and donated blood on Wednesday, Sept. 15. A total of 28 employees donated at the blood drive held at Co-Line, including four first-

time donors. Good work, Team Co-Line!







CO-LINE PEOPLE AND THEIR FAMILIES

If you have any news you'd like to share with Co-Liners, please email LeAnn Hjelmeland at leannhtp@netins.net.

Congratulations to Briana and **Micah Heartsill** on the birth of their daughter, Elsie Faye. Elsie was born

on Sept. 13 at 11:37 p.m. She weighed 8 pounds and was 20¼ inches long. Elsie joins older brothers, Corin (3 years) and Reuben (1½ years).



Congratulations to **Todd and Reggie Kaldenberg** on the marriage of their son, Zachary Kaldenberg, to Signey Hillby on Sept. 4. The wedding took place at Kacena Farms in Vinton. The couple resides in Urbana.



Todd and Reggie all dressed up!

We extend our sympathy to Erica and **Dale Maston** and their family. Erica's father, Gerald Wilcox of Newton, passed away at his home on Sept. 13. He was 62 years old. A memorial service was held on Sept. 22 at First Christian Church in Newton.

Co-Line expresses sympathy to Lindsey and Billy Phillips and their family and Jamie and Zach McClellan. Lindsey and Jamie's grandmother, Nancy LeMay, passed away on Sept. 9 at the age of 85 years. A funeral service was held on Sept. 15 at the Winfield Funeral Home in Knoxville, followed by burial at the Graceland Cemetery.

The Co-Line family wishes to extend our sympathies to the Brand family on the passing of Lloyd Brand. Some employees may remember seeing Lloyd's friendly face around Co-Line in the past, as he was a truck driver for Co-Line for several years before fully retiring. Lloyd passed away peacefully at Park Centre in Newton on Sept. 16. He was 89 years old. Lloyd is the father of Dale (Rail) and Tana Brand, grandfather of Eric and Faye Brand, and great-grandfather of Carter and Abigail Brand. A private family service was held for Lloyd on Sept. 20 at Garden Chapel Funeral Home in Pella followed by burial at Oakwood Cemetery in Pella.

FOR SALE

Delta "Deluxe" 24" scroll saw, \$200. Ludwig five-piece drum set - some hardware, no cymbals, \$200. **Todd Kaldenberg** 99¢ GREETING CARDS, digital 4x6 photos, gift bags, tissue paper, gifts, and more at Hometown Press, east side of Sully square, 594-3200.

THANK YOUS

Pam and **Dennis Smith** and their family would like to extend their sincere gratitude to the Brand family and the many friends and co-workers at Co-Line for their cards, kind words, and expressions of sympathy following the death of their son, Eric Smith, after several years of battling health issues. Eric knew and loved Jesus and is now free from any pain and struggles and experiencing God's perfect love and grace first-hand.

Dear Co-Line,

Thank you for donating your scrap metal for the 4-H Bucket of Junk projects. I have made a chicken weathervane. I plan to put it in our perennial garden. I learned a lot making it.

Thank you from Brie Marshall



REMEMBER WHEN



- @ CO-LINE CUTTING EDGE -

OCT. 25 & 26

Just \$5! To sign up, contact receptionist at ext. 200. Pay with Co-Line coin, cash, or payroll deduct.



Massages

THURSDAYS, OCT. 7 & 21

Contact receptionist at ext. 200 to sign up. Pay with Co-Line coin, cash, or payroll deduct.





The monthly newsletter created for employees of Co-Line Welding, Inc.

Designed by LeAnn Hjelmeland Edited by Margaret Vander Weerdt

Email: leannhtp@netins.net Connect with us on colinemfg.com 1041 Cordova Ave., Lynnville, IA 50153

This newsletter can be read online on Co-Line's website, colinemfg.com.
Click on the "Newsroom" tab.

REMEMBER WHEN 18 YEARS AGO

Co-Line offers only 3-D laser processing in Iowa

Three-dimensional and flat laser processing was coming to Co-Line. The Mazak Space Gear 48 MG II was being installed in the northwest area of the manufacturing building. The 3-D laser sheet metal processing capability would be the only one in Iowa at the time and only one of a few in the country.

