

FIND YOUR FUN

AT THE IOWA STATE FAIR

1 Farm to Fair Dinner

Curious about how food gets to your table? Learn and interact with farmers as you enjoy a three-course meal made from locally grown Iowa ingredients. Sit down for a meal on August 16 from 6-8 p.m. in the all-new Alliant Energy Landing (pre-registration required)

2 New Foods

Explore and eat your way through the Fair. Try 50+ new foods throughout the 11 days. Located all around the Fairgrounds, you will not go hungry with all of this deliciousness. For a full list of new foods visit iowastatefair.org.

3 Fair After Dark: Barnyard Brews

Craft brews and animals, what more could you need? This 21 and older exclusive event is a fantastic way to hang with animals and chat with farmers over some delicious beers. This is a ticketed event on August 19 from 8:30-10:30 p.m.

4 Wine Sampling Best of Iowa Wines

Try this year's Best of Show wine selection. Located at Grandfather's Barn daily from 9 a.m.-9 p.m. you can sample the best of the best in Iowa white and red wines.

TOP 11 FOR FOODIES

5 Elwell Family Food Center

With the largest food competition in the country, explore the best of the best food competitions at the Elwell Family Food Center. See who placed food in food competitions or attend a food seminar.

6 Pick a Winner for New Foods

Participate in selecting the Iowa State Fair's best new food. Try each of the top three foods stands and cast your vote for your favorite new food. You can cast your vote from August 11-15 from 7 a.m. to 11:59 p.m. at iowastatefair.org or on the official Iowa State Fair app.

7 Healthy Food Options

Believe it or not, the Fair has options for everyone. If you are looking for some healthier options, look no further. From salad and fruit-on-a-stick to veggie corn dogs, everyone can enjoy something scrumptious at the Fair. Find healthy food options at iowastatefair.org/food/healthy-choices.

8 Foods on a Stick

What is more Fair-like than trying food on a stick? From the classic corn dog to ice cream-on-a-stick, you can satisfy your Fair food craving with over 60 options located all around the Fairgrounds.

9 Wine Down in The Garden

Need to relax after a long day at the Fair? Come wind down in The Garden with some wine. On August 13 and 15 from 7-9 p.m. you can enjoy a glass or two of wine as you reflect on an eventful day of Fair fun.

10 All-new Fair View Tap

2022 welcomes an all new tap located next to Grandfather's Barn. Make your way up the hill to enjoy food and drink all while admiring the breathtaking view of downtown Des Moines. Whether you are a wine lover or beer connoisseur, the Fair View Tap has something for everyone.

11 Ugliest Cakes

Ages 7-17 come up with the most creative and unique cakes and put them up for competition. These cakes are just something you can't see, yet you have to see for yourself. Be amazed (or disgusted) with what these kids come up with for the Ugliest Cake Competition. The Ugliest Cakes are on display in the Elwell Family Food Center.