From the November 2003 Co-Line Press:

"Some processes and procedures that were impractical with standard fabrication equipment will become commonplace with this 3-D laser. It will change the way we do business," Dale "Rail" Brand enthusiastically explained. "In the future, 3-D laser cutting capabilities will improve and increase our service and also give us capabilities that we didn't have and our competition does not offer. This 3-D technology will be commonplace. Our advantage will be that we're first to establish a 3-D laser customer base."



On Oct. 31, 2003, Co-Line entered a new era - the era of 3-dimensional and flat laser processing. Operators shown are Ryan McFarland (left) and Lucas Van Wyk, holding the certificate he received for completing training in Chicago.



It was a historic day at Co-Line with the arrival of the new Mazak Nissho Iwai 3-D laser cutting equipment.





At Co-Line Friday, Oct. 22 1:30 p.m.-3:30 p.m.

Please remember to bring your insurance card.

EMPLOYEE SPOTLIGHT

STEFANY KNOWLER

packager/assembler

In her four-plus years at Co-Line, Stefany Knowler said the biggest change has been the growth. In her role of assembling and packaging products off the paint line, she said the paint line was "tiny" when she started – "and now it is huge!"

Stefany's hometown is Delta, a small town east of Oskaloosa. After graduating from Tri-County in 2000, she attended William Penn University, where she studied psychology and history.

Now Stefany lives in Sully and has two kids: Erica, 21, and Charles, 12. Stefany dates Chris Sanford.

Stefany began working at Co-Line in 2017 through a temp agency. She went full-time in July 2017 and has



Stefany with her son, Charles, 12.



Stefany's 21-year-old daughter, Erica.



Stefany Knowler has been at Co-Line for more than four years.

been in the packaging department all four of her years at Co-Line.

She found it hard to pick a specific favorite or funny moment from her time at Co-Line, but said, "There is something every day when you work with Sam Collins!"

A little-known fact about Stefany is that she loves music. She played the trumpet in high school and earned a scholarship to play in the jazz band at WPU.

In addition to music, other hobbies of Stefany include cheering for the Iowa Hawkeyes and the San Francisco 49ers.

"I love working in the paint and package department. I get to work with good friends every day."

— STEFANY KNOWLER



"Setting goals is the first step in turning the invisible into the visible!"

- Tony Robbins, motivational speaker



SEPT. 10

The day before the Iowa vs. Iowa State football game, Co-Liners devoured Hawkeye- and Cyclone-themed donuts.



SEPT. 17

Co-Line celebrated National Cheeseburger Day with free cheeseburgers for lunch from Prime Country BBQ & Catering.



SEPT. 24

One last taste of summer! Employees enjoyed ice cream cookie sandwiches from La Rose Marie Bakery in Sully in recognition of the end of summer.



NEW CO-LINERS

WELCOME, NEW FACES!

We're glad to have you on board at Co-Line!



NATHAN WIESE joined Team Co-Line in July as a welder after 15 years of being a weld tech at Vermeer. Nathan grew up in Garwin and attended Iowa Valley Community College after high school. Now, he lives in Grinnell and has two kids, Cooper, 11, and Leium, 8. Nathan enjoys hunting, camping, and spending time with his boys.

22

"I enjoy the people and how the company respects us."

— NATHAN WIESE



HEATH BOGGESS started as a press brake operator in July. His previous work experience includes eight years as a mill manager at Natural Products. Heath graduated from North Mahaska High School and went on to attend DMACC. He lives in New Sharon and has two horses. His hobbies include trail riding, hunting, and fishing.

44

"I like the people I work with."

— HEATH BOGGESS



TYLER WILSON came aboard the Co-Line team in July as a robotic welder. His past work experience includes two years of construction work in Des Moines and a few months as a mechanic at Midtown Tire in Pella. A 2021 graduate of Pella High School, Tyler lives in his hometown of Knoxville. He loves to hunt, fish, and hang out with friends.

-66

"Working the night shift, it is much cooler at night. The lunches are good, too."

— HEATH BOGGESS

REMINDER: GET A PHYSICAL BY NOV. 30

As announced last December, employees are encouraged to get a physical in 2021 to be eligible for reduced rate health insurance in 2022. Forms are available in the HR office and must be turned in by Dec. 1, 2021. The wellness physical must be completed between the dates of Dec. 1, 2020, and Nov. 30, 2021. For this year, this physical requirement is for employees AND spouses covered under Co-Line's health insurance plan. Other family members on Co-Line's insurance are not required to submit proof of a physical.





The following training classes were held in September:

- Six employees completed Safety Awareness
- Six employees completed Measurement Tools
- Six employees completed Set Up Sheet
- One employee completed Fork Truck Training
- Six employees completed Angle Grinder







PERFECT ATTENDANCE

For August, Co-Line will award 119 employees for perfect attendance with each receiving a \$20 Co-Line coin. Congratulations and keep up the great attendance!

Tyler Albert Cory Arment Derek Bates Wendi Beason Roger Belcher Jeff Bokhoven **Brad Braafhart** Jake Brammer Derrick Brelsford Abbie Brown Jason Broyles Roger Bruxvoort Kerry Bryan Mitchell Bryan Russ Campbell Adam Carrothers Katie Castro

Derrick Christopherson Trent Grandia Sam Collins Marty Cross Marc D'Aguanno Jeff Davis Steve Davis Terry De Cook Bryan De Jong Jeff De Jong Justin De Jong Lynn Deal Andy Elbert Amy Fagg Nicole Fetzer-Bryan Justin Flander Loren Fopma Tyler Garton

Levi Grandstaff Isaac Green Tony Hall Mark Harmon Levi Harms Rick Harrill Jodi Hartman Dave Hobbs Marlys Hoksbergen Ken James Krystle James Jennifer Jansen Trent Jansen Reggie Kaldenberg Stefany Knowler Sandy Kuhlmann

Eric Leonard **Brian Lewis** Logan Long Chadera Maasdam Larry Marchant Dale Maston Zach McClellan Doug McClelland Greg McCulley Jay Mitchell Mike Moore Juan Munoz Dennis Nolin Bob O'Dell Tom Orr Patti Pieper Michael Pitts

Greg Postels Ken Reed **Doug Richards** Bryce Romick Levi Roose Tony Roth Cole Rozendaal Jason Sanders **Taylor Saunders Kevin Schippers** Jeffrey Schultz Jeff Schut Dan Schutte John Sharp Dave Smith Dennis Smith Gary Smith

Jeff Smith Peter Smith **Bob Snyder** Kyle Soderblom Andrew South Mike Stoner Taylor Terpstra Chad Thompson Chris Tice Cory Tice Dan Tool Daryl Triplett Jamie Tyrrel Ron Van Baale Jesse Vander Molen Davin Van Haaften

Lanai Van Hal

Roger Van Hal Drew Van Soelen Tony Van Wyk Brian Van Wyk Marlo Van Wyk Marylou Van Wyk Daniel Ventura Teryl Ver Ploeg Ron Vogt J.T. Walker James Welch Dale Westbrook Dave Westbrook Eli Wilhelm Elijah Williams Wayne Woollums **Baker Zegers**

TRIBUTE TO LLOYD BRAND

In Memory of LLOYD BRAND

By Dale "Rail" Brand

From all of us, "Thank you, Dad..."

Thank you, Dad, for demonstrating unconditional life-long love for Mom. Your love for each other is your shared legacy and was a true inspiration to everyone. Death separated Mom and Dad for just over a year, now death combined with God's grace has reunited them forever. Thank you for sharing that same love with all of us, your love for Gale, Lisa, and I included discipline and was unwavering. You welcomed Tana, Brent, and Ron into the Brand family and loved them like your own. You loved and were so so very proud of all the grandchildren and great-grandchildren (even when you couldn't get all their names right!).

Thank you for defending us kids from that mean "big brown rooster" that used to chase us around the farm! I always thought you were the strongest and bravest dad in the world! When I was very young helping you bale hay in our neighborhood, I would look in awe of how big, strong, and tan your arms were in comparison to our neighbors. I was telling that story to Gale, and she said, "We may have just had skinny neighbors!" Gale is right!

Father and son relationships are passion-filled and can sometimes be difficult. I now look back at some of our challenging moments with embarrassment. Our different perspectives on a few issues seem so unbelievably trivial now. Thank you for believing in me through thick and thin; your values will live on in my heart. I promise that I will pass on your gifts of inspiration.

Thank you, Dad, for standing strong on the traditional Christian values of life and personal responsibility. Even in situations where it may not have been the popular thing to do, everyone knew where you stood, and we all honor that.

Thank you, Dad, for serving and honoring this great nation, and all your heartfelt respect for others who served, past and present. You always believed that long term, good would prevail. We will continue to echo your admiration for all branches of military service and law enforcement.

I thank God for the moments He granted Gale and me with you this past week. We will also be forever grateful to Mom and Dad's entire care staff, for the love and compassion they repeatedly showed all of us, over recent years.

My last moments on earth with my Dad, I leaned over him - with my cheek pressed against his, talking directly into his ear. I said: "Thank you for being the best dad you could be and for all that you have done for us. Thank you, Dad, for teaching me the value of hard work." "I love you, Daddy, and it's ok to go home now." "Please tell Lisa and Mom that I miss them every day, and that I love them very much."

Within just a few seconds, with my right hand still on his chest, Dad quietly and very peacefully took his last breath. An incredibly difficult moment in time that I will cherish for the rest of my life.

I confess that I have humanly questioned God's timing before, but now I spiritually believe that God's timing is perfect... We may not always be able to comprehend with our worldly perspective, but I have faith that a dimension beyond our current understanding will make all things clear and perfect one day.

Until we meet again, Dad, goodbye for now...

More memories on next page

Welding with Dad

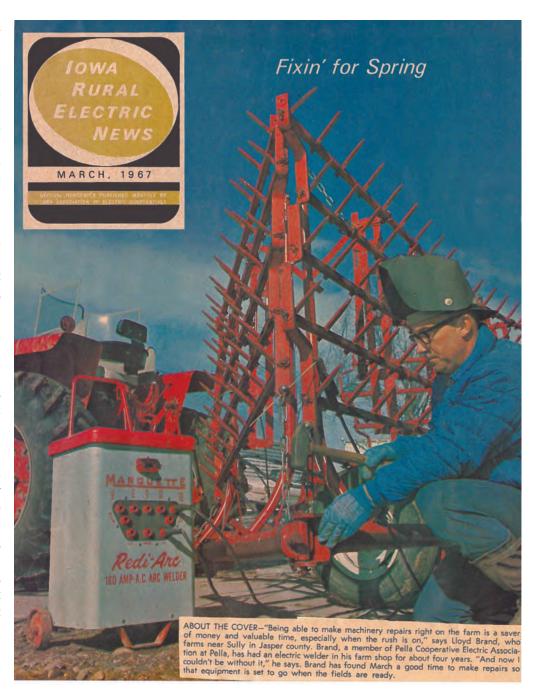
This picture of my father was on the cover of Pella Cooperative's March 1967 newsletter.

My dad taught me to weld with the stick welder in the picture. I made several things with that old welder, including a dune buggy when I was 14 years old. I got to know the local police officers with that dune buggy! I still have that welder today....

The very first welding project my dad and I did together, we took the pull handle and front wheels off a little red wagon, and mounted the swivel to the back of my tricycle! That made it into a fifth-wheel big rig semi trailer!

The next project was a go-kart, all made from scrap steel and old lawnmower parts.

Then I made the dune buggy. I started with an old '63 Ford, cut the top off, and hooked the rear end directly to the back of the transmission with a universal joint. It had no back, no fenders, an old bus seat to sit on, a fivegallon oil bucket for a fuel tank, and loud Zoomie headers. It could lay rubber like crazy! It was a blast!!!



LLOYD BRAND | 1932-2021



Margaret and her friend, Pat, pose for a photo before experiencing the Ark Encounter.

FROM AQUARIUM TO ARK, 10-YEAR TRIP DOES NOT DISAPPOINT

Employees who reach 10 years of working at Co-Line are awarded \$1,500 to spend on a trip to the destination of their choice.

By Margaret Vander Weerdt

After a couple cancellations, I finally completed my 2020 Co-Line 10-year trip with the second part Aug. 30-Sept. 3. A friend and I took a bus trip with 50 passengers who traveled to Cincinnati, OH, where we were based out of the Hampton Inn there, with the convenience of spending all nights with breakfasts at the same place.

Tuesday activities included the Newport Aquarium in Newport, KY, with such exhibits as Frog Bog, Gator Alley, and Shark Central, followed by a "River Queen" Riverboat cruise on the Ohio River.

Wednesday, we spent the day at the Creation Museum in Petersburg, KY, which includes over 140 biblical exhibits. A day of walking included walks through the Garden of Eden display, history of the

At the Newport Aquarium, we saw the wonders of an underwater world with thousands of the world's most exotic aquatic creatures and the Shark Bridge, where on a very big and strong rope bridge, we crossed inches above a tank full of sharks.

Bible displays, display of exotic butterflies and insects,

and beautiful botanical gardens with a mile of paved trails, waterfalls, and the beauty of God's creation all around. I saw an animal I had never heard of before, the coati, a member of the raccoon family.

Thursday, we spent the day at Ark Encounter in Williamstown, KY. I was immediately awed by the life-size gargantuan engineering marvel that is the largest timber-



The Creation Museum had numerous opportunities to read and learn and was very well done.

framed building in the world. I kept wondering how it was ever built and also especially how Noah and family built such a huge ark, 510 feet long and three levels high. In the gift shop, I asked about the availability of a book explaining the construction of the display and was able to buy one. I also learned some new words (but lost the note I scribbled and can't remember...old age you know!) and saw a couple of zebra-striped interesting animals I had never heard of there, too – a zonkey (a donkey and zebra cross) and a zorse (a quarterhorse and zebra cross).

To truly get the most of both the Creation Museum and Ark Encounter, one should have a full day at each one. It was a German area, so we enjoyed many food items not on our daily menus at home. Thank you, Co-Line, for this traveling opportunity!

ELBERTS CELEBRATE 25TH ANNIVERSARY IN THE BIG APPLE



Andy Elbert and his wife, Jen, made the most of a long weekend trip to New York City for their 25th anniversary in September. "We crammed as much into the weekend as possible," Andy said.

The couple stayed on Times Square. Their jam-packed days in NYC included taking in a New York Yankees game, navigating the subway system, touring the National September 11 Memorial & Museum, seeing the Broadway show "SIX," waving to Lady Liberty as they passed by on a ferry, riding a bike across the Brooklyn Bridge, and eating some New Yorkstyle pizza!

BRAMMER TAKES BIRTHDAY TRIP TO LAS VEGAS

Jake Brammer and his wife, Debbie (Little), spent Labor Day weekend in Las Vegas for Jake's birthday. The couple stayed at The Mirage mega-resort. Highlights from their fun-filled weekend were seeing the Bellagio Fountains and Fremont Street.



Debbie and Jake at The Mirage.



Andy gives some New Yorkstyle pizza a try.



The Statue of Liberty, seen from a ferry ride.



An exhibit inside the National September 11 Museum.



On a bike ride that crossed the Brooklyn Bridge.

WELLNESS

OCTOBER IS HEALTHIEST STATE MONTH



Co-Line is pleased to be participating in Healthiest State Month. Each week of October will be dedicated to celebrating the 5-2-1-0 Healthy Choices Count! campaign.

Healthy Choices Count!

This program is helping create healthier environments in the places where Iowans live, learn, work, and play. It is centered around the common message of 5-2-1-0. See graphic below for more details.

Co-Line will also participate in the Healthiest State Walk, which will be take place on Friday, Oct. 8, on the Co-Line campus. Bring comfortable shoes for walking during the morning break and enjoy a healthy snack afterwards.

What is 5-2-1-0 and why is it important?

Oct. 3-9



5 or more fruits and vegetables

A diet rich in fruits and vegetables provides vitamins and minerals, important for supporting growth and development, and for optimal immune function in children. High daily intakes of fruits and vegetables among adults are associated with lower rates of chronic diseases such as heart disease, stroke, high blood pressure, diabetes, and possibly, some types of cancers.

Oct. 10-16



2 hours or less of recreational screen time

Watching too much television (TV) and use of other screen media is associated with an increased prevalence of overweight and obesity, lower reading scores, and attention problems. The American Academy of Pediatrics (AAP) recommends no more than 2 hours of screen time a day and that children under age 2 not watch any TV or other screen media. The AAP recommends keeping the TV and computer out of the bedroom.

Oct. 17-23



1 or more hours of physical activity each day

Regular physical activity is essential for weight maintenance and prevention of chronic diseases such as heart disease. diabetes, colon cancer, and osteoporosis. While most school age children are quite active, physical activity sharply declines during adolescence. Children who are raised in families with active lifestyles are more likely to stay active as adults than children raised in families with sedentary lifestyles.

Oct. 24-30



O sugary drinks – drink more water!

Sugar-sweetened beverage consumption has increased dramatically since the 1970s; high intake among children is associated with overweight and obesity, displacement of milk consumption, and dental cavities. Water provides a low-cost, zero-calorie beverage option and is a healthy alternative to sugary drinks.

SAFFTY



OCTOBER IS FIRE PREVENTION MONTH

NOT BY CHANCE Safety Committee: Bryan DeJong, David Hobbs, Rick Harrill, and Mark Van Wyk

Fire Prevention Month is the perfect time to educate and talk with your whole family about fire safety – include testing alarms, changing the batteries or upgrading to 10-year sealed battery alarms, how to use a fire extinguisher, and escape route planning.

DID YOU KNOW?

- 🥠 Three of every five home fire deaths resulted from fires in homes with no working smoke alarms.
- have an escape plan.
- Carbon monoxide (CO) is the #1 cause of accidental poisoning in the U.S.
- ♦ 60% of consumers do not test their smoke and CO alarms monthly.
- 🤥 Only 47% of people report having CO alarms in their home.
- b Just 43% of homeowners have an escape plan.
- Unattended cooking is the #1 cause of home fires.

"LEARN THE SOUNDS OF FIRE SAFETY"

- ② A continuous set of three loud beeps—beep, beep, beep—means smoke or fire. Get out, call 9-1-1, and stay out.
- **②** A single chirp every 30 or 60 seconds means the battery is low and must be changed.
- All smoke alarms must be replaced after 10 years.
- Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.
- Make sure your smoke and CO alarms meet the needs of all your family members, including those with sensory or physical disabilities.





QUALITY DEPT.

THEINSIDELINE

by Jeff Kling and Gary Smith, Quality Department



WHERE DO WE GO FROM HERE? by Gary Smith

Co-Line's journey to be world-class in the "job" shop marketplace has brought many opportunities for us to grow and improve on what we can do. It has exposed areas of concerns and highlighted our strengths. To keep moving forward, we need to review these weaknesses and turn them into our next level of strengths and service to our customers.

This month will be the changing point in quality and our commitment to the customers that we service. An area of concern, due to the vast amount of parts we produce, has been to validate and document each process prior to completing the first production run.

Verify, or "validate," is a system to confirm that what is being made is correctly done per the customer requirements and then fully documented to allow all future parts to be made using the documented process and equipment. Any changes made (process, equipment, etc.) must then be re-validated prior to allowing those parts to be shipped.

The stamp "NEW" on the work order is the trigger for this validation. Any part which is new is due to being made for the first time, first time after a revision from the customer, or first time after a process change. The parts will be reviewed for dimensions, that the process documentation is complete, and that the team member verification (QA data sheet) has been filled out.

To be world-class will require Co-Line to continue to improve our systems and validation will take us one step closer. We are all in this together and ready to take one more step.



THANKS FOR SUMMER PACKAGE FROM CO-LINE

Thank you very much for the Adventureland tickets. We enjoyed sitting in the clubhouse, listening to live music. We had lots of fun riding all the new rides. Also, the circus was there and had some amazing acts.

Todd and Reggie Kaldenberg (pictured with son Zach and his wife Signey)

MARGARET'S MEMOS



50 QUESTIONS TO ASK YOUR KIDS

by Margaret Vander Weerdt, Newsletter Editor

Schools have been open over a month now, and I was sent the following interesting ideas, which it seems there are several versions around if you Goggle it.

50 questions to ask your kids after school instead of "How was your day?"

- 1. What made you smile today?
- 2. Can you tell me an example of kindness you saw/showed?
- 3. Was there an example of unkindness? How did you respond?
- 4. Does everyone have a friend at recess?
- 5. What was the book about that your teacher read?
- 6. What's the word of the week?
- 7. Did anyone do anything silly to make you laugh?
- 8. Did anyone cry?
- 9. What did you do that was creative?
- 10. What is the most popular game at recess?
- 11. What was the best thing that happened today?
- 12. Did you help anyone today?
- 13. Did you tell anyone "thank you?"
- 14. Who did you sit with at lunch?
- 15. What made you laugh?
- 16. Did you learn something you didn't understand?
- 17. Who inspired you today?
- 18. What was the peak and the pit?
- 19. What was your least favorite part of the day?
- 20. Was anyone in your class gone today?
- 21. Did you ever feel unsafe?
- 22. What is something you heard that surprised you?
- 23. What is something you saw that made you think?
- 24. Who did you play with today?
- 25. Tell me something you know today that you didn't know yesterday.
- 26. What is something that challenged you?

- 27. How did someone fill your bucket today? Whose bucket did you fill?
- 28. Did you like your lunch?
- 29. Rate your day on a scale from 1-10.
- 30. Did anyone get in trouble today?
- 31. How were you brave today?
- 32. What questions did you ask at school today?
- 33. Tell us your top two things from the day (before you can be excused from the dinner table!).
- 34. What are you looking forward to tomorrow?
- 35. What are you reading?
- 36. What was the hardest rule to follow today?
- 37. Teach me something I don't know.
- 38. If you could change one thing about your day, what would it be?
- 39. (For older kids): Do you feel prepared for your history test?" Or, "Is there anything on your mind that you'd like to talk about?" (The key is not only the way a question is phrased, but responding in a supportive way.)
- 40. Who did you share your snacks with at lunch?
- 41. What made your teacher smile? What made her frown?
- 42. What kind of person were you today?
- 43. What made you feel happy?
- 44. What made you feel proud?
- 45. What made you feel loved?
- 46. Did you learn any new words today?
- 47. What do you hope to do before school is out for the year?
- 48. If you could switch seats with anyone in class, who would it be? And why?
- 49. What is your least favorite part of the school building? And favorite?
- 50. If you switched places with your teacher tomorrow, what would you teach the class?



LUNCH MENU — OCTOBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 by Prime Country Grilled quarter- pound beef hot dog with cheese, cheesy potatoes, baked beans, monster cookie	2
3	4 by Julie Roose Maidrite, chef salad, assorted chips, angel food cake	5 by Julie Roose Savory pork roast, mashed potatoes and gravy, corn, topsy turvy bar	6 by Julie Roose Sloppy Joe on a bun, broccoli crunch, coleslaw, scotcharoo	7 by Julie Roose Chicken enchilada, Asian salad, Spanish rice, almond bar	8 by Prime Country Smoked pork chop, mac 'n cheese, green beans with bacon, scotcharoo bar	9
10	11 by Julie Roose Pella bologna on bun, gouda cheese, Dutch lettuce, delicious cookies	12 by Julie Roose Deli club or chicken salad on croissant, potato salad, red- glazed fruit, peanut butter brownie	13 by Julie Roose Marvelous meatballs, seasoned rice, broccoli, salted nut roll	14 by Julie Roose Pasta bar, mixed greens, dinner roll, heath cake	15 by Prime Country Smoked pork loin, mashed potatoes and gravy, cheesy corn, chocolate chip cookie	16
17	18 by Julie Roose Pizza burgers, cottage cheese, 7-layer lettuce, Twinkie cake	19 by Julie Roose Hoagie Philly steak, mac 'n cheese, Caesar salad, fudge bar	20 by Julie Roose Chicken cordon bleu, creamy potatoes, green beans, pumpkin dessert	21 by Julie Roose Ham and cheese club, chili, relish tray, apple crisp	22 by Pagliai's Pizza (FREE lunch courtesy of 1st State Bank) Baked Cavatelli, pink champagne cake	23
24	25 by Julie Roose Beef 'n noodles, roasted vegetables, strawberry pretzel salad, turtle bar	26 by Julie Roose Smoked pork chop on bun, cheesy hashbrowns, baked beans, cookie dessert	27 by Julie Roose Chicken alfredo or traditional lasagna, garden salad, garlic roll, chocolate chip bar	28 by Julie Roose Glazed ham, creamy mashed potatoes, taco salad, Oreo cake	29 by Prime Country Pulled pork, mac 'n cheese, baked beans, dessert bar	30